



WARRIORS

www.swimelite.org

Reminders!!

- *Please respect the facility. We are aware of the trend of stealing supplies, and have already had to replace a soap dispenser**
- *Updated schedules for Swim and Synchro will be coming soon as the High School Swim Season is coming to a close**
- *We need more swimming officials!! The next training dates are November 11th and December 2nd. Sign up at:
https://www.teamunify.com/szflsc/UserFiles/Image/QuickUpload/becoming-an-official-1_059290.pdf**



Upcoming Meets/Events

October 11 NO PRACTICE

October 15 @HOME (Mini Meet)

November 1- New Schedule Begins (More Info to come)

November 8 - High School Conditioning Resumes (More info to come)

November 13-14 @HOME Fitter & Faster Clinic

November 18-20 @SPA-St.Petersburg (ALL PRACTICE GROUPS)

November 25-26 NO PRACTICE (Info on Nov 22-24 to come later)

December 10-12 @SPA-St.Petersburg (ALL PRACTICE GROUPS)

January 15-16 @HOME 3rd Annual Polar Splash

Competing

All Groups:

team cap
team suit
team shirt
parka and team
backpack
recommended

Green Practice Groups

All Groups:

goggles
long blade fins
kickboard
pull buoy

Junior Warriors:

snorkel
paddles

Blue Practice Groups

All Groups:

Green group equipment
and
snorkel
paddles

Silver Practice Groups

All Groups:

all Green & Blue group
equipment and
short blade fins
mesh & finger paddles
recommended

***Swim Schedule below ends
10/31
(New schedule coming in
email soon)**

****We utilize the app called
Remind to communicate
weather-related changes as
well as other important team
information. Please download
it and
sign-up for the appropriate
group.**

REMIND GROUPS:

Beginner Warriors- @FEBegin

Rising Warriors- @FERising

Junior Warriors- @FEJunior

MSC & HSC- @FEBlue

Perf, High Perf & Elite - @FESilver

Homeschool- @FEHome

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beginner 1	5:30-6:15 PM	5:30-6:15 PM		5:15-5:30 PM* 5:30-6:15 PM			
Beginner 2	6:15-7:00 PM	6:15-7:00 PM		6:00-6:15 PM* 6:15-7:00 PM			
Rising 1	7:00-8:00 PM	7:00-8:00 PM		6:30-7:00 PM* 7:00-8:00 PM	6:45-7:45 PM		
Rising 2	4:30-5:30 PM	4:30-5:30 PM		4:00-4:30 PM* 4:30-5:30 PM	4:30-5:30 PM		
Junior	5:45-6:45 PM	5:15-5:45 PM* 5:45-6:45 PM		5:00-5:30 PM* 5:30-6:30 PM	5:30-6:45 PM		
MSC	4:30-5:30 PM	4:30-5:30 PM		4:15-4:30 PM* 4:30-5:30 PM			
HSC							
Performance	6:45-8:00 PM	6:00-6:45 PM* 6:45-8:00 PM		6:00-6:30 PM* 6:30-8:00 PM	6:15-7:45 PM	9:00-10:30 AM	
High Performance	6:45-8:00 PM	6:00-6:45 PM* 6:45-8:00 PM		6:00-6:30 PM* 6:30-8:00 PM	6:15-7:45 PM	7:00-9:00 AM	
Elite	5:15-6:30 AM 4:15-5:45 PM 5:45-6:15 PM*	5:15-6:30 AM 4:15-5:45 PM 5:45-6:15 PM*		4:15-5:30 PM 5:30-6:15 PM*	5:15-6:30 AM 4:15-6:15 PM	7:00-9:00 AM	
Beginner - Homeschool	8:45-9:00 AM* 9:00-9:45 AM	8:45-9:30 AM		8:45-9:30 AM	8:45-9:00 AM* 9:00-9:45 AM		
Rising - Homeschool	8:45-9:00 AM* 9:00-10:00 AM	8:45-9:45 AM		8:45-9:45 AM	8:45-9:00 AM* 9:00-10:00 AM		
Junior - Homeschool	8:45-9:00 AM* 9:00-10:15 AM	8:45-10:00 AM		8:45-10:00 AM	8:45-9:00 AM* 9:00-10:15 AM		
Performance - Homeschool	8:45-9:00 AM* 9:00-10:30 AM	8:45-10:15 AM		8:45-10:15 AM	8:45-9:00 AM* 9:00-10:30 AM		
Masters	5:15-6:30 AM 8:45-10:45 AM 12:30-2:30 PM	5:15-6:30 AM 8:45-10:15 AM 12:30-2:30 PM		8:45-10:15 AM 12:30-2:30 PM	5:15-6:30 AM 8:45-10:45 AM 12:30-2:30 PM	7:00-1:00 PM	9:00-1:00 PM
TRY OUTS	6:15-6:45 PM	6:15-6:45 PM					
	* Dryland						

When shopping for your equipment through our Team Store, SwimQuik, you will receive 20% off all arena products, including the team suit. arena also provides benefits and incentives to our athletes and the club for certain achievements. For additional details email feaquaticsdirector@gmail.com.

**[https://swimquik.com/
collections/florida-elite](https://swimquik.com/collections/florida-elite)**



Upcoming Meets/Events

November 20 @HOME Levels Testing

November 22-24 Adjusted Practice (Schedule coming soon)

November 25-26 NO PRACTICE

December 11 @HOME Frosty Florida Figure Meet

December 17 @HOME Hot Coco & Synchro (Winter Show)

December 20-31 Adjusted Practice (Schedule coming soon)

January 29-30 @Orlando Mary Rose Invitational

***Synchro Schedule ends 10/31 (New schedule coming in email soon)**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Intro (1 or 2 days)		4:15-5:00			4:15-5:00	
AWD	4:15-5:00					
Show Team		5:00-6:00			5:00-6:00	
8&U Novice			4:00-5:00		4:00-5:00	
9&O Novice		5:00-6:00			5:00-6:00	
10&U Intermediate	5:00-7:00	5:30-7:00		5:30-7:00		
11&O Intermediate	5:00-7:00	4:30-6:00		4:30-6:00		
Green (12&U Age Group)	5:15-7:30	5:30-7:30		5:30-7:45		8:00-11:00
Blue (13-15 Age Group)		6:00-8:30		5:45-8:15	5:45-7:45	9:00-12:00
Silver (16&O Age Group)	5:45-8:15			5:45-8:15	5:45-8:15	9:00-1:00
Masters		7:30-8:30				

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Group

Code

Intro

SynchNov

Novice

SynchNov

Intermediate

SynchInter

Silver, Blue, Green

SynchAG

Equipment Needed:

Synchro athletes need certain equipment to properly train. Any equipment that touches the face cannot be shared between athletes or borrowed from FE. Goggles, caps, and nose clips are available for purchase from your coach.

Intro and Novice: Mat

Intermediate: Mat and Jump rope

Green, Blue, Silver: All Intermediate equipment + running shoes, bands, weights

Athletes of the Month!!

SWIM



Mikayla Phan

Mikayla does a really good job at following instructions and paying attention to the sets at practice. She works really hard, takes practice seriously and has the highest attendance in her group! Mikayla's hard working attitude really stands out.

SYNCHRO



Chloe Pain

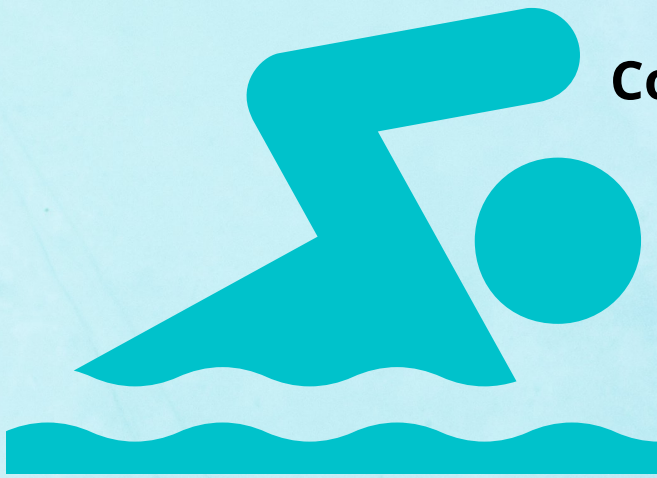
Chloe is our age group athlete of the month! This is her first year with the Warriors, only starting this summer. But this is not her first year in synchro. Chloe is originally from France where she swam synchro, but since being in the US the last 5 years she hasn't had the opportunity to do synchro. She has jumped right back into the sport with such tenacity and drive.

She works so hard and gives her all. She is first to ask for videos so she can work at home and the improvement we coaches have seen has reflected the effort she has put in. Chloe passed level 1 this past month and is working on her level 2 for November. She is kind, a great team supporter a wonderful Synchro Warrior!

Happy

BIRTHDAY

Birthday	First Name	Last Name	Roster Group
10 /02	Kiley	Naramore	Elite
10 /02	Aislynn	Henriquez	Rising Warriors 2
10 /04	Aiden	Martinez	High Performance
10 /05	Lily	Bixler	Performance
10 /10	Mariah	Guerra	High Performance
10 /14	Amelie	Nardin Poppe	Synchro - Silver
10 /14	Adriana	Fouad	Beginner Warriors 1
10 /16	Julia	Borzor	Performance
10 /18	Marie	Martin	Beginner Warriors 1
10 /20	Katelyn	Madley	Elite
10 /22	Melissa	Zhao	Beginner Warriors 1
10 /26	Sandali	Idippili	Elite
10 /29	Riley	Hunter	Rising Warriors 2
10 /29	Kate	Caruso	Synchro - Green
10 /29	Jeremy	Morgan	Beginner Warriors 1
10 /30	Abigail	Hammond	COACH
10 /30	Saayali	Kaushikkar	Beginner Warriors 2
10 /30	Sabrina	Aponte	Synchro - Green
10 /31	Darcee Jean	Redding	COACH



Coaches and Board of Directors

Coaches

Darcee Redding- Aquatics Director
Coming Soon-Swim Head Coach
Camille Albrecht-Synchro Head Coach

Swim

Robin Tori
Cameron Mikelle
Shannon Kara
Kayla
Ashlyn
Jennah

Synchro

Zoe
Maria
Saloni
Kyra
Maja
Juliana

BOD

Michael Speilberger- President
Lisa Hammond-Vice President
Steve Swenson-Treasurer
Chris Johnson-Secretary

At Large Members:

Danielle Borzor
Brent Smith
Jeanie Saunders

Contact Info

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TEAM ADMIN- JAMIE RADITIC-MEHALSO Email: floridaeliteswim@gmail.com
Phone - (813)279-5445

Masters Info!!

REMIND CODE: @FEAquatics

****We hope to add evening times again
in November! Stay Tuned!**

Mon/Tues/Fri

5:15-6:30 AM/8:45-10:45 AM/12:30-2:30

Thurs

8:45-10:15 AM/12:30-2:30

Sat

7:00-1:00 PM

