



## **Stingrays - Friday Favorites – Friday, January 9, 2026**

### **News**

- Fitter & Faster Swim Camp @New Tampa Y: Feb 21-22: Championship Prep Underwaters & Racing Skills [11 & Under](#); [12& Up](#)
- Volunteer Opportunity: TYS swimmers age 12 & Up needed to volunteer for the Y Swim League meet.
  - Saturday, January 17 @ New Tampa Y 9am – 11am
  - Saturday, January 17 @ Camp Cristina 1pm – 3pm
- Parents – your help is needed for our upcoming home meet Jan 24-25@ New Tampa Y. sign up -<https://www.signupgenius.com/go/70A084EA4AB23A5FD0-58687812-tysswim#/>
- TYS New Parents Virtual Meeting via Teams: Jan 18 6pm (details coming soon)

### **Upcoming Schedules**

- Friday, Jan 9, 2026: TYS Meet Weekend Modified Practice Schedule
  - TYS New Tampa: 4:30-6pm Senior/Gold & 5:30-7pm Gold/Silver/Sr. Prep/Bronze
  - TYS Bob Sierra: 5:30-7pm All Groups
  - TYS Campo: 5:30-7pm Senior/Gold/Silver/Sr. Prep
  - TYS South Tampa: No Practice
- Sat, Jan 10, 2026: No TYS Practice @ New Tampa Y
- Mon, Jan 19, 2026: Afternoon TYS Practice as schedule at all sites (no change)
- Sat, Jan 24, 2026: No TYS Practice

### **Swim Meets**

- Jan 9-11: Polar Plunge @ Ocala – all info [here](#)
- Jan 24-25: TYS Parkas & Palm Trees Meet @ New Tampa Y – [register before 1/12](#)
- Feb 6-8: TBAC Meet @ SPA – waiting on details from the host team
- Feb 12: Qualifying Meet – Sectionals @ Plantation
- Feb 15: TYS Sunday Splash Meet @ New Tampa Y – details coming soon
- Feb 21: All Team TYS Practice @ New Tampa Y