



WARRIORS
www.swimelite.org

**Thank you Warrior Families for making the 2nd Annual Fall Festival a success!
 We raised \$13,000 this year to go towards our fundraising goals.**



BOARD MEMBER SPOTLIGHT!!

Darcee Redding - Aquatics Director

Darcee has been involved in the swimming community for over 25 years. She grew up in Tarpon Springs & began swimming synchro competitively at 5 years old. She went on to qualify for many Age Group Nationals, Jr Nationals & US Opens. Darcee swam synchro at the University of Florida where they won 2 Club National Titles. She majored in Health Education & Behavior.

Darcee has been coaching since 2012 & has coached numerous athletes to qualify for Junior Olympics, US Nationals and the National Team. In addition to being a USA Swimming Level 2 and USA Artistic Swimming Level 3 Coach, she is a USAAS National Level Judge, Lifeguard Instructor and an Aquatics Facility Operator. She brings 10+ years of operations and management experience to FE from prior positions in retail, the school system, and the financial sector. The opportunity to bring her love of aquatics and background in operations together as the Director at FE has been a true joy for her.

Darcee lives in Seminole Heights, with her husband, their husky George Michael & 5 rescue cats. When she's not at the pool she enjoys traveling to national parks, gardening & yoga.





Upcoming Meets/Events

Dates	Host - Location	Additional Info
November 17-19	SPA/PYP - Northshore Pool St. Pete	All Groups
November 20-25	FALL BREAK	Schedule to come from Coach G
December 1-3	CAT - Longcenter Pool Clearwater	Jingle Bell - All Groups
December 16	Christmas Party and Crazy Sock Exchange - More to come from Coach G	
January 12-14	ANNUAL POLAR SPLASH - We host this meet, all parents are expected to volunteer and all athletes are expected to swim!!	
January 17-29	ATAC - Tallahassee	Team Travel Meet - more to come from Coach G

Congratulations to 1A state meet qualifiers Sophie Nicole and Bodi Burrill, and 2A state meet qualifier Alexis Horn!!!!

Our Regan placed 5th at state in the 100 fly!!!!



QR CODE FOR BAND TEAM COMMUNICATION



All Competing

Athletes:

team cap
team suit
team shirt

All Athletes:

goggles
kickboard
pull buoy

Beginners, Juniors, MSC and

HSC:

long blade fins

Performance, high performance,

and elite:

paddles
snorkel

Senior

paddles
snorkel
kickboard
pull buoy

NOVEMBER 6 THROUGH MAY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginner 1	DL 6:00-6:30pm 6:45-7:30pm pool	7:15-8:00pm pool	DL 5:40-6:10pm 6:15-7:00pm pool			
Beginner 2	5:00-5:45pm pool DL 6:00-6:30	5:30-6:15pm pool DL 6:30-7:00pm	4:30-5:15pm pool			
Junior 1		DL 5:45-6:15pm 6:15-7:15pm pool	7:00-8:00pm pool	6:00-7:00pm pool	DL 5:30-6:00pm 6:00-7:00pm pool	
Junior 2	5:45-6:45pm pool DL 6:45-7:30pm		5:15-6:15pm pool DL 6:15-7:00pm	5:00-6:00pm pool	7:00-8:00pm pool	
MSC	4:00-5:00pm pool		6:30-7:30pm pool	4:00-5:00pm		
HSC		4:00-5:00pm pool	7:30-8:30pm pool		4:00-5:00pm pool	
Performance	4:15-5:30pm pool DL 5:30-6:15pm	4:15-5:30pm pool	5:45-7:00pm pool DL 7:00-7:30pm	6:15-7:30pm pool		
High Performance	DL 4:45-5:30pm 5:30-7:00pm pool	DL 6:00-6:45pm 7:00-8:30pm pool	DL 6:00-6:45pm 7:00pm-8:30pm		6:30-8:00pm pool	7:00-9:00am pool
Senior	DL 6:45-7:30pm 7:30-8:30pm pool	4:15-5:15pm pool DL 5:15-6:00pm		7:00-8:00pm pool	DL 5:45-6:30pm 6:30-7:45pm pool	9:30-11:00am pool
Elite Elite O.V.	5:00-6:30am pool A 3:30-5:30pm pool DL 5:45-6:45pm B 7:00-8:30pm pool	5:00-6:30am Gym O.V. DL 4:15-5:15pm 5:15-7:00pm pool	5:00-6:30am pool 4:00-6:15pm pool	4:15-6:15pm pool DL 6:15-7:00pm	5:00-6:30am Gym O.V. 4:30-6:30pm pool	7:00-9:30am pool
Beginner - Homeschool	8:45-9:00am dryland 9:00-9:45am	8:45-9:30am		8:45-9:30am	8:45-9:00am dryland 9:00-9:45am	
Junior - Homeschool	8:45-9:00am dryland 9:00-10:00am	8:45-9:45am		8:45-9:45am	8:45-9:00am dryland 9:00-10:00am	
Performance - Homeschool	8:45-9:00am dryland 9:00-10:15am	8:45-10:00am		8:45-10:00am	8:45-9:00am dryland 9:00-10:15am	
HP - Homeschool	8:45-9:00am dryland 9:00-10:30am	8:45-10:15am		8:45-10:15am	8:45-9:00am dryland 9:00-10:30am	7:00-9:00am
TRY OUTS						9:30-10:30

When shopping for your equipment through our Team Store, SwimQuik, you will receive 20% off all arena products, including the team suit. arena also provides benefits and incentives to our athletes and the club for certain achievements. For additional details email feaquaticsdirector@gmail.com.

<https://swimquik.com/collections/florida-elite>



Upcoming Meets/Events

Dates	Location	Additional Info
November 11	Orlando	Levels Testing
November 18	Camille's Parents Home	Thanksgiving Feast + Ornament Exchange
November 19-25	Fall Break - Schedule coming soon from Coach Camille	
December 9	FES Pool	Lift Clinic for West Florida Region
December 16	FES Pool	Frosty Figure Meet

NOVEMBER 6 THROUGH MAY

GROUP:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AWD	4:00-5:00			4:00-5:00		
Younger Intro (1 or 2 days)		4:45-5:30			5:45-6:30	
Show team (2 days)		4:30-5:30			4:30-5:30	
10-Under Novice			4:30-5:45		4:30-5:45	
11-Over Novice		4:30-5:45			4:30-5:45	
10-Under Intermediate		5:45-7:15	5:45-7:15		5:45-7:45	
11-Over Intermediate		4:30-6:00	4:30-6:00		5:45-7:45	
Green (12&U Age Group)	4:30-6:30	4:30-6:30	6:00-7:30 Figures/ optional swim		3:30 Kinsleigh solo (stay for combo until 6:30) 4:30-6:30 Combo Mixed duet stay until 7:00	8:00-11:00
Blue teams (13-15) Swing/Spain/Combo	5:00-7:00 Swing team	5:30-8:00 figures/both teams	6:00-7:30 Figures/ optional swim	5:30-8:30 Spain/Combo 6:30-8:30 Combo swimmers		8:00-12:00 Swing/Figures/Combo 8:45-1:00 Figures/Combo/Spain
Blue (13-15 Age Group) small routines	6:15-8:00 Haily, Kate, Sabrina duet	4:00-5:45 Giuliana, Lily, Shelby duet (stay until 8:00 for figures/team)		4:30-6:15 Giuliana solo (stay until 7:30 for team)	2:00-3:30 Aiden solo 3:30-5:15 Mixed duet- Lia, Aiden, Lizzy	1:00-1:30 13-15 smalls
Silver (16&O Age Group) tech and free	5:00-7:30 Tech team	6:00-8:30 Free team	6:00-7:30 optional basics/swim	6:00-7:45 Free team		8:45-12:30 Free team + smalls 8:45-1:30 Tech team+ smalls
Silver (16&O Age Group) small routines	7:30-8:30 Ariana, Gianna Veda + Havyn, Melissa, Haley tech duets Havyn Arrive 6:30 to warm up.			4:30-6:15 Lily solo 5:00-6:45 Ariana, Melissa Ellina free duet (stay until 7:45 for team)	2:00-5:00 Bianca tech and free solos	
Masters	3:15-4:15				1:00-2:00	
Intro to masters						8:30-9:30am

Congratulations to all the FE athletes that attended All Star Camp! Three of our coaches also attended to grow their knowledge at the Coaches College.



Equipment Needed:

Synchro athletes need certain equipment to properly train.
Any equipment that touches the face cannot be shared between athletes or borrowed from FE. Goggles, caps, and nose clips are available for purchase from your coach.

Intro and Novice: Mat

Intermediate: Mat and Jump rope

Green, Blue, Silver: All Intermediate equipment + running shoes, bands, weights

QR CODE FOR BAND TEAM COMMUNICATION



Athletes of the Month!!

SWIM



Chase is an outstanding and coachable young man. He learns and always looks to improve himself, not just in the water but out as well.

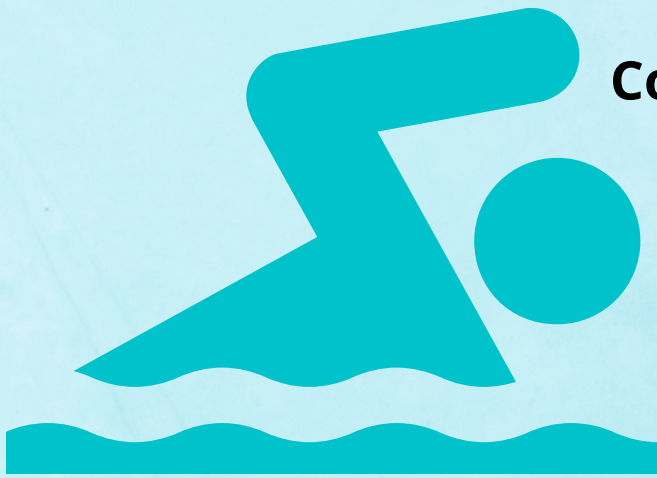
SYNCHRO



Veda is our Athlete of the Month! Veda is starting her first year as a JR age group athlete. Veda has been with FES since 2021 and has worked so hard to be at the level she is at this season. She is passionate about everything she does. She is a smart, determined and attentive athlete. Her coaches have seen so much growth not only in her ability in the sport but also in how she approaches challenges. We look forward to seeing this Warrior's Synchro journey as she continues to get stronger and stronger.



<i>Birthday</i>	<i>First Name</i>	<i>Last Name</i>	<i>Roster</i>
11/03/2006	Chase	Urban	Elite
11/03/2011	Sofia	Caballero	Performance
11/03/2014	Isla	Goff	Synchro - Novice (10U)
11/05/2014	Zora	Sesler	Beginner Warriors 1
11/06/2014	Siena	Stoeck	Synchro - Intermediate (12U)
11/09/2010	Justus	Rogers	Homeschool Group
11/11/2010	Evan	Moses	High Performance
11/11/2010	Sofia	Pambianchi	Junior Warriors 1
11/11/2010	Isabella	Pambianchi	Junior Warriors 1
11/14/2007	Lindsey	Horn	Elite
11/14/2010	Hannah	Swanson	High Performance
11/14/2012	Riley	Rosas	Performance
11/15/2013	Liam	Baker	Beginner Warriors 2
11/16/2007	Kendall	Kunzweiler	Synchro - AWD
11/16/2015	Landry	Lechuk	Beginner Warriors 1
11/18/2008	Veda	Durgampudi	Synchro - Silver (130)
11/18/2008	Kallie	Scepkowski	Senior
11/20/2012	Terryn	Tervo	Junior Warriors 2
11/21/2011	Mila	Adriani	High Performance
11/21/2013	Ava	Mathias	Junior Warriors 2
11/22/2008	Makiyah	Wright	High School Conditioning
11/22/2014	Chase Adrian	Sumague	Beginner Warriors 2
11/24/2008	Ellina	Peretska	Synchro - Silver (130)
11/27/2007	Morgan	Labella	Elite
11/27/2010	Hailey	McArdle	High Performance



Coaches and Board of Directors

Coaches

Darcee Redding- Aquatics Director
Guerby Ruuska-Swim Head Coach
Camille Albrecht-Synchro Head Coach

Swim

Robin
Daniel
JB

Tori
Anjel
Kyle

Synchro

Zoe
Maria
Maja
Juliana
Jackie
Lily
Melissa

BOD

Michael Speilberger- President
John Bright- Vice President
Dana Burton-Treasurer
Annie Schlemmer-Secretary

At Large Members:

Brent Smith
Renee Santana
Anna Moses

Contact Info

Aquatics Director-FEaquaticsdirector@gmail.com
BILLING- Billing Email: billing.floridaelite@gmail.com
TEAM ADMIN- WENDI MEEHAN Email: floridaeliteswim@gmail.com
Phone - (813)279-5445

Masters Info!!

NOVEMBER 6 THROUGH MAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00-6:30am 8:45-10:30am	8:45-10:15am	5:00-6:30am	8:45-10:15am	8:45-10:30am 1:00-4:00pm	9:30-12:00pm

Masters Synchro
Tuesday-3:15-4:15
Friday- 1:00-2:00



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THANK YOU TO OUR SPONSORS!!



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Florida Elite Aquatics Financial Policy

Effective September 1st, 2023

In consideration of participation in Florida Elite's (FE) Aquatics programs, Parents/Guardians agree to pay associated fees/dues outlined in this document.

Monthly Dues:

- Monthly payment of all fees shall be due and payable on the first day of each month.
- Payment is for the month made for the entire month. (Not based on how many days an athlete attends practice).
- Make-up days due to inclement weather are at the coaches discretion.
- If an athlete is transferred to a different level by the coaching staff any fees for the new level will be invoiced in the next billing cycle.
- If the monthly dues payment is not received in full by the 10th of the month, a late fee of \$25 per month will be assessed to the family's account.
 - **Note:** It is possible to place an account on hold and not accrue monthly dues.
 - Notice must be made in writing by the 20th of the month preceding the start of the hold.
 - Notice is to be sent to Billing.FloridaElite@gmail.com specifying which month(s) the athlete(s) will be out of practice.
 - An athlete's place on the team will not be guaranteed while the account is on hold. If the practice group for that athlete is filled, the athlete will be put on a wait-list to rejoin when a position becomes available.
 - It is the responsibility of the Parent/Guardian to update the Aquatics Director of any/all changes.

Payment Method:

- FE will only accept credit cards or ACH through the automated process on our website.
- Cash or personal checks are not accepted for monthly dues, annual fees and swim meet fees.
- It is the Parent/Guardian's responsibility to keep their account information current on FE's website.

Ineligible to Participate Due to Non-Payment:

- The billing system will notify Parent/Guardian of payment failure.
- New swimmers will be ineligible to participate with the team if their FE annual registration, any applicable USA Swimming Membership fees, and first dues payment are not completed within ten days of registration.
 - **Note:** If Parent/Guardian becomes delinquent in payment of dues or assessments because of financial hardship, they may apply to the Board of Directors, through the President, for a waiver of late fees and request reinstatement. A waiver may be granted if satisfactory arrangements are made for payment of the delinquent amounts.

Annual FE Swimming Registration Fees:

- All families are responsible for an annual team registration fee of \$100.
- Fee will be charged to your FE account quarterly at \$25.
- This fee will be charged with the monthly billing in August, November, February and May. New families will be charged \$25 at registration and then follow the above cycle.
- The annual registration fee is non-refundable.
- All athletes are required to wear the team uniform at meets. This is the team suit, cap and shirts.
 - The Team Gear Package will be invoiced in August (with the exception of MSC and HSC groups)
 - In odd years the package will include a suit and is typically between \$120-\$160

Edited 9/1/2023

- In even years the package will NOT include a suit and is typical between \$50-\$75. If a suit is needed in an even year, it can be purchased a la carte from the team store.
- Families are responsible for ordering the package at the team fitting or from the team store. The fee is collected in advance so that the Team Dealer can order the suits and shirts ahead of the fitting to be prepared to print and ship quickly.
- This fee is non-refundable.

Annual FE Synchro Registration Fee:

- All synchro families are responsible for an annual registration fee which will be determined yearly by the head coach.
- The first payment will be made upon registration, and the second and third payments will be invoiced the following two months. This fee includes various items necessary for participation on the synchro team including the team suit, personalized team cap, white cap and team shirts.
- The USA Artistic Swimming Membership is included in the yearly registration fee. Age Group athletes will receive the “Competitive Athlete” membership, and all other athletes will receive the “Athlete” membership.
- This fee is non-refundable.

USA Swimming Membership:

- In order to swim with FE, all swimmers must register with USA Swimming and maintain an active membership which runs from January through December.
 - USA Swimming membership is an annual fee which includes athlete insurance, Splash monthly magazine and a USA Swimming Deck Pass account.
 - There are numerous other benefits to membership which can be explored at usaswimming.org.
- For 2024, the annual USA Swimming Membership Fee will be invoiced in October.
 - Beginners, Juniors, Performance, High Performance and Elite athletes will receive the Premium Athlete Membership for \$70
 - Athletes in the Middle School and High School Conditioning programs will receive the Flex Athlete Membership for \$20.
 - Athletes on the FE Scholarship Program will receive the Outreach Membership for \$5.
- For existing members, this fee will automatically renew in September and be reflected in your October bill. Historically, there is a modest fee increase yearly. For new members mid season, registrations will be done monthly and invoiced accordingly.
- Membership provides insurance coverage in the unlikely event something were to happen to your athlete while on-deck either at practice or at a swim meet.
- This fee is non-refundable.

USA Artistic Swimming Membership:

- See Annual FE Synchro Registration Fee.
- USA Artistic Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck whether at practice or at a meet.
- There are numerous other benefits to membership which can be explored at usaartisticswimming.org

Swim Meets:

- Fees vary from meet to meet and normally can be found in the event packets which are posted under the Events tab on the FE website. There are various fees for a swimmer to participate in a meet.
 - In addition to the fees imposed by the host team and facility, FE may at its discretion, add fees to cover other associated costs for the meet and coach attendance.

- Parents/Guardians are responsible for all fees and charges for events they have committed their athlete(s) to once the meet deadline has passed.
- Parents/Guardians give permission to the Coaches to enter their athlete(s) into relay(s) and assume all costs associated with the relay(s).
 - Relay assignments may happen during the meet.
 - By entering athletes in a meet, the Parent/Guardian assumes responsibility for all costs associated with relay(s) a Coach may assign.
- FE will pay athletes entry fees for championship meets. (Ex. FLAGS, Sr Champs, Sectionals and higher).
- **Coaches Cost:**
 - The fee charged to cover a coach's travel expenses for "local" meets (less than 75 miles from the LOL Rec Complex) is \$10 per athlete per meet.
 - (New) The fee charged to cover coach's travel expenses for "away" meets (more than 75 miles from the LOL Rec Complex) will be divided equally across the number of athletes attending the meet. (Example: If Coaches travel cost is \$600 for an away meet and 30 athletes attend...then the parents will be billed \$20 per athlete)
 - FE will pay coaches travel expenses for all championship meets noted above.

Synchro Meets:

- Novice meets are optional but encouraged. All Intermediate athletes are required to compete in at least 2 meets a season. Age group athletes are required to compete in all meets.
 - Parents must inform coaches 30 days prior to the meet or within 7 days of the meet announcement being sent if they are not going to participate. After the deadline has been reached, accounts will be charged.
- Approximately 3-4 weeks prior to a competition a meet announcement is sent out from the host team. Meet Announcements contain dates, a tentative schedule, hotel information, special events, and other details pertaining to the competition.
- Meet fees vary from meet to meet. Head Coach will handle all registration for meets. Parents are responsible for paying for all meet fees. Athletes with more routines will pay more in meet fees. You will be given your amount for the meet when the meet announcement is sent out.
 - Parents/Guardians are responsible for all fees and charges for events they have committed their athlete(s) to once the meet deadline has passed. There are absolutely no refunds.