

TREASURE COAST AQUATICS- CODE OF CONDUCT

As a swimmer or parent/guardian member of TCA Swim Team, the code of conduct must be followed. Our policy outlines and emphasizes the importance for all parents/swimmers to support, respect, and uphold our values. Our policy emphasizes the importance for all parents/swimmers to support the coaches on our staff for the benefit of your athlete.

The vision of TCA is to maintain a safe, fun, competitive environment for all athletes. Our goal is to promote respect, team spirit, responsibility, fairness, and good character. Our goal is to challenge the athlete to reach their highest potential. Through ability, motivation, attitude, our goal is to nurture each athlete to be the best they can be.

Coaches' Responsibilities

- Teach all swimmers the fundamentals of competitive swimming.
- Consistently provide instruction, advice and encouragement during practices and meets.
- Provide feedback to swimmers on race performance, suggestions for improvement and/or explaining disqualification infractions.
- Actively develop "team spirit" among the swimmers by instilling pride, self-esteem and an overall positive attitude.
- Conduct themselves as role models at all times by setting good examples for punctuality, appearance, language, attitude, sportsmanship, team spirit, and character.
- Consult with parents on swim meet entries.

Swimmers' Responsibilities

- Treat coaches, parents, and each other respectfully.
- Will not engage in any kind of unsportsmanlike conduct with any official, coach, swimmer, or parent including inappropriately touching an individual or promoting or engaging in inappropriate conversation in the pool, on the deck, or facility and representing TCA.
- Arrive at practices and meets on time. Begin workouts and warm-ups on time.
- Listen carefully to instructions given and work hard to improve your stroke techniques as instructed by coaches.
- Ask questions if instructions are not understood. Wait until instructions and explanations have been given before asking your question. The answer may be contained in the instructions and explanation being offered.
- Mentally engage yourself in practices and races. Swimming is an intellectual sport.
- Stay alert at meet and pay attention to the order of events at meets. Be focused and ready to swim.
- Seek out your coach before and after you swim an event to get tips and advice.
- Accept constructive criticism as well as you accept praise.
- Enjoy improving, competing, and supporting each other.
- Clean up your area before you leave practice or meets.
- Always do your very best.

Parents' Responsibilities

- Volunteer at team home meets. Volunteer at home meets. Volunteer at home meets.
- Communicate with the coaching staff only during time outside of practice (Before or after) respecting the coaches' and officials' decision.
- Ensure that you arrive promptly for practices and swim meets so that your swimmers are on time for warm-ups.
- Promote a good attitude and encourage your children by having them attend practice regularly and participate in meets along with being a positive role model that encourages good sportsmanship, respect, and courtesy to all swimmers, coaches, officials, and any other spectator.
- Will not ridicule, yell, or berate my child or any other participant.
- Demand that your child will treat swimmers, coaches, officials, and spectators with respect regardless of race, creed, color, sex, or physical or mental abilities.
- Inform coach of any physical, mental, or illness of your child that may affect the safety of your child or other children.
- Will refrain from coaching my child or other swimmers during practice and meets, unless I am one of the officials or coaches.

Disciplinary Action

- The decision to remove a swimmer from the remaining of a single practice, or meet for disciplinary reasons is at the sole discretion of the head coach. If the head coach is not in attendance, the decision will be the discretion of the coach in charge at the time. The decision to remove a swimmer from TCA completely is at the sole discretion of the head coach.
- Any swimmer, parent, or guardian that conducts themselves in a way that discredits TCA and not adhering to USA Swimming, TCA TEAM policies and values defined will be removed from TCA at the sole discretion of the head coach.