

FLORIDA ELITE

WARRIORS

www.swimelite.org

Welcome Guerby Ruuska, New Swim Head Coach!!



We are excited to announce Guerby Ruuska will be the new Head Coach of Florida Elite!

He brings in not only a lot of enthusiasm, and love for swimming, but many connections throughout the collegiate swim world as well. Guerby is not only excited to help grow the FE program but to help guide the athletes to unbelievable heights.

Guerby's coaching journey started for his local summer league team Rensselaer Summer Swim Team. In the summer of 2019 Guerby moved up to the position of the head coach where he helped lead the team to a 6th straight PSSL conference title while breaking 9 team records along the way.

Guerby took on the position of head coach of the brand new Tri-West Swim Club out of Lizton, Indiana, wherein one year he helped grow the club tremendously. At TW he coached several athletes to divisional qualifiers and an individual sectional champion.

Since arriving in Florida, Guerby has helped produce several FLAG and Senior Champ qualifiers. He coached an athlete onto the 2021 Florida Zones Swim Team while coaching for Greater Tampa Swimming Association. Guerby was also made head coach of the 2021 Florida Zones team and helped them achieve a 2nd place team finish and a win on the women's side.

Guerby is currently a coach for the University of Tampa Swim Team where he helped the team achieve top ten in the nation on the women's side and top 15 for the guys 20-21 season.

Guerby graduated from Manchester University with a BS in English and a minor in Journalism. There he competed for the Spartans all 4 years and was a record-setter in all 5 relays and the 100 and 200 backstrokes. Guerby is also a member of the Haitian National Swimming Federation where he competed for them internationally in the FINA Worlds Swim Meet in Gwangju, South Korea.

"If you're coming to be a part of the FE program, you are joining something special, something bigger than yourself, something new and something extremely exciting."



Upcoming Meets/Events

November 1- New Schedule Begins

November 8 - High School Conditioning Resumes (More info to come)

November 13-14 @HOME Fitter & Faster Clinic

November 18-20 @SPA-St.Petersburg (ALL PRACTICE GROUPS)

December 3-5 CAT-Clearwater (ALL PRACTICE GROUPS)

December 10-12 @SPA-St.Petersburg (ALL PRACTICE GROUPS)

December 24-25 NO PRACTICE (Info on Dec 20-23 and 27-31 coming soon)

January 15-16 @HOME 3rd Annual Polar Splash

THANKSGIVING BREAK- Regular times for all groups Mon & Tue, Wed-Fri off.

Silver groups normal times Sat.

Optional practice for Green groups may be coming for Sat

REMIND GROUPS:

Beginner Warriors- @FEBegin

Rising Warriors- @FERising

Junior Warriors- @FEJunior

MSC & HSC- @FEBlue

Perf, High Perf & Elite - @FESilver

Homeschool- @FEHome

****We utilize the app called Remind to communicate weather-related changes as well as other important team information. Please download it and sign-up for the appropriate group.**

Swim Schedule as of November 1st

Competing

All Groups:

team cap
team suit
team shirt
parka and team
backpack
recommended

Green Practice Groups

All Groups:

goggles
long blade fins
kickboard
pull buoy

Junior Warriors:

snorkel
paddles

Blue Practice Groups

All Groups:

Green group equipment
and
snorkel
paddles

Silver Practice Groups

All Groups:

all Green & Blue group
equipment and
short blade fins
mesh & finger paddles
recommended

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pre-Team		6:45-7:45					
Beginner 1	5:00-5:45		5:00-5:45	5:00-5:45			
Beginner 2		6:00-6:45	6:00-6:45	6:45-7:30			
Rising 1	5:45-6:45	5:00-6:00	5:00-6:00	5:45-6:45			
Rising 2	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00			
Junior	5:00-6:15	4:30-5:00* 5:00-6:15	6:00-7:15	5:00-6:15			
Performance & High Performance	6:15-7:45	5:30-6:15* 6:15-7:45		5:30-6:15* 6:15-7:45	6:15-7:45	9:00-10:30 AM	
Elite	5:15-6:30 AM 3:00-5:00 PM 5:00-6:00 PM*	3:00-5:00 PM	5:15-6:30 AM	3:00-5:00 PM	3:00-5:00 PM 5:00-6:00 PM*	7:00-9:00 AM	
MSC	4:00-5:00	4:00-5:00		4:00-5:00			
HSC	3:00-4:00	3:00-4:00		3:00-4:00			
Beginner - Homeschool	8:45-9:00 AM* 9:00-9:45 AM	8:45-9:30 AM		8:45-9:30 AM	8:45-9:00 AM* 9:00-9:45 AM		
Rising - Homeschool	8:45-9:00 AM* 9:00-10:00 AM	8:45-9:45 AM		8:45-9:45 AM	8:45-9:00 AM* 9:00-10:00 AM		
Junior - Homeschool	8:45-9:00 AM* 9:00-10:15 AM	8:45-10:00 AM		8:45-10:00 AM	8:45-9:00 AM* 9:00-10:15 AM		
Performance - Homeschool	8:45-9:00 AM* 9:00-10:30 AM	8:45-10:15 AM		8:45-10:15 AM	8:45-9:00 AM* 9:00-10:30 AM		
Masters	5:15-6:30 AM 8:45-10:30 AM 1:00-3:00 PM 6:45-8:30 PM	8:45-10:15 AM 6:45-8:30 PM	5:15-6:30 AM 3:00-5:00 PM 6:45-8:15 PM	8:45-10:15 AM 1:00-3:00 PM 6:15-8:15 PM	8:45-10:30 AM 1:00-8:00 PM	7:00-1:15 PM	9:00-10:30 AM
TRY OUTS BY APPOINTMENT	6:15PM Silver Groups	6:15PM Green & Blue Groups					
	* Dryland						

When shopping for your equipment through our Team Store, SwimQuik, you will receive 20% off all arena products, including the team suit. arena also provides benefits and incentives to our athletes and the club for certain achievements. For additional details email feaquaticsdirector@gmail.com.

<https://swimquik.com/collections/florida-elite>



Upcoming Meets/Events

November 20 @HOME Levels Testing

November 22-24 Adjusted Practice (See email from Coach Camille)

November 25-26 NO PRACTICE

December 11 @HOME Frosty Florida Figure Meet

December 17 @HOME Hot Coco & Synchro (Winter Show)

December 20-31 Adjusted Practice (Schedule coming soon)

January 29-30 @Orlando Mary Rose Invitational

Synchro Schedule as of November 6th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Intro (1 or 2 days)		4:15-5:00			4:15-5:00	
AWD	4:45-5:30					
Show Team		5:00-6:00			5:00-6:00	
8&U Novice			4:00-5:00		4:00-5:00	
9&O Novice		5:00-6:00			5:00-6:00	
10&U Intermediate		5:30-7:00	5:00-7:00	5:30-7:00		
11&O Intermediate		4:30-6:00	5:00-7:00	4:30-6:00		
Green Team (12&U Age Group)	5:30-7:45	5:30-7:45	5:30-7:45			8:00-11:00
Blue Team (13-15 Age Group)	6:00-8:30	6:00-8:30			6:00-8:00	8:30-12:00
Silver Team (16&O Age Group)			5:45-8:15	5:45-8:15		9:15-1:15
Masters		6:45-7:45pm			9:00-10:00am	
	*Age Group Small Routines see Coach Camille for your additional practice times					

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Group

Code

Intro

SynchNov

Novice

SynchNov

Intermediate

SynchInter

Silver, Blue, Green

SynchAG

Equipment Needed:

Synchro athletes need certain equipment to properly train. Any equipment that touches the face cannot be shared between athletes or borrowed from FE. Goggles, caps, and nose clips are available for purchase from your coach.

Intro and Novice: Mat

Intermediate: Mat and Jump rope

Green, Blue, Silver: All Intermediate equipment + running shoes, bands, weights

Athletes of the Month!!

SWIM



McCoy

McCoy is a dedicated swimmer that shows up for every practice and has done a great job adapting to the Rising Warriors group. He always has a smile on his face and is eager to know new ways to improve his stroke. He continuously encourages his teammates and actively listens to coach's instructions. McCoy is a great asset to the team and Florida Elite is lucky to have him.

SYNCHRO



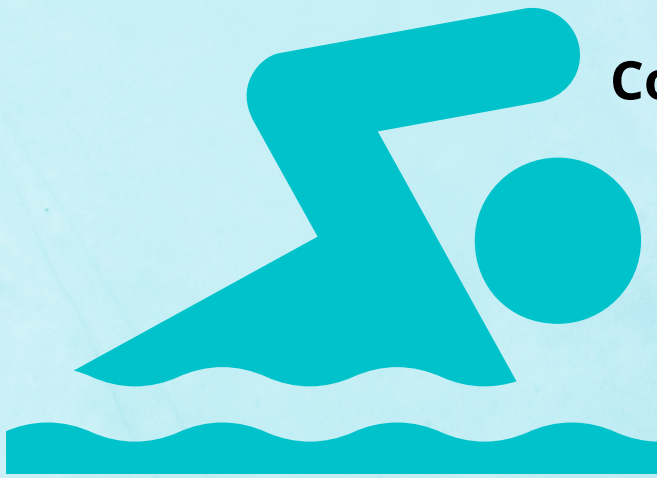
Josie Wells

This is Josie's first year in synchro! She started doing camps over the summer and has been rapidly improving! She is in intermediate and all her coaches love working with her. She is focused, determined and a fun teammate. We are excited to see Josie continue to grow as a synchro Warrior as she works hard at home and the pool!

Happy

BIRTHDAY

Birthday	Memb. First Name	Memb. Last Name	Roster Group
11/02/2010	Allison	Dunn	Rising Warriors 2
11/03/2011	Sofia	Caballero	Rising Warriors 1
11/05/2005	Zen	Amici	High School Conditioning
11/06/2010	Delaney	Graves	Pre-Team
11/06/2014	Siena	Stoeck	Synchro - Novice (4-10)
11/08/2013	Emma	Pain	Synchro - Novice (4-10)
11/09/2002	Juliana	Silva	COACH
11/09/2010	Justus	Rogers	Homeschool Group
11/10/2006	Gabriela	Vielma	Rising Warriors 2
11/11/2010	Abigail	Martin	Homeschool Group
11/11/2010	Evan	Moses	Rising Warriors 1
11/13/2006	Ainsley	Herbon	Middle School Conditioning
11/14/2010	Hannah	Swanson	Rising Warriors 1
11/17/1989	Camille	Albrecht	COACH
11/18/2004	Michael	McCloskey	Elite
11/18/2008	Veda	Durgampudi	Synchro - Intermediate (11-Up)
11/18/2008	Kallie	Scepkowski	Junior Warriors
11/19/2008	Kai	Simon	Synchro - Blue (13-15)
11/20/2008	Mia	Fackler	Synchro - Intermediate (11-Up)
11/21/2008	Maureen	Shoker	Rising Warriors 1
11/21/2011	Mila	Adriani	Junior Warriors
11/21/2013	Ava	Mathias	Beginner Warriors 1
11/22/1997	Saloni	Mehra	COACH
11/24/2008	Ellina	Peretska	Synchro - Blue (13-15)
11/27/2010	Hailey	McArdle	Junior Warriors
11/30/2011	Sanika	Kaushikkar	Beginner Warriors 1



Coaches and Board of Directors

Coaches

Darcee Redding- Aquatics Director
Guerby Ruuska-Swim Head Coach
Camille Albrecht-Synchro Head Coach

Swim

Robin Tori
Cameron Mikelle
Shannon Kara
Kayla
Ashlyn
Jennah

Synchro

Zoe
Maria
Saloni
Kyra
Maja
Juliana

BOD

Michael Speilberger- President
Lisa Hammond-Vice President
Steve Swenson-Treasurer
Chris Johnson-Secretary

At Large Members:
Danielle Borzor
Brent Smith
Jeanie Saunders

Contact Info

Aquatics Director-FEaquaticsdirector@gmail.com
BILLING - JEANIE SAUNDERS Billing Email: billing.floridaelite@gmail.com
TEAM ADMIN- JAMIE RADITIC-MEHALSO Email: floridaeliteswim@gmail.com
Phone - (813)279-5445

Masters Info!!

REMIND CODE: @FEAquatics

SWIM

Mon

5:15-6:30AM/8:45-10:30AM/1:00-3:00PM
6:45-8:30PM

Tues

8:45-10:15 AM/6:45PM-8:30PM

Wed

5:15-6:30AM/3:00-5:00PM/6:45-8:15PM

Thurs

8:45-10:15AM/1:00-3:00PM/6:15-8:15PM

Fri

8:45-10:30AM/1:00-8:00PM

Sat

7:00AM-1:15PM

Sun

9:00AM-10:30AM

SYNCHRO

Tues

6:45-7:45PM

Fri

9:00-10:00AM



Financial Policy

Monthly dues: In consideration of the participation of the swimmer(s) in Florida Elite's (FE) swim program, the Parent/Guardian agrees to pay the dues for the Swimmer's practice level that is set forth. Monthly payment of dues shall be due and payable on the first day of each month. Swimmers are expected to pay for the entire month no matter how many days they attend practice. Make-up days due to inclement weather are at the coaches' discretion. If the Swimmer is transferred to a different level by the coaching staff, the fees for the new level will be invoiced in the next billing cycle. If the monthly dues payment is not received in full by the 10th of the month, a late fee of \$25 per month may be assessed to the family's dues account.

Dues are paid on a per month basis, regardless of the number of practices a swimmer attends. It is possible to place a swimmer's account on hold and not accrue monthly dues. Notice must be made in writing by the 20th of the month preceding the start of the hold. Notice is to be sent to FloridaEliteSwim@gmail.com specifying which month(s) the swimmer(s) will be out of practice. A swimmer's place on the team will not be guaranteed while the account is on hold. If the practice group that the swimmer participates in is filled, the swimmer can be put on a wait-list to rejoin when a position becomes available. It is the responsibility of the Parent/Guardian to update the Secretary of the Board of Directors of these changes.

Payment Method: FE will only accept credit card or ACH through the automated process on our website. Cash or personal checks are not accepted for monthly dues, annual fees and swim meet fees. It is the Parent/Guardian's responsibility to keep their FE account information current on FE's website.

Ineligible to Participate Due to Non-Payment: The Secretary of the Board of Directors will notify Parent/Guardian of payment failure on the 6th day of the month by email.

New swimmers will be ineligible to participate with the team when their FE annual registration, any applicable USA Swimming Membership fees, and first dues payment are not completed within ten days of registration.

If the monthly dues payment is not received in full by the 10th of the month for all existing swimmers, along with the \$25 late fee per month assessment to the family's dues account, the swimmer will be ineligible to participate. If Parent/Guardian becomes delinquent in payment of dues or assessments because of financial hardship, he/she may apply to the Board of Directors through the Secretary for a waiver of late fees and request reinstatement. A waiver may be granted if satisfactory arrangements are made for payment of the delinquent amounts.

Annual FE Swimming Registration Fee: All families are responsible for an annual team registration fee of \$100, which is withdrawn from your FE account **quarterly at \$25.00**. These fees will be charged with the monthly billing in March, June, September, and December. New families will be charged \$25 at registration and then follow the above cycle. The annual registration fee is non-refundable.

Annual FE Synchro Registration Fee: All synchro families are responsible for an annual registration fee which will be determined yearly by the head coach. For the 2020-2021 season the fees will be \$300 for Age Group, \$250 for Intermediate and \$200 for Novice and Show Team, and will be billed over the first three months of joining the team on the 15th of the month. This fee includes various items necessary for participation on the synchro team including the team suit, personalized team cap, white cap and team shirt. The USA Artistic Swimming Membership is included in the yearly registration fee. Age Group athletes will receive the "Competitive Athlete" membership, and all other athletes will receive the "Athlete" membership. This fee is non-refundable.

USA Swimming Membership: In order to swim with FE, all swimmers must register with USA Swimming and maintain an active membership which runs from January through December. As of 2020, the **annual USA Swimming Membership Fee of \$85 per swimmer** and is due upon joining FE and will be automatically renewed in September and reflected in your October bill. There is a modest increase in this fee yearly, which will be reflected in the October billing. USA Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck either at practice or at a swim meet. There are numerous other benefits to membership which can be explored at usaswimming.org.

USA Artistic Swimming Membership: See Annual FE Synchro Registration Fee. USA Artistic Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck whether at practice or at a meet. There are numerous other benefits to membership which can be explored at usaartisticswimming.org

Swim Meets: Meet fees can be found in the meet packets which are posted under the Events tab on the FE website. There are various fees for a swimmer to participate in a meet. In addition to the fees imposed by the facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Parents are responsible for all fees and charges for events they have committed their child(ren) once the meet deadline has passed. Additionally, the Parents give permission to the Coaches to enter their child(ren) into a relay(s) and assume all costs associated with the relay. Relay assignments happen during the meet. By entering their child(ren) in a meet, the Parent assumes the cost associated with any relay(s) a coach may assign.

Team Unify is the system of record and it is the parent's responsibility to ensure it is correct before the meet deadline. All fees associated with meets are non-refundable.

Synchro Meets: Meet fees can be found in the Meet Announcements which will be emailed to the applicable groups upon receipt from the host teams. There are various fees for an athlete to participate in a meet. In addition to the fees imposed by the host team/facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Novice Swimmer Parents must communicate to the head coach if their child will not be attending a meet 30 days prior to the meet, and are otherwise responsible for all fees and charges for events the coach has placed the athlete in. Intermediate and Age Group Parents are responsible for all fees and charges for events the coach has placed the athlete in by their child(ren)'s placement in these competitive groups. All fees associated with meets are non-refundable.