

**2025 FGC Senior Championship LCM, Sanction #: FG242520509055****Pompano Piranhas****Session Report**

Session: 1 Thursday Timed Finals

Day of Meet: 1 Starts at 04:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

| Round  | Event                             | Entries | Heats | Starts at |       |
|--------|-----------------------------------|---------|-------|-----------|-------|
| Finals | 1 Women 15 & Over 1500 Freestyle  | 15      | 2 u   | 04:30 PM  | _____ |
| Finals | 2 Men 15 & Over 1500 Freestyle    | 24      | 3 u   | 05:10 PM  | _____ |
| Finals | 3 Women 13-99 200 Medley Relay    | 13      | 2 u   | 06:05 PM  | _____ |
| Finals | 4 Men 13-99 200 Medley Relay      | 23      | 3 u   | 06:11 PM  | _____ |
| Finals | 5 Women 13-99 200 Freestyle Relay | 15      | 2 u   | 06:19 PM  | _____ |
| Finals | 6 Men 13-99 200 Freestyle Relay   | 23      | 3 u   | 06:24 PM  | _____ |
|        | Swimmers Counts for Warm-ups: 39  | =====   | ===== |           |       |
|        | Entry / Heat Totals:              | 113     | 15    |           |       |
|        | Finish Time                       |         |       | 06:31 PM  | _____ |

**2025 FGC Senior Championship LCM, Sanction #: FG242520509055****Pompano Piranhas****Session Report**

Session: 2 Friday Pelims

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

| Round   | Event                              | Entries | Heats | Starts at |       |
|---------|------------------------------------|---------|-------|-----------|-------|
| Prelims | 7 Women 15 & Over 200 Freestyle    | 56      | 7 u   | 08:30 AM  | _____ |
| Prelims | 8 Men 15 & Over 200 Freestyle      | 65      | 9 u   | 08:50 AM  | _____ |
| Prelims | 9 Women 15 & Over 100 Breaststroke | 41      | 6 u   | 09:13 AM  | _____ |
| Prelims | 10 Men 15 & Over 100 Breaststroke  | 64      | 8 u   | 09:25 AM  | _____ |
| Prelims | 11 Women 15 & Over 100 Butterfly   | 41      | 6 u   | 09:38 AM  | _____ |
| Prelims | 12 Men 15 & Over 100 Butterfly     | 69      | 9 u   | 09:48 AM  | _____ |
| Prelims | 13 Women 15 & Over 400 IM          | 18      | 3 u   | 10:02 AM  | _____ |
| Prelims | 14 Men 15 & Over 400 IM            | 35      | 5 u   | 10:20 AM  | _____ |
| Finals  | 15 Women 13-99 400 Medley Relay    | 12      | 2 u   | 10:49 AM  | _____ |
| Finals  | 16 Men 13-99 400 Medley Relay      | 25      | 4 u   | 11:00 AM  | _____ |
|         | Swimmers Counts for Warm-ups: 253  | ====    | ====  |           |       |
|         | Entry / Heat Totals:               | 426     | 59    |           |       |
|         | Finish Time                        |         |       | 11:20 AM  | _____ |

**2025 FGC Senior Championship LCM, Sanction #: FG242520509055****Pompano Piranhas****Session Report**

Session: 3 Friday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

| Round  | Event                              | Entries | Heats | Starts at |       |
|--------|------------------------------------|---------|-------|-----------|-------|
| Finals | 7 Women 15 & Over 200 Freestyle    | 32      | 4 u   | 05:00 PM  | _____ |
| Finals | 8 Men 15 & Over 200 Freestyle      | 32      | 4 u   | 05:12 PM  | _____ |
|        | Break: 5 Minutes:                  |         |       |           |       |
| Finals | 9 Women 15 & Over 100 Breaststroke | 32      | 4 u   | 05:28 PM  | _____ |
| Finals | 10 Men 15 & Over 100 Breaststroke  | 32      | 4 u   | 05:37 PM  | _____ |
|        | Break: 5 Minutes:                  |         |       |           |       |
| Finals | 11 Women 15 & Over 100 Butterfly   | 32      | 4 u   | 05:50 PM  | _____ |
| Finals | 12 Men 15 & Over 100 Butterfly     | 32      | 4 u   | 05:57 PM  | _____ |
|        | Break: 5 Minutes:                  |         |       |           |       |
| Finals | 13 Women 15 & Over 400 IM          | 18      | 4 u   | 06:09 PM  | _____ |
| Finals | 14 Men 15 & Over 400 IM            | 32      | 4 u   | 06:34 PM  | _____ |
|        | Swimmers Counts for Warm-ups: 176  | =====   | ===== |           |       |
|        | Entry / Heat Totals:               | 242     | 32    |           |       |
|        | Finish Time                        |         |       | 06:57 PM  | _____ |

**2025 FGC Senior Championship LCM, Sanction #: FG242520509055****Pompano Piranhas****Session Report**

Session: 4 Saturday Prelims

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

| Round   | Event                              | Entries | Heats | Starts at |       |
|---------|------------------------------------|---------|-------|-----------|-------|
| Prelims | 17 Women 15 & Over 100 Backstroke  | 43      | 6 u   | 08:30 AM  | _____ |
| Prelims | 18 Men 15 & Over 100 Backstroke    | 69      | 9 u   | 08:42 AM  | _____ |
| Prelims | 19 Women 15 & Over 200 IM          | 33      | 5 u   | 08:59 AM  | _____ |
| Prelims | 20 Men 15 & Over 200 IM            | 60      | 8 u   | 09:15 AM  | _____ |
| Prelims | 21 Women 15 & Over 50 Freestyle    | 67      | 9 u   | 09:38 AM  | _____ |
| Prelims | 22 Men 15 & Over 50 Freestyle      | 93      | 12 u  | 09:47 AM  | _____ |
| Prelims | 23 Women 15 & Over 400 Freestyle   | 31      | 4 u   | 09:58 AM  | _____ |
| Prelims | 24 Men 15 & Over 400 Freestyle     | 50      | 7 u   | 10:19 AM  | _____ |
| Finals  | 25 Women 13-99 400 Freestyle Relay | 14      | 2 u   | 10:53 AM  | _____ |
| Finals  | 26 Men 13-99 400 Freestyle Relay   | 24      | 3 u   | 11:03 AM  | _____ |
|         | Swimmers Counts for Warm-ups: 267  | ====    | ====  |           |       |
|         | Entry / Heat Totals:               | 484     | 65    |           |       |
|         | Finish Time                        |         |       | 11:16 AM  | _____ |

**2025 FGC Senior Championship LCM, Sanction #: FG242520509055****Pompano Piranhas****Session Report**

Session: 5 Saturday Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

| Round  | Event                             | Entries | Heats | Starts at |       |
|--------|-----------------------------------|---------|-------|-----------|-------|
| Finals | 17 Women 15 & Over 100 Backstroke | 32      | 4 u   | 05:00 PM  | _____ |
| Finals | 18 Men 15 & Over 100 Backstroke   | 32      | 4 u   | 05:09 PM  | _____ |
|        | Break: 5 Minutes:                 |         |       |           |       |
| Finals | 19 Women 15 & Over 200 IM         | 32      | 4 u   | 05:22 PM  | _____ |
| Finals | 20 Men 15 & Over 200 IM           | 32      | 4 u   | 05:36 PM  | _____ |
|        | Break: 5 Minutes:                 |         |       |           |       |
| Finals | 21 Women 15 & Over 50 Freestyle   | 32      | 4 u   | 05:53 PM  | _____ |
| Finals | 22 Men 15 & Over 50 Freestyle     | 32      | 4 u   | 05:58 PM  | _____ |
|        | Break: 5 Minutes:                 |         |       |           |       |
| Finals | 23 Women 15 & Over 400 Freestyle  | 31      | 4 u   | 06:08 PM  | _____ |
| Finals | 24 Men 15 & Over 400 Freestyle    | 32      | 4 u   | 06:30 PM  | _____ |
|        | Swimmers Counts for Warm-ups: 175 | =====   | ===== |           |       |
|        | Entry / Heat Totals:              | 255     | 32    |           |       |
|        | Finish Time                       |         |       | 06:50 PM  | _____ |

**2025 FGC Senior Championship LCM, Sanction #: FG242520509055****Pompano Piranhas****Session Report**

Session: 6 Sunday Prelims

Day of Meet: 4 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

| Round   | Event                               | Entries | Heats | Starts at |       |
|---------|-------------------------------------|---------|-------|-----------|-------|
| Prelims | 27 Women 15 & Over 200 Butterfly    | 16      | 2 u   | 08:30 AM  | _____ |
| Prelims | 28 Men 15 & Over 200 Butterfly      | 32      | 4 u   | 08:37 AM  | _____ |
| Prelims | 29 Women 15 & Over 100 Freestyle    | 68      | 9 u   | 08:48 AM  | _____ |
| Prelims | 30 Men 15 & Over 100 Freestyle      | 84      | 11 u  | 09:02 AM  | _____ |
| Prelims | 31 Women 15 & Over 200 Breaststroke | 25      | 4 u   | 09:18 AM  | _____ |
| Prelims | 32 Men 15 & Over 200 Breaststroke   | 53      | 7 u   | 09:32 AM  | _____ |
| Prelims | 33 Women 15 & Over 200 Backstroke   | 31      | 4 u   | 09:55 AM  | _____ |
| Prelims | 34 Men 15 & Over 200 Backstroke     | 50      | 7 u   | 10:08 AM  | _____ |
|         | Swimmers Counts for Warm-ups: 257   | =====   | ===== |           |       |
|         | Entry / Heat Totals:                | 359     | 48    |           |       |
|         | Finish Time                         |         |       | 10:30 AM  | _____ |

**2025 FGC Senior Championship LCM, Sanction #: FG242520509055****Pompano Piranhas****Session Report**

Session: 7 Sunday Finals

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

| Round  | Event                               | Entries | Heats | Starts at |       |
|--------|-------------------------------------|---------|-------|-----------|-------|
| Finals | 27 Women 15 & Over 200 Butterfly    | 16      | 4 u   | 05:00 PM  | _____ |
| Finals | 28 Men 15 & Over 200 Butterfly      | 32      | 4 u   | 05:13 PM  | _____ |
|        | Break: 5 Minutes:                   |         |       |           |       |
| Finals | 29 Women 15 & Over 100 Freestyle    | 32      | 4 u   | 05:31 PM  | _____ |
| Finals | 30 Men 15 & Over 100 Freestyle      | 32      | 4 u   | 05:38 PM  | _____ |
|        | Break: 5 Minutes:                   |         |       |           |       |
| Finals | 31 Women 15 & Over 200 Breaststroke | 25      | 4 u   | 05:49 PM  | _____ |
| Finals | 32 Men 15 & Over 200 Breaststroke   | 32      | 4 u   | 06:04 PM  | _____ |
|        | Break: 5 Minutes:                   |         |       |           |       |
| Finals | 33 Women 15 & Over 200 Backstroke   | 31      | 4 u   | 06:23 PM  | _____ |
| Finals | 34 Men 15 & Over 200 Backstroke     | 32      | 4 u   | 06:37 PM  | _____ |
|        | Swimmers Counts for Warm-ups: 184   | =====   | ===== |           |       |
|        | Entry / Heat Totals:                | 232     | 32    |           |       |
|        | Finish Time                         |         |       | 06:50 PM  | _____ |