



WARRIORS
www.swimelite.org

**Did you know we have a team store in the front office?
 Forgot your goggles or a towel? Need some new FE gear?**

We have so much to offer!

**Caps - Goggles - Paddles - Nose Clips - Fins - Snorkels
 Shirts - Stickers - Magnets - Jibbitz - Water Bottles**



Board Member Spotlight- Renee Santana

- **Professional** – During my 26-year career in Health Care, my journey began with Blue Cross and Blue Shield of Florida as a Medicare Member Services Representative and progressed through the organization to develop Virtual Office. Recruited by WellCare for Implementation of New Business and was hand picked by WellCare Executives to provide leadership to a HealthCare market.
- **Personal** - Married my high school sweetheart 31 years ago and have 4 beautiful daughters and a dog named Pettie.
- **Hobbies & Interest** – Jose and I walk/run in 5K's for charity events. Love to Kayak and swim. I'm a foodie and trying new Pizza and Bakeries.
- **One thing people know about me** - I'm very passionate about technology and love cooking for others.





Upcoming Meets/Events

Dates	Host - Location	Additional Info
February 16-17	TBAY - Tampa	All groups
February 23-25	AREA 3 - St. Pete	All groups
February 29-March 3	FLAGS - Orlando	Athletes with qualifying times
March 7-10	SR CHAMPS - Ocala	Athletes with qualifying times
March 11-21	FE SWIM BREAK	NO PRACTICE

Congratulations to the FLAGS Qualifiers!

Mila Adriani
Lily Bixer
Ashlyn Burton
Jeremy Morgan
Payton Burton
Lili Ramsey-Care
Evan Moses
Owen Kerrigan
Houston Reimer

**QR CODE FOR BAND
TEAM COMMUNICATION**



All Competing

Athletes:

team cap
team suit
team shirt

All Athletes:

goggles
kickboard
pull buoy

Beginners, Juniors, MSC and

HSC:

long blade fins

Performance, high

performance,

and elite:

paddles
snorkel

Senior

paddles
snorkel
kickboard
pull buoy

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginner 1	DL 6:00-6:30pm 6:45-7:30pm pool	7:15-8:00pm pool	DL 5:40-6:10pm 6:15-7:00pm pool			
Beginner 2	5:00-5:45pm pool DL 6:00-6:30	5:30-6:15pm pool DL 6:30-7:00pm	4:30-5:15pm pool			
Junior 1		DL 5:45-6:15pm 6:15-7:15pm pool	7:00-8:00pm pool	6:00-7:00pm pool	DL 5:30-6:00pm 6:00-7:00pm pool	
Junior 2	5:45-6:45pm pool DL 6:45-7:30pm		5:15-6:15pm pool DL 6:15-7:00pm	5:00-6:00pm pool	7:00-8:00pm pool	
MSC	4:00-5:00pm pool		6:30-7:30pm pool	4:00-5:00pm		
HSC		4:00-5:00pm pool	7:30-8:30pm pool		4:00-5:00pm pool	
Performance	4:15-5:30pm pool DL 5:30-6:15pm	4:15-5:30pm pool	5:45-7:00pm pool DL 7:00-7:30pm	6:15-7:30pm pool		
Senior	DL 6:45-7:30pm 7:30-8:30pm pool	4:15-5:15pm pool DL 5:15-6:00pm		7:00-8:00pm pool	DL 5:45-6:30pm 6:30-7:45pm pool	9:30-11:00am pool
High Performance	DL 4:45-5:30pm 5:30-7:00pm pool	DL 6:00-6:45pm 7:00-8:30pm pool	DL 6:00-6:45pm 7:00pm-8:30pm		6:30-8:00pm pool	7:00-9:00am pool
Elite Elite O.V.	5:00-6:30am pool A 3:30-5:30pm pool DL 5:45-6:45pm B 7:00-8:30pm pool	5:00-6:30am Gym O.V. DL 4:15-5:15pm 5:15-7:00pm pool	5:00-6:30am pool 4:00-6:15pm pool	4:15-6:15pm pool DL 6:15-7:00pm	5:00-6:30am Gym O.V. 4:30-6:30pm pool	7:00-9:30am pool
Beginner - Homeschool	8:45-9:00am dryland 9:00-9:45am	8:45-9:30am		8:45-9:30am	8:45-9:00am dryland 9:00-9:45am	
Junior - Homeschool	8:45-9:00am dryland 9:00-10:00am	8:45-9:45am		8:45-9:45am	8:45-9:00am dryland 9:00-10:00am	
Performance - Homeschool	8:45-9:00am dryland 9:00-10:15am	8:45-10:00am		8:45-10:00am	8:45-9:00am dryland 9:00-10:15am	
HP - Homeschool	8:45-9:00am dryland 9:00-10:30am	8:45-10:15am		8:45-10:15am	8:45-9:00am dryland 9:00-10:30am	7:00-9:00am

When shopping for your equipment through our Team Store, SwimQuik, you will receive 20% off all arena products, including the team suit. arena also provides benefits and incentives to our athletes and the club for certain achievements. For additional details email feaquaticsdirector@gmail.com.

[https://swimquik.com/
collections/florida-elite](https://swimquik.com/collections/florida-elite)



Upcoming Meets/Events

Dates	Event Name - Location	Additional Info
February 18	BINGO Fundraiser - LOL Rec Center	5-7pm \$20
February 29	Zones Pasta Dinner	Blue and Silver - 4-7pm practice and dinner
March 1-3	South Zones - Clearwater	Blue and Silver
March 16-17	Spring Invite - LOL Pool!!	All hands on deck! We are hosting one of Florida's biggest meets of the year!!
April 10-14	Junior/Senior Nationals - Houston, TX	Silvers that qualify
April 20-21	Associations - Stuart	Intermediate, Green, Blue and Silver
April 25-28	12U/Youth Nationals - Houston, TX	Blues that qualify

NOVEMBER 6 THROUGH MAY

GROUP:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AWD	4:00-5:00			4:00-5:00		
Younger Intro (1 or 2 days)		4:45-5:30			5:45-6:30	
Show team (2 days)		4:30-5:30			4:30-5:30	
10-Under Novice			4:30-5:45		4:30-5:45	
11-Over Novice		4:30-5:45			4:30-5:45	
10-Under Intermediate		5:45-7:15	5:45-7:15		5:45-7:45	
11-Over Intermediate		4:30-6:00	4:30-6:00		5:45-7:45	
Green (12&U Age Group)	4:30-6:30	4:30-6:30	6:00-7:30 Figures/ optional swim		3:30 Kinsleigh solo (stay for combo until 6:30) 4:30-6:30 Combo Mixed duet stay until 7:00	8:00-11:00
Blue teams (13-15) Swing/Spain/Combo	5:00-7:00 Swing team	5:30-8:00 figures/both teams	6:00-7:30 Figures/ optional swim	5:30-8:30 Spain/Combo 6:30-8:30 Combo swimmers		8:00-12:00 Swing/Figures/Combo 8:45-1:00 Figures/Combo/Spain
Blue (13-15 Age Group) small routines	6:15-8:00 Haily, Kate, Sabrina duet	4:00-5:45 Giuliana, Lily, Shelby duet (stay until 8:00 for figures/team)		4:30-6:15 Giuliana solo (stay until 7:30 for team)	2:00-3:30 Aiden solo 3:30-5:15 Mixed duet- Lia, Aiden, Lizzy	1:00-1:30 13-15 smalls
Silver (16&O Age Group) tech and free	5:00-7:30 Tech team	6:00-8:30 Free team	6:00-7:30 optional basics/swim	6:00-7:45 Free team		8:45-12:30 Free team + smalls 8:45-1:30 Tech team + smalls
Silver (16&O Age Group small routines)	7:30-8:30 Ariana, Gianna Veda + Havyn, Melissa, Haley tech duets Havyn Arrive 6:30 to warm up.			4:30-6:15 Lily solo 5:00-6:45 Ariana, Melissa Ellina free duet (stay until 7:45 for team)	2:00-5:00 Bianca tech and free solos	
Masters	3:15-4:15				1:00-2:00	
Intro to masters						8:30-9:30am

Equipment Needed:

Synchro athletes need certain equipment to properly train.
Any equipment that touches the face cannot be shared
between athletes or
borrowed from FE. Goggles, caps, and nose clips are available
for purchase from your coach.

Intro and Novice: Mat

Intermediate: Mat and Jump rope

Green, Blue, Silver: All Intermediate equipment +
running shoes, bands, weights

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Athletes of the Month!!

SWIM



Mila comes to practice rain or shine with a smile on her face ready to lead the group. As a leader in high Performance Mila is able to turn one of the largest groups in Florida Elite into a tight knit group of friends. She is an excellent athlete and an amazing person. - Coach Kyle

Mila shows up, that girl shows up and big for her team. Even if she has basketball, track or cross country she still shows up and gives it her all. She is the energizer bunny and a key piece to HP's huge rise to success over the last year and a half. Mila has also been extremely coachable and has become a better student of the sport and it's showing in her performances. - Coach G

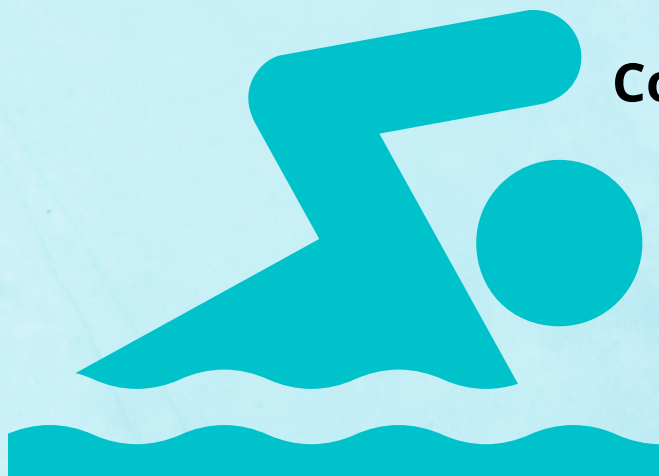
SYNCHRO



Lynsie is our intermediate athlete of the month. Lynsie started with older novice this fall and quickly moved into intermediate where she been shining bright! She is always willing to learn and improve. She is consist attending practices with a very positive attitude. Lynsie is a Great teammate and a wonderful athlete.



<i>Birthday</i>	<i>First Name</i>	<i>Last Name</i>	<i>Roster</i>
02/02/2013	Louise	Stephans	Beginner Warriors 2
02/02/2017	Victoria	Jakovlev	Beginner Warriors 1
02/06/2009	Sophia	Nichols	Elite
02/06/2011	Preston	Eriksen	Middle School Conditioning
02/13/2010	Elizabeth	Loughlin	Synchro - Blue (13-15)
02/14/2012	Jon	Weber	Performance
02/15/2010	Tyler	Wyss	Performance
02/17/2008	Katie	Colucci	High School Conditioning
02/17/2011	Julianna	Mansour	High Performance
02/17/2012	Josephine	Wells	Synchro - Green (12U)
02/17/2017	Ethan	Torres	Synchro - Novice (10U)
02/19/2008	Meaghan	Ballard	High School Conditioning
02/25/2010	Tristan	Caine	High Performance
02/25/2010	Tatyana	Caine	High Performance
02/25/2012	Jamie	Scherer	High Performance
02/28/2013	Asher	Person	Homeschool Group
02/28/2014	Valerie	Torres	Beginner Warriors 1



Coaches and Board of Directors

Coaches

Darcee Redding- Aquatics Director
Guerby Ruuska-Swim Head Coach
Camille Albrecht-Synchro Head Coach

Swim

Robin
Daniel
JB

Tori
Anjel
Kyle

Synchro

Zoe
Maria
Maja
Juliana
Jackie
Lily
Melissa
Stephanie

Contact Info

Aquatics Director-FEaquaticsdirector@gmail.com
BILLING- Billing Email: billing.floridaelite@gmail.com
TEAM ADMIN- WENDI MEEHAN Email: floridaeliteswim@gmail.com
Phone - (813)279-5445

BOD

Michael Speilberger- President
John Bright- Vice President
Dana Burton-Treasurer
Annie Schlemmer-Secretary

At Large Members:

Brent Smith
Renee Santana
Anna Moses

Masters Info!!

NOVEMBER 6 THROUGH MAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00-6:30am 8:45-10:30am	8:45-10:15am	5:00-6:30am	8:45-10:15am	8:45-10:30am 1:00-4:00pm	9:30-12:00pm

Masters Synchro
Tuesday-3:15-4:15
Friday- 1:00-2:00



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Florida Elite Aquatics Financial Policy

Effective December 1st, 2023

In consideration of participation in Florida Elite's (FE) Aquatics programs, Parents/Guardians agree to pay associated fees/dues outlined in this document.

Monthly Dues:

- Monthly payment of all fees shall be due and payable on the first day of each month.
- Payment is made for the entire month. (Not based on how many days an athlete attends practice).
- Make-up days due to inclement weather are at the coaches discretion.
- If an athlete is transferred to a different level by the coaching staff any fees for the new level will be invoiced in the next billing cycle.
- If the monthly dues payment is not received in full by the 10th of the month, a late fee of \$25 per month will be assessed to the family's account.

Payment Method:

- FE will only accept credit cards or ACH through the automated process on our website.
- Cash or personal checks are not accepted for monthly dues, annual fees and swim meet fees.
- It is the Parent/Guardian's responsibility to keep their account information current on FE's website.

Ineligible to Participate Due to Non-Payment:

- The billing system will notify Parent/Guardian of payment failure.
- New swimmers will be ineligible to participate with the team if their FE annual registration, any applicable USA Swimming Membership fees, and first dues payment are not completed within ten days of registration.
 - **Note:** If Parent/Guardian becomes delinquent in payment of dues or assessments because of financial hardship, they may apply to the Board of Directors, through the President, for a waiver of late fees and request reinstatement. A waiver may be granted if satisfactory arrangements are made for payment of the delinquent amounts.

Suspending or Canceling an Account:

- Notice must be made in writing by the 20th of the month preceding the start of the change in account status.
- Notice is to be sent to Billing.FloridaElite@gmail.com specifying which month(s) the athlete(s) will be out of practice.
- An athlete's place on the team will not be guaranteed while the account is on hold. If the practice group for that athlete is filled, the athlete will be put on a wait-list to rejoin when a position becomes available.
- It is the responsibility of the Parent/Guardian to update the Aquatics Director of any/all changes.

Additional FE Swimming Fees

Annual FE Swimming Registration Fees:

- All families are responsible for an annual team registration fee of \$100.
- Fee will be charged to your FE account quarterly at \$25.
- This fee will be charged with the monthly billing in August, November, February and May. New families will be charged \$25 at registration and then follow the above cycle.
- The annual registration fee is non-refundable.
- The Team Gear Package (Team Uniform) will be invoiced in August (with the exception of MSC and HSC groups)
 - In odd years the package will include a suit and is typically between \$120-\$160
 - In even years the package will NOT include a suit and is typically between \$50-\$75. If a suit is needed in an even year, it can be purchased a la carte from the team store.
 - All athletes are required to wear the team uniform at meets. This is the team suit, cap and shirts. If an athlete wears a tech suit, they are not required to wear the team suit.
 - Families are responsible for ordering the package at the team fitting or from the team store. The fee is collected in advance so that the Team Dealer can order the suits and shirts ahead of the fitting to be prepared to print and ship quickly.
 - This fee is non-refundable.

USA Swimming Membership:

- In order to swim with FE, all swimmers must register with USA Swimming and maintain an active membership which runs from January through December.
 - Families must do the initial registration through the FE specific USAS link. This is provided at the time of registration. Subsequent registration renewals will be processed by the team.
 - USA Swimming membership is an annual fee which includes athlete insurance, Splash monthly magazine and a USA Swimming Deck Pass account.
 - There are numerous other benefits to membership which can be explored at usaswimming.org.
- For 2024, the annual USA Swimming Membership Fee will be invoiced in October.
 - Beginners, Juniors, Performance, High School Conditioning, High Performance, Senior and Elite athletes will receive the Premium Athlete Membership for \$85.
 - Athletes in the Middle School Conditioning 12 years old and younger will receive the Flex Athlete Membership for \$35, if they are over 12, they will receive the Premium Athlete membership for \$85.
- For existing members, this fee will automatically renew in September and be reflected in your October bill. Historically, there is a modest fee increase yearly. For new members mid season, registrations will be done monthly and invoiced accordingly.
- Membership provides insurance coverage in the unlikely event something were to happen to your athlete while on-deck either at practice or at a swim meet.
- This fee is non-refundable.

Swim Meets:

- Fees vary from meet to meet and normally can be found in the meet letter which are posted under the Events tab on the FE website. There are various fees for a swimmer to participate in a meet.
 - In addition to the fees imposed by the host team and facility, FE may at its discretion, add fees to cover other associated costs for the meet and coach attendance.
- Parents/Guardians are responsible for all fees and charges for events they have committed their athlete(s) to once the meet deadline has passed.
- Parents/Guardians give permission to the Coaches to enter their athlete(s) into relay(s) and assume all costs associated with the relay(s).

- Relay assignments may happen during the meet.
- By entering athletes in a meet, the Parent/Guardian assumes responsibility for all costs associated with relay(s) a Coach may assign.
- FE will pay athletes entry fees for **championship meets**. (Ex. FLAGS, Sr Champs, Sectionals and higher).
- **Coaches Cost:**
 - (New) The fee charged to cover coach's pay and travel expenses for all meets will be divided equally across the number of athletes attending the meet. (Example: If the expenses for a meet are \$600 for an and 30 athletes attend...then the parents will be billed \$20 per athlete)
 - FE will pay coaches *travel expenses* for all **championship meets** noted above. Coaches *pay* will be divided across the number of athletes attending the meet by the number of days they participate in the meet.

Additional FE Synchro Fees

Annual FE Synchro Registration Fee:

- All synchro families are responsible for an annual registration fee which will be determined yearly by the head coach.
- The first payment will be made upon registration, and the second and third payments will be invoiced the following two months. This fee includes various items necessary for participation on the synchro team including the team suit, personalized team cap, white cap and team shirts.
- The USA Artistic Swimming Membership is included in the yearly registration fee. Age Group athletes will receive the "Competitive Athlete" membership, and all other athletes will receive the "Athlete" membership.
- This fee is non-refundable.

USA Artistic Swimming Membership:

- See Annual FE Synchro Registration Fee.
- USA Artistic Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck whether at practice or at a meet.
- There are numerous other benefits to membership which can be explored at usaartisticswimming.org

Synchro Meets:

- Novice meets are optional but encouraged. All Intermediate athletes are required to compete in at least 2 meets a season. Age group athletes are required to compete in all meets.
 - Parents must inform coaches 30 days prior to the meet or within 7 days of the meet announcement being sent if they are not going to participate. After the deadline has been reached, accounts will be charged.
- Approximately 3-4 weeks prior to a competition a meet announcement is sent out from the host team. Meet Announcements contain dates, a tentative schedule, hotel information, special events, and other details pertaining to the competition.
- Meet fees vary from meet to meet. Head Coach will handle all registration for meets. Parents are responsible for paying for all meet fees. Athletes with more routines will pay more in meet fees. You will be given your amount for the meet when the meet announcement is sent out.
 - Parents/Guardians are responsible for all fees and charges for events they have committed their athlete(s) to once the meet deadline has passed. There are absolutely no refunds.