

# WARRIORS

www.swimelite.org

#### 2022 Wrap Up from the FE Aquatics Director

#### Warrior Families,

2022 has been a great year for Florida Elite Aquatics! As we head in to 2023, and the competitive seasons for swim and synchro, I wanted to reflect together on all we have accomplished.

- We hosted two huge inaugural fundraisers, the Spring Carnival and the Fall Festival. From these funds raised we've been able to provide additional shade, have bleachers on the way, and have refurbished the Chapel for dry land training. I am excited to see how these events grow and where they take our club in 2023!
- The swim team has qualified more kids for championship meets than ever! The kids are breaking records and smashing personal bests at every meet. Coach Guerby and all the assistant coaches are really taking your kids to an ELITE level. I love to see it! Coach G was also named 2022 High School Swim Coach of the Year by the Sunshine Athletic Conference!
- The synchro team continues to grow in their second year with the Warriors, and took more athletes to the Junior Olympics than ever before and all placed in the top 12. Coach Camille was named the South Zone Coach of the Year, and Coach Darcee became a National Judge. The synchro warriors also have a thriving program for adults, and kids as young as 4 now!
- In 2022 we brought on Coach Anjel to start a DIVING program! We can't wait to see him and the program succeed in 2023.
- This summer our instructors taught lessons to over 400 kids! We also trained over 10 lifeguards and 20 junior lifeguards.
- This year Coach Kyra and Coach Cam welcomed babies in to our Warrior crew! Congratulations to them both on their new additions!
- In 2022 we updated our Mission and Vision Statements, and we are living them every day as we RISE AS ONE.
  Mission Statement: Florida Elite Aquatics is an inclusive, fun and instructive aquatics program that teaches our members to love aquatic sports from lessons to national level competition. We strive to show our members the value of hard work, dedication and determination in and out of the water by providing a safe, healthy, and positive environment.

  Vision Statement: To provide accessible aquatics opportunities to the community, and to push the boundaries of aquatic sports.

Thank you all for being part of Florida Elite Aquatics. I hope you each have a wonderful holiday season, and look forward to seeing the Warriors continue to RISE AS ONE in the new year!

# Best, Darcee Redding, Aquatics Director















\*4TH ANNUAL POLAR SPLASH COMING SOON!! SIGN UP TO VOLUNTEER ON THE TEAM WEBSITE TODAY!!

## **Upcoming Meets/Events**

Dates	Host - Location	Additional Info
December 2-4	CAT - The Long Center	Jingle Bell - All Groups
WINTER BREAK S	CHEDULE COMING SOON	FROM COACH G
December 27-29	FE - LOL Pool	Fitter & Faster Clinic
January 14-15	FE - LOL Pool	4th Annual Polar Splash
January 27	FE - LOL Pool	Elite & HP - Ready, Go! Metal Performance Training Session Coach G will send email with times each athlete is attending
February 3-5	TBAC - St. Pete Pool	All Groups
February 9-12	USAS - Orlando	SECTIONALS - qualifying times required
February 24-25	FLSWIM - St. Pete Pool	All Groups - FINAL MEET OF THE SC SEASON!
March 2-5	FLSWIM - St. Pete Pool	FLAGS - qualifying times required
March 9-12	FLSWIM - Orlando	SR CHAMPS - qualifying times required



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# All Competing Athletes:

team cap team suit team shirt

#### **All Athletes:**

goggles kickboard pull buoy

Beginners, Juniors, MSC and HSC:

long blade fins

Performance, high performance, and elite:

paddles snorkel

#### **Current Schedule**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginner 1		4:45-5:30pm 5:30-6:00pm dryland	4:45-5:30pm 5:30-6:00pm dryland	4:45-5:30pm		
Beginner 2		4:00-4:45pm 4:45-5:15pm dryland	4:00-4:45pm	4:00-4:45pm 4:45-5:15pm dryland		
Junior 1	5:30-6:30pm	5:00-5:30pm dryland 5:30-6:30pm	5:30-6:30pm	5:00-5:30pm dryland 5:30-6:30pm		
Junior 2	4:00-5:00pm 5:00-5:30pm dryland	4:00-5:00pm	4:00-5:00pm 5:00-5:30pm dryland	4:00-5:00pm		
MSC	5:00-6:00pm		5:00-6:00pm	5:00-6:00pm		
HSC	4:00-5:00pm	4:00-5:00pm		3:00-4:00pm		
Performance	5:00-6:15pm 6:15-7:00pm dryland	5:00-6:15pm	5:00-6:15pm 6:15-7:00pm dryland	5:00-6:15pm		
High Performance	5:30-6:30pm dryland 6:30-8:00pm		5:30-6:30pm dryland 6:30-8:00pm	5:30-6:30pm dryland 6:30-8:00pm	6:30-8:00pm	7:00-9:00am
Elite	5:00-6:30am 3-5pm OR 6-8pm 5:00-6:00pm dryland	5:00-6:30am 6:30-8:00pm	3-5pm OR 6-8pm 5:00-6:00pm dryland	3-5pm OR 6-8pm 5:00-6:00pm dryland	5:00-6:30am 4:30-6:30pm	7:00-9:30am
Beginner - Homeschool	8:45-9:00 AM dryland 9:00-9:45 AM	8:45-9:30 AM		8:45-9:30 AM	8:45-9:00 AM dryland 9:00-9:45 AM	
Junior - Homeschool	8:45-9:00 AM dryland 9:00-10:00 AM	8:45-9:45 AM		8:45-9:45 AM	8:45-9:00 AM dryland 9:00-10:00 AM	
Performance - Homeschool	8:45-9:00 AM dryland 9:00-10:15 AM	8:45-10:00 AM		8:45-10:00 AM	8:45-9:00 AM dryland 9:00-10:15 AM	
HP - Homeschool	8:45-9:00 AM dryland 9:00-10:30 AM	8:45-10:15 AM		8:45-10:15 AM	8:45-9:00 AM dryland 9:00-10:30 AM	7:00-9:00am
Masters	5:00-6:30am 8:30-10:30am 2:00-4:30pm	5:00-6:30am 8:30-10:30am 2:00-4:30pm 7:30-8:30pm	2:00-5:30pm	8:30-10:30am 2:00-4:30pm 7:30-8:30pm	5:00-6:30am 8:30-10:30am 12:00-8:00pm	7:00-1:00pm
TRY OUTS	5:00pm with Kara	6:00pm with G				

When shopping for your equipment through our Team Store, SwimQuik, you will receive 20% off all arena products, including the team suit. arena also provides benefits and incentives to our athletes and the club for certain achievements. For additional details email feaquaticsdirector@gmail.com.

https://swimquik.com/collections/florida-elite



# **Upcoming Meets/Events**

Dates	Location	Additional Info
December 10	LOL Pool	FROSTY FIGURE MEET
December 17-18	LOL Pool	Levels Testing
WINTER BREAK S	CHEDULE COMING SOON FROM COA	CH CAMILLE
January 13-15	Texas	13-15 National Team Trials (by invite from Coach C)
January 15	Lakeland	Jump on In - Novice Only
January 27	LOL Pool	Green, Blue and Silver - Ready, Go! Metal Performance Training Session Coach Camille will email each group their session time.
January 28-29	Orlando	Mary Rose Invitational - All Groups
February 25-26	Clearwater	Winter Invitational - All Groups
March 3-5	Virginia	South Zones - Blue and Silver

## **Current Schedule**

GROUP:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AWD	3:30-4:30				1:00-2:00	
Younger Intro (1 or 2 days)			4:30-5:15		5:30-6:15	
Show team (2 days)			6:30-7:30		6:30-7:30	
10-Under Novice			4:30-5:45		4:30-5:45	
11-Over Novice			6:30-7:45		6:30-7:45	
10-Under Intermediate		5:30-7:00	5:00-6:30	5:30-7:30		
11-Over Intermediate		4:30-6:00	5:30-7:00	5:30-7:30		
	4:30-6:30 solo until 7	4:30-6:45		4:30-6:30 duet until 7		8:00-10:45
Blue (13-15 Age Group team )		6:00-8:00		6:00-8:00	5:30-7:30	8:00-11:30
Blue (13-15 Age Group small routines)	G & K + Giuliana solo 4:30-6:00	Mixed duet L & A 4:30-6:30		C & L 4:30-6:15 Cynthia solo 4:30-6:15		1:00-1:30 all small routine run throughs
Silver (13-15 Age Group team)		6:00-8:30	6:30-8:00 Figures/ optional swim			8:45-1:00
Silver (16&O Age Group Acro)			6:30-8:00 Figures/ optional swim	6:00-8:30		8:45-12:00
Silver (16&O Age Group small routines)	H & M tech 6:00-7:45				Katie solo 3:30-4:45 Bianca solo 4:15- 5:30 A & M free 4:30-6:00 J & L free 5:30-7:00 L & J solo 7:00-8:00	
Masters	6:45-7:45				12:00-1:00	
Intro to masters						8:30-9:30am

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### **Equipment Needed:**

Synchro athletes need certain equipment to properly train. Any equipment that touches the face cannot be shared between athletes or borrowed from FE. Goggles, caps, and nose clips are available for purchase from your coach.

Intro and Novice: Mat

Intermediate: Mat and Jump rope

Green, Blue, Silver: All Intermediate equipment + running shoes,

bands, weights



\*\*Contact Coach Anjel for more info at: anjelclemente@gmail.com\*\*



### WE ARE EXCITED TO ANNOUNCE OUR BRAND NEW DIVING CLUB AT FLORIDA ELITE!

- OPEN FOR ANYONE AGES 8 AND UP!
- · WE OFFER:
  - BEGINNER GROUPS FOR YOUNGER ATHLETES WANTING TO LEARN THE SPORT
  - ADVANCED GROUPS FOR ATHLETES LOOKING TO PERFECT THEIR CRAFT
  - HIGH SCHOOL LESSONS FOR HS DIVERS LOOKING TO HAVE BREAKOUT SEASONS
  - USA DIVING PARTICIPATION FOR MORE COMPETITIVE EXPOSURE
  - EXTENSIVE DRY LAND TRAINING AND EDUCATION



For more information on groups, prices, lessons, etc., visit **swimelite.org** 

Email Head Coach Anjel Clemente at **anjelclemente@gmail.com** to schedule an evaluation or for any questions

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TEAM COMMUNICATION



# **Athletes of the Month!!**

# **SWIM**



#### **Payton Burton**

"Payton works extremely hard when she shows up for practice. She is always on time and asks questions whenever she needs clarification. She is happy to assist her teammates however she can and keeps a positive attitude when on deck." - Coach Kara

"Payton is a perfect example of somebody that does everything by the books. She is tough, hard working, passionate, caring and supper supportive of her teammates. One of those kids that only cares about her success, only cares about climbing that mountain if she can bring her teammates up with her." - Coach G

# **SYNCHRO**



Hailey is our athlete of the month! Since Hailey started with the Warriors at a camp this summer she has been a real joy to have on the team. Hailey is passionate about the sport,

committed to the training, kind to her teammates and a lot of fun to coach! We know her work ethic and attention to detail will take her far. We are excited to see her continue to grow in her synchro journey!





Birthday	First Name	Last Name	Roster Group
12/02/2008	Callie	Trussler	Elite
12/03/2001	Kyle	Seilkop	SWIM COACH
12/03/2009	Penelope	Martin	Performance
12/03/2016	Leandra	Fouad	Beginner Warriors 1
12/08/2007	Daniel	Greene	Elite
12/09/2008	Gianna	Sercu	Synchro - Silver (130)
12/12/2006	Chloe	Kamat	Elite
12/13/2007	Joshua	Chao	High Performance
12/13/2015	Joseph	Cook	Beginner Warriors 1
12/15/2010	Styliana	Reimer	Performance
12/20/2013	Isabella	Boyd	Beginner Warriors 1
12/21/2009	Noah	Kunzweiler	High Performance
12/21/2011	Ella	Todd	Junior Warriors 1
12/27/2006	Nila	Harish	Elite
12/28/2011	Bryant	McAvoy	Homeschool Group
12/29/2013	Grace	Mcdonald	Junior Warriors 1
12/31/2013	Sophia	Ortiz Rivera	Performance



### **Coaches**

**Darcee Redding- Aquatics Director Guerby Ruuska-Swim Head Coach Camille Albrecht-Synchro Head Coach Anjel Clemente- Diving Head Coach** 

Swi	Synchro	
Robin	Tori	Zoe
Cameron	Kara	Maria
Jennah	Madi	Kyra
Katie	Kyle	Maja
Daniel	,	Juliana

#### **BOD**

**Michael Speilberger- President** Jeanie Saunders- Vice President **Steve Swenson-Treasurer Chris Johnson-Secretary** 

> **At Large Members: Brent Smith Annie Schlemmer**

#### **Contact Info**

Aquatics Director-FEaquaticsdirector@gmail.com BILLING- Billing Email: billing.floridaelite@gmail.com TEAM ADMIN- JAMIE RADITIC-MEHALSO Email: floridaeliteswim@gmail.com Phone - (813)279-5445

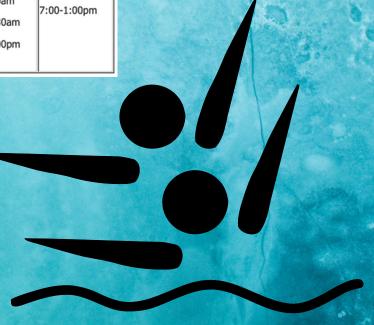
# **Masters Info!!**

**Jackie** 

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lap Swim	5:00-6:30am 8:30-10:30am 2:00-4:30pm	5:00-6:30am 8:30-10:30am 2:00-4:30pm 7:30-8:30pm	2:00-5:30pm	2:00-4:30pm	5:00-6:30am 8:30-10:30am 12:00-8:00pm	7:00-1:00pm



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### **Financial Policy**

Monthly dues: In consideration of the participation of the swimmer(s) in Florida Elite's (FE) swim program, the Parent/Guardian agrees to pay the dues for the Swimmer's practice level that is set forth. Monthly payment of dues shall be due and payable on the first day of each month. Swimmers are expected to pay for the entire month no matter how many days they attend practice. Make-up days due to inclement weather are at the coaches' discretion. If the Swimmer is transferred to a different level by the coaching staff, the fees for the new level will be invoiced in the next billing cycle. If the monthly dues payment is not received in full by the 10th of the month, a late fee of \$25 per month may be assessed to the family's dues account.

Dues are paid on a per month basis, regardless of the number of practices a swimmer attends. It is possible to place a swimmer's account on hold and not accrue monthly dues. Notice must be made in writing by the 20th of the month preceding the start of the hold. Notice is to be sent to FloridaEliteSwim@gmail.com specifying which month(s) the swimmer(s) will be out of practice. A swimmer's place on the team will not be guaranteed while the account is on hold. If the practice group that the swimmer participates in is filled, the swimmer can be put on a wait-list to rejoin when a position becomes available. It is the responsibility of the Parent/Guardian to update the Secretary of the Board of Directors of these changes.

**Payment Method:** FE will only accept credit card or ACH through the automated process on our website. Cash or personal checks are not accepted for monthly dues, annual fees and swim meet fees. It is the Parent/Guardian's responsibility to keep their FE account information current on FE's website.

**Ineligible to Participate Due to Non-Payment:** The Secretary of the Board of Directors will notify Parent/Guardian of payment failure on the 6th day of the month by email.

New swimmers will be ineligible to participate with the team when their FE annual registration, any applicable USA Swimming Membership fees, and first dues payment are not completed within ten days of registration.

If the monthly dues payment is not received in full by the 10th of the month for all existing swimmers, along with the \$25 late fee per month assessment to the family's dues account, the swimmer will be ineligible to participate. If Parent/Guardian be- comes delinquent in payment of dues or assessments because of financial hardship, he/she may apply to the Board of Directors through the Secretary for a waiver of late fees and request reinstatement. A waiver may be granted if satisfactory arrangements are made for payment of the delinquent amounts.

Annual FE Swimming Registration Fee: All families are responsible for an annual team registration fee of \$100, which is withdrawn from your FE account quarterly at \$25.00. These fees will be charged with the monthly billing in March, June, September, and December. New families will be charged \$25 at registration and then follow the above cycle. The annual registration fee is non-refundable.

Annual FE Synchro Registration Fee: All synchro families are responsible for an annual registration fee which will be determined yearly by the head coach. For the 2020-2021 season the fees will be \$300 for Age Group, \$250 for Intermediate and \$200 for Novice and Show Team, and will be billed over the first three months of joining the team on the 15th of the month. This fee includes various items necessary for participation on the synchro team including the team suit, personalized team cap, white cap and team shirt. The USA Artistic Swimming Membership is included in the yearly registration fee. Age Group athletes will receive the "Competitive Athlete" membership, and all other athletes will receive the "Athlete" membership. This fee is non-refundable.

**USA Swimming Membership:** In order to swim with FE, all swimmers must register with USA Swimming and maintain an active membership which runs from January through December. As of 2020, the **annual USA Swimming Membership Fee of \$85 per swimmer** and is due upon joining FE and will be automatically renewed in September and reflected in your October bill. There is a modest increase in this fee yearly, which will be reflected in the October billing. USA Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck either at practice or at a swim meet. There are numerous other benefits to membership which can be explored at usaswimming.org.

**USA Artistic Swimming Membership:** See Annual FE Synchro Registration Fee. USA Artistic Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck whether at practice or at a meet. There are numerous other benefits to membership which can be explored at <u>usaartisticswimming.org</u>

Swim Meets: Meet fees can be found in the meet packets which are posted under the Events tab on the FE website. There are various fees for a swimmer to participate in a meet. In addition to the fees imposed by the facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Parents are responsible for all fees and charges for events they have committed their child(ren) once the meet deadline has passed. Additionally, the Parents give permission to the Coaches to enter their child(ren) into a relay(s) and assume all costs associated with the relay. Relay assignments happen during the meet. By entering their child(ren) in a meet, the Parent assumes the cost associated with any relay(s) a coach may assign.

Team Unify is the system of record and it is the parent's responsibility to ensure it is correct before the meet deadline. All fees associated with meets are non-refundable.

Synchro Meets: Meet fees can be found in the Meet Announcements which will be emailed to the applicable groups upon receipt from the host teams. There are various fees for an athlete to participate in a meet. In addition to the fees imposed by the host team/facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Novice Swimmer Parents must communicate to the head coach if their child will not be attending a meet 30 days prior to the meet, and are otherwise responsible for all fees and charges for events the coach has placed the athlete in. Intermediate and Age Group Parents are responsible for all fees and charges for events the coach has placed the athlete in by their child(ren)'s placement in these competitive groups. All fees associated with meets are non-refundable.