

WARMUP SCHEDULES

PRELIMS

Friday, Saturday and Sunday

7:00 AM – 7:40 AM

Lanes 1-4	Bolles School Sharks (BSS)
Lanes 5-9	Sporting Jax Aquatic Club (UN-SJ) United Swim Club (USC)



Friday, Saturday and Sunday

7:40 AM – 8:20 AM

Lane 1	Bermuda Swim Team (BER) St Augustine Cyclones (SAST)
Lanes 2 & 3	Hydro Swim Club (HSC)
Lane 4	Episcopal Amberjax (EAJ) YMCA of Florida's First Coast (YFFC)
Lane 5	Lifetime Georgia (LIFE)
Lanes 6 & 7	Raleigh Swim Association (RSA)
Lane 8	Rowan Aquatic Club YMCA (RACY) Columbia Tiger Sharks (CTS)
Lane 9	Titusville Swim Team (TST) North Florida Swimming (NFS) Low Country Aquatic Club (LCAC) Isle Swim Club (ISC)



10 & UNDER SESSIONS

Friday 1:35 PM – 2:05 PM

Saturday 1:50 PM – 2:20 PM

Lanes 1-4	BSS
Lane 5	HSC
Lane 6	SAST YFFC
Lane 7-9	UN-SJ

EVENING FINALS

Friday and Saturday 4:30 – 5:20 PM

Sunday 3:00 – 3:50 PM

General Warmup first 35 minutes. Last 15 minutes will have 4 lanes for starts