

"The Will To Win, is Not Nearly As Great As The Will To Prepare To Win!"



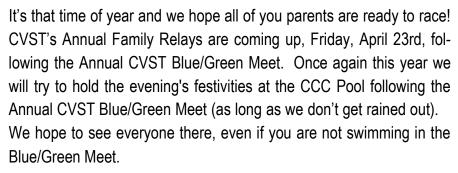
Annual CVST Blue/Green Meet

& CVST Family Relays - Friday, April 23, 2021





Family Relays - This competition is open to all CVST Families and each Relay must include three immediate family members and at least one must be a parent.



The Family Relays will begin immediately following the Announcement of the Blue/Green Meet Champions, and all entries for the Family Relays must be in 10 minutes after the end of the meet for seeding. There will be Preliminary Heats and then a Championship Heat being held 10 minutes after the final preliminary heat. The fastest relays from the preliminary heats will swim a second time in the Championship Heat.

The relays will be 75 yards (25 yards each swimmer) and each relay must have at least one parent in the relay! That's right, at least one parent! The winning family will get to take the "CVST Family Relay Trophy" home with them until next year, have their Family Name placed on the CVST Web Site Home Page until the next relays are held and best of all get their own Reserved Parking Space at the TAC. Who will it be this year?

We hope to see everyone there for an evening of fun! Be sure to sign your family relay up for this event at the Blue/Green Meet!

Parents, you better be ready for that relay!!



FYI - The Blue & Green Teams have been drafted by the Team Captains and are published on the Blue/Green Meet Web Page on CVST.org