

FLORIDA ELITE

WARRIORS

www.swimelite.org



SR champs qualifiers
- 20 Elite Swimmers
qualified for Sr
Champs this year!
Check out Instagram
and Facebook to see
how they did last
weekend. So many
personal bests and
team records! We
are so proud of this
group for
#RisingAsOne

WANT TO BE A

JUNIOR LIFEGUARD?

This American Red Cross Camp will teach
your 11-14 year old water safety and the
duties and responsibilities of a Lifeguard.



LOL Rec Center Pool
July 6-15 or July 25-Aug 3
9:30am-1:45pm
Fee: \$150 includes
JR LG shirt & hip pack

MORE DETAILS &
REGISTRATION AT
WWW.SWIMELITE.ORG
CLICK ON GROUP LESSONS

Congratulations to
Synchro Head Coach
Camille for being named
South Zone Coach of the
Year! We are so lucky to
have you leading our
Synchro Warriors, they
have accomplished so
much in just 1.5 seasons
under your leadership.
Camille's contribution to
the aquatics community
runs deep, and we are so
proud to have her on
staff here at FE.





Upcoming Meets/Events

March 14-20 SPRING BREAK - NO PRACTICE Enjoy the week off!

March 25 Mini Meet (HOME)

April 2-3 F & F Clinic (HOME) See more info on the website to sign up!

April 22-24 @Sarasota Spring L C Kick Off

All Competing Athletes:

team cap
team suit
team shirt

All Athletes:

goggles
kickboard
pull buoy

All Green and Blue groups:

long blade fins

Performance, high performance, and elite:

paddles
snorkel

Silver Practice Groups

short blade fins

****We utilize the app called Remind to communicate weather-related changes as well as other important team information. Please download it and sign-up for the appropriate group.**

REMIND GROUPS:

Beginner Warriors- @FEBegin
Junior Warriors- @FEJunior
Performance- @FEPerform
High Perf & Elite - @FESilver
MSC & HSC -@FEBlue
Homeschool- @FEHome

Swim Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginner 1	5:30-6:15	5:30-6:15		5:30-6:15		
Beginner 2		4:15-5:00	4:15-5:00	4:15-5:00		
Junior 1	5:15-6:15	5:15-6:15	5:15-6:15	5:15-6:15		
Junior 2	4:15-5:15	4:15-5:15	4:15-5:15	4:15-5:15		
Performance	4:15-5:30	6:15-7:45	4:30-5:00 DL 5:00-6:15	4:15-5:30		
High Perf	5:00-6:30 AM 6:15-8:15		6:15-8:15	5:00-6:30 AM 6:15-8:15	5:00-6:30 AM 4:30-6:30	7:00-9:00 AM
Elite	5:00-6:30 AM 6:15-8:15	6:15-8:15	5:15-6:15 DL 6:15-8:15	5:00-6:30 AM 6:15-8:15	5:00-6:30 AM 4:30-6:30	7:00-9:00 AM
MSC	4:15-5:15	4:15-5:15	4:15-5:15			
HSC	3:15-4:15		3:15-4:15	3:15-4:15		
Homeschool Beginners	8:45-9:00 AM* 9:00-9:45 AM	8:45-9:30 AM		8:45-9:30 AM	8:45-9:00 AM* 9:00-9:45 AM	
Homeschool Juniors	8:45-9:00 AM* 9:00-10:00 AM	8:45-9:45 AM		8:45-9:45 AM	8:45-9:00 AM* 9:00-10:00 AM	
Homeschool Performance	8:45-9:00 AM* 9:00-10:15 AM	8:45-10:00 AM		8:45-10:00 AM	8:45-9:00 AM* 9:00-10:15 AM	
Homeschool High Performance	8:45-9:00 AM* 9:00-10:30 AM	8:45-10:15 AM		8:45-10:15 AM	8:45-9:00 AM* 9:00-10:30 AM	

When shopping for your equipment through our Team Store, SwimQuik, you will receive 20% off all arena products, including the team suit. arena also provides benefits and incentives to our athletes and the club for certain achievements. For additional details email feaquaticsdirector@gmail.com.

<https://swimquik.com/collections/florida-elite>



Upcoming Meets/Events

March 12-20 SPRING BREAK (See Email from Coach Camille)

March 26-27 HOME (Spring Invite- All Groups)

April 7-8 Geneva, OH JR/SR Nationals - SR Tech Duet Only

April 23-24 Orlando Associations - All Age Group & Intermediate

April 28-30 Irvine, CA 12U/13-15 Nationals -Green & Blue Small Routines Only

May 14-15 Stewart Regionals- Age Group Qualifiers from Associations

May 21 HOME END OF THE SEASON SHOW- ALL GROUPS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Intro (1 or 2 days)		4:15-5:00			4:15-5:00	
AWD	4:45-5:30					
Show Team		5:00-6:00			5:00-6:00	
8&U Novice			4:00-5:00		4:00-5:00	
9&O Novice		5:00-6:00			5:00-6:00	
10&U Intermediate		5:30-7:00	5:00-7:00	5:30-7:00		
11&O Intermediate		4:30-6:00	5:00-7:00	4:30-6:00		
Green Team (12&U Age Group)	5:30-7:45	5:30-7:45	5:30-7:45			8:00-11:00
Blue Team (13-15 Age Group)	6:00-8:30	6:00-8:30			6:00-8:00	8:30-12:00
Silver Team (16&O Age Group)			5:45-8:15	5:45-8:15		9:15-1:15
Masters		6:45-7:45pm			9:00-10:00am	
	*Age Group Small Routines see Coach Camille for your additional practice times					

Monthly Quote:

"The struggle you're in today is developing the strength you need for tomorrow"

The Warriors had great swims at South Zones! The Junior Team earned the 2nd Place High Point Award, and the 13-15s competing at Zones for their first time brought home the Bronze!!!

We utilize the app called Remind to communicate weather-related changes as well as other important team information. Please download it and sign-up for the appropriate group.

Group

Code

Intro

SynchNov

Novice

SynchNov

Intermediate

SynchInter

Silver, Blue, Green

SynchAG

Equipment Needed:

Synchro athletes need certain equipment to properly train. Any equipment that touches the face cannot be shared between athletes or borrowed from FE. Goggles, caps, and nose clips are available for purchase from your coach.

Intro and Novice: Mat

Intermediate: Mat and Jump rope

Green, Blue, Silver: All Intermediate equipment + running shoes, bands, weights



Athletes of the Month!!

SWIM



Ashlyn has improved tremendously over the last month. Dropping time over and over again. Ashlyn was previously moved up to performance group where she has continued her work ethic. Ashlyn was selected to be the fourth member of the 10&U girls FLAGS relay teams this past weekend at FLAGS championship meet. As a part of that relay, Ashlyn dropped lifetime best for her team, helping them earn top 14 finish in the state for 10& Girls 200 medley and 200 Free relay.

SYNCHRO

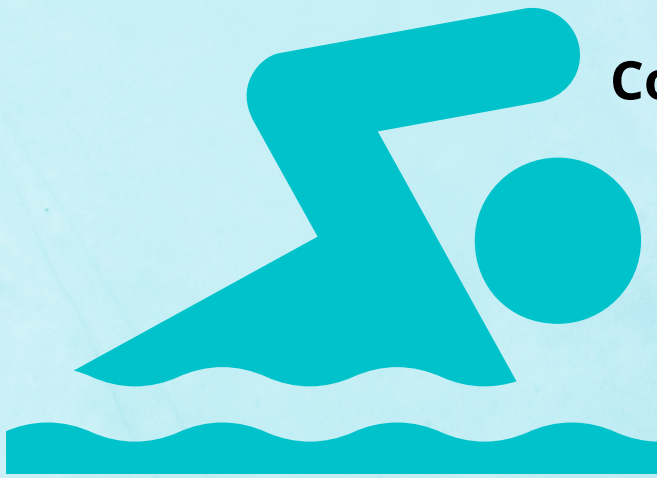


Maggie has been chosen by her coaches as our novice athlete of the month! This swimmer is new to the sport this season and has a strong desire to get better at every practice. She is committed to improving in all aspects- swimming, figures and performing! She is a hard worker and a good teammate to all. We are excited to continue to see her progress in the sport.



Birthday	First Name	Last Name	Roster Group
03/01/2007	Frank	Rygiel	High Performance
03/02/2008	HUY	DUONG	Elite
03/03/2008	Juan	Benitez	Elite
03/04/2011	Chloe	Wood	Junior Warriors 1
03/06/2010	Adam	El Kasmi	Junior Warriors 2
03/06/2010	Amelia	Lester	Junior Warriors 2
03/07/2008	Carlos	Borges	Performance
03/07/2014	Nikita	Aviltcev	Junior Warriors 1
03/09/2010	Nevin	Naramore	High Performance
03/13/2012	Natalie	Caruso	Synchro - Novice (11-O)
03/14/2007	mia	martin	High School Conditioning
03/17/2005	Julia	Spielberger	Elite
03/17/2008	Mikayla	Phan	High Performance
03/17/2013	Kinsleigh	Brennan	Synchro- Intermediate (4-10)
03/18/2004	Victoria	Vaile	Elite
03/18/2010	Anna	Lucius	Performance
03/19/2010	McCoy	Harrop	Junior Warriors 1
03/20/2012	Luke	Flaherty	Beginner Warriors 1
03/20/2014	Leah	Weber	Beginner Warriors 2
03/21/2011	Aleisa	Swing	Synchro - Novice (11-O)
03/22/2010	Daniel	Nazarenka	Junior Warriors 2
03/22/2012	Sophia	Mansour	Performance
03/22/2012	Kaelyn	Mays	Homeschool Group
03/24/2009	Camelia	Rivera	Middle School Conditioning
03/24/2013	Houston	Reimer	Junior Warriors 1
03/27/2007	Cayden	Moore	High Performance
03/29/2010	Allison	Booza	Middle School Conditioning





Coaches and Board of Directors

Coaches

Darcee Redding- Aquatics Director
Guerby Ruuska-Swim Head Coach
Camille Albrecht-Synchro Head Coach

Swim

Robin Tori
Cameron Mikelle
Kayla Kara
Ashlyn Abigail
Jennah

Synchro

Zoe
Maria
Kyra
Maja
Juliana

BOD

Michael Speilberger- President
Lisa Hammond-Vice President
Steve Swenson-Treasurer
Chris Johnson-Secretary

At Large Members:
Danielle Borzor
Brent Smith
Jeanie Saunders

Contact Info

Aquatics Director-FEaquaticsdirector@gmail.com
BILLING- Billing Email: billing.floridaelite@gmail.com
TEAM ADMIN- JAMIE RADITIC-MEHALSO Email: floridaeliteswim@gmail.com
Phone - (813)279-5445

Masters Info!!

REMIN D CODE: @FEAquatics

SWIM

Mon

5:00-6:30AM/8:45-10:30AM/1:00-4:15PM
6:15-8:15PM

Tues

5:00-6:30AM/8:45-10:15 AM/7:15PM-8:15PM

Wed

1:00-4:15PM/6:15-8:15PM

Thurs

5:00-6:30AM/8:45-10:15AM/1:00-4:15PM/
6:15-8:15PM

Fri

5:00-6:30AM/8:45-4:30PM/6:30-8:00PM

Sat

7:00AM-1:15PM

SYNCHRO

Tues

6:45-7:45PM

Fri

9:00-10:00AM



Financial Policy

Monthly dues: In consideration of the participation of the swimmer(s) in Florida Elite's (FE) swim program, the Parent/Guardian agrees to pay the dues for the Swimmer's practice level that is set forth. Monthly payment of dues shall be due and payable on the first day of each month. Swimmers are expected to pay for the entire month no matter how many days they attend practice. Make-up days due to inclement weather are at the coaches' discretion. If the Swimmer is transferred to a different level by the coaching staff, the fees for the new level will be invoiced in the next billing cycle. If the monthly dues payment is not received in full by the 10th of the month, a late fee of \$25 per month may be assessed to the family's dues account.

Dues are paid on a per month basis, regardless of the number of practices a swimmer attends. It is possible to place a swimmer's account on hold and not accrue monthly dues. Notice must be made in writing by the 20th of the month preceding the start of the hold. Notice is to be sent to FloridaEliteSwim@gmail.com specifying which month(s) the swimmer(s) will be out of practice. A swimmer's place on the team will not be guaranteed while the account is on hold. If the practice group that the swimmer participates in is filled, the swimmer can be put on a wait-list to rejoin when a position becomes available. It is the responsibility of the Parent/Guardian to update the Secretary of the Board of Directors of these changes.

Payment Method: FE will only accept credit card or ACH through the automated process on our website. Cash or personal checks are not accepted for monthly dues, annual fees and swim meet fees. It is the Parent/Guardian's responsibility to keep their FE account information current on FE's website.

Ineligible to Participate Due to Non-Payment: The Secretary of the Board of Directors will notify Parent/Guardian of payment failure on the 6th day of the month by email.

New swimmers will be ineligible to participate with the team when their FE annual registration, any applicable USA Swimming Membership fees, and first dues payment are not completed within ten days of registration.

If the monthly dues payment is not received in full by the 10th of the month for all existing swimmers, along with the \$25 late fee per month assessment to the family's dues account, the swimmer will be ineligible to participate. If Parent/Guardian becomes delinquent in payment of dues or assessments because of financial hardship, he/she may apply to the Board of Directors through the Secretary for a waiver of late fees and request reinstatement. A waiver may be granted if satisfactory arrangements are made for payment of the delinquent amounts.

Annual FE Swimming Registration Fee: All families are responsible for an annual team registration fee of \$100, which is withdrawn from your FE account **quarterly at \$25.00**. These fees will be charged with the monthly billing in March, June, September, and December. New families will be charged \$25 at registration and then follow the above cycle. The annual registration fee is non-refundable.

Annual FE Synchro Registration Fee: All synchro families are responsible for an annual registration fee which will be determined yearly by the head coach. For the 2020-2021 season the fees will be \$300 for Age Group, \$250 for Intermediate and \$200 for Novice and Show Team, and will be billed over the first three months of joining the team on the 15th of the month. This fee includes various items necessary for participation on the synchro team including the team suit, personalized team cap, white cap and team shirt. The USA Artistic Swimming Membership is included in the yearly registration fee. Age Group athletes will receive the "Competitive Athlete" membership, and all other athletes will receive the "Athlete" membership. This fee is non-refundable.

USA Swimming Membership: In order to swim with FE, all swimmers must register with USA Swimming and maintain an active membership which runs from January through December. As of 2020, the **annual USA Swimming Membership Fee of \$85 per swimmer** and is due upon joining FE and will be automatically renewed in September and reflected in your October bill. There is a modest increase in this fee yearly, which will be reflected in the October billing. USA Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck either at practice or at a swim meet. There are numerous other benefits to membership which can be explored at usaswimming.org.

USA Artistic Swimming Membership: See Annual FE Synchro Registration Fee. USA Artistic Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck whether at practice or at a meet. There are numerous other benefits to membership which can be explored at usaartisticswimming.org

Swim Meets: Meet fees can be found in the meet packets which are posted under the Events tab on the FE website. There are various fees for a swimmer to participate in a meet. In addition to the fees imposed by the facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Parents are responsible for all fees and charges for events they have committed their child(ren) once the meet deadline has passed. Additionally, the Parents give permission to the Coaches to enter their child(ren) into a relay(s) and assume all costs associated with the relay. Relay assignments happen during the meet. By entering their child(ren) in a meet, the Parent assumes the cost associated with any relay(s) a coach may assign.

Team Unify is the system of record and it is the parent's responsibility to ensure it is correct before the meet deadline. All fees associated with meets are non-refundable.

Synchro Meets: Meet fees can be found in the Meet Announcements which will be emailed to the applicable groups upon receipt from the host teams. There are various fees for an athlete to participate in a meet. In addition to the fees imposed by the host team/facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Novice Swimmer Parents must communicate to the head coach if their child will not be attending a meet 30 days prior to the meet, and are otherwise responsible for all fees and charges for events the coach has placed the athlete in. Intermediate and Age Group Parents are responsible for all fees and charges for events the coach has placed the athlete in by their child(ren)'s placement in these competitive groups. All fees associated with meets are non-refundable.