



# Treasure Coast Aquatics

## 2023-24 Winter Schedule



Group / Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Green</b>	4:30-5:30PM OR 5:30-6:30PM	4:30-5:30PM OR 5:30-6:30PM	4:30-5:30PM OR 5:30-6:30PM	4:30-5:30PM OR 5:30-6:30PM	5:30-6:30PM	OFF
<b>Bronze 2</b>	4:30-5:30 PM OR 6:30-7:30PM	4:30-5:30 PM OR 6:30-7:30PM	4:30-5:30 PM OR 6:30-7:30PM	4:30-5:30 PM OR 6:30-7:30PM	5:30-6:30PM	OFF
<b>Bronze 1</b>	5:30-6:30PM	5:30-6:30PM	5:30-6:30PM	5:30-6:30PM	5:30-6:30PM	Optional 7AM-9AM
<b>Silver 2</b>	6-7:30PM	6-7:30PM	6-7:30PM	6-7:30PM	6-7:30PM	Optional 7AM-9AM
<b>Silver 1</b>	6PM-7:30PM D:5-5:45PM	5:30PM-7:30PM	6PM-7:30PM D:5-5:45PM	5:30PM-7:30PM	5:30PM-7:30PM	7AM - 9AM w/D
<b>Gold 2</b>	6PM-7:30PM	D:5:30PM-6:15PM 6PM-7:30PM	6PM-7:30PM	D:5:30PM-6:15PM 6PM-7:30PM	5:30PM-7:30PM	Optional 7AM-9AM
<b>Gold 1</b>	6PM-7:30PM	D:5:30PM-6:15PM 6PM-7:30PM	6PM-7:30PM	D:5:30PM-6:15PM 6PM-7:30PM	6PM-7:30PM	7AM - 9AM
<b>Senior 3</b>	4PM—5:30PM	4PM—5:30PM D:5:30-6:15PM	4PM—5:30PM	4PM—5:30PM D:5:30-6:15PM	4PM—5:30PM	OFF
<b>Senior 2</b>	4PM-6PM	5:15AM-6:45AM 4PM-5:30PM D:5:30PM-6:15PM	4PM-6PM	5:15AM-6:45AM 4PM-5:30PM D:5:30PM-6:15PM	4PM-6PM	7AM - 9AM
<b>Senior 1</b>	4PM-6PM	5:15AM-6:45AM 4PM-5:30PM D:5:30PM-6:15PM	4PM-6PM	5:15AM-6:45AM 4PM-5:30PM D:5:30PM-6:15PM	4PM-6PM	7AM - 9AM
<b>TCA Elite</b>	4PM-6PM	5:15AM-6:45AM 4PM-5:30PM D:5:30PM-6:15PM	4PM-6PM	5:15AM-6:45AM 4PM-5:30PM D:5:30PM-6:15PM	4PM-6PM	7AM - 9AM