

FLORIDA ELITE

WARRIORS

www.swimelite.org

Summer is right around the corner!!

Dive Camps, Synchro Camps,
JR Lifeguard Camps, and
Group Swim Lessons!!

Camps and Lessons are all up
for registration!!

Open Swim begins May 28th!

Please share all of these fun
opportunities with your friends and family!!

****Age Group synchro moving to morning practices May 26th-Schedule to come out
after Regionals.**

****Summer team shirts will be coming to the team store soon!!**

****SWIM SCHEDULE BEGINNING MAY 30****

	Mon	Tue	Wed	Thur	Fri	Sat
Elite	7:00-9:00am 6:00-8:00pm	7:00-9:00am 9:00-10:00am DL	6:00-9:00am	7:00-9:00am 9:00-10:00am DL	7:00-9:00am 4:00-6:00pm	7:00-9:00am
HP	5:15-6:00pm DL 6:00-8:00pm		7:00-9:00am	5:15-6:00pm DL 6:00-8:00pm	4:00-6:00pm	7:00-9:00am
Perf	4:00-5:15	6:00-7:30	4:15-4:45 DL 4:45-6:00	4:00-5:15		
JR 2	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00		
JR 1	5:00-6:00	5:00-6:00	5:00-6:00	5:00-6:00		
B2		4:00-4:45	4:00-4:45	4:00-4:45		
B1	5:15-6:00	4:45-5:30		5:15-6:00		
MSC	4:00-5:00	4:00-5:00	4:00-5:00			
HSC	3:00-4:00	3:00-4:00	3:00-4:00	3:00-4:00		



Upcoming Meets/Events

Dates	Host/Location	Additional Info
April 22-24	SPA/St. Pete	Spring LC Kick Off
May 6	FE/LOL	Mini Meet
May 14-15	Blue Wave/Brandon	
May 30	SUMMER SCHEDULE BEGINS	
June 3-5	CVST/St. Pete	
June 10	FE/LOL	Mini Meet
June 17-19	WFLA/Largo	
June 24-26	GCST/Ft. Myers	Travel Meet!

All Competing Athletes:

team cap
team suit
team shirt

All Athletes:

goggles
kickboard
pull buoy

All Green and Blue groups:

long blade fins

Performance, high performance, and elite:

paddles
snorkel

Silver Practice Groups

short blade fins

****We utilize the app called Remind to communicate weather-related changes as well as other important team information. Please download it and sign-up for the appropriate group.**

REMIND GROUPS:

Beginner Warriors- @FEBegin
Junior Warriors- @FEJunior
Performance- @FEPerform
High Perf & Elite - @FESilver
MSC & HSC -@FEBlue
Homeschool- @FEHome

Swim Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginner 1	5:30-6:15	5:30-6:15		5:30-6:15		
Beginner 2		4:15-5:00	4:15-5:00	4:15-5:00		
Junior 1	5:15-6:15	5:15-6:15	5:15-6:15	5:15-6:15		
Junior 2	4:15-5:15	4:15-5:15	4:15-5:15	4:15-5:15		
Performance	4:15-5:30	6:15-7:45	4:30-5:00 DL 5:00-6:15	4:15-5:30		
High Perf	5:00-6:30 AM 6:15-8:15		6:15-8:15	5:00-6:30 AM 6:15-8:15	5:00-6:30 AM 4:30-6:30	7:00-9:00 AM
Elite	5:00-6:30 AM 6:15-8:15	6:15-8:15	5:15-6:15 DL 6:15-8:15	5:00-6:30 AM 6:15-8:15	5:00-6:30 AM 4:30-6:30	7:00-9:00 AM
MSC	4:15-5:15	4:15-5:15	4:15-5:15			
HSC	3:15-4:15		3:15-4:15	3:15-4:15		
Homeschool Beginners	8:45-9:00 AM* 9:00-9:45 AM	8:45-9:30 AM		8:45-9:30 AM	8:45-9:00 AM* 9:00-9:45 AM	
Homeschool Juniors	8:45-9:00 AM* 9:00-10:00 AM	8:45-9:45 AM		8:45-9:45 AM	8:45-9:00 AM* 9:00-10:00 AM	
Homeschool Performance	8:45-9:00 AM* 9:00-10:15 AM	8:45-10:00 AM		8:45-10:00 AM	8:45-9:00 AM* 9:00-10:15 AM	
Homeschool High Performance	8:45-9:00 AM* 9:00-10:30 AM	8:45-10:15 AM		8:45-10:15 AM	8:45-9:00 AM* 9:00-10:30 AM	

Summer Schedule BEGINNING MAY 30

	Mon	Tue	Wed	Thur	Fri	Sat
Elite	7:00-9:00am 6:00-8:00pm	7:00-9:00am 9:00-10:00am DL	6:00-9:00am	7:00-9:00am 9:00-10:00am DL	7:00-9:00am 4:00-6:00pm	7:00-9:00am
HP	5:15-6:00pm DL 6:00-8:00pm		7:00-9:00am	5:15-6:00pm DL 6:00-8:00pm	4:00-6:00pm	7:00-9:00am
Perf	4:00-5:15	6:00-7:30	4:15-4:45 DL 4:45-6:00	4:00-5:15		
JR 2	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00		
JR 1	5:00-6:00	5:00-6:00	5:00-6:00	5:00-6:00		
B2		4:00-4:45	4:00-4:45	4:00-4:45		
B1	5:15-6:00	4:45-5:30		5:15-6:00		
MSC	4:00-5:00	4:00-5:00	4:00-5:00			
HSC	3:00-4:00	3:00-4:00	3:00-4:00	3:00-4:00		

When shopping for your equipment through our Team Store, SwimQuik, you will receive 20% off all arena products, including the team suit. arena also provides benefits and incentives to our athletes and the club for certain achievements. For additional details email feaquaticsdirector@gmail.com.

<https://swimquik.com/collections/florida-elite>



Upcoming Meets/Events

April 23-24 Orlando Associations - All Age Group & Intermediate
 April 28-30 Irvine, CA 12U/13-15 Nationals -Green & Blue Small Routines Only
 May 14-15 Stewart Regionals- Age Group Qualifiers from Associations
 May 21 HOME END OF THE SEASON SHOW- ALL GROUPS
 May 23-25 NO PRACTICE
 May 26 - SUMMER SCHEDULE BEGINS FOR AGE GROUP
 June 3-5 Lakeland Sunshine State Games- Novice, Intermediate, Masters
 June 25-July 3 Gainesville Junior Olympics- Age Group Qualifiers from Regionals

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Intro (1 or 2 days)		4:15-5:00			4:15-5:00	
AWD	4:45-5:30					
Show Team		5:00-6:00			5:00-6:00	
8&U Novice			4:00-5:00		4:00-5:00	
9&O Novice		5:00-6:00			5:00-6:00	
10&U Intermediate		5:30-7:00	5:00-7:00	5:30-7:00		
11&O Intermediate		4:30-6:00	5:00-7:00	4:30-6:00		
Green Team (12&U Age Group)	5:30-7:45	5:30-7:45	5:30-7:45			8:00-11:00
Blue Team (13-15 Age Group)	6:00-8:30	6:00-8:30			6:00-8:00	8:30-12:00
Silver Team (16&O Age Group)			5:45-8:15	5:45-8:15		9:15-1:15
Masters		6:45-7:45pm			9:00-10:00am	
	*Age Group Small Routines see Coach Camille for your additional practice times					

Monthly Quote:
 "If you don't like something, change it. If you can't change it, change the way you think about it." — Mary Engelbreit

Congratulations to our junior athletes Maya and Jennah on their third place finish at Senior Nationals!

We utilize the app called Remind to communicate weather-related changes as well as other important team information. Please download it and sign-up for the appropriate group.

Group

Intro

Novice

Intermediate

Silver, Blue, Green

Code

SynchNov

SynchNov

SynchInter

SynchAG

Equipment Needed:

Synchro athletes need certain equipment to properly train. Any equipment that touches the face cannot be shared between athletes or borrowed from FE. Goggles, caps, and nose clips are available for purchase from your coach.

Intro and Novice: Mat

Intermediate: Mat and Jump rope

Green, Blue, Silver: All Intermediate equipment + running shoes, bands, weights



Athletes of the Month!!

SWIM



Jeremy Morgan made **FLAGS** for the first time ever this year in the 100 breast. Since then, he has showed up and worked extremely hard every practice! Jeremy is becoming a positive leader in the Performance group.

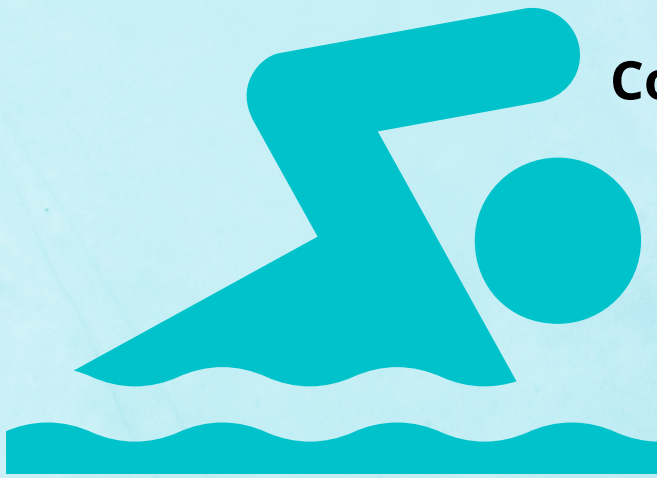
SYNCHRO



Synchro's April athlete of the month is **Silver Athlete Lily Weber!** Lily has been swimming synchro for 8 years and continues to grow as an athlete and a leader every year. Her dedication and continual push at practices has led her to be one of the top athletes in the state! She has been improving so much in her power in the water, her coaches see such strength. Lily also gives back to the team in any way she can and is great at working with the younger swimmers whenever she gets the chance! She is reliable, hard working, smart and so much fun to be around. She is a one of a kind Warrior and we're so glad to get to coach her.



BIRTHDAY	FIRST NAME	LAST NAME	ROSTER GROUP
04/02/2009	Kathryn	Caraynoff	High Performance
04/02/2009	Tristan	Henriquez	Performance
04/04/2004	Rylie	Howard	Elite
04/04/2005	Matthew	Scranton	High School Conditioning
04/04/2014	Verity	Piazza	Junior Warriors 1
04/07/2007	Melissa	Cardoso	Synchro - Blue (13-15)
04/07/2009	Marley	Genusa	Performance
04/12/2007	Jackson	Tate	High School Conditioning
04/12/2010	Gabriella	Pennycooke	Middle School Conditioning
04/13/2010	Abdelrahman	ElKamash	Junior Warriors 2
04/13/2012	Verena	Heinen	Beginner Warriors 2
04/13/2012	Kayden	Jarvis	Junior Warriors 1
04/14/2006	Lillian	Weber	Synchro - Silver (130)
04/15/2006	Havyn	Hradec	Synchro - Silver (130) & Elite
04/17/2005	Maya	Tahiri	Synchro - Silver (130)
04/21/2010	Camelia	Denden	Synchro - Green (12U)
04/25/2010	Lucy	McKenzie	Performance
04/25/2013	Aubrey	Baisley	Junior Warriors 1
04/27/2010	Delaney	Browning	Junior Warriors 2
04/27/2013	Luke	Whitmore	Homeschool Group



Coaches and Board of Directors

Coaches

Darcee Redding- Aquatics Director
Guerby Ruuska-Swim Head Coach
Camille Albrecht-Synchro Head Coach

Swim

Robin Tori
Cameron Kara
Kayla Abigail
Ashlyn
Jennah

Synchro

Zoe
Maria
Kyra
Maja
Juliana

BOD

Michael Speilberger- President
Lisa Hammond-Vice President
Steve Swenson-Treasurer
Chris Johnson-Secretary

At Large Members:
Brent Smith
Jeanie Saunders

Contact Info

Aquatics Director-FEaquaticsdirector@gmail.com
BILLING- Billing Email: billing.floridaelite@gmail.com
TEAM ADMIN- JAMIE RADITIC-MEHALSO Email: floridaeliteswim@gmail.com
Phone - (813)279-5445

Masters Info!!

REMIN D CODE: @FEAquatics

SWIM

Mon

5:00-6:30AM/8:45-10:30AM/1:00-4:15PM
6:15-8:15PM

Tues

5:00-6:30AM/8:45-10:15 AM/7:15PM-8:15PM

Wed

1:00-4:15PM/6:15-8:15PM

Thurs

5:00-6:30AM/8:45-10:15AM/1:00-4:15PM/
6:15-8:15PM

Fri

5:00-6:30AM/8:45-4:30PM/6:30-8:00PM

Sat

7:00AM-1:15PM

SYNCHRO

Tues

6:45-7:45PM

Fri

9:00-10:00AM



Financial Policy

Monthly dues: In consideration of the participation of the swimmer(s) in Florida Elite's (FE) swim program, the Parent/Guardian agrees to pay the dues for the Swimmer's practice level that is set forth. Monthly payment of dues shall be due and payable on the first day of each month. Swimmers are expected to pay for the entire month no matter how many days they attend practice. Make-up days due to inclement weather are at the coaches' discretion. If the Swimmer is transferred to a different level by the coaching staff, the fees for the new level will be invoiced in the next billing cycle. If the monthly dues payment is not received in full by the 10th of the month, a late fee of \$25 per month may be assessed to the family's dues account.

Dues are paid on a per month basis, regardless of the number of practices a swimmer attends. It is possible to place a swimmer's account on hold and not accrue monthly dues. Notice must be made in writing by the 20th of the month preceding the start of the hold. Notice is to be sent to FloridaEliteSwim@gmail.com specifying which month(s) the swimmer(s) will be out of practice. A swimmer's place on the team will not be guaranteed while the account is on hold. If the practice group that the swimmer participates in is filled, the swimmer can be put on a wait-list to rejoin when a position becomes available. It is the responsibility of the Parent/Guardian to update the Secretary of the Board of Directors of these changes.

Payment Method: FE will only accept credit card or ACH through the automated process on our website. Cash or personal checks are not accepted for monthly dues, annual fees and swim meet fees. It is the Parent/Guardian's responsibility to keep their FE account information current on FE's website.

Ineligible to Participate Due to Non-Payment: The Secretary of the Board of Directors will notify Parent/Guardian of payment failure on the 6th day of the month by email.

New swimmers will be ineligible to participate with the team when their FE annual registration, any applicable USA Swimming Membership fees, and first dues payment are not completed within ten days of registration.

If the monthly dues payment is not received in full by the 10th of the month for all existing swimmers, along with the \$25 late fee per month assessment to the family's dues account, the swimmer will be ineligible to participate. If Parent/Guardian becomes delinquent in payment of dues or assessments because of financial hardship, he/she may apply to the Board of Directors through the Secretary for a waiver of late fees and request reinstatement. A waiver may be granted if satisfactory arrangements are made for payment of the delinquent amounts.

Annual FE Swimming Registration Fee: All families are responsible for an annual team registration fee of \$100, which is withdrawn from your FE account **quarterly at \$25.00**. These fees will be charged with the monthly billing in March, June, September, and December. New families will be charged \$25 at registration and then follow the above cycle. The annual registration fee is non-refundable.

Annual FE Synchro Registration Fee: All synchro families are responsible for an annual registration fee which will be determined yearly by the head coach. For the 2020-2021 season the fees will be \$300 for Age Group, \$250 for Intermediate and \$200 for Novice and Show Team, and will be billed over the first three months of joining the team on the 15th of the month. This fee includes various items necessary for participation on the synchro team including the team suit, personalized team cap, white cap and team shirt. The USA Artistic Swimming Membership is included in the yearly registration fee. Age Group athletes will receive the "Competitive Athlete" membership, and all other athletes will receive the "Athlete" membership. This fee is non-refundable.

USA Swimming Membership: In order to swim with FE, all swimmers must register with USA Swimming and maintain an active membership which runs from January through December. As of 2020, the **annual USA Swimming Membership Fee of \$85 per swimmer** and is due upon joining FE and will be automatically renewed in September and reflected in your October bill. There is a modest increase in this fee yearly, which will be reflected in the October billing. USA Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck either at practice or at a swim meet. There are numerous other benefits to membership which can be explored at usaswimming.org.

USA Artistic Swimming Membership: See Annual FE Synchro Registration Fee. USA Artistic Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck whether at practice or at a meet. There are numerous other benefits to membership which can be explored at usaartisticswimming.org

Swim Meets: Meet fees can be found in the meet packets which are posted under the Events tab on the FE website. There are various fees for a swimmer to participate in a meet. In addition to the fees imposed by the facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Parents are responsible for all fees and charges for events they have committed their child(ren) once the meet deadline has passed. Additionally, the Parents give permission to the Coaches to enter their child(ren) into a relay(s) and assume all costs associated with the relay. Relay assignments happen during the meet. By entering their child(ren) in a meet, the Parent assumes the cost associated with any relay(s) a coach may assign.

Team Unify is the system of record and it is the parent's responsibility to ensure it is correct before the meet deadline. All fees associated with meets are non-refundable.

Synchro Meets: Meet fees can be found in the Meet Announcements which will be emailed to the applicable groups upon receipt from the host teams. There are various fees for an athlete to participate in a meet. In addition to the fees imposed by the host team/facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Novice Swimmer Parents must communicate to the head coach if their child will not be attending a meet 30 days prior to the meet, and are otherwise responsible for all fees and charges for events the coach has placed the athlete in. Intermediate and Age Group Parents are responsible for all fees and charges for events the coach has placed the athlete in by their child(ren)'s placement in these competitive groups. All fees associated with meets are non-refundable.