



WARRIORS

www.swimelite.org

Quote of the Month

“ I have self-doubt. I have insecurity. I have fear of failure. I have nights when I show up at the arena and I'm like, 'My back hurts, my feet hurt, my knees hurt. I don't have it. I just want to chill.' We all have self-doubt. You don't deny it, but you also don't capitulate to it. You embrace it.” - Kobe Bryant

Celebrating a successful Senior Champs!

Senior champs was everything we expected! fun and fast! Our warriors placed high this year than the last while also scoring more points!

Multiple team records broken!
Another futures cut added to the roster,
Countless personal best,
handful of top 8 swims,
Multiple final swims,
And Katie Ledecky!

Lots of great memories for the kids and so much excitement moving forward. You can swim fast and still have a blast.

LC Season, here we come!
#RisingAsOne



FL ELITE SYNCHRO WARRIORS
**ENTER TO WIN !
RAFFLE - FUNDRAISER**

YETI
TUNDRA 45 COOLER-TUMBLERS,
RUM,VODKA,BEER,WINE,LOTTO, AND
MORE! **\$1000 VALUE**

TICKET PRICES
1 TICKET = 20\$
3 TICKETS = \$50
8 TICKETS = \$100

INCLUDE CONTACT #

venmo

MUST BE 21 TO WIN - Drawing April 30th
Raffle to benefit Warriors trip to Nationals





Upcoming Meetings/Events

Dates	Host - Location	Additional Info
April 14	FE - HOME	Sanctioned Mini Meet
April 21-23	SPA - St. Pete	All Groups
May 5-7	WFLA - Largo	All Groups
May 26-28	T2 - Naples	All Groups
May 30	SUMMER SCHEDULE STARTS	Look for email from Coach G with details.

QR CODE FOR BAND
TEAM COMMUNICATION



All Competing

Athletes:

team cap
team suit
team shirt

All Athletes:

goggles
kickboard
pull buoy

Beginners, Juniors, MSC and HSC:

long blade fins

Performance, high performance,

and elite:

paddles
snorkel

Current Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginner 1	4:45-5:30pm 5:30-6:00pm dryland		4:45-5:30pm 5:30-6:00pm dryland	4:45-5:30pm		
Beginner 2	4:00-4:45pm 4:45-5:15pm dryland		4:00-4:45pm	4:00-4:45pm 4:45-5:15pm dryland		
Junior 1	5:30-6:30pm	5:00-5:30pm dryland 5:30-6:30pm	5:30-6:30pm	5:00-5:30pm dryland 5:30-6:30pm		
Junior 2	4:00-5:00pm 5:00-5:30pm dryland	4:00-5:00pm	4:00-5:00pm 5:00-5:30pm dryland	4:00-5:00pm		
MSC	5:00-6:00pm	4:30-5:30pm	5:00-6:00pm			
HSC		4:00-5:00pm		5:00-6:00pm	3:30-4:30pm	
Performance	5:00-6:15pm 6:15-7:00pm dryland	5:00-6:15pm	5:00-6:15pm 6:15-7:00pm dryland	5:00-6:15pm		
High Performance	5:30-6:30pm dryland 6:30-8:00pm		5:30-6:30pm dryland 6:30-8:00pm	5:30-6:30pm dryland 6:30-8:00pm	6:30-8:00pm	7:00-9:00am
Elite	5:00-6:30am 3-5pm OR 6-8pm 5:00-6:00pm dryland	5:00-6:30am 6:30-8:00pm	3-5pm OR 6-8pm 5:00-6:00pm dryland	3-5pm OR 6-8pm 5:00-6:00pm dryland	5:00-6:30am 4:30-6:30pm	7:00-9:30am
Beginner - Homeschool	8:45-9:00 AM dryland 9:00-9:45 AM	8:45-9:30 AM		8:45-9:30 AM	8:45-9:00 AM dryland 9:00-9:45 AM	
Junior - Homeschool	8:45-9:00 AM dryland 9:00-10:00 AM	8:45-9:45 AM		8:45-9:45 AM	8:45-9:00 AM dryland 9:00-10:00 AM	
Performance - Homeschool	8:45-9:00 AM dryland 9:00-10:15 AM	8:45-10:00 AM		8:45-10:00 AM	8:45-9:00 AM dryland 9:00-10:15 AM	
HP - Homeschool	8:45-9:00 AM dryland 9:00-10:30 AM	8:45-10:15 AM		8:45-10:15 AM	8:45-9:00 AM dryland 9:00-10:30 AM	7:00-9:00am
Masters	5:00-6:30am 8:30-10:30am 2:00-4:30pm	5:00-6:30am 8:30-10:30am 2:00-4:30pm 7:30-8:30pm	2:00-5:30pm	8:30-10:30am 2:00-4:30pm 7:30-8:30pm	5:00-6:30am 8:30-10:30am 12:00-8:00pm	7:00-1:00pm
TRY OUTS		5:30-6:30 with G				

When shopping for your equipment through our Team Store, SwimQuik, you will receive 20% off all arena products, including the team suit. arena also provides benefits and incentives to our athletes and the club for certain achievements. For additional details email feaquaticsdirector@gmail.com.

<https://swimquik.com/collections/florida-elite>



Upcoming Meets/Events

Dates	Location	Additional Info
April 12-16	Tucson, AZ	Junior/Senior Nationals (Silver qualified from Zones)
April 22-23	Gainesville	All Intermediate and Age Group
April 26-30	Buffalo, NY	Youth Nationals (Silver and Blue qualified from Zones)
May 7	HOME	Novice, Intermediate and AWD Mini Meet
May 13-14	Largo, FL	Regionals - Qualifiers from Associations
May 20	HOME	Show Dress Rehearsal - 8:30am
May 21	HOME	"Let's go to the Movies" Show - 5pm
May 24-29	AGE GROUP OFF	

Current Schedule

GROUP:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AWD	3:30-4:30				1:00-2:00	
Younger Intro (1 or 2 days)			4:30-5:15		5:30-6:15	
Show team (2 days)			6:30-7:30		6:30-7:30	
10-Under Novice			4:30-5:45		4:30-5:45	
11-Over Novice			6:30-7:45		6:30-7:45	
10-Under Intermediate		5:30-7:00	5:00-6:30	5:30-7:30		
11-Over Intermediate		4:30-6:00	5:30-7:00	5:30-7:30		
Green (12&U Age Group)	4:30-6:30 duet until 7:00	4:30-6:45	6:00-7:30 Figures/ optional swim	4:30-6:30	1:30-2:30 Kinsleigh solo	8:00-10:45
Blue (13-15 Age Group team)		6:00-8:00	6:00-7:30 Figures/ optional swim	5:30-7:30	5:30-7:30	8:00-11:30
Blue (13-15 Age Group small routines)	G & K + Giuliana solo 4:30-6:30	Mixed duet L & A 4:30-6:30		C & L 7:30-8:30 Cynthia 7:30-8:30		1:00-1:30 all small routine run throughs
Silver (13-15 Age Group team)		6:00-8:30	6:00-7:30 Figures/ optional swim	7:00-7:30		8:45-1:00
Silver (16&O Age Group Acro)			6:00-7:30 optional basics/swim	4:30-7:00		8:45-12:00
Silver (16&O Age Group small routines)	H & M tech 5:30-7:30				Tech solos 3:00-5:00 JR free duet 4:30-6:30 Free solos 4:30-6:15 SR free duet 6:15-7:15	
Masters	6:45-7:45				12:00-1:00	
Intro to masters						8:30-9:30am

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Equipment Needed:

Synchro athletes need certain equipment to properly train. Any equipment that touches the face cannot be shared between athletes or borrowed from FE. Goggles, caps, and nose clips are available for purchase from your coach.

Intro and Novice: Mat

Intermediate: Mat and Jump rope

Green, Blue, Silver: All Intermediate equipment + running shoes, bands, weights

Athletes of the Month!!

SWIM



Kora Brown “Kora is hooked into the sport of swimming, comes ready to perfect her technique and speed. Always there to help the newcomer’s to the group. She’s kind hearted, positive and super coachable. She always listens to what the coaches has to say and responds with a smile” - Coach Robin

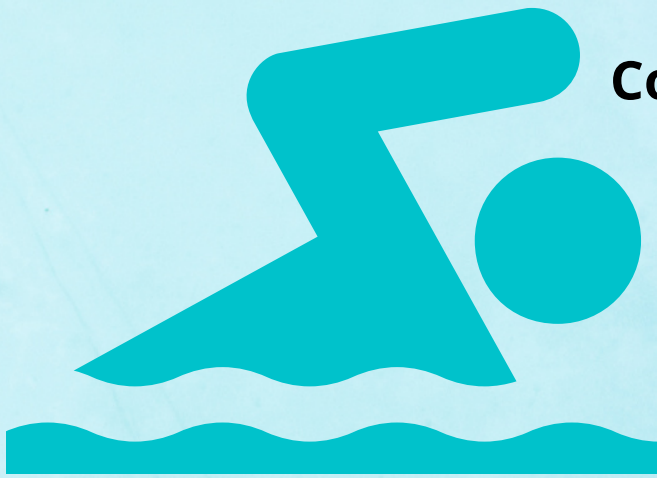
SYNCHRO



Brynleigh is our athlete of the month! Bryn is our youngest intermediate swimmer this season and we have seen her put in the work to improve her figures so much, especially her barracuda which has improved greatly the past month! She shows a wonderful love for the sport and being at practices which makes it really fun to coach her. Her Coaches can count on her to be a really supportive teammate and always brings a smile to the pool.



BIRTHDAY	FIRST NAME	LAST NAME	ROSTER GROUP
04/02/2009	Kathryn	Caraynoff	High Performance
04/04/2014	Verity	Piazza	Junior Warriors 1
04/07/2007	Melissa	Cardoso	Synchro - Silver (130)
04/07/2009	Marley	Genusa	High Performance
04/13/2012	Verena	Heinen	Junior Warriors 2
04/13/2012	Kayden	Jarvis	Junior Warriors 1
04/14/2006	Lillian	Weber	Synchro - Silver (130)
04/15/2006	HavynSynch	HradecSynch	Synchro - Silver (130)
04/16/2010	Sophia	Burnison	Junior Warriors 2
04/20/2013	Chloe	Horn	Performance
04/21/2010	Camelia	Denden	Synchro - Silver (130)
04/24/2009	Owen	Kerrigan	High Performance
04/25/2010	Lucy	McKenzie	High Performance
04/25/2013	Aubrey	Baisley	Performance
04/25/2014	Addilyn	Anson	Synchro - Novice (10U)
04/29/2008	Adalyn	Scherer	Elite
04/30/2010	David	Rapoport	Performance
04/30/2014	Owen	Garrett	Beginner Warriors 1



Coaches and Board of Directors

Coaches

Darcee Redding- Aquatics Director
 Guerby Ruuska-Swim Head Coach
 Camille Albrecht-Synchro Head Coach

BOD

Michael Speilberger- President
 Steve Swenson-Treasurer
 Chris Johnson-Secretary

Swim

Robin Tori
 Cameron Kara
 Katie Michael
 Daniel Anjel
 Kyle

Synchro

Zoe
 Maria
 Maja
 Juliana
 Jackie

At Large Members:

Brent Smith
 Annie Schlemmer
 Renee Santana
 John Bright

Contact Info

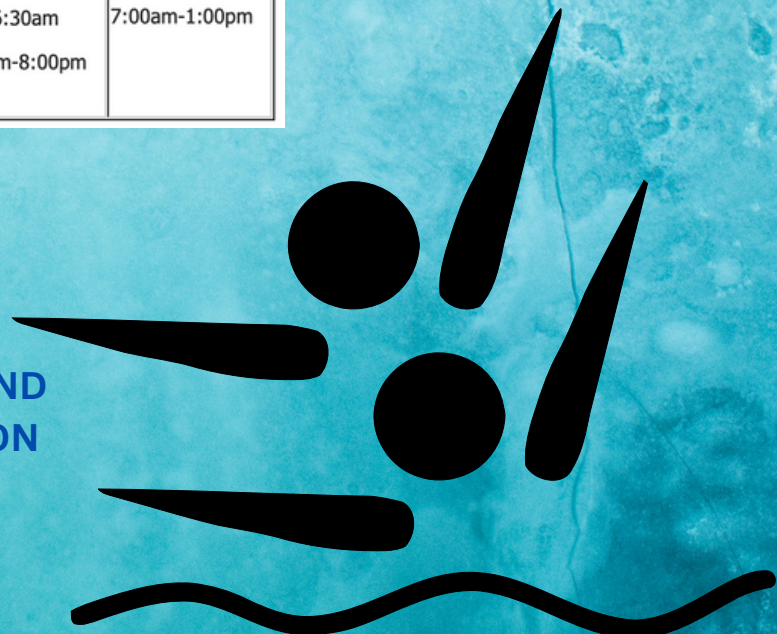
Aquatics Director-FEaquaticsdirector@gmail.com
 BILLING- Billing Email: billing.floridaelite@gmail.com
 TEAM ADMIN- ANJEL CLEMENTE Email: floridaeliteswim@gmail.com
 Phone - (813)279-5445

Masters Info!!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Masters	5:00-6:30am	5:00-6:30am		8:30am-4:30pm	5:00-6:30am	7:00am-1:00pm
Lap Swim	8:30am-4:30pm	8:30am-4:30pm	2:00-5:30pm	7:30-8:30pm	8:30am-8:00pm	
Times		7:30-8:30pm				



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 COMMUNICATION



Financial Policy

Monthly dues: In consideration of the participation of the swimmer(s) in Florida Elite's (FE) swim program, the Parent/Guardian agrees to pay the dues for the Swimmer's practice level that is set forth. Monthly payment of dues shall be due and payable on the first day of each month. Swimmers are expected to pay for the entire month no matter how many days they attend practice. Make-up days due to inclement weather are at the coaches' discretion. If the Swimmer is transferred to a different level by the coaching staff, the fees for the new level will be invoiced in the next billing cycle. If the monthly dues payment is not received in full by the 10th of the month, a late fee of \$25 per month may be assessed to the family's dues account.

Dues are paid on a per month basis, regardless of the number of practices a swimmer attends. It is possible to place a swimmer's account on hold and not accrue monthly dues. Notice must be made in writing by the 20th of the month preceding the start of the hold. Notice is to be sent to FloridaEliteSwim@gmail.com specifying which month(s) the swimmer(s) will be out of practice. A swimmer's place on the team will not be guaranteed while the account is on hold. If the practice group that the swimmer participates in is filled, the swimmer can be put on a wait-list to rejoin when a position becomes available. It is the responsibility of the Parent/Guardian to update the Secretary of the Board of Directors of these changes.

Payment Method: FE will only accept credit card or ACH through the automated process on our website. Cash or personal checks are not accepted for monthly dues, annual fees and swim meet fees. It is the Parent/Guardian's responsibility to keep their FE account information current on FE's website.

Ineligible to Participate Due to Non-Payment: The Secretary of the Board of Directors will notify Parent/Guardian of payment failure on the 6th day of the month by email.

New swimmers will be ineligible to participate with the team when their FE annual registration, any applicable USA Swimming Membership fees, and first dues payment are not completed within ten days of registration.

If the monthly dues payment is not received in full by the 10th of the month for all existing swimmers, along with the \$25 late fee per month assessment to the family's dues account, the swimmer will be ineligible to participate. If Parent/Guardian becomes delinquent in payment of dues or assessments because of financial hardship, he/she may apply to the Board of Directors through the Secretary for a waiver of late fees and request reinstatement. A waiver may be granted if satisfactory arrangements are made for payment of the delinquent amounts.

Annual FE Swimming Registration Fee: All families are responsible for an annual team registration fee of \$100, which is withdrawn from your FE account **quarterly at \$25.00**. These fees will be charged with the monthly billing in March, June, September, and December. New families will be charged \$25 at registration and then follow the above cycle. The annual registration fee is non-refundable.

Annual FE Synchro Registration Fee: All synchro families are responsible for an annual registration fee which will be determined yearly by the head coach. For the 2020-2021 season the fees will be \$300 for Age Group, \$250 for Intermediate and \$200 for Novice and Show Team, and will be billed over the first three months of joining the team on the 15th of the month. This fee includes various items necessary for participation on the synchro team including the team suit, personalized team cap, white cap and team shirt. The USA Artistic Swimming Membership is included in the yearly registration fee. Age Group athletes will receive the "Competitive Athlete" membership, and all other athletes will receive the "Athlete" membership. This fee is non-refundable.

USA Swimming Membership: In order to swim with FE, all swimmers must register with USA Swimming and maintain an active membership which runs from January through December. As of 2020, the **annual USA Swimming Membership Fee of \$85 per swimmer** and is due upon joining FE and will be automatically renewed in September and reflected in your October bill. There is a modest increase in this fee yearly, which will be reflected in the October billing. USA Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck either at practice or at a swim meet. There are numerous other benefits to membership which can be explored at usaswimming.org.

USA Artistic Swimming Membership: See Annual FE Synchro Registration Fee. USA Artistic Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck whether at practice or at a meet. There are numerous other benefits to membership which can be explored at usaartisticswimming.org

Swim Meets: Meet fees can be found in the meet packets which are posted under the Events tab on the FE website. There are various fees for a swimmer to participate in a meet. In addition to the fees imposed by the facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Parents are responsible for all fees and charges for events they have committed their child(ren) once the meet deadline has passed. Additionally, the Parents give permission to the Coaches to enter their child(ren) into a relay(s) and assume all costs associated with the relay. Relay assignments happen during the meet. By entering their child(ren) in a meet, the Parent assumes the cost associated with any relay(s) a coach may assign.

Team Unify is the system of record and it is the parent's responsibility to ensure it is correct before the meet deadline. All fees associated with meets are non-refundable.

Synchro Meets: Meet fees can be found in the Meet Announcements which will be emailed to the applicable groups upon receipt from the host teams. There are various fees for an athlete to participate in a meet. In addition to the fees imposed by the host team/facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Novice Swimmer Parents must communicate to the head coach if their child will not be attending a meet 30 days prior to the meet, and are otherwise responsible for all fees and charges for events the coach has placed the athlete in. Intermediate and Age Group Parents are responsible for all fees and charges for events the coach has placed the athlete in by their child(ren)'s placement in these competitive groups. All fees associated with meets are non-refundable.