

WARRIORS

www.swimelite.org

Did you know we have a team store in the front office?
Forgot your goggles or a towel? Need some new FE gear?
We have so much to offer!

Caps - Goggles - Paddles - Nose Clips - Fins - Snorkels Shirts - Stickers - Magnets - Jibbitz - Water Bottles



Board Member Spotlight

Dana Burton

Dana is a native to Land O' Lakes. She attended Land O' Lakes High School and the University of South Florida. She graduated USF with a degree in accounting and is a Certified Public Accountant. Dana is a managing director and lead attest shareholder at CBIZ MHM, a national public accounting firm. At the firm she leads financial statement audits for a wide array of public traded and privately held companies throughout the country. Dana lives in Land O' Lakes with her husband, Daryl and her two swimmer daughters, Payton, and Ashlyn.





Upcoming Meets/Events

Dates	Host - Location	Additional Info
February 2-4	FAST - Ocala **CHANGE**	All groups
February 8-11	SECTIONALS - Orlando	Athletes with qualifying times
February 16-17	TBAY - Tampa	All groups
February 23-25	AREA 3 - St. Pete	All groups
February 29-March 3	FLAGS - Orlando	Athletes with qualifying times
March 7-10	SR CHAMPS - Ocala	Athletes with qualifying times

Congrats to Sam and Layla for achieving their first ever sectional cuts! Layla got hers in the 100 breast, breaking the club record with a time of 1:09.83 and Sam broke his own club record in route to a blistering 1:58.22





QR CODE FOR BAND TEAM COMMUNICATION



All Competing Athletes:

team cap team suit team shirt

All Athletes:

goggles kickboard pull buoy

Beginners, Juniors, MSC and HSC:

long blade fins

Performance, high performance, and elite:

paddles snorkel

Senior

paddles snorkel kickboard pull buoy

NOVEMBER 6 THROUGH MAY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginner 1	DL 6:00-6:30pm 6:45-7:30pm pool	7:15-8:00pm pool	DL 5:40-6:10pm 6:15-7:00pm pool			
Beginner 2	5:00-5:45pm pool DL 6:00-6:30	5:30-6:15pm pool DL 6:30-7:00pm	4:30-5:15pm pool			
Junior 1		DL 5:45-6:15pm 6:15-7:15pm pool	7:00-8:00pm pool	6:00-7:00pm pool	DL 5:30-6:00pm 6:00-7:00pm pool	
Junior 2	5:45-6:45pm pool DL 6:45-7:30pm		5:15-6:15pm pool DL 6:15-7:00pm	5:00-6:00pm pool	7:00-8:00pm pool	
MSC	4:00-5:00pm pool		6:30-7:30pm pool	4:00-5:00pm		
HSC		4:00-5:00pm pool	7:30-8:30pm pool		4:00-5:00pm pool	
Performance	4:15-5:30pm pool DL 5:30-6:15pm	4:15-5:30pm pool	5:45-7:00pm pool DL 7:00-7:30pm	6:15-7:30pm pool		
High Performance	DL 4:45-5:30pm 5:30-7:00pm pool	DL 6:00-6:45pm 7:00-8:30pm pool	DL 6:00-6:45pm 7:00pm-8:30pm		6:30-8:00pm pool	7:00-9:00am pool
Senior	DL 6:45-7:30pm 7:30-8:30pm pool	4:15-5:15pm pool DL 5:15-6:00pm		7:00-8:00pm pool	DL 5:45-6:30pm 6:30-7:45pm pool	9:30-11:00am poo
Elite Elite O.V.	5:00-6:30am pool A 3:30-5:30pm pool DL 5:45-6:45pm B 7:00-8:30pm pool	5:00-6:30am Gym O.V. DL 4:15-5:15pm 5:15-7:00pm pool	5:00-6:30am pool 4:00-6:15pm pool	4:15-6:15pm pool DL 6:15-7:00pm	5:00-6:30am Gym O.V. 4:30-6:30pm pool	7:00-9:30am pool
Beginner - Homeschool	8:45-9:00am dryland 9:00-9:45am	8:45-9:30am		8:45-9:30am	8:45-9:00am dryland 9:00-9:45am	
Junior - Homeschool	8:45-9:00am dryland 9:00-10:00am	8:45-9:45am		8:45-9:45am	8:45-9:00am dryland 9:00-10:00am	
Performance - Homeschool	8:45-9:00am dryland 9:00-10:15am	8:45-10:00am		8:45-10:00am	8:45-9:00am dryland 9:00-10:15am	
HP - Homeschool	8:45-9:00am dryland 9:00-10:30am	8:45-10:15am		8:45-10:15am	8:45-9:00am dryland 9:00-10:30am	7:00-9:00am
TRY OUTS						9:30-10:30

When shopping for your equipment through our Team Store, SwimQuik, you will receive 20% off all arena products, including the team suit. arena also provides benefits and incentives to our athletes and the club for certain achievements. For additional details email feaquaticsdirector@gmail.com.

https://swimquik.com/collections/florida-elite



Upcoming Meets/Events

Dates	Event Name - Location	Additional Info
January 24	Parent Meeting - Zoom 6:00pm	More info coming soon!
January 27-28	Mary Rose Invite - Orlando	All Groups
February 2-3	Team Building Activity - LOL Rec Center	More info coming soon!
February 10-11	Najla Brannin Invite - West Palm Beach	Novice, Intermediate, Green, AWD
February 18	BINGO Fundraiser - LOL Rec Center	More info coming soon!
February 24	Gainesville	Collegiate Regionals - All encouraged to attend to watch!!
March 1-3	South Zones - Clearwater	Blue and Silver
March 16-17	Spring Invite - LOL Pool!!	All hands on deck! We are hosting one of Florida's biggest meets of the year!!

GROUP:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AWD	4:00-5:00			4:00-5:00		
Younger Intro (1 or 2 days)		4:45-5:30			5:45-6:30	
Show team (2 days)		4:30-5:30			4:30-5:30	
10-Under Novice			4:30-5:45		4:30-5:45	
11-Over Novice		4:30-5:45			4:30-5:45	
10-Under Intermediate		5:45-7:15	5:45-7:15		5:45-7:45	
11-Over Intermediate		4:30-6:00	4:30-6:00		5:45-7:45	
	4:30-6:30	4:30-6:30	6:00-7:30 Figures/ optional swim		3:30 Kinsleigh solo (stay for combo until 6:30) 4:30-6:30 Combo Mixed duet stay until 7:00	8:00-11:00
Blue teams (13-15) Swing/Spain/Combo	5:00-7:00 Swing team	5:30-8:00 figures/both teams	6:00-7:30 Figures/ optional swim	5:30-8:30 Spain/Combo 6:30-8:30 Combo swimmers		8:00-12:00 Swing/Figures/Combo 8:45-1:00 Figures/Combo/Spain
Blue (13-15 Age Group) small routines	6:15-8:00 Haily, Kate, Sabrina duet	4:00-5:45 Giuliana, Lily, Shelby duet (stay until 8:00 for figures/team)		4:30-6:15 Giuliana solo (stay until 7:30 for team)	2:00-3:30 Aiden solo 3:30-5:15 Mixed duet- Lia, Aiden, Lizzy	1:00-1:30 13-15 smalls
	5:00-7:30 Tech team	6:00-8:30 Free team	6:00-7:30 optional basics/swim	6:00-7:45 Free team		8:45-12:30 Free team + smalls 8:45-1:30 Tech team+ smalls
	7:30-8:30 Ariana, Gianna Veda + Havyn, Melissa, Haley tech duets Havyn Arrive 6:30 to warm up.			4:30-6:15 Lily solo 5:00-6:45 Ariana, Mellissa Ellina free duet (stay until 7:45 for team)	2:00-5:00 Bianca tech and free solos	
Masters	3:15-4:15				1:00-2:00	
Intro to masters						8:30-9:30am

Equipment Needed:

Synchro athletes need certain equipment to properly train.

Any equipment that touches the face cannot be shared between athletes or borrowed from FE. Goggles, caps, and nose clips are available for purchase from your coach.

Intro and Novice: Mat

Intermediate: Mat and Jump rope

Green, Blue, Silver: All Intermediate equipment +

running shoes, bands, weights

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TEAM COMMUNICATION



Athletes of the Month!!

SWIM



Leila Moore has dedicated her time and energy toward swimming for a while and it's time that she gets recognized for that. She is respectful and coachable. She supports her teammates and makes everyone around her smile. Her passion for the sport and team shines through her everyday. We are all happy she is here sharing her greatness. - coach Tori

SYNCHRO



Melissa is our athlete of the month. Melissa is a Jr in high school and on our silver team both in free and tech as well as both free and tech duets. Melissa works extremely hard at everything she does. She has always jumped at any opportunity to push herself more, to learn and to help out. This fall Melissa was chosen at Rising Star camp to attend All Star Camp in California. Melissa also started volunteering coaching over the summer and her coaches noticed how quickly she was becoming a great coach to the younger ones. Melissa is now an official Coach for FES helping to coach our 12-U and AWD programs where she does a fantastic job. She is an excellent teammates, coach and athlete and we are proud of how far she has come and will continue to go in the sport this season!

		y day	
Phthday	First Name	Last Name	Postor
<i>ovaraniy</i>	rucot Numbe	Lust Nume	Koster
01/01/2010	Remi	Derkevics	Synchro - Blue (13-15)
01/01/2010	Liliana	Schlemmer	Synchro - Blue (13-15)
01/01/2010	Amalia	Schlemmer	Synchro - Blue (13-15)
01/01/2013	Daria	Zambrano-Tkaczyk	Synchro - AWD
01/04/2010	Gabriella	Santana	Synchro - Blue (13-15)
01/06/2014	Sofia	Runestad	Synchro - Novice (10U)
01/07/2013	Clara	Goff	Synchro - Intermediate (12U)
01/08/2009	Reagan	Faiella	Elite
01/08/2014	Margaret	Lewandowski	Synchro - Intermediate (12U)
01/11/2009	Daniela	Ramos	Senior
01/11/2010	Eveleen	Lonski	Performance
01/12/2011	Kendall	Grills	Performance
01/13/2009	Kai	Singleton	Senior
01/13/2015	Anton	Chernyshenko	Beginner Warriors 2
01/15/2009	Giuliana	Medina	Synchro - Silver (130)
01/15/2012	Aubriana	Spiering	Synchro - Intermediate (12U)
01/16/2007	Audrey	Gorski	Senior
01/16/2015	Maya	Powell	Beginner Warriors 1
01/17/1994	Nolan	Young	Synchro - AWD
01/18/2015	Leila	Moore	Junior Warriors 1
01/19/2012	Milana	Rodriguez	Synchro - Intermediate (130)
01/20/2011	Grace	Horn	High Performance
01/20/2011	Grace	Horn Synch	Synchro - Intermediate (130)
01/21/2013	Jacob	Bausch	Beginner Warriors 2
01/25/2010	AidenSynchro	Gray	Synchro - Blue (13-15)
01/25/2010	Lili	Ramsay-Care	High Performance
01/25/2017	Suvidh	Gowda	Beginner Warriors 1
01/30/2009	Micaela	Vasquez	Elite
01/31/2010	Hailey	Keyes	Synchro - Blue (13-15)

Happ



Coaches

Darcee Redding- Aquatics Director Guerby Ruuska-Swim Head Coach Camille Albrecht-Synchro Head Coach

Swim

Robin Tori Daniel Anjel JB Kyle

Synchro

Zoe Maria Maja Juliana Jackie Lily Melissa

Contact Info

Aquatics Director-FEaquaticsdirector@gmail.com
BILLING- Billing Email: billing.floridaelite@gmail.com
TEAM ADMIN- WENDI MEEHAN Email: floridaeliteswim@gmail.com
Phone - (813)279-5445

Masters Info!!

NOVEMBER 6 THROUGH MAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00-6:30am 8:45-10:30am	8:45-10:15am	5:00-6:30am	8:45-10:15am	8:45-10:30am 1:00-4:00pm	9:30-12:00pm

Masters Synchro Tuesday-3:15-4:15 Friday- 1:00-2:00



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Michael Speilberger- President John Bright- Vice President Dana Burton-Treasurer Annie Schlemmer-Secretary

> At Large Members: Brent Smith Renee Santana Anna Moses



THANK YOU TO OUR SPONSORS!!









MILLS & ASSOCIATES

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Florida Elite Aquatics Financial Policy

Effective December 1st, 2023

In consideration of participation in Florida Elite's (FE) Aquatics programs, Parents/Guardians agree to pay associated fees/dues outlined in this document.

Monthly Dues:

- Monthly payment of all fees shall be due and payable on the first day of each month.
- Payment is made for the entire month. (Not based on how many days an athlete attends practice).
- Make-up days due to inclement weather are at the coaches discretion.
- If an athlete is transferred to a different level by the coaching staff any fees for the new level will be invoiced in the next billing cycle.
- If the monthly dues payment is not received in full by the 10th of the month, a late fee of \$25 per month will be assessed to the family's account.

Payment Method:

- FE will only accept credit cards or ACH through the automated process on our website.
- Cash or personal checks are not accepted for monthly dues, annual fees and swim meet fees.
- It is the Parent/Guardian's responsibility to keep their account information current on FE's website.

Ineligible to Participate Due to Non-Payment:

- The billing system will notify Parent/Guardian of payment failure.
- New swimmers will be ineligible to participate with the team if their FE annual registration, any applicable USA Swimming Membership fees, and first dues payment are not completed within ten days of registration.
 - Note: If Parent/Guardian becomes delinquent in payment of dues or assessments because of financial hardship, they may apply to the Board of Directors, through the President, for a waiver of late fees and request reinstatement. A waiver may be granted if satisfactory arrangements are made for payment of the delinquent amounts.

Suspending or Canceling an Account:

- Notice must be made in writing by the 20th of the month preceding the start of the change in account status.
- Notice is to be sent to Billing.FloridaElite@gmail.com specifying which month(s) the athlete(s) will be out of practice.
- An athlete's place on the team will not be guaranteed while the account is on hold. If the practice group for that athlete is filled, the athlete will be put on a wait-list to rejoin when a position becomes available.
- It is the responsibility of the Parent/Guardian to update the Aquatics Director of any/all changes.

Additional FE Swimming Fees

Annual FE Swimming Registration Fees:

- All families are responsible for an annual team registration fee of \$100.
- Fee will be charged to your FE account quarterly at \$25.
- This fee will be charged with the monthly billing in August, November, February and May. New families will be charged \$25 at registration and then follow the above cycle.
- The annual registration fee is non-refundable.
- The Team Gear Package (Team Uniform) will be invoiced in August (with the exception of MSC and HSC groups)
 - In odd years the package will include a suit and is typically between \$120-\$160
 - o In even years the package will NOT include a suit and is typically between \$50-\$75. If a suit is needed in an even year, it can be purchased a la carte from the team store.
 - All athletes are required to wear the team uniform at meets. This is the team suit, cap and shirts. If an athlete wears a tech suit, they are not required to wear the team suit.
 - Families are responsible for ordering the package at the team fitting or from the team store. The fee is collected in advance so that the Team Dealer can order the suits and shirts ahead of the fitting to be prepared to print and ship quickly.
 - o This fee is non-refundable.

USA Swimming Membership:

- In order to swim with FE, all swimmers must register with USA Swimming and maintain an active membership which runs from January through December.
 - Families must do the initial registration through the FE specific USAS link. This is provided at the time of registration. Subsequent registration renewals will be processed by the team.
 - USA Swimming membership is an annual fee which includes athlete insurance, Splash monthly magazine and a USA Swimming Deck Pass account.
 - There are numerous other benefits to membership which can be explored at usaswimming.org.
- For 2024, the annual USA Swimming Membership Fee will be invoiced in October.
 - Beginners, Juniors, Performance, High School Conditioning, High Performance, Senior and Elite athletes will receive the Premium Athlete Membership for \$85.
 - Athletes in the Middle School Conditioning 12 years old and younger will receive the Flex Athlete
 Membership for \$35, if they are over 12, they will receive the Premium Athlete membership for \$85.
- For existing members, this fee will automatically renew in September and be reflected in your October bill.
 Historically, there is a modest fee increase yearly. For new members mid season, registrations will be done monthly and invoiced accordingly.
- Membership provides insurance coverage in the unlikely event something were to happen to your athlete while on-deck either at practice or at a swim meet.
- This fee is non-refundable.

Swim Meets:

- Fees vary from meet to meet and normally can be found in the meet letter which are posted under the Events tab on the FE website. There are various fees for a swimmer to participate in a meet.
 - In addition to the fees imposed by the host team and facility, FE may at its discretion, add fees to cover other associated costs for the meet and coach attendance.
- Parents/Guardians are responsible for all fees and charges for events they have committed their athlete(s) to
 once the meet deadline has passed.
- Parents/Guardians give permission to the Coaches to enter their athlete(s) into relay(s) and assume all costs associated with the relay(s).

- Relay assignments may happen during the meet.
- By entering athletes in a meet, the Parent/Guardian assumes responsibility for all costs associated with relay(s) a Coach may assign.
- FE will pay athletes entry fees for championship meets. (Ex. FLAGS, Sr Champs, Sectionals and higher).

Coaches Cost:

- (New) The fee charged to cover coach's pay and travel expenses for all meets will be divided equally
 across the number of athletes attending the meet. (Example: If the expenses for a meet are \$600 for an
 and 30 athletes attend...then the parents will be billed \$20 per athlete)
- FE will pay coaches travel expenses for all championship meets noted above. Coaches pay will be
 divided across the number of athletes attending the meet by the number of days they participate in the
 meet.

Additional FE Synchro Fees

Annual FE Synchro Registration Fee:

- All synchro families are responsible for an annual registration fee which will be determined yearly by the head coach.
- The first payment will be made upon registration, and the second and third payments will be invoiced the following two months. This fee includes various items necessary for participation on the synchro team including the team suit, personalized team cap, white cap and team shirts.
- The USA Artistic Swimming Membership is included in the yearly registration fee. Age Group athletes will receive the "Competitive Athlete" membership, and all other athletes will receive the "Athlete" membership.
- This fee is non-refundable.

USA Artistic Swimming Membership:

- See Annual FE Synchro Registration Fee.
- USA Artistic Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck whether at practice or at a meet.
- There are numerous other benefits to membership which can be explored at usaartisticswimming.org

Synchro Meets:

- Novice meets are optional but encouraged. All Intermediate athletes are required to compete in at least 2 meets a season. Age group athletes are required to compete in all meets.
 - Parents must inform coaches 30 days prior to the meet or within 7 days of the meet announcement being sent if they are not going to participate. After the deadline has been reached, accounts will be charged.
- Approximately 3-4 weeks prior to a competition a meet announcement is sent out from the host team. Meet
 Announcements contain dates, a tentative schedule, hotel information, special events, and other details pertaining
 to the competition.
- Meet fees vary from meet to meet. Head Coach will handle all registration for meets. Parents are responsible for
 paying for all meet fees. Athletes with more routines will pay more in meet fees. You will be given your amount for
 the meet when the meet announcement is sent out.
 - Parents/Guardians are responsible for all fees and charges for events they have committed their athlete(s) to once the meet deadline has passed. There are absolutely no refunds.