## 2025 Long Course Meet Schedule - Bolles Senior Groups

Monday	Sunday	Important Dates (Bolles)	<b>National Qualifiers</b>	National	Prep	Champs	
30-Dec	5-Jan	New Year's Day (Wed)					
6-Jan	12-Jan						
13-Jan	19-Jan		Pentathalon @ Bolles	Pentathalon @ Bolles	Pentathalon @ Bolles	Pentathalon @ Bolles	
20-Jan	26-Jan	MLK (No School Mon)					
27-Jan	2-Feb		Feb Classic @ Bolles (Fri)	Feb Classic @ Bolles (Fri)	Feb Classic @ Bolles	Feb Classic @ Bolles	
3-Feb	9-Feb						
10-Feb	16-Feb	Pres Day (No School Fri/Mon)	Sectionals @ Plantation*	Sectionals @ Plantation*	Sectionals @ Plantation*		
17-Feb	23-Feb						
24-Feb	2-Mar					Area 1 Champs	
3-Mar	9-Mar		Westmont Pro Series*(q)	SMOC @ Augusta	SMOC @ Augusta	SMOC @ Augusta (q)	
10-Mar	16-Mar	Spring Break (No School 8-17)		SR Champs @ Orlando	SR Champs @ Orlando	SR Champs @ Orlando (q)	
17-Mar	23-Mar	Spring Break (Duval & Others)					
24-Mar	30-Mar						
31-Mar	6-Apr	WAI Workshop (Mon-Wed)	(OW State/Nationals)	(OW State/Nationals)	(OW State/Nationals)	(OW State/Nationals)	
7-Apr	13-Apr		April Classic @ Bolles*	April Classic @ Bolles*	April Classic @ Bolles*	April Classic @ Bolles*	
14-Apr	20-Apr	Easter (No School Fri/Mon)					
21-Apr	27-Apr						
28-Apr	4-May		Ft Lauderdale Pro Series*(q)	Swim RISE @ UNF*	Swim RISE @ UNF*	Swim RISE @ UNF*	
5-May						May Meet @ Bolles*	
12-May							
19-May		Exams/Graduation					
26-May	1-Jun	Memorial Day (Mon)					
2-Jun	8-Jun		US Nationals @ Indianapolis*(q)	June Sprint @ Bolles*	June Sprint @ Bolles*	June Sprint @ Bolles*	
9-Jun	15-Jun						
16-Jun	22-Jun						
23-Jun	29-Jun		June Classic @ Bolles*	June Classic @ Bolles*	June Classic @ Bolles*	June Classic @ Bolles*	
30-Jun		4th of July (Fri)		SCY Last Chance @ Bolles	SCY Last Chance @ Bolles	SCY Last Chance @ Bolles	
7-Jul	13-Jul						
14-Jul	20-Jul				SR Champs @ Ocala*	SR Champs @ Ocala*(q)	
21-Jul	27-Jul			Futures @ Ocala*	Futures @ Ocala*(q)	Area 1 Champs @ Bolles*	
28-Jul	3-Aug		JR Nationals @ Irvine*(q)	JR Nationals @ Irvine*(q)			
4-Aug	10-Aug						
11-Aug	17-Aug	School Start	First Practices Aug 11, School Start Tentative Aug 14				

<sup>\*</sup>Asterisk indicates LCM Meet (All other meets SCY)
(q) indicates for athletes with qualifying standards

**Bold indicates Championship/Taper Meet** 

Italics indicates short rest preparation.

Start	End	Meet Name	Location and Format	Purpose	Athletes / Qualifiers	Entry and Travel Deadlines
17-Jan	18-Jan	202Five Pentathalon	SCY @ Bolles, TF, Limited events	Race Development	All	Entry Jan 10
						No Travel
31-Jan	2-Feb	Feburary Meet	SCY @ Bolles, TF, All events	Race Development	All (Sectionals only do Fri pm)	Entry Jan 24
						No Travel
13-Feb	16-Feb	Sectional Championships	LCM @ Plantation (outdoors), PF	Race Development	National Group and Prep Group	Entry Feb 3, Team Travel Jan 15 Deadline
					focused on LCM meets.	Depart Thu 2/13 (AM) Return Mon 2/17 (AM)
28-Feb	2-Mar	Area 1 Championships	SCY @ TBA, TF, All events	Championship Performance	Athletes NOT qual for Sr Champs	Entry Feb 21
						Local Transport for Boarders
5-Mar	8-Mar	Westmont Pro Series	LCM @ Westmont IL, PF	Race Performance	WJR Qualifiers	Entry TBA, Team/Family Travel TBA
					Entries Limited - TBA	Depart Tue 3/4 (PM) Return Sun 3/9
4-Mar	9-Mar	ASL SEastern Meet of Champions	SCY @ Augusta, GA, PF	Race Performance	Qualifiers - Team Travel Required	Team Travel Required: Jan 15 Deadline
						Depart Wed 3/5 (AM) Return Sun 3/9
13-Mar	16-Mar	FL Senior Championships	SCY @ Orlando, PF	Race Performance	Qualifiers - Family Travel Only	Family Travel Only: Entry Mar 3
						Depart Thu 3/13 Return Sun 3/16
11-Apr	13-Apr	April Meet	LCM @ Bolles, TF, All events	Race Development	All	Entry April 4
						No Travel
6-Apr		OW State/Nationals	TBA @ Sarasota/Ft Myers	Race Performance	Qualifiers	ТВА
						Travel TBA
30-Apr	3-May	Ft Lauderdale Pro Series	LCM @ Ft Lauderdale, PF	Race Performance	WJR Qualifiers	Entry TBA, Team/Family Travel TBA
					Entries Limited - TBA	Depart Wed 4/30 (AM) Return Sun 5/4
2-May	4-May	Swim RISE Invite	LCM @ UNF (local), TF All events	Race Development	All	Entry April 24
						Local Transport for Boarders
3-Jun	7-Jun	US Nationals	LCM @ Indianapolis, PF	Championship Performance	US Qualifiers	Entry TBA, Team/Family Travel TBA
						Depart Sun 6/1 Return Sun 6/8
6-Jun	7-Jun	June Sprint	LCM @ Bolles, TF, Limited Events	Race Development	All	Entry 5/30
						No Travel
26-Jun	29-Jun	June Classic	LCM @ Bolles, PF	Race Performance	All	Entry 6/20
						No Travel
6-Jul		SCY Last Chance at Bolles	SCY @ Bolles, TF, Limited events	Race Performance	All (Optional)	Entry 7/1
						No Travel
17-Jul	20-Jul	FL LC Senior Championships	LCM @ Ocala, PF	Championship Performance	Qualifiers not attending Futures/JRs	Entry 7/11 Family Travel Only
						Depart 7/17 (AM) Return 7/20
25-Jul	27-Jul	LC Area 1 Championships	LCM @ Bolles, PF	Championship Performance	Athletes NOT qual for Sr Champs	Entry 7/11
						No Travel
23-Jul	26-Jul	Futures Championships	LCM @ Ocala, PF	Championship Performance	Qualifiers not attening JRs	Entry 7/11 Family Travel Only
						Depart Tue 7/22 Return Sat 7/26
30-Jul	3-Aug	Junior National Championships	LCM @ Irvine, PF	Championship Performance	Qualifiers	Entry 7/11 Family or Team Travel deadline 7/1
						Depart Mon 7/28 Return Sun 8/3 or 8/4
		SCY - Short Course Yards TF -Timed Finals Race Development - To gain experience in racing preparation, execution, and mindset.				

SCY - Short Course Yards LCM - Long Course Meters TF -Timed Finals PF - Prelims Finals

 $\label{lem:condition} \textbf{Race Development-To gain experience in racing preparation, execution, and mindset.}$ 

Race Performance - In season best possible race preparation, execution, mindset (tech suits and pre-meet 'rest' TBD)

Championship Performance - Peak race preparation, execution, mindset (Tech suits and taper or rest)