

Arlington School Year practice schedule 2023-24

<u>Senior-</u>	Monday-Friday	3:00-5:00 pm
	Saturday	6:30-9:00 am
	M/W/F	5:00-6:30 am
	Drylands	Tues & Thurs. 5:00-5:30 pm
		Saturday 9:00-9:30 am
<u>Junior 3-</u>	Monday-Friday	5:00-6:30 pm
	Saturday	9:00-10:30 am
	Drylands	Tues & Thurs 4:30-5:00 pm
		Saturday 8:30-9:00 am
<u>Junior 2-</u>	Monday-Thursday	5:00-6:30 pm
	Saturday	9:00-10:30 am
	Drylands	Saturday 8:30-9:00 am
<u>Junior 1-</u>	Mon./Wed/Fri.	5:00-6:30 pm
	Saturday	9:00-10:30 am
	Optional Drylands	Saturday 8:30-9:00 am
<u>Varsity-</u>	Mon/Wed/Fri	5:30-6:30 pm
<u>Silver-</u>	Tuesday & Thursday	5:30-6:45 pm
	Saturday	8:15-9:30 am
<u>Blue-</u>	Tuesday & Thursday	4:30-5:30 pm
	Saturday	9:30-10:30 am
<u>Red-</u>	Tuesday & Thursday	A - 4:30-5:15 pm
		B - 5:15-6:00 pm
		C - 6:00-6:45 pm