

2025 AGC Coaches Meeting: Wednesday at 7:30 PM Via Zoom

We came up with this idea so that the coaches could focus on getting their swimmers ready and not have to break away from the pool deck. If you have any feedback on this style let me know during the meet.

Welcome Introductions:

Cavanah, Jim McCombs, Boggs

- 1) Heat Sheets: They were provided in the coaches packets.
Available on Line at NPB and MART website. They will not be sold at the meet.
- 2) CLOSED DECK
 - a. Athletes need to have their bag tags for transiting back and forth from the closed area to the locker room and spectator area
 - b. Coaches & Officials need to have their credentials as well
 - c. Please be respectful of those volunteers trying to maintain this FGS required protocol
- 3) Meet Committee – rules on issues not covered by the rule book (i.e. Weather delays)
 - a. McCombs, Cavanah
 - b.
 - c.
 - d. Athlete Rep -TBD
- 4) Weather Protocol
 - a. Thor (1 long blast) Athletes & visitors must leave the deck
 - b. Thor (3 short blasts for all clear)

- c. Coaches & volunteers may stay in the classrooms
(recommend setting up a remind me or group text)
- d. Questions

5) Deck Entries – No Deck Entries

6) Relay Cards- (Fri, Sat, & Sun Morning) Like to get them turned in 90 min before the start of the session and then they will get returned back to the starter table 30 min before the session start. That will assure if there is an ineligible swimmer, the coaches will be aware before the start. Teams must bring relay cards to the block with the order properly noted.

7) Positive Check in Thurs 1500 Close Thurs 4:30PM

8) Fly over starts for prelims

9) 50 Yard event start at the scoreboard end of the pool. All others start at the east end (that's the end closest to the warm down pool).

10) Time Trials: Begin 10 Min after each prelim session. The 3 individual entries per day limit still applies. **Entries close at 10:00 each day**

11) Athletes needing accommodations. Please notify me via email after this meeting.

12) Finals

- a. Swim offs for spots 8-10 if there is a tie. Please do NOT let your athlete leave for the morning if they see there is a tie for these spots.
- b. Athletes have 30 min for the announcement to declare their intention to scratch from finals. Or 30 Min from their swim to finalize their scratches. The scratch book will be at the starters table
- c. **Mandatory scratch meet at 5:00 at the starters table so that everyone is aware of unexpected scratches.** We want everyone that can swim to have a chance.
- d. Finals will consist of one (1) heat of girls and one (1) heat of boys for the following age groups: 10 & under.
- e. Finals will consist of two (2) heats of girls and two (2) heats of boys for the following age groups: 11-12 and 13-14 – top 16 swimmers per individual events that are 200 and shorter and will swim the Consolation Final “B” first, followed by Championship Final “A”.
- f. Athletes in “A” finals are to line up under the tower to be paraded to the starting block.
- g. Athletes in “B” finals are to line up at their starting block.

13) Volunteer Officials Areas and Coaches areas. SAFETY

- a. Coaches are to remain behind the tables so that the walking stroke judges can safely do their job. When it comes to the Freestyle events ONLY if you feel the need to get out there and coach your swimmer go ahead –but only for the freestyle. Please be respectful of our volunteer officials.