



Women

Team Records

3000



Men

DATE	TIME	NAME	Age Group	NAME	TIME	DATE
2015	36:36.91	Marie Hanft	18-24	Sean Monahan	32:44.48	2016
2015	36:23.98	Marie Hanft	25-29	Eric Jackwin	33:34.33	2015
2016	36:33.92	Christina Horton	30-34	Juan Cuellar	36:08.84	2016
2016	38:11.72	Heather Congdon	35-39	Brent McAuliffe	34:55.10	2016
2016	43:50.70	Christine McCrady	40-44	Eddie Tiozzo	35:51.80	2015
2015	40:47.09	Erica Moffett	45-49	Kit Koenig	37:33.83	2015
2016	41:55.72	Jamie Herrington	50-54	Peer Snoep	35:51.65	2015
2024	45:06.25	Jamie Herrington	55-59	David Zubero	36:06.30	2017
2015	46:29.96	Linda Larson	60-64	John Phillips	41:07.30	2016
2024	46:19.09	Darcy LaFountain	65-69	David Solomon	49:21.53	2015
2015	50:13.92	Linda Webb	70-74	Merv Goldbas	48:55.65	2016

Women

6000

Men

DATE	TIME	NAME	Age Group	NAME	TIME	DATE
			18-24	Sean Monahan	1:08:32.04	2016
2016	1:27:57.10	Amanda Singleton	25-29	Eric Jackwin	1:08:23.00	2016
2016	1:16:03.01	Christina Horton	30-34			
2016	1:21:05.01	Sonja Koppenwallner	35-39			
2016	1:55:55.10	Kristin Volz	40-44	Michael Rosen	1:12:59.02	2016
2015	1:22:41.04	Erica Moffett	45-49	Kit Koenig	1:19:40.00	2016
2016	1:48:24.05	Sarah Bennett	50-54	Mike Aubrey	1:20:16.08	2015
2017	1:36:47.04	Mary Shawn Kelly	55-59	Marty Hendrick	1:27:33.08	2016
2015	1:37:10.04	Linda Larson	60-64	Bill Zenga	1:30:22.09	2015
2024	1:49:03.01	Carla Albano	65-69	Walter Wooley	1:52:35.07	2017
2015	1:45:24.09	Linda Webb	70-74			