

Dates	Competition	Location	Qual Required	Travel	Travel Type	National Plan	Prep Plan	Champs Plan
Oct 13-14	October Meet SCY	Bolles				5-7 Events	5-7 Events	5-7 Events
Oct 21-25	Pan American Games	Santiago, Chile	International					
Nov 3-11	State Meets SCY	Ocala	Selection		Team Only	Coach Selected Events: 4 swimmers per event.		
Nov 5	Time Trial SCY/LCM	Ocala			Boarding/Family	LCM Events	SCY & LCM	SCY & LCM
Nov 10-12	OECS Championship LCM	St. Lucia	International					
Nov 18-19	Episcopal Invite SCY	Episcopal						Priority 2
Nov 29-Dec 2	US Open LCM	Greensboro, NC	US Open	11/28-12/3	Team/Family	Qualifier/Taper		
Nov 30-Dec 3	RAFC Invite SCY	Orlando		11/30-12/3	Boarding/Family		Taper	Priority 1 (Taper)
Dec 6 -9	Winter Juniors SCY	Columbus, OH	Winter Junior	12/5-10	Team/Family	Taper		
Dec 26-Jan 6	Training Camp Option	Bolles	Commitment			Expected	Recommended	Optional
Jan 10-13	Knoxville Pro Series LCM	Knoxville, TN	Winter Junior	1/9-14	Team/Family	Priority 1		
Jan 20-21	FL Senior Circuit LCM	Ocala	Sectional	1/20-21	Team/Family	Priority 2	5-7 Events	
Feb 2-4	Bolles Feb Meet SCY	Bolles				Friday Only	Friday Only	5-7 Events
Feb 8-11	FL Sectionals LCM	TBA	Sectional	1/7-11	Boarding/Family	5-7 Events	5-7 Events	
Feb 11-18	World Championships	Doha, UAE	International					
Feb 21-25	Spanish Nationals LCM	Spain	International					
Feb 23-25	Area 1-4 SCY	TBA						Priority 2
Mar 7-10	FL SR Champs SCY	TBA	Senior Champ	3/7-10	Boarding/Family	5-7 Events	5-7 Events	(Qual) Priority 1
Mar 11-18	Bolles/SJ/Clay Spring Br					Practices March 12 – 16		
Mar 29-Apr 1	Easter Break					Friday AM Practice, Sat/Sun OFF, Monday PM Practice		
Mar 30-4	CARIFTA LCM	Bahamas	International					
Apr 2-7	British Trials LCM	London, UK	International					
Apr 10-13	San Ant Pro Series LCM	San Antonio, TX	Winter Junior	4/9-13	Team/Family	Priority 1		
Apr 6-7	FL Senior Circuit LCM	Ocala	Sectional	4/6-7	Team/Family	Priority 2	Priority 1	
Apr 12-14	EAJ LCM	Episcopal					Priority 2	Priority 1
Apr 19-21	Jax 50 LCM	Planet Swim					Priority 3	Priority 2
Apr18-21?	Guatemala National LCM	Guatemala	International					
May 3-5	18&U Spring Cup* LCM	Ft Lauderdale	Futures*	5/2-5	Boarding/Family		Qualifiers*	
May 3-5	Bolles May Meet LCM	Bolles				1 Race	4-5 Events	4-5 Events
May 13-19	Canada Team Trials LCM	Montreal, CAN	International					
May 16-19	Atlanta Classic LCM	Atlanta, GA	Winter Junior	5/15-20	Team/Family	Taper		
May 22-26	German Nationals LCM	Berlin, GER	International					
May 31 1	June Sprint LCM	Bolles				As needed	4-5 Events	4-5 Events
Jun 15-23	Olympic Trials LCM	Indianapolis, IN	Olympic Trials	TBD	Family	Qualifiers/Taper		
Jun 18-22	Spanish Trials LCM	Spain	International					
Jun 28-30	CCCAN LCM	Dominican Rep.	International					
Jun 27-30	June Classic LCM	Bolles				5-7 Events	5-7 Events	5-7 Events
Jul 4-7	Provincial Champs LCM	Toronto, CAN	International					
Jul TBD	Last Chance SCY	Bolles						
Jul 18-21	Senior Champs LCM	TBA	Senior Champ	7/17-21	Team/Family	Taper	Taper	Qual/Taper

*Swimmers qualified for Futures (but not Winter Juniors) will be invited to attend the 18&Under spring cup as a Futures level competition as Bolles will *not* attend Futures or Junior Nationals in July.

Thanksgiving Week

Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25	Sunday 26
7-9:30AM* 3-4:30PM	7-9:30AM 3-4:30PM	Saturday Schedule*	OFF	1-3PM	Saturday Schedule*	5-6:30PM
LN 5-7PM	LN 5-7PM					

*WR/Dryland Sessions included

Winter Break Training Camp (Opt In Only)

No Practice Dec 22 - 25

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
25 OFF	26 3-4:30P	27 7-9:30A* 3-4:30P	28 7-9:30A* 3-4:30P	29 7-10A	30 7-9:30A* 3-4:30P	31 7-9:30A* 3-4:30P
1 3-4:30P	2 7-9:30A* 3-4:30P	3 7-9:30A* 3-4:30P	4 7-10	5 7-9:30A* 3-4:30P	6 7-10A*	7 OFF

*WR/Dryland Sessions included

Winter Break Practices (for those not committed to training camp)

No Practice Dec 22 – 26

Dec 26 – Jan 7: 9:30-11AM Monday to Saturday

Spring Break Practices

Senior Champs March 7-10

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11 OFF	12 OFF	13 7-9:30A	14 7-9:30A* 3-4:30P	15 7-9:30A* 3-4:30P	16 Saturday Schedule*	17
LN: OFF	LN: OFF	LN 5-7PM	LN 5-7PM	LN 5-7PM		

Monday March 18: 7-9:30AM* & 3-4:30PM

Regular Schedule Resumes Tuesday March 19

*WR/Dryland Sessions included