

The PCL Don Richards Championship Meet

Sponsored by:

Tampa Yacht and Country Club

Sanctioned by:

Florida Swimming of USA Swimming #

“In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the meet”

CONDITION OF SANCTION:

Any swimmer entered in the meet, unaccompanied by a USA swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer’s legal guardian to ensure compliance with this requirement.

The competition course has been certified in accordance with USA-S 104.2.2(C).

Changing into or out of swimsuits other than in locker rooms or other designated areas are not appropriate and is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectator are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

COVID-19:

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

TYPE OF MEET: Closed meet

25 Yard Short Course

8 and under and 6 and under timed finals, relay timed finals

10 & U, 11-12, 13-14 and 15-18 timed finals, relay timed finals

Sessions will be run in one 8 lane course

DATE AND TIME: Saturday, May 20th

9 and older session: Warm up 7:30am, 8:30am start

8 and under session: will start 1 hour after the conclusion of the morning session

LOCATION: Tampa Preparatory School: 727 W. Cass St. Tampa, FL 33606

POOL SPECS: Certified 25 Yard, outdoor pool with a maximum of 8 short course racing lanes having a minimum depth of 4 feet, at both ends, and non-turbulent lane lines. Limited space in the diving well for constant warm-up.

TIMING EQUIPMENT: Electronic timing system with scoreboard, manual back-up watches.

ELIGIBILITY: Open to registered 2023 USA Swimming athletes who are members of invited summer teams in good standing with the Private Club League. On deck registration will not be allowed

SEEDING: Use 25 yard times. Conversions, using the formula in the current Florida Swimming Handbook, may be used for entry and seeding purposes. Timed final events will be swum fastest to slowest. Events will be seeded in 8 lanes. Where events can be combined the meet host, with the concurrence of the Meet Referee, will combine those events and heats before meet program is published.

ENTRY LIMITS:	Limited to 3 individual events and two relays per swimmer. Each team may enter only one relay team per relay event. Over entries will automatically be dropped when they exceed the limit.
MIXED RELAYS:	Each team can swim a Mixed Relay in a particular age-group even if they have enough swimmers for a boys relay and a girls relay. However, each PCL team may only swim two of the three relays per age-group. A swimmer may not swim in a single gender relay and a Mixed gender relay in that age-group. The mixed relay points will count towards the combined point total for the team. Mixed combinations (1boy 3 girls) or (1 girl 3 boys) or (2 boys 2 girls)
ENTRY FORM:	Non-electronic or non-Hy-tek compatible entries incur an additional fee of \$50. All current USA swimming registration numbers, including those of really-only swimmers, must be included in entry file, recap form must be signed by a current USA swimming member. Entries submitted in Hy-tek CL2 format are preferred. A signed hard copy printout is acceptable as proof of entry. Entries will be accepted via electronic mail attention Eva Gronke at eva@fastswimresults.com . Disk or email entries must be accompanied by a backup hard copy of the entry. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours of notification. Electronic mail confirmation will be sent upon receipt of file. List all attending coaches and contact phone numbers in the body of the email, which serves as proof of entry.
ENTRY FEE:	\$5.00 per individual timed final event \$6.00 per relay entry \$10.00 facility fee per swimmer \$2.00 meet program charge NO DECK ENTRIES
ENTRY DEADLINE:	Entries must be received by Monday, May 15th by 5:00 PM

A check or money order, payable to Tampa Yacht and Country Club must accompany the entries. By email

Mail first class, certifies mail, return receipt to:

Eva Gronke

3534 Chessington Drive

Land O Lakes, Florida 34638

All entries must be paid in full by Saturday, May 20th

SCORING: Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relays: 40, 34, 32, 30, 28, 26, 24, 22
Individual Events will be scored to 16 places

AWARDS: Individual events:
1st-3rd Medals, 4th-8th Rosettes, 9th-16th Ribbons
Relay Events:
1st-3rd Medals, 4th-8th Ribbons
Team Awards: 1st-3rd Plaques
High Point: 1st-3rd awards for girls and boys each age group

RULES: Current USA Swimming Technical rules will govern. Safety Rules, as outlined by USA Swimming, and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas. Fly over starts may be used at the referee's discretion

TIMERS: Each Club must provide **2 timers** for the morning session and **2 timers** for the afternoon session. Please submit list of timers with entry forms.

OFFICIALS:	Head Referee	Frank Swigon
	Admin Official	Eva Gronke
	Starter	TBA
	Head Stroke & turn	TBA
	Safety Marshall	TBA

IDENTIFICATION: Coaches/officials must visibly display a valid USA membership card at all times while on deck. Coaches and Officials can prove membership through Deck Pass. A current coach member of USA swimming must supervise each swimmer participating in a Florida Swimming sanctioned meet during warm up and competition. An unattached athlete, without a team affiliation and not escorted by a coach member, must check in with the meet referee or head marshal upon arrival at the meet. Such athletes will be assigned to a substitute coach who will supervise the swimmer(s) during warm up and competition.

CAMERA ZONES: Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2

SMOKING: Smoking of any kind, electronic or ignited is not allowed on the sun deck, stair wells, or immediate parking spaces adjacent to the athlete entries. No smoking in athlete accessed locations.

OFFICIALS MEETING: 8:00am

COACHES MEETING: 8:15am

PCL BYLAWS: During the Championship meet, the Private Club League by laws will be followed and recognized. Judgment calls are only subject to review by the Meet Referee. There will also be a committee if needed to solve any protests, etc...

TEAM REP: Submit with entry form the name of one person, other than the coach, who will check with the referee about any matter pertaining to the meet. The coach and only that person will be recognized.

ATHLETES: Athletes may enter the pool deck at 7:00am

SPECTATORS: Spectators may enter the spectator area at 8:00am

CHAPERONES: Each team will provide chaperones for their swimmers. A maximum of 2 chaperones per team will be allowed. Only chaperones will be allowed on pool deck with the swimmers. Submit list of chaperones with Master Entry form.

Heat sheets will be posted on www.fastswimresults.com no later than 48 hours prior to the start of the meet. These are to be printed and brought to the meet. A \$2 charge will applied to each swimmers entry fee. A limited number of heat sheets will be available at the meet for purchase. Coaches, please email all swimmers and parents to make them aware of this.

WARM UP

PROCEDURES: 7:30am – 8:20am general swimming. Warm up lanes will be assigned to each team.

Swimmers must enter the water feet first with at least one hand in contact with the pool deck, except when doing a controlled racing start supervised by a coach.

NO EQUIPMENT ALLOWED IN THE POOL AT ANY TIME.

Lane assignments will be emailed to each coach by Wednesday, May17th.

PCL Don Richards Championship Meet Order of Events

Saturday, May 20th 2023

AM session: Warm ups 7:30am-8:20am. Meet starts at 8:30am

EVENT NUMBER	AGE GROUP	DISTANCE AND STROKE
1-2	10 & under	50 yd. Freestyle
3-4	11 - 12	50 yd. Freestyle
5-6	13 - 14	100 yd. Freestyle
7-8	15 - 18	100 yd. Freestyle
9-10	10 & under	50 yd. Backstroke
11-12	11 - 12	50 yd. Backstroke
13-14	13 – 14	100 yd. Backstroke
15-16	15 – 18	100 yd. Backstroke
17-18	10 & Under	100 yd. Individual Medley
19-20	11-12	100 yd. Individual Medley
21-22	13-14	200 yd. Individual Medley
23-24	15-18	200 yd. Individual Medley
25-26	10 & Under	200 yd. Freestyle Relay
27	10 & under mixed	200 yd. Freestyle Relay
28-29	11 – 12	200 yd. Freestyle Relay
30	11 – 12 mixed	200 yd. Freestyle Relay
31-32	13 - 14	200 yd. Freestyle Relay
33	13 – 14 mixed	200 yd. Freestyle
34-35	Senior	200 yd. Freestyle Relay
36	Senior mixed	200 yd. Freestyle Relay
37-38	13 – 14	50 yd. Freestyle
39-40	15 – 18	50 yd. Freestyle
41-42	10 & under	50 yd. Breaststroke
43-44	11 – 12	50 yd. Breaststroke
45-46	13 – 14	100 yd. Breaststroke
47-48	15 – 18	100 yd. Breaststroke
49-50	10 & under	50 yd. Butterfly
51-52	11 – 12	50 yd. Butterfly
53-54	13 – 14	100 yd. Butterfly

55-56	15 – 18	100 yd. Butterfly
57-58	10 & Under	200 yd. Medley Relay
59	10 & Under mixed	200 yd. Medley relay
60-61	11-12	200 yd. Medley Relay
62	11-12 mixed	200 yd. Medley Relay
63-64	13-14	200 yd. Medley Relay
65	13-14 mixed	200 yd. Medley Relay
66-67	Senior	200 yd. Medley Relay
68	Senior mixed	200 yd. Medley Relay

PM Session: will start 1 hour after the conclusion of the AM session-45 minutes for warm ups

EVENT NUMBER	AGE GROUP	DISTANCE AND STROKE
69-70	6 & under	100 yd. Freestyle Relay
71	6 & under mixed	100 yd. Freestyle Relay
72-73	8 & under	100 yd. Freestyle Relay
74	8 & under mixed	100 yd. Freestyle relay
75-76	6 & under	25 yd. Freestyle
77-78	8 & under	25 yd. Freestyle
79-80	6 & under	25 yd. Backstroke
81-82	8 and under	25 yd. Backstroke
	5 min break	
83-84	8 & under	100 yd. Individual Medley
85-86	8 & under	25 yd. Breaststroke
87-88	8 & under	25 yd. Butterfly
	5 min break	
89-90	8 & under	100 yd. Medley Relay
91	8 & under mixed	100 yd. Medley Relay

Meet Referee may add breaks in as needed