

ALL ABOUT
AMBERJAX



AMBERJAX SWIMMING INFORMATION PACKET



READY TO JOIN?

STEPS TO JOIN

STEP

1

Schedule an evaluation swim

This is an opportunity for our coaching staff to evaluate your child's swimming knowledge and abilities. **All swimmers must be able to complete one 25-yard lap unassisted.**

If you would like to schedule an evaluation, please contact:
Mantha Garand at garandm@esj.org

STEP

2

Review our team and payment policies

Review our fee structure, meet, equipment, and volunteer requirements.

STEP

3

Fill out our online registration form

Once you have completed your evaluation swim and reviewed our team policies, you will be emailed a link to fill out the online registration form.

STEP

4

Register with USA Swimming

Once you have completed your registration with the AmberJax, your final step will be to register with USA Swimming using our club-specific link.



COMPETITIVE TEAM GROUPS

GARNET GROUP | \$100 PER MONTH

This group is for those swimmers who are new to year-round swimming. This is great for swimmers that are interested in getting their feet wet in the world of competitive swimming. This level also focuses on water comfort, having fun in the water, and prepares the child to advance to the learning stages of competitive swimming. This group will concentrate almost entirely on stroke mechanics and technique.

BRONZE GROUP | \$120 PER MONTH

Swimmers in this group are placed in an environment that encourages and allows them to enhance their abilities and learn the mechanics of all four strokes while increasing meet attendance. Focus is on the technique and legality of all four strokes, as well as dives, turns, and pace clock reading.

SILVER GROUP | \$125 PER MONTH

This group's purpose is to promote physical fitness, encourage team involvement, and foster self-discipline and confidence through a competitive swimming experience. Silver group coaches focus on self-improvement. Swimmers in this group will continue to develop their stroke technique and competitive skills while demonstrating a consistent positive attitude and training habits. Focus is on the technique of all four strokes, dives, turns, as well as goal setting, understanding more complex swimming sets, and pace clock reading.

GOLD GROUP | \$140 PER MONTH

This group will focus on the development of a complete competitive swimmer both mentally and physically. Swimmers in this group practice in a competitive group-based environment. This group emphasizes endurance training, while still focusing on the importance of technique. Goals and the commitment to goals provide swimmers with the opportunity and environment to reach mental and physical excellence.

SENIOR GROUP | \$165 PER MONTH

The senior group consists of elite swimmers who are willing to make the commitment to represent AmberJax on a national level. This group focuses on skill development, conditioning, and speed training as well as a dryland and weight program. Swimmers in this group will have the intent of maintaining 100% practice attendance. They are expected to participate in all meets that AmberJax has scheduled and be in team apparel. Long range goals and an uninterrupted commitment to reaching both individual and team goals are required.



REGISTERING YOUR SWIMMER

NEW SWIMMER REGISTRATION

\$275

Includes first month of practice, three team t-shirts, and swim cap.
Due before first practice.

USA SWIMMING REGISTRATION

\$97

Paid directly to USA Swimming after 9/1/25

MONTHLY DUES

GARNET

\$100

BRONZE

\$120

SILVER

\$125

GOLD

\$140

SENIOR

\$165

MULTI-SWIMMER DISCOUNT

\$80

SWIM MEET FEES

For competitions you will incur two fees per meet

1. MEET ENTRY FEES

Vary depending on the type, typically ranging from \$40 to \$90. These fees will be billed to your account but go to the host team.

2. MEET SUPPORT FEES

Away Meets - \$30.00 per child entered in the meet. This fee goes towards covering the cost of sending coaches to the meets.

OR

Home Meets - \$20.00 per child entered in the meet. This fee goes towards feeding our volunteer meet officials and referees during meets we host.

There is a two meet per season minimum requirement



Payment Policy

AUTOPAY ONLY (CREDIT CARD OR BANK ACCOUNT)

Fees for the upcoming month dues and prior month's entry fees are due on the 1st of each month.

- For all swimming programs, you must have sent written documentation (email Mantha Garand at garandm@esj.org or Martin Zubero at zuberom@esj.org) before the 25th of the preceding month you wish to go inactive, or you will be obligated for the next month/season dues. Regardless of attendance. NO EXCEPTIONS.
- There is a reactivation fee of \$50 for any inactive account of a period of three months or longer for membership to be reactivated.
- Your account is subject to a \$15 late fee for any remaining balance unpaid by the 15th of the month.

Volunteer Policy

All of our home meets are volunteer run and there are many facets to the operation. We require all our families to provide at least one volunteer during one session of every home meet. This volunteer can be a parent/guardian or other representative for the family. Swimmers may also fulfill this requirement and earn community service hours. The job sign up will be posted within one week of the start of the meet. **The penalty for failure to fulfill volunteer requirement is \$100 per meet.**



THANK YOU

**We are looking forward
to a great season!**



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Coach Zubero - zuberom@esj.org
Coach Mantha - garandm@esj.org



www.amberjaxswimming.org