



WARRIORS

www.swimelite.org

2024 Junior Olympics was one for the books! FL Elite Warriors had their best showing to date with 31 athletes, 17 routines and 4 coaches attended the 9 day competition in Portland, Or. All swimmers had at least 1 routine place top 11 in the nation. Our 16-17 tech team took home the

Bronze and Sr athlete Lily Weber became the first National championship for the club by winning Gold in 18-19 free solo! It was a memorable competition and one we are extremely proud of. Athletes are taking their dedication and hard to work the next level and it's so much fun to see! Congratulations to all the athletes and thank you to all the coaches and parents.





Upcoming Meets/Events

Dates	Host - Location	Additional Info
July 18-28	ALL GROUPS ON BREAK	
August 5	Golden Kickboards - LOL Rec Center	Awards and Season Celebration
August 5	New School Year Schedule Starts	
August 1-31	Annual FE Re-registration	See Email from Darcee
September 1	Annual USAS Registration	See Email from Darcee

QR CODE FOR BAND
TEAM COMMUNICATION



All Competing

Athletes:

team cap
team suit
team shirt

All Athletes:

goggles
kickboard
pull buoy

Beginners, Juniors, MSC and

HSC:

long blade fins

Performance, high

performance,

and elite:

paddles
snorkel

Senior

paddles
snorkel
kickboard
pull buoy

This officially starts May 27th!						
*Homeschool swims with billing groups over summers and breaks.						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginner 1	5:15-6:00pm 6:15-6:45pm DL		5:15pm-6:00pm		5:15-6:00pm 6:15-6:45pm DL	
Beginner 2	6:15-6:45pm DL 7:00-7:45		4:30pm-5:15pm		6:15-6:45pm DL 7:00-7:45	
Junior 1	4:15-5:15pm 5:15-5:45pm DL	5:00-6:00pm 6:00-6:30pm DL		4:00pm-5:00pm	4:15-5:15pm 5:15-5:45pm DL	
Junior 2	5:15-5:45pm DL 6:00-7:00pm	4:00-5:00pm		5:00pm-6:00pm 6:00-6:30pm DL	5:15-5:45pm DL 6:00-7:00pm	
MSC		4:00pm-5:00pm	4:00pm-5:00pm	4:00pm-5:00pm		
HSC		5:00pm-6:00pm	5:00pm-6:00pm	5:00pm-6:00pm	3:00-4:00pm	
Performance	4:45pm-6:00pm 6:00-6:30pm DL	4:45pm-6:00pm	4:45pm-6:00pm 6:00-6:30pm DL	4:45pm-6:00pm		
High Performance	5:00-6:00 DL 6:00-8:00pm	6:00-7:30pm	5:00-6:00 DL 6:00-7:30pm	6:00pm-8:00pm	5:00-6:00 DL 6:00-8:00pm	9:00-11:00am
Elite	7:00-9:00am 9:00 - 10:00am DL O.V. Gym 3:00-4:30pm S	7:00-9:00am 9:00-10:00 am DL	6:00-9:00am O.V. Gym 3:00pm-4:30pm	7:00-9:00am 2:00pm-4:00pm	7:00-9:00am 9:00-10:00am DL	7:00am-9:00am
Senior	7:00 - 9:00am 9:00 - 10:00 am DL 4:30pm-6:00pm	7:00 - 9:00am	6:00am-9:00am	7:00 - 9:00am 9:00-10:00am DL	7:00 - 9:00am 9:00 - 10:00 am DL 4:30pm-6:00pm	7:00 - 9:00am

When shopping for your equipment through our Team Store, SwimQuik, you will receive 20% off all arena products, including the team suit. arena also provides benefits and incentives to our athletes and the club for certain achievements. For additional details email feaquaticsdirector@gmail.com.

<https://swimquik.com/collections/florida-elite>



Upcoming Meets/Events

Dates	Event Name - Location	Additional Info
Various	Camps at FE	Please see the website for more!
August 7	Olympic Final Watch Party	More info to come
August 19	Novice and Intermediate Back to Practice	More info to come
September 7	Age Group Back to Practice	More info to come

SUMMER CAMPS




Novice Mini Camps
Swimmers that are new to the sport & Novice swimmers working on basics for next season
June 4th-6th 4:00-5:00 & 5:00-6:00
June 18th-20th 8:30-9:30 & 9:30-10:30
July 13th-14th 10:00-11:00 & 11:00-12:00
July 20th-21st 10:00-11:00 & 11:00-12:00

Intermediate Mini Camps
Swimmers currently in Intermediate working on improving their skills for next season or swimmers working towards Intermediate
June 25th-27th 4:00-6:00
July 9th-11th 8:30-10:30
July 13th-14th 10:00-12:00
July 20th-21st 10:00-12:00

Age Group Mini Camps
Swimmers working towards Age Group/JO & current Age Group/JO swimmers working on improving their skills for next season
July 22nd- 25th 8:00-11:00 (in the pool)
July 22nd- 25th 11:30-12:30 DRY LAND- Stretch, strength and levels training

Mermaid and Shark Camps
Swimmers brand new to synchro, Novice, Intermediate and JO 12U. A fun and creative week filled with learning.
July 15th-19th 8:30-11:30
July 29th- August 2nd 8:30-11:30

Age Group Only Camps
Swimmers who have competed a full season in Age Group/JO
July 16th-18th 11:30-1:30 After M&S Camp intensives
July 30th-August 1st 11:30-1:30 After M&S Camp intensives
August 6th-8th Sunrise camp -6:30am-10:30am

Camps for Athletes with Disabilities
For swimmers with cognitive or physical disabilities to learn the joy of synchro!
July 22nd- 25th 12:45-1:45



WATCH ARTISTIC SWIMMING IN THE 2024 OLYMPICS THIS SUMMER!

Register today:
Visit Swimelite.org
for all the info! Email Camillejalbrecht@gmail.com with any questions

Equipment Needed:

Synchro athletes need certain equipment to properly train.
Any equipment that touches the face cannot be shared
between athletes or
borrowed from FE. Goggles, caps, and nose clips are available
for purchase from your coach.

Intro and Novice: Mat

Intermediate: Mat and Jump rope

Green, Blue, Silver: All Intermediate equipment +
running shoes, bands, weights

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TEAM COMMUNICATION



Athlete of the Month!!

SWIM



Sophia had shown her dedication and hard work these past several months towards swimming. She has been pushing herself to lead the lane and challenged herself in tests sets. Even though she is no longer in the Junior group, she is finding herself comfortable in the performance group. I am really proud of how far she has come.

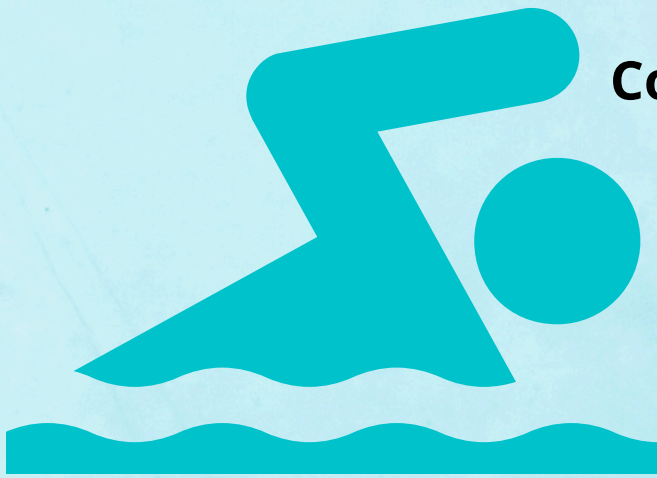
SYNCHRO



Lailah is our athlete of the month! Lailah is in her first year of age group 12-U and recently attended her first Junior Olympics where she helped her combo routine place 11th in the country! Lailah's coaches have noticed her growing so much this season. She is becoming such a strong, supportive, high spirited, and hardworking athlete. She is a wonderfully supportive and cheerful teammate. Lailah's dedication, determination and joyful attitude will take her far!



<i>Birthday</i>	<i>First Name</i>	<i>Last Name</i>	<i>Roster</i>
07/04/2011	boris	van buuren	Middle School Conditioning
07/04/2014	Connor	Cummings	Homeschool Group
07/06/2014	Charlotte	Griffin	Synchro - Intermediate (12U)
07/07/2012	Sofia	Collett	Junior Warriors 2
07/09/2014	Scarlett	Buckholz	Junior Warriors 1 + Synchro - Intermediate
07/13/2005	Alexander	Thai	Elite
07/15/2010	Leonardo	Medina	High Performance
07/16/2008	Adelaide	Wallner	Elite
07/17/2013	Hunter	Gray	Synchro - Green (12U)
07/18/2008	Matthew	Markel	High School Conditioning
07/20/2009	Jayden	Rodriguez Camacho	Senior
07/21/2011	Aubree	Ramsey	Synchro - Intermediate (13O)
07/25/2009	Sadie	Smith	Senior
07/27/2004	Lillian	Hilt	Elite
07/27/2006	Tavi	Perez	High School Conditioning
07/29/2016	Elizabeth	nock	Beginner Warriors 1



Coaches and Board of Directors

Coaches

Darcee Redding- Aquatics Director
Guerby Ruuska-Swim Head Coach
Camille Albrecht-Synchro Head Coach

Swim

Robin
Daniel
JB

Tori
Anjel
Kyle

Synchro

Zoe
Maria
Maja
Juliana
Jackie
Lily
Melissa
Stephanie

Contact Info

Aquatics Director-FEaquaticsdirector@gmail.com
BILLING- Billing Email: billing.floridaelite@gmail.com
TEAM ADMIN- WENDI MEEHAN Email: floridaeliteswim@gmail.com
Phone - (813)279-5445

BOD

John Bright- President
Anna Moses- Vice President
Dana Burton-Treasurer
Annie Schlemmer-Secretary

At Large Members:

Brent Smith
Renee Santana
Angela Klein
Chauncey W Carter

Masters Info!!

NOVEMBER 6 THROUGH MAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00-6:30am 8:45-10:30am	8:45-10:15am	5:00-6:30am	8:45-10:15am	8:45-10:30am 1:00-4:00pm	9:30-12:00pm

Masters Synchro
Tuesday-3:15-4:15
Friday- 1:00-2:00



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Florida Elite Aquatics Financial Policy

Effective December 1st, 2023

In consideration of participation in Florida Elite's (FE) Aquatics programs, Parents/Guardians agree to pay associated fees/dues outlined in this document.

Monthly Dues:

- Monthly payment of all fees shall be due and payable on the first day of each month.
- Payment is made for the entire month. (Not based on how many days an athlete attends practice).
- Make-up days due to inclement weather are at the coaches discretion.
- If an athlete is transferred to a different level by the coaching staff any fees for the new level will be invoiced in the next billing cycle.
- If the monthly dues payment is not received in full by the 10th of the month, a late fee of \$25 per month will be assessed to the family's account.

Payment Method:

- FE will only accept credit cards or ACH through the automated process on our website.
- Cash or personal checks are not accepted for monthly dues, annual fees and swim meet fees.
- It is the Parent/Guardian's responsibility to keep their account information current on FE's website.

Ineligible to Participate Due to Non-Payment:

- The billing system will notify Parent/Guardian of payment failure.
- New swimmers will be ineligible to participate with the team if their FE annual registration, any applicable USA Swimming Membership fees, and first dues payment are not completed within ten days of registration.
 - **Note:** If Parent/Guardian becomes delinquent in payment of dues or assessments because of financial hardship, they may apply to the Board of Directors, through the President, for a waiver of late fees and request reinstatement. A waiver may be granted if satisfactory arrangements are made for payment of the delinquent amounts.

Suspending or Canceling an Account:

- Notice must be made in writing by the 20th of the month preceding the start of the change in account status.
- Notice is to be sent to Billing.FloridaElite@gmail.com specifying which month(s) the athlete(s) will be out of practice.
- An athlete's place on the team will not be guaranteed while the account is on hold. If the practice group for that athlete is filled, the athlete will be put on a wait-list to rejoin when a position becomes available.
- It is the responsibility of the Parent/Guardian to update the Aquatics Director of any/all changes.

Additional FE Swimming Fees

Annual FE Swimming Registration Fees:

- All families are responsible for an annual team registration fee of \$100.
- Fee will be charged to your FE account quarterly at \$25.
- This fee will be charged with the monthly billing in August, November, February and May. New families will be charged \$25 at registration and then follow the above cycle.
- The annual registration fee is non-refundable.
- The Team Gear Package (Team Uniform) will be invoiced in August (with the exception of MSC and HSC groups)
 - In odd years the package will include a suit and is typically between \$120-\$160
 - In even years the package will NOT include a suit and is typically between \$50-\$75. If a suit is needed in an even year, it can be purchased a la carte from the team store.
 - All athletes are required to wear the team uniform at meets. This is the team suit, cap and shirts. If an athlete wears a tech suit, they are not required to wear the team suit.
 - Families are responsible for ordering the package at the team fitting or from the team store. The fee is collected in advance so that the Team Dealer can order the suits and shirts ahead of the fitting to be prepared to print and ship quickly.
 - This fee is non-refundable.

USA Swimming Membership:

- In order to swim with FE, all swimmers must register with USA Swimming and maintain an active membership which runs from January through December.
 - Families must do the initial registration through the FE specific USAS link. This is provided at the time of registration. Subsequent registration renewals will be processed by the team.
 - USA Swimming membership is an annual fee which includes athlete insurance, Splash monthly magazine and a USA Swimming Deck Pass account.
 - There are numerous other benefits to membership which can be explored at usaswimming.org.
- For 2024, the annual USA Swimming Membership Fee will be invoiced in October.
 - Beginners, Juniors, Performance, High School Conditioning, High Performance, Senior and Elite athletes will receive the Premium Athlete Membership for \$85.
 - Athletes in the Middle School Conditioning 12 years old and younger will receive the Flex Athlete Membership for \$35, if they are over 12, they will receive the Premium Athlete membership for \$85.
- For existing members, this fee will automatically renew in September and be reflected in your October bill. Historically, there is a modest fee increase yearly. For new members mid season, registrations will be done monthly and invoiced accordingly.
- Membership provides insurance coverage in the unlikely event something were to happen to your athlete while on-deck either at practice or at a swim meet.
- This fee is non-refundable.

Swim Meets:

- Fees vary from meet to meet and normally can be found in the meet letter which are posted under the Events tab on the FE website. There are various fees for a swimmer to participate in a meet.
 - In addition to the fees imposed by the host team and facility, FE may at its discretion, add fees to cover other associated costs for the meet and coach attendance.
- Parents/Guardians are responsible for all fees and charges for events they have committed their athlete(s) to once the meet deadline has passed.
- Parents/Guardians give permission to the Coaches to enter their athlete(s) into relay(s) and assume all costs associated with the relay(s).

- Relay assignments may happen during the meet.
- By entering athletes in a meet, the Parent/Guardian assumes responsibility for all costs associated with relay(s) a Coach may assign.
- FE will pay athletes entry fees for **championship meets**. (Ex. FLAGS, Sr Champs, Sectionals and higher).
- **Coaches Cost:**
 - (New) The fee charged to cover coach's pay and travel expenses for all meets will be divided equally across the number of athletes attending the meet. (Example: If the expenses for a meet are \$600 for an and 30 athletes attend...then the parents will be billed \$20 per athlete)
 - FE will pay coaches *travel expenses* for all **championship meets** noted above. Coaches *pay* will be divided across the number of athletes attending the meet by the number of days they participate in the meet.

Additional FE Synchro Fees

Annual FE Synchro Registration Fee:

- All synchro families are responsible for an annual registration fee which will be determined yearly by the head coach.
- The first payment will be made upon registration, and the second and third payments will be invoiced the following two months. This fee includes various items necessary for participation on the synchro team including the team suit, personalized team cap, white cap and team shirts.
- The USA Artistic Swimming Membership is included in the yearly registration fee. Age Group athletes will receive the "Competitive Athlete" membership, and all other athletes will receive the "Athlete" membership.
- This fee is non-refundable.

USA Artistic Swimming Membership:

- See Annual FE Synchro Registration Fee.
- USA Artistic Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck whether at practice or at a meet.
- There are numerous other benefits to membership which can be explored at usaartisticswimming.org

Synchro Meets:

- Novice meets are optional but encouraged. All Intermediate athletes are required to compete in at least 2 meets a season. Age group athletes are required to compete in all meets.
 - Parents must inform coaches 30 days prior to the meet or within 7 days of the meet announcement being sent if they are not going to participate. After the deadline has been reached, accounts will be charged.
- Approximately 3-4 weeks prior to a competition a meet announcement is sent out from the host team. Meet Announcements contain dates, a tentative schedule, hotel information, special events, and other details pertaining to the competition.
- Meet fees vary from meet to meet. Head Coach will handle all registration for meets. Parents are responsible for paying for all meet fees. Athletes with more routines will pay more in meet fees. You will be given your amount for the meet when the meet announcement is sent out.
 - Parents/Guardians are responsible for all fees and charges for events they have committed their athlete(s) to once the meet deadline has passed. There are absolutely no refunds.