



WARRIORS
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SWIM Year End Recap!! SYNCHRO

- Countless club records, the highest in one season, countless championships cuts, the most in one season, and thus far one of the biggest FLAGS and Senior Champs rosters built up in FE history.
- FE also broke the record for the most kids brought to a meet with 96 athletes at Jingle Bell.
- We saw our first and very successful Trunk-or-Treat take place, we started a National prep group, and we started a Senior group which has become extremely popular for the club, helping find homes for more of our athletes and athletes around Pasco and Hillsborough counties.
- We continued to host unique events like the parent and athlete social, pumpkin carving, and the big Fall Festival raising over \$13k!
- During high school swim we had multiple State Champ qualifiers as well as Regan Bright getting 5th in the state in the 100 fly!
- FE is currently ranked 21st on the girls side and 28th on the guys, and is one of the best in the area! FE has a busy and eventful start to 2024! Lots of big things coming and no plans on showing down! #Risingasone

2022-2023- 68 athletes
All Star Camp: 7 athletes invited
National Elite Camp: 1 athlete invited
South Zone Championships:
13-15 athletes won the Youth High Point Trophy
Sr athletes won the Gold in the Sr Acrobatic event
All other routines made top 10 or higher.
12U/Youth and Jr/Sr US Nationals: 24 athletes qualified (First year since COVID that US Nationals was a qualifying meet again), 17 athletes attended
Finals: 1 team, 1 duet, 1 mixed duet, 1 solo
Highest Ranked Routine: Bronze in Sr solo
Junior Olympics: 28 athletes qualified and competed
Finals: 1 team, 1 combo, 1 acrobatic (first season as an event), 1 mixed duet, 2 female duets, 3 female solos
Highest ranked routine: 4th in Youth mixed duet
PanAmerican Championships: 4th in Sr Solo

Board Member Spotlight

Annie Schlemmer

Originally from Buffalo, NY has lived in FL for over 25yrs. She is married to her husband John Schlemmer, and they are proud parents of twin daughters Lia and Lily. The girls are in 8th grade and going into their 4th season with FE Synchro Warriors currently on 13-15 age group.

Annie went to college at Ohio Northern University and is a pharmacist by training. She is now the Director of Operations and Engagement Strategy with Esperion Therapeutics Scientific Affairs.

In her spare time, she enjoys all outdoor activities, working out, and traveling with her family.

Annie enjoys being on the board to represent the Synchro team as well as making sure the environment is safe, fun, and always growing in the community.





Upcoming Meets/Events

Dates	Host - Location	Additional Info
December 17	Christmas Party and Crazy Sock Exchange - See emails and Band for more info	
WINTER BREAK	Schedule coming soon from Coach G.	
December 27-28	Fitter & Faster Clinic @ FE - See email from Coach G to sign up	
January 12-14	ANNUAL POLAR SPLASH - POSTPONING UNTIL EARLY SPRING	
February 2-4	TBAC - St. Pete	All groups
February 8-11	SECTIONALS - Orlando	Athletes with qualifying times
February 16-17	TBAY - Tampa	All groups
February 23-25	AREA 3 - St. Pete	All groups
February 29-March 3	FLAGS - Orlando	Athletes with qualifying times
March 7-10	SR CHAMPS - Ocala	Athletes with qualifying times

QR CODE FOR BAND
TEAM COMMUNICATION



All Competing

Athletes:

team cap
team suit
team shirt

All Athletes:

goggles
kickboard
pull buoy

Beginners, Juniors, MSC and HSC:

long blade fins

Performance, high performance, and elite:

paddles
snorkel

Senior

paddles
snorkel
kickboard
pull buoy

NOVEMBER 6 THROUGH MAY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginner 1	DL 6:00-6:30pm 6:45-7:30pm pool	7:15-8:00pm pool	DL 5:40-6:10pm 6:15-7:00pm pool			
Beginner 2	5:00-5:45pm pool DL 6:00-6:30	5:30-6:15pm pool DL 6:30-7:00pm	4:30-5:15pm pool			
Junior 1		DL 5:45-6:15pm 6:15-7:15pm pool	7:00-8:00pm pool	6:00-7:00pm pool	DL 5:30-6:00pm 6:00-7:00pm pool	
Junior 2	5:45-6:45pm pool DL 6:45-7:30pm		5:15-6:15pm pool DL 6:15-7:00pm	5:00-6:00pm pool	7:00-8:00pm pool	
MSC	4:00-5:00pm pool		6:30-7:30pm pool	4:00-5:00pm		
HSC		4:00-5:00pm pool	7:30-8:30pm pool		4:00-5:00pm pool	
Performance	4:15-5:30pm pool DL 5:30-6:15pm	4:15-5:30pm pool	5:45-7:00pm pool DL 7:00-7:30pm	6:15-7:30pm pool		
High Performance	DL 4:45-5:30pm 5:30-7:00pm pool	DL 6:00-6:45pm 7:00-8:30pm pool	DL 6:00-6:45pm 7:00pm-8:30pm		6:30-8:00pm pool	7:00-9:00am pool
Senior	DL 6:45-7:30pm 7:30-8:30pm pool	4:15-5:15pm pool DL 5:15-6:00pm		7:00-8:00pm pool	DL 5:45-6:30pm 6:30-7:45pm pool	9:30-11:00am pool
Elite Elite O.V.	5:00-6:30am pool A 3:30-5:30pm pool DL 5:45-6:45pm B 7:00-8:30pm pool	5:00-6:30am Gym O.V. DL 4:15-5:15pm 5:15-7:00pm pool	5:00-6:30am pool 4:00-6:15pm pool	4:15-6:15pm pool DL 6:15-7:00pm	5:00-6:30am Gym O.V. 4:30-6:30pm pool	7:00-9:30am pool
Beginner - Homeschool	8:45-9:00am dryland 9:00-9:45am	8:45-9:30am		8:45-9:30am	8:45-9:00am dryland 9:00-9:45am	
Junior - Homeschool	8:45-9:00am dryland 9:00-10:00am	8:45-9:45am		8:45-9:45am	8:45-9:00am dryland 9:00-10:00am	
Performance - Homeschool	8:45-9:00am dryland 9:00-10:15am	8:45-10:00am		8:45-10:00am	8:45-9:00am dryland 9:00-10:15am	
HP - Homeschool	8:45-9:00am dryland 9:00-10:30am	8:45-10:15am		8:45-10:15am	8:45-9:00am dryland 9:00-10:30am	7:00-9:00am
TRY OUTS						9:30-10:30

When shopping for your equipment through our Team Store, SwimQuik, you will receive 20% off all arena products, including the team suit. arena also provides benefits and incentives to our athletes and the club for certain achievements. For additional details email feaquaticsdirector@gmail.com.

[https://swimquik.com/
collections/florida-elite](https://swimquik.com/collections/florida-elite)



Upcoming Meets/Events

Dates	Location	Additional Info
December 16	FES Pool	Frosty Figure Meet - All hands on deck!
Winter Break	Schedule coming soon from Coach Camille	
January 27-28	Orlando	Mary Rose - All Groups
February 10-11	West Palm Beach	Novice, Intermediate, Green, AWD
February 24	Gainesville	Collegiate Regionals - All encouraged to attend to watch!!
March 1-3	Clearwater	South Zones - Blue and Silver

NOVEMBER 6 THROUGH MAY

GROUP:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AWD	4:00-5:00			4:00-5:00		
Younger Intro (1 or 2 days)		4:45-5:30			5:45-6:30	
Show team (2 days)		4:30-5:30			4:30-5:30	
10-Under Novice			4:30-5:45		4:30-5:45	
11-Over Novice		4:30-5:45			4:30-5:45	
10-Under Intermediate		5:45-7:15	5:45-7:15		5:45-7:45	
11-Over Intermediate		4:30-6:00	4:30-6:00		5:45-7:45	
Green (12&U Age Group)	4:30-6:30	4:30-6:30	6:00-7:30 Figures/ optional swim		3:30 Kinsleigh solo (stay for combo until 6:30) 4:30-6:30 Combo Mixed duet stay until 7:00	8:00-11:00
Blue teams (13-15) Swing/Spain/Combo	5:00-7:00 Swing team	5:30-8:00 figures/both teams	6:00-7:30 Figures/ optional swim	5:30-8:30 Spain/Combo 6:30-8:30 Combo swimmers		8:00-12:00 Swing/Figures/Combo 8:45-1:00 Figures/Combo/Spain
Blue (13-15 Age Group) small routines	6:15-8:00 Haily, Kate, Sabrina duet	4:00-5:45 Giuliana, Lily, Shelby duet (stay until 8:00 for figures/team)		4:30-6:15 Giuliana solo (stay until 7:30 for team)	2:00-3:30 Aiden solo 3:30-5:15 Mixed duet- Lia, Aiden, Lizzy	1:00-1:30 13-15 smalls
Silver (16&O Age Group) tech and free	5:00-7:30 Tech team	6:00-8:30 Free team	6:00-7:30 optional basics/swim	6:00-7:45 Free team		8:45-12:30 Free team + smalls 8:45-1:30 Tech team+ smalls
Silver (16&O Age Group) small routines	7:30-8:30 Ariana, Gianna Veda + Hayyn, Melissa, Haley tech duets Hayyn Arrive 8:30 to warm up.			4:30-6:15 Lily solo 5:00-6:45 Ariana, Melissa Ellina free duet (stay until 7:45 for team)	2:00-5:00 Bianca tech and free solos	
Masters	3:15-4:15				1:00-2:00	
Intro to masters						8:30-9:30am

Equipment Needed:

Synchro athletes need certain equipment to properly train.
Any equipment that touches the face cannot be shared
between athletes or
borrowed from FE. Goggles, caps, and nose clips are available
for purchase from your coach.

Intro and Novice: Mat

Intermediate: Mat and Jump rope

Green, Blue, Silver: All Intermediate equipment +
running shoes, bands, weights

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TEAM COMMUNICATION



Athletes of the Month!!

SWIM



“Grace always comes to practice, ready to try real hard and to get better every day. Her positive attitude is contagious to others in the group. She never gives up and it shows in her performances at the swim meets. Way to go Grace.” - Coach Robin

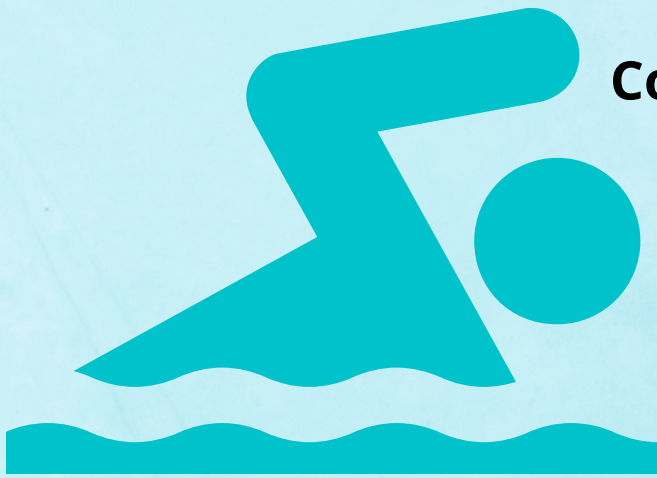
SYNCHRO



Lily is our novice athlete of the month! This is Lily's first year of synchro. Lily always works hard at her practices, helps out her other teammates by demonstrating and being an encourager. She always shows up ready to learn and have fun at practices! We are excited to see her start her first year of competition and see how far this Warrior will go.



<i>Birthday</i>	<i>First Name</i>	<i>Last Name</i>	<i>Roster</i>
12/02/2008	Callie	Trussler	Elite
12/03/2001	Kyle	Seilkop	High Performance
12/03/2009	Penelope	Martin	High Performance
12/07/2013	Ayla	Ivey	Beginner Warriors 2
12/09/2008	Gianna	Sercu	Synchro - Silver (130)
12/12/2006	Chloe	Kamat	Elite
12/14/2007	Spencer	Middlebrooks	High School Conditioning
12/15/2010	Styliana	Reimer	Performance
12/15/2015	Audrey	Boyd	Beginner Warriors 1
12/17/2009	Daphne	Bosley	Middle School Conditioning
12/19/2010	Lucas	Zambrano-Tkaczyk	Performance
12/20/2013	Isabella	Boyd	Beginner Warriors 2
12/21/2009	Noah	Kunzweiler	High Performance
12/25/2014	Peyton	Simpson	Beginner Warriors 2
12/27/2006	Nila	Harish	Elite
12/28/2011	Bryant	McAvoy	Performance
12/29/2013	Grace	Mcdonald	Performance
12/31/2013	Sophia	Ortiz Rivera	High Performance



Coaches and Board of Directors

Coaches

Darcee Redding- Aquatics Director
Guerby Ruuska-Swim Head Coach
Camille Albrecht-Synchro Head Coach

Swim

Robin
Daniel
JB

Tori
Anjel
Kyle

Synchro

Zoe
Maria
Maja
Juliana
Jackie
Lily
Melissa

BOD

Michael Speilberger- President
John Bright- Vice President
Dana Burton-Treasurer
Annie Schlemmer-Secretary

At Large Members:

Brent Smith
Renee Santana
Anna Moses

Contact Info

Aquatics Director-FEaquaticsdirector@gmail.com
BILLING- Billing Email: billing.floridaelite@gmail.com
TEAM ADMIN- WENDI MEEHAN Email: floridaeliteswim@gmail.com
Phone - (813)279-5445

Masters Info!!

NOVEMBER 6 THROUGH MAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00-6:30am 8:45-10:30am	8:45-10:15am	5:00-6:30am	8:45-10:15am	8:45-10:30am 1:00-4:00pm	9:30-12:00pm

Masters Synchro
Tuesday-3:15-4:15
Friday- 1:00-2:00



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Florida Elite Aquatics Financial Policy

Effective December 1st, 2023

In consideration of participation in Florida Elite's (FE) Aquatics programs, Parents/Guardians agree to pay associated fees/dues outlined in this document.

Monthly Dues:

- Monthly payment of all fees shall be due and payable on the first day of each month.
- Payment is made for the entire month. (Not based on how many days an athlete attends practice).
- Make-up days due to inclement weather are at the coaches discretion.
- If an athlete is transferred to a different level by the coaching staff any fees for the new level will be invoiced in the next billing cycle.
- If the monthly dues payment is not received in full by the 10th of the month, a late fee of \$25 per month will be assessed to the family's account.

Payment Method:

- FE will only accept credit cards or ACH through the automated process on our website.
- Cash or personal checks are not accepted for monthly dues, annual fees and swim meet fees.
- It is the Parent/Guardian's responsibility to keep their account information current on FE's website.

Ineligible to Participate Due to Non-Payment:

- The billing system will notify Parent/Guardian of payment failure.
- New swimmers will be ineligible to participate with the team if their FE annual registration, any applicable USA Swimming Membership fees, and first dues payment are not completed within ten days of registration.
 - **Note:** If Parent/Guardian becomes delinquent in payment of dues or assessments because of financial hardship, they may apply to the Board of Directors, through the President, for a waiver of late fees and request reinstatement. A waiver may be granted if satisfactory arrangements are made for payment of the delinquent amounts.

Suspending or Canceling an Account:

- Notice must be made in writing by the 20th of the month preceding the start of the change in account status.
- Notice is to be sent to Billing.FloridaElite@gmail.com specifying which month(s) the athlete(s) will be out of practice.
- An athlete's place on the team will not be guaranteed while the account is on hold. If the practice group for that athlete is filled, the athlete will be put on a wait-list to rejoin when a position becomes available.
- It is the responsibility of the Parent/Guardian to update the Aquatics Director of any/all changes.

Additional FE Swimming Fees

Annual FE Swimming Registration Fees:

- All families are responsible for an annual team registration fee of \$100.
- Fee will be charged to your FE account quarterly at \$25.
- This fee will be charged with the monthly billing in August, November, February and May. New families will be charged \$25 at registration and then follow the above cycle.
- The annual registration fee is non-refundable.
- The Team Gear Package (Team Uniform) will be invoiced in August (with the exception of MSC and HSC groups)
 - In odd years the package will include a suit and is typically between \$120-\$160
 - In even years the package will NOT include a suit and is typically between \$50-\$75. If a suit is needed in an even year, it can be purchased a la carte from the team store.
 - All athletes are required to wear the team uniform at meets. This is the team suit, cap and shirts. If an athlete wears a tech suit, they are not required to wear the team suit.
 - Families are responsible for ordering the package at the team fitting or from the team store. The fee is collected in advance so that the Team Dealer can order the suits and shirts ahead of the fitting to be prepared to print and ship quickly.
 - This fee is non-refundable.

USA Swimming Membership:

- In order to swim with FE, all swimmers must register with USA Swimming and maintain an active membership which runs from January through December.
 - Families must do the initial registration through the FE specific USAS link. This is provided at the time of registration. Subsequent registration renewals will be processed by the team.
 - USA Swimming membership is an annual fee which includes athlete insurance, Splash monthly magazine and a USA Swimming Deck Pass account.
 - There are numerous other benefits to membership which can be explored at usaswimming.org.
- For 2024, the annual USA Swimming Membership Fee will be invoiced in October.
 - Beginners, Juniors, Performance, High School Conditioning, High Performance, Senior and Elite athletes will receive the Premium Athlete Membership for \$85.
 - Athletes in the Middle School Conditioning 12 years old and younger will receive the Flex Athlete Membership for \$35, if they are over 12, they will receive the Premium Athlete membership for \$85.
- For existing members, this fee will automatically renew in September and be reflected in your October bill. Historically, there is a modest fee increase yearly. For new members mid season, registrations will be done monthly and invoiced accordingly.
- Membership provides insurance coverage in the unlikely event something were to happen to your athlete while on-deck either at practice or at a swim meet.
- This fee is non-refundable.

Swim Meets:

- Fees vary from meet to meet and normally can be found in the meet letter which are posted under the Events tab on the FE website. There are various fees for a swimmer to participate in a meet.
 - In addition to the fees imposed by the host team and facility, FE may at its discretion, add fees to cover other associated costs for the meet and coach attendance.
- Parents/Guardians are responsible for all fees and charges for events they have committed their athlete(s) to once the meet deadline has passed.
- Parents/Guardians give permission to the Coaches to enter their athlete(s) into relay(s) and assume all costs associated with the relay(s).

- Relay assignments may happen during the meet.
- By entering athletes in a meet, the Parent/Guardian assumes responsibility for all costs associated with relay(s) a Coach may assign.
- FE will pay athletes entry fees for **championship meets**. (Ex. FLAGS, Sr Champs, Sectionals and higher).
- **Coaches Cost:**
 - (New) The fee charged to cover coach's pay and travel expenses for all meets will be divided equally across the number of athletes attending the meet. (Example: If the expenses for a meet are \$600 for an and 30 athletes attend...then the parents will be billed \$20 per athlete)
 - FE will pay coaches *travel expenses* for all **championship meets** noted above. Coaches *pay* will be divided across the number of athletes attending the meet by the number of days they participate in the meet.

Additional FE Synchro Fees

Annual FE Synchro Registration Fee:

- All synchro families are responsible for an annual registration fee which will be determined yearly by the head coach.
- The first payment will be made upon registration, and the second and third payments will be invoiced the following two months. This fee includes various items necessary for participation on the synchro team including the team suit, personalized team cap, white cap and team shirts.
- The USA Artistic Swimming Membership is included in the yearly registration fee. Age Group athletes will receive the "Competitive Athlete" membership, and all other athletes will receive the "Athlete" membership.
- This fee is non-refundable.

USA Artistic Swimming Membership:

- See Annual FE Synchro Registration Fee.
- USA Artistic Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck whether at practice or at a meet.
- There are numerous other benefits to membership which can be explored at usaartisticswimming.org

Synchro Meets:

- Novice meets are optional but encouraged. All Intermediate athletes are required to compete in at least 2 meets a season. Age group athletes are required to compete in all meets.
 - Parents must inform coaches 30 days prior to the meet or within 7 days of the meet announcement being sent if they are not going to participate. After the deadline has been reached, accounts will be charged.
- Approximately 3-4 weeks prior to a competition a meet announcement is sent out from the host team. Meet Announcements contain dates, a tentative schedule, hotel information, special events, and other details pertaining to the competition.
- Meet fees vary from meet to meet. Head Coach will handle all registration for meets. Parents are responsible for paying for all meet fees. Athletes with more routines will pay more in meet fees. You will be given your amount for the meet when the meet announcement is sent out.
 - Parents/Guardians are responsible for all fees and charges for events they have committed their athlete(s) to once the meet deadline has passed. There are absolutely no refunds.