



WARRIORS
www.swimelite.org

Quote of the Month

I want to see if I can. I don't know if I can. I want to find out. I want to see. I'm going to do what I always do: I'm going to break it down to its smallest form, smallest detail, and go after it. Day by day, one day at a time." - Kobe Bryant



Enjoy yourself and support our cause at a special fundraising event for:

Land O Lakes Lightning dba Florida Elite Swimming

Blaze Pizza will donate 25% of proceeds from your meal back to our organization!

Organization name: **Florida Elite Swimming**

Date: **February 16th, 2023**

Time: **7:00PM until 10:00PM**

Using: **BLAZE PIZZA APP OR BLAZEPIZZA.COM**

Visit us at **Blaze Pizza, 25456 Sierra Center Blvd, Lutz, FL 33559**



DOWNLOAD THE APP

Support the cause with online ordering too!

Orders that are placed online via the Blaze Pizza App or blazepizza.com

must enter code **1334A**

into the 'Promo Code' field at checkout to have your transaction count toward the fundraiser. If entered correctly, you'll see a \$0.01 discount applied to your check which confirms that 25% of your transaction will be counted into the total Donation

For online orders, only transactions that have the promo code applied during the time and date specified above will be counted towards the donation total. Donations amount excludes proceeds from tax and gift card purchases. Excludes 3rd party delivery or phone orders. *Alcoholic beverages excluded. Event proceeds are used if flyers are distributed to or near the restaurant.

**FAST-FIRE'D
BLAZE PIZZA**

FE OFFERS
AMERICAN RED CROSS

LIFEGUARD TRAINING

March 13-16 (Spring Break) OR April 6-8
 Fee: \$200
 Prerequisites:
 - 15 years old by last day of class
 - Complete pre-course swim test
 - 8 hours online learning before first day of class

STUDENTS WHO SUCCESSFULLY COMPLETE THE COURSE WILL RECEIVE RED CROSS CERTIFICATIONS IN LIFEGUARDING, PROFESSIONAL CPR, AED & FIRST AID, AND BLOODBORNE PATHOGENS

MORE DETAILS AND REGISTRATION AVAILABLE AT
WWW.SWIMELITE.ORG
 CLICK ON GROUP LESSONS

Florida Elite
Spring
Swim Lessons

Saturday/Sunday Sessions in
 March, April and May

\$100 per Session of Six 30 minute Lessons

More Info and Registration at:
www.swimelite.org

Sectionals qualifiers!!! Regan Bright, Alex Thai, and Mikey McCloskey will compete in this weekends USA Speedo Sectional championship meet in Orlando, FL.

"It's a huge accomplishment to get to this meet! The time standards are hard and the conception is super tough! You're swimming against the best of the best that Florida has to offer! It speaks volumes that our club is sending kids to this meet year after year! We are super excited for them!"





Upcoming Meetings/Events

Dates	Host - Location	Additional Info
February 3-5	TBAC - St. Pete (Northshore)	All Groups
February 9-12	USAS - Orlando	SECTIONALS - qualifying times required
February 16	Blaze Pizza	Spirit Night!
February 22	ZOOM - HP and Elite	Ready, GO! Session 2 with Lori Eaton
February 24-25	FLSWIM - St. Pete (Northshore)	AREA 3 - All Groups - FINAL MEET OF THE SC SEASON!
March 2-5	FLSWIM - Clearwater (Long Center)	FLAGS - qualifying times required
March 8-12	POOL CLOSED FOR DECK REPAIRS - Email from Coach G for alternative plans coming soon.	
March 9-12	FLSWIM - Orlando (Rosen)	SR CHAMPS - qualifying times required
March 13-19	SPRING BREAK - Most athletes taking a break! Schedule from Coach G coming soon.	
April 5	ZOOM - HP and Elite	Ready, GO! Session 3 with Lori Eaton

QR CODE FOR BAND
TEAM COMMUNICATION



All Competing

Athletes:

team cap
team suit
team shirt

All Athletes:

goggles
kickboard
pull buoy

Beginners, Juniors, MSC and HSC:

long blade fins

Performance, high performance,

and elite:

paddles
snorkel

Current Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginner 1	4:45-5:30pm 5:30-6:00pm dryland		4:45-5:30pm 5:30-6:00pm dryland	4:45-5:30pm		
Beginner 2	4:00-4:45pm 4:45-5:15pm dryland		4:00-4:45pm	4:00-4:45pm 4:45-5:15pm dryland		
Junior 1	5:30-6:30pm	5:00-5:30pm dryland 5:30-6:30pm	5:30-6:30pm	5:00-5:30pm dryland 5:30-6:30pm		
Junior 2	4:00-5:00pm 5:00-5:30pm dryland	4:00-5:00pm	4:00-5:00pm 5:00-5:30pm dryland	4:00-5:00pm		
MSC	5:00-6:00pm	4:30-5:30pm	5:00-6:00pm			
HSC		4:00-5:00pm		5:00-6:00pm	3:30-4:30pm	
Performance	5:00-6:15pm 6:15-7:00pm dryland	5:00-6:15pm	5:00-6:15pm 6:15-7:00pm dryland	5:00-6:15pm		
High Performance	5:30-6:30pm dryland 6:30-8:00pm		5:30-6:30pm dryland 6:30-8:00pm	5:30-6:30pm dryland 6:30-8:00pm	6:30-8:00pm	7:00-9:00am
Elite	5:00-6:30am 3-5pm OR 6-8pm 5:00-6:00pm dryland	5:00-6:30am 6:30-8:00pm	3-5pm OR 6-8pm 5:00-6:00pm dryland	3-5pm OR 6-8pm 5:00-6:00pm dryland	5:00-6:30am 4:30-6:30pm	7:00-9:30am
Beginner - Homeschool	8:45-9:00 AM dryland 9:00-9:45 AM	8:45-9:30 AM		8:45-9:30 AM	8:45-9:00 AM dryland 9:00-9:45 AM	
Junior - Homeschool	8:45-9:00 AM dryland 9:00-10:00 AM	8:45-9:45 AM		8:45-9:45 AM	8:45-9:00 AM dryland 9:00-10:00 AM	
Performance - Homeschool	8:45-9:00 AM dryland 9:00-10:15 AM	8:45-10:00 AM		8:45-10:00 AM	8:45-9:00 AM dryland 9:00-10:15 AM	
HP - Homeschool	8:45-9:00 AM dryland 9:00-10:30 AM	8:45-10:15 AM		8:45-10:15 AM	8:45-9:00 AM dryland 9:00-10:30 AM	7:00-9:00am
Masters	5:00-6:30am 8:30-10:30am 2:00-4:30pm	5:00-6:30am 8:30-10:30am 2:00-4:30pm 7:30-8:30pm	2:00-5:30pm	8:30-10:30am 2:00-4:30pm 7:30-8:30pm	5:00-6:30am 8:30-10:30am 12:00-8:00pm	7:00-1:00pm
TRY OUTS		5:30-6:30 with G				

When shopping for your equipment through our Team Store, SwimQuik, you will receive 20% off all arena products, including the team suit. arena also provides benefits and incentives to our athletes and the club for certain achievements. For additional details email feaquaticsdirector@gmail.com.

<https://swimquik.com/collections/florida-elite>



Upcoming Meets/Events

Dates	Location	Additional Info
February 16	Blaze Pizza	Spirit Night!
February 22	ZOOM - Age Group Only	Ready, GO! Session 2 with Lori Eaton
February 25-26	Clearwater	Winter Invitational - All Groups
March 3-5	Virginia	South Zones - Blue and Silver
March 8-12	POOL CLOSED FOR DECK REPAIRS - Email from Coach Camille for alternative plans coming soon.	
March 13-19	SPRING BREAK - Schedule from Coach Camille coming soon!	
March 25-26	Stuart	Novice, Intermediate, Green

Current Schedule

GROUP:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AWD	3:30-4:30				1:00-2:00	
Younger Intro (1 or 2 days)			4:30-5:15		5:30-6:15	
Show team (2 days)			6:30-7:30		6:30-7:30	
10-Under Novice			4:30-5:45		4:30-5:45	
11-Over Novice			6:30-7:45		6:30-7:45	
10-Under Intermediate		5:30-7:00	5:00-6:30	5:30-7:30		
11-Over Intermediate		4:30-6:00	5:30-7:00	5:30-7:30		
Green (12&U Age Group)	4:30-6:30 duet until 7:00	4:30-6:45	6:00-7:30 Figures/ optional swim	4:30-6:30	1:30-2:30 Kinsleigh solo	8:00-10:45
Blue (13-15 Age Group team)		6:00-8:00	6:00-7:30 Figures/ optional swim	5:30-7:30	5:30-7:30	8:00-11:30
Blue (13-15 Age Group small routines)	G & K + Giuliana solo 4:30-6:30	Mixed duet L & A 4:30-6:30		C & L 7:30-8:30 Cynthia 7:30-8:30		1:00-1:30 all small routine run throughs
Silver (13-15 Age Group team)		6:00-8:30	6:00-7:30 Figures/ optional swim	7:00-7:30		8:45-1:00
Silver (16&O Age Group Acro)			6:00-7:30 optional basics/swim	4:30-7:00		8:45-12:00
Silver (16&O Age Group small routines)	H & M tech 5:30-7:30				Tech solos 3:00-5:00 JR free duet 4:30-6:30 Free solos 4:30-6:15 SR free duet 6:15-7:15	
Masters	6:45-7:45				12:00-1:00	
Intro to masters						8:30-9:30am

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TEAM COMMUNICATION



Pictures from Mary Rose Meet!!!



Equipment Needed:

Synchro athletes need certain equipment to properly train. Any equipment that touches the face cannot be shared between athletes or borrowed from FE. Goggles, caps, and nose clips are available for purchase from your coach.

Intro and Novice: Mat

Intermediate: Mat and Jump rope

Green, Blue, Silver: All Intermediate equipment + running shoes, bands, weights

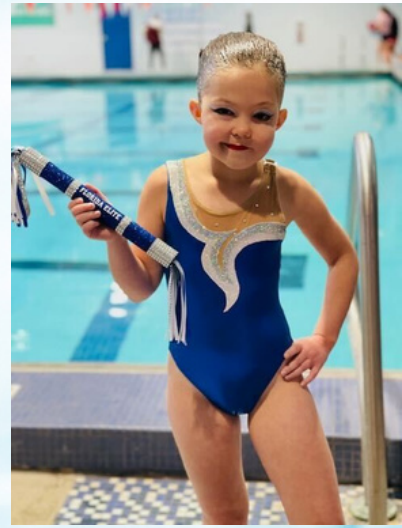
Athletes of the Month!!

SWIM



Chloe is one hard worker. She's kind and always eager to learn! She's a joy to coach for all coaches and truly has a place in this sport!

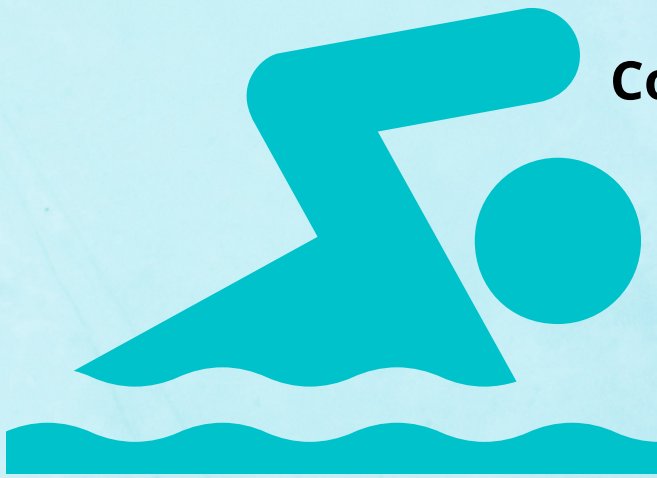
SYNCHRO



Aubriana is our athlete of the month. Aubriana started with into to synchro last season and since then has moved into older novice team! Aubriana has made great strides in her synchro skills due to her strong determination and great overall attitude. She is a great teammate and a let's nothing hold her back! A true synchro warrior.



BIRTHDAY	FIRST NAME	LAST NAME	ROSTER GROUP
02/08/2008	Antonio	Padilla	High School Conditioning
02/13/2010	Elizabeth	Loughlin	Synchro - Blue (13-15)
02/14/2012	Jon	Weber	Performance
02/15/2010	Tyler	Wyss	Homeschool Group
02/17/2011	Julianna	Mansour	High Performance
02/17/2012	Josephine	Wells	Synchro - Green (12U)
02/24/2006	Bianca	Avlonitis	Synchro - Silver (13O)
02/25/2011	Ayla	Weaver	Beginner Warriors 2
02/25/2012	Jamie	Scherer	High Performance
02/27/2010	CHLOE	DUMOND	Junior Warriors 1
02/28/2013	Asher	Person	Homeschool Group



Coaches and Board of Directors

Coaches

Darcee Redding- Aquatics Director
 Guerby Ruuska-Swim Head Coach
 Camille Albrecht-Synchro Head Coach
 Anjel Clemente- Diving Head Coach

Swim

Robin Tori
 Cameron Kara
 Jennah Madi
 Katie Kyle
 Daniel

Synchro

Zoe
 Maria
 Kyra
 Maja
 Juliana
 Jackie

BOD

Michael Speilberger- President
 Steve Swenson-Treasurer
 Chris Johnson-Secretary

At Large Members:
 Brent Smith
 Annie Schlemmer

Contact Info

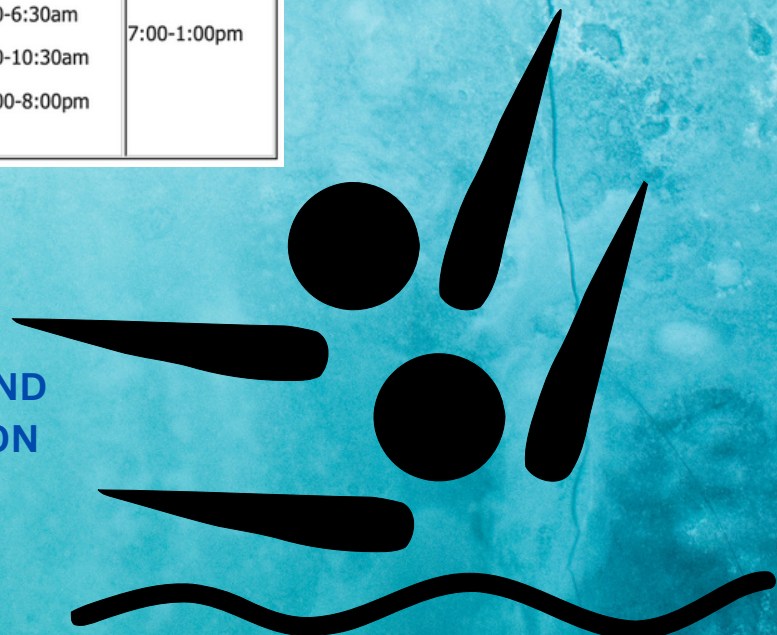
Aquatics Director-FEaquaticsdirector@gmail.com
 BILLING- Billing Email: billing.floridaelite@gmail.com
 TEAM ADMIN- JAMIE RADITIC-MEHALSO Email: floridaeliteswim@gmail.com
 Phone - (813)279-5445

Masters Info!!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Masters	5:00-6:30am	5:00-6:30am		8:30-10:30am	5:00-6:30am	
Lap Swim	8:30-10:30am	8:30-10:30am		2:00-4:30pm	8:30-10:30am	7:00-1:00pm
Times	2:00-4:30pm	2:00-4:30pm 7:30-8:30pm	2:00-5:30pm	7:30-8:30pm	12:00-8:00pm	



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 COMMUNICATION



Financial Policy

Monthly dues: In consideration of the participation of the swimmer(s) in Florida Elite's (FE) swim program, the Parent/Guardian agrees to pay the dues for the Swimmer's practice level that is set forth. Monthly payment of dues shall be due and payable on the first day of each month. Swimmers are expected to pay for the entire month no matter how many days they attend practice. Make-up days due to inclement weather are at the coaches' discretion. If the Swimmer is transferred to a different level by the coaching staff, the fees for the new level will be invoiced in the next billing cycle. If the monthly dues payment is not received in full by the 10th of the month, a late fee of \$25 per month may be assessed to the family's dues account.

Dues are paid on a per month basis, regardless of the number of practices a swimmer attends. It is possible to place a swimmer's account on hold and not accrue monthly dues. Notice must be made in writing by the 20th of the month preceding the start of the hold. Notice is to be sent to FloridaEliteSwim@gmail.com specifying which month(s) the swimmer(s) will be out of practice. A swimmer's place on the team will not be guaranteed while the account is on hold. If the practice group that the swimmer participates in is filled, the swimmer can be put on a wait-list to rejoin when a position becomes available. It is the responsibility of the Parent/Guardian to update the Secretary of the Board of Directors of these changes.

Payment Method: FE will only accept credit card or ACH through the automated process on our website. Cash or personal checks are not accepted for monthly dues, annual fees and swim meet fees. It is the Parent/Guardian's responsibility to keep their FE account information current on FE's website.

Ineligible to Participate Due to Non-Payment: The Secretary of the Board of Directors will notify Parent/Guardian of payment failure on the 6th day of the month by email.

New swimmers will be ineligible to participate with the team when their FE annual registration, any applicable USA Swimming Membership fees, and first dues payment are not completed within ten days of registration.

If the monthly dues payment is not received in full by the 10th of the month for all existing swimmers, along with the \$25 late fee per month assessment to the family's dues account, the swimmer will be ineligible to participate. If Parent/Guardian becomes delinquent in payment of dues or assessments because of financial hardship, he/she may apply to the Board of Directors through the Secretary for a waiver of late fees and request reinstatement. A waiver may be granted if satisfactory arrangements are made for payment of the delinquent amounts.

Annual FE Swimming Registration Fee: All families are responsible for an annual team registration fee of \$100, which is withdrawn from your FE account **quarterly at \$25.00**. These fees will be charged with the monthly billing in March, June, September, and December. New families will be charged \$25 at registration and then follow the above cycle. The annual registration fee is non-refundable.

Annual FE Synchro Registration Fee: All synchro families are responsible for an annual registration fee which will be determined yearly by the head coach. For the 2020-2021 season the fees will be \$300 for Age Group, \$250 for Intermediate and \$200 for Novice and Show Team, and will be billed over the first three months of joining the team on the 15th of the month. This fee includes various items necessary for participation on the synchro team including the team suit, personalized team cap, white cap and team shirt. The USA Artistic Swimming Membership is included in the yearly registration fee. Age Group athletes will receive the "Competitive Athlete" membership, and all other athletes will receive the "Athlete" membership. This fee is non-refundable.

USA Swimming Membership: In order to swim with FE, all swimmers must register with USA Swimming and maintain an active membership which runs from January through December. As of 2020, the **annual USA Swimming Membership Fee of \$85 per swimmer** and is due upon joining FE and will be automatically renewed in September and reflected in your October bill. There is a modest increase in this fee yearly, which will be reflected in the October billing. USA Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck either at practice or at a swim meet. There are numerous other benefits to membership which can be explored at usaswimming.org.

USA Artistic Swimming Membership: See Annual FE Synchro Registration Fee. USA Artistic Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck whether at practice or at a meet. There are numerous other benefits to membership which can be explored at usaartisticswimming.org

Swim Meets: Meet fees can be found in the meet packets which are posted under the Events tab on the FE website. There are various fees for a swimmer to participate in a meet. In addition to the fees imposed by the facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Parents are responsible for all fees and charges for events they have committed their child(ren) once the meet deadline has passed. Additionally, the Parents give permission to the Coaches to enter their child(ren) into a relay(s) and assume all costs associated with the relay. Relay assignments happen during the meet. By entering their child(ren) in a meet, the Parent assumes the cost associated with any relay(s) a coach may assign.

Team Unify is the system of record and it is the parent's responsibility to ensure it is correct before the meet deadline. All fees associated with meets are non-refundable.

Synchro Meets: Meet fees can be found in the Meet Announcements which will be emailed to the applicable groups upon receipt from the host teams. There are various fees for an athlete to participate in a meet. In addition to the fees imposed by the host team/facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Novice Swimmer Parents must communicate to the head coach if their child will not be attending a meet 30 days prior to the meet, and are otherwise responsible for all fees and charges for events the coach has placed the athlete in. Intermediate and Age Group Parents are responsible for all fees and charges for events the coach has placed the athlete in by their child(ren)'s placement in these competitive groups. All fees associated with meets are non-refundable.