

Dragon Swim Academy Group Practice Times (Summer 2024)

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior Preparatory	Track 1 (Tuesday/Thursday/Saturday)					
	OFF	8:00AM - 9:00AM @ Windermere Prep	OFF	8:00AM - 9:00AM @ Windermere Prep	OFF	8:00AM - 9:00AM @ Windermere Prep
Stroke Development	Track 1 (Monday/Wednesday)					
	9:15AM - 10:00AM @ Windermere Prep	OFF	9:15AM - 10:00AM @ Windermere Prep	OFF	OFF	OFF
	Track 2 (Tuesday/Saturday)					
OFF	6:00 PM - 6:45 PM @ Windermere Prep	OFF	OFF	OFF	OFF	9:00AM - 9:45AM @ Windermere Prep
Platinum	Track 1 (Monday/Friday, 8:00 AM)					
	8:00AM - 8:30AM @ Windermere Prep	OFF	OFF	OFF	8:00AM - 8:30AM @ Windermere Prep	OFF
	Track 2 (Monday/Friday, 9:00 AM)					
	9:00AM - 9:30AM @ Windermere Prep	OFF	OFF	OFF	9:00AM - 9:30AM @ Windermere Prep	OFF
Track 3 (Tuesday/Saturday)						
OFF	5:00PM - 5:30PM @ Windermere Prep	OFF	OFF	OFF	OFF	11:00AM - 11:30AM @ Windermere Prep
Diamond	Track 1 (Monday/Friday)					
	8:30AM - 9:00AM @ Windermere Prep	OFF	OFF	OFF	8:30AM - 9:00AM @ Windermere Prep	OFF
	Track 2 (Tuesday/Thursday, 9:00 AM)					
	OFF	9:00AM - 9:30AM @ Windermere Prep	OFF	9:00AM - 9:30AM @ Windermere Prep	OFF	OFF
	Track 3 (Tuesday/Thursday)					
	OFF	9:30AM - 10:00AM @ Windermere Prep	OFF	9:30AM - 10:00AM @ Windermere Prep	OFF	OFF
Track 4 (Tuesday/Saturday)						
OFF	5:30PM - 6:00PM @ Windermere Prep	OFF	OFF	OFF	OFF	10:00AM - 10:30AM @ Windermere Prep
Track 5 (Thursday/Saturday)						
OFF	OFF	OFF	OFF	5:00PM - 5:30PM @ Windermere Prep	OFF	11:30AM - 12:00PM @ Windermere Prep
Gold	Track 1 (Thursday)					
	OFF	OFF	OFF	6:00 - 6:30 PM @ Windermere Prep	OFF	OFF
	Track 2 (Friday, 8:00 AM)					
	OFF	OFF	OFF	OFF	8:00AM - 8:30AM @ Windermere Prep	OFF
	Track 3 (Friday, 8:30 AM)					
	OFF	OFF	OFF	OFF	8:30AM - 9:00AM @ Windermere Prep	OFF
	Track 4 (Friday, 9:00 AM)					
OFF	OFF	OFF	OFF	9:00AM - 9:30AM @ Windermere Prep	OFF	
Track 5 (Saturday)						
OFF	OFF	OFF	OFF	OFF	OFF	10:30AM - 11:00AM @ Windermere Prep
Silver	Track 1 (Tuesday)					
	OFF	9:15AM - 9:45AM @ Windermere Prep	OFF	OFF	OFF	OFF
	Track 2 (Thursday)					
OFF	OFF	OFF	5:30 - 6:00 PM @ Windermere Prep	OFF	OFF	
Track 3 (Saturday)						
OFF	OFF	OFF	OFF	OFF	OFF	11:00AM - 11:30AM @ Windermere Prep
Bronze	Track 1 (Tuesday)					
	OFF	9:45AM - 10:15AM @ Windermere Prep	OFF	OFF	OFF	OFF
	Track 2 (Thursday)					
OFF	OFF	OFF	5:00 - 5:30 PM @ Windermere Prep	OFF	OFF	
Track 3 (Saturday)						
OFF	OFF	OFF	OFF	OFF	OFF	11:30AM - 12:00PM @ Windermere Prep
Learn-to-Swim	Track 1 (Thursday)					
	OFF	OFF	OFF	4:30 - 5:00 PM @ Windermere Prep	OFF	OFF
Locations	Windermere Prep (WP) 6189 Winter Garden Vineland Rd Windermere, FL 34786					