



Stingrays - Friday Favorites - Friday, January 2, 2026

News

- Fitter & Faster Swim Camp @New Tampa Y: Feb 21-22: Championship Prep: Underwaters & Racing Skills [11 & Under](#); [12 & Up](#)
- Volunteer Opportunity: TYS swimmers age 12 & Up needed to volunteer for the Y Swim League meet. Please come prepared to be outside to time or give out ribbons.
 - Saturday, January 17 @ New Tampa Y 9am – 11am
 - Saturday, January 17 @ Camp Cristina 1pm – 3pm

Upcoming Schedules

- Sat, Jan. 3, 2026: TYS Practice @ New Tampa 7am-9am Senior/Gold/Senior Prep Silver & 7:30-9am Bronze
- **Mon, Jan 4, 2026: TYS afternoon practice schedule resumes at all sites.**
- Friday, Jan 9, 2026: TYS Meet Weekend Modified Practice Schedule
 - TYS New Tampa Y: 4:30-6pm Senior & 5:30-7pm Gold/Silver/Sr. Prep/Bronze
 - TYS Bob Sierra: 5:30-7pm All Groups
 - TYS Campo: 5:30-7pm Senior/Gold/Silver/Sr. Prep
 - TYS South Tampa: No Practice
- Sat, Jan 10, 2026: No TYS Practice @ New Tampa Y

Swim Meets

- Jan 9-11: Polar Plunge @ Ocala – registration closed; details coming soon
- Jan 24-25: TYS Parkas & Palm Tress Meet @ New Tampa
 - Registration open till 1/12
 - **Sign up to help [here](#) OR**
<https://www.signupgenius.com/go/70A084EA4AB23A5FD0-58687812-tyswim#/>
- Feb 6-8: TBAC Meet @ SPA – waiting on details from the host team
- Feb 15: TYS Sunday Splash Meet @ New Tampa Y – details coming soon
- Feb 21: All Team TYS Practice @ New Tampa Y