

**2023 GTSA SPRING CHAMPIONSHIP MEET
HOSTED BY GREATER TAMPA SWIM ASSOCIATION (GTSA)
March 31 – April 2, 2023
\$3 Heat Sheet Surcharge**



SANCTIONED BY:

Florida Swimming Sanction #**FL-6400**

"In granting this approval it is understood and agreed that USA-S/FL shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."

COVID-19 Statement

In applying for this sanction, the Host, Greater Tampa Swim Association agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, FLORIDA (LSC), the State of FLORIDA and the City of Tampa.

Please Note: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

MEDICAL SUPERVISION:

Lifeguards are on duty at all times and an AED device is available.

CONDITION OF SANCTION:

- 1. The competition course has been certified in accordance with 104.2.2C(4).** The copy of such certification is on file with USA Swimming.
- 2. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When not accompanied by the coach, the swimmers legal guardian must ensure compliance.**
- 3. "Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is Prohibited."**
- 4. Operation of a drone, or any flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) Exceptions may be granted with prior written approval by the USA-S Vice**

President of Program Operations.

5. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

CAMERA ZONE:

Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start end." Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the race course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing areas. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

TYPE OF MEET:

Age Group & Senior, 25 Yards, Prelim and Final Meet for 11 & older & Timed Final Meet for 10 & under swimmers. Meet management may opt to use fly-over starts at this competition.

DATES & TIMES:

Friday, March 31; session begins at 5:00PM (warm-up 4:00PM)
Saturday, April 1; morning session begins at 8:30 AM (warm up 7:00 AM)
Finals 4:30PM (warm-up 3:30PM)

Sunday, April 2; morning session begins at 8:30 AM (warm up 7:00 AM)
Finals 4:30PM (warm-up 3:30PM)

(Meet management may swim the 10 & under and 8 & under swimmers in the afternoon session for Saturday and Sunday – teams will be notified)

LOCATION:

Bobby Hicks Pool, 4120 Mango Ave, Tampa, FL 33616

POOL SPECS:

Certified 25 Yard, outdoor pool with a minimum of 8 short course racing lanes having a minimum depth of 4 feet, at both ends, and non-turbulent lane lines. Numerous lanes for constant warm-up. Depending on the timeline we may run two short course pools.

TIMING SYSTEM:

Electronic timing system with scoreboard, manual back-up watches.

ELIGIBILITY:

Open to registered 2023 USA Swimming swimmers who are members of invited teams. The completed 2023 USA-S form, fee, etc. must be presented to the Referee no later than 45 minutes prior to the start of the session in which the swimmer first swims.

VISITING TEAMS:

All visiting teams will be asked to assist with timing during all sessions, lane assignments will be posted prior to the meet. Visiting teams' officials and volunteers are welcome and encouraged to assist with the swim meet. Please contact Todd Hoffmeier todd@swimgtsa.com 813-493-1374 text or leave a message.

SEEDING:

Use 25 yard times. Conversions, using the formula in the current Florida Swimming Handbook, may be used for entry and seeding purposes. All events will be swum fastest to slowest that are timed final. In prelims, all prelim-final events will be seeded fastest to slowest with the fastest three heats being circle seeded. All Timed final events will be seeded fastest to slowest and will not be circle seeded. There will be two heats of finals for 11-12, 13-14 and Senior. Meet

management may remove the Final B Heat for 11-12, 13-14 and Senior if it feels necessary (coaches will be notified if there is a change). Where events can be combined the meet host, with the concurrence of the Meet Referee, will combine those events and heats before meet program is published.

- RULES:** Current USA Swimming Technical Rules will govern. (Safety rules as outlined by USA Swimming will be in effect during all warm-up and warm-down time frames and areas.)
- AWARDS:** Individual events 1st - 3rd Medals, 4th - 10th place ribbons, High Point: 1st place overall high point for each Age Group including Senior. Team trophy: 1st place high point award (not to include host team.) Relay awards – 1st through 3rd place ribbons.
- SCORING:** Individual events: 23-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1
Relay events: 46-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2
- WARM-UP:** Enclosed warm-up schedule will be used. Warm-up will start 90 minutes prior to the start of each day. 10 & u swimmers will be given 20 to 30 minutes. Lane assignments will also be assigned prior to the meet. Meet Management may reduce warm-up time in the competition pool if necessary.
- SCRATCHES:** Prelims/timed finals:
No penalty for scratching on the block with the exception of deck seeded events. Failing to show for a properly deck seeded event will result in the **swimmer being fined \$10.00 cash only**. There is no event penalty. Upon payment of the fine, the swimmer will be eligible to continue competing in the meet.
- FINALS** **Any swimmer who competed in a preliminary heat and qualifies for Finals must swim the event during finals unless the swimmer announced his/her intention to scratch from the event within 30 minutes of the announcement of the qualifiers for that event. He/she has until 30 minutes after his or her final prelim of the day to finalize his/her scratch with the clerk of course. Failure to do so will result in the swimmer being barred from his/her next individual event of the meet. Meet Referee has discretion to excuse athletes for medical reasons. There will be two heats of finals for 11-12, 13-14 and Senior. Meet management may remove the Final B Heat for 11-12, 13-14 and Senior if it feels necessary** (coaches will be notified if there is a change).
- DISTANCE CHECK:** **500 free and 400 IM** coaches must email (todd@swimgtsa.com) scratches by **noon on Friday, March 31st**. **These events will be pre-seeded and after the noon deadline these two events may be adjusted or reseeded.** Please note the scratch times for 400 IM and 500 free events are also listed on the order of events pages.
- ENTRY LIMIT:** **All** Swimmers will be limited to 3 individual events per day and (1) one relay per swimmer per day, over entries will be dropped at the point of over-entry. **Relay entries will be limited to three per team per relay event**, however teams will indicate relay entries by "A", "B", etc. Relays may be dropped if meet management feels the meet will run over the 4 hour time limit. Entries will be accepted first come, first served up to the teams that puts the session to 4 hr limit. Individual entries will be limited to the first team to take the meet over the 4 hour time limit.

* In order to control the length of the meet, we reserve the right to limit the entries in the 500 free and 400 IM, any event noted on event list and all

relays may be limited. Coaches of affected athletes will be advised prior to the meet.

DECK ENTRIES: Deck Entries will be accepted from **Thursday, March 23 to Saturday, March 25, 2023**. Cost: \$10.00 per each individual or relay entry (**plus facility fee if not already entered in the meet**) which must be paid at the time the entry is made. A swimmer may not **scratch** an event to replace it with a deck entry.

ENTRY FEES: \$7.00 per prelim/final event \$4.50 per Individual timed final event
\$5.00 per relay timed final \$2.00 travel surcharge for out of state swimmers
Facility charge: \$12.00 per swimmer. Heat Sheet Fee: \$3.00

TRAVEL SURCHARGE: \$2.00 per out of LSC swimmer

HEAT SHEET: Heat Sheets will be posted on; www.swimgtssa.com and www.floridaswimming.org no later than 48 hours prior to the start of the meet. These are to be printed and brought to the meet. A \$3 charge will be applied to each swimmer's entry fee. A limited number of heat sheets will be available at the meet for purchase. Coaches, please email all swimmers and parents to make them aware of this.

ENTRY DEADLINE: All entries must be received by 5:00 p.m. Tuesday, March 21, 2023. Enclose payment to the **Greater Tampa Swim Association** with team entry. Please mail by Express Mail, Federal Express, UPS or other rapid mail service. Mail early, this meet is likely to fill up early. Email entries to todd@swimgtssa.com are accepted. Mail hardcopies along with disk and payment to:

Todd Hoffmeier--- todd@swimgtssa.com
GTSA Spring Championship Meet
2311 S. Lois Ave
Tampa, Florida 33629

ENTRY FORMS: Entries may be submitted on the enclosed entry forms (please print legibly). Touchpad electronic entry is preferred. Please note that there is an additional \$50 fee for entries submitted on the entry forms.

OFFICIALS:	Head Referee	John Jansen
	Deck Referee	Jan Gorrie
	Admin Referee	Todd Hoffmeier
	Starter	Sal Cannella/Laurie Copley
	Chief Stroke & Turn	Laurie Weigner
	Meet Manager	Todd Hoffmeier
	Meet Marshall	Tammy Hoffmeier

COACHES/OFFICIALS: **Coaches/officials must visibly display a valid USA membership card at all times while on deck or prove current membership on Deck Pass.** A current coach member of USA Swimming must supervise each swimmer participating in a Florida Swimming sanctioned meet during warm-up and competition. An unattached athlete, without a team affiliation and not escorted by a coach member, must check in with the meet referee or head marshal upon arrival at the meet. Such athletes will be assigned to a substitute coach who will supervise the swimmer(s) during warm-up and competition. **There will be a coaches meeting on Friday at 3:45p at the starters tent.**

Officials meeting will occur 1 hour prior to the start of each session at a location to be determined later.
Since this is a Championship meet, any swimmer who arrives late to the starting blocks or misses their race will not be allowed to swim that race as determined by the pool Deck Referee.

TEAM REPRESENTATIVE: Prior to the start of the meet, the name of one person for each team other than the coach may be given to the meet referee. **That person must be a current USA Swimming Non-Athlete Member.** The meet referee will only recognize the coach and that designated person relative to matters pertaining to the meet.

INFORMATION: Todd Hoffmeier/813-493-1374, email todd@swimgtsa.com
SPECIAL NOTE: *Events/heats may be combined at the discretion of the meet referee.

WARM-UP SCHEDULE:

First 1/2 hour will be warm-up as follows:

Lane 1 pace 50 & 100 circle swimming
Lane 2 push off 25s one way only
Lane 3 swim & pulling, push off
Lane 4 swim & pulling, push off
Lane 5 swim & pulling, push off
Lane 6 swim & pulling, push off
Lane 7 push off 25s, one way only
Lane 8 pace 50 & 100 circle swimming

Last 25 minutes of warm-ups will be as follows:

Lane 1 pace 50 & 100 circle swimming
Lane 2 racing starts 25s one length
Lane 3 swim & pulling, push off
Lane 4 swim & pulling, push off
Lane 5 swim & pulling, push off
Lane 6 swim & pulling, push off
Lane 9 racing starts 25s one way
Lane 10 pace 50 & 100 circle swimming

NO EQUIPMENT TO BE USED DURING WARM-UP
NO RACING STARTS IN WARM-UP OR COOL DOWN LANES DURING MEET
Swimmers must enter the water feet first with at least one hand on the pool deck.

Friday Session 1 March 31, 2023
Warm up 4:00 p.m. Timed Finals 5:00 p.m.
(Meet management may decide to run one or two pools – East & West)

<u>Event #</u>	<u>Age Group</u>	<u>Event Description</u>
1	10 & U	200 Mixed Free Relay#
2	11 - 12	200 Mixed Free Relay#
3	13-14	200 Mixed Free Relay#
4	Senior	200 Mixed Free Relay#
5-6	10 & U	200 free
7-8	11-12	200 IM
9-10	10 & U	200 IM
11-12	13-14	400 IM *2
13-14	Senior	400 IM *2
15-16	11-12	500 free *1
17-18	10 & U	500 free *1
19-20	13-14	500 free *1
21-22	Senior	500 free *1

must swim 2 boys and 2 girls in Mixed 200 Free Relay in any order

*1 Scratch 500 free Swimmers **by Noon on March 31st** by email (johnware@midnightsports.com) These events will be seeded in advance and after the noon deadline these two events maybe reseeded.

*2 Scratch 400 IM Swimmers **by Noon on March 31st** by email (johnware@midnightsports.com) These events will be seeded in advance and after the noon deadline these two events maybe reseeded.

General Note: Events may be swum in alternating pools to balance the time line.
Any changes will be communicated during coaches meeting.

Saturday Session 2, April 1, 2023
Warm up 7:00 a.m. Start 8:30 a.m.

(Meet management may decide to run one or two pools – East & West)

Event #	Age Group	Event Description
23 – 24	11-12	200 Free Relay
25 – 26	13-14	200 Free Relay *5
27 – 28	Senior	200 Free Relay *5
29 – 30	8 & under	100 Free Relay
31 – 32	10 & under	200 Free Relay
33 – 34	11-12	100 Free
35 – 36	13-14	100 Free *5
37 – 38	Senior	100 Free *5
39 – 40	8 & U	25 Free
41 – 42	10 & U	100 Free
43 – 44	11-12	50 Breaststroke
45 – 46	13-14	200 Breaststroke *5
47 – 48	Senior	200 Breaststroke *5
49 – 50	8 & U	25 Breaststroke
51 – 52	10 & U	100 Breaststroke
53 – 54	11-12	50 Backstroke
55 – 56	13-14	200 Backstroke *5
57 – 58	Senior	200 Backstroke *5
59 – 60	8 & U	25 Backstroke
61 – 62	10 & U	50 Backstroke
63 – 64	11-12	100 Butterfly
65 – 66	13-14	100 Butterfly *5
67 – 68	Senior	100 Butterfly *5
69 – 70	8 & U	25 Butterfly
71 – 72	10 & U	50 Butterfly
73 – 74	11-12	100 IM
75 – 76	13-14	200 IM *5
77 – 78	Senior	200 IM *5

*5 13 - 14 and Senior Age group may be combined for prelims

Saturday Session 3 Finals, April 1, 2023
Warm up 3:30 p.m. Finals 4:30 p.m.
(Swimmers 11 & older only)

**General Note: Events may be swum in alternating pools to balance the time line.
Any changes will be communicated during coaches meeting.**

Sunday Session 4, April 2, 2023
Warm up 7:00 a.m. Start 8:30 a.m.
(Meet management may decide to run one or two pools – East & West)

Event #	Age Group	Event Description
79 – 80	10 & U	200 Medley Relay
81 – 82	11-12	200 Medley Relay
83 – 84	13-14	200 Medley Relay *6
85 – 86	Senior	200 Medley Relay *6
87 – 88	10 & U	100 IM
89 – 90	11-12	100 Backstroke
91 – 92	13-14	100 Backstroke *6
93 – 94	Senior	100 Backstroke *6
95 – 96	10 & U	100 Backstroke
97 – 98	11-12	50 Free
99 – 100	13-14	50 Free *6
101 – 102	Senior	50 Free *6
103 – 104	10 & U	50 Free
105 – 106	11-12	100 Breaststroke
107 – 108	13-14	100 Breaststroke *6
109 – 110	Senior	100 Breaststroke *6
111 – 112	10 & U	50 Breaststroke
113 – 114	11-12	50 Butterfly
115 – 116	13-14	200 Butterfly *6
117 – 118	Senior	200 Butterfly *6
119 – 120	10 & U	100 Butterfly
121 – 122	11-12	200 Free
123 – 124	13-14	200 Free *6
125 – 126	Senior	200 Free *6

*6 13 - 14 and Senior Age group may be combined for prelims

Sunday Session 5 Finals, April 2, 2023
Warm up 3:30 p.m. Finals 4:30 p.m.
 (Swimmers 11 & older only)

General Note: Events may be swum in alternating pools to balance the time line.
 Any changes will be communicated during coaches meeting.

**2023 GTSA SPRING CHAMPIONSHIP
HOSTED BY GREATER TAMPA SWIM ASSOCIATION
March 31 – April 2, 2023**

Mail all entries to

Todd Hoffmeier
2311 S. Lois Ave.
Tampa, Florida 33629
todd@swimgtsa.com

Team Name _____ **Call letters** _____
Address _____

Coach _____ **LSC** _____
Home phone _____ **Office Phone** _____
Fax # _____ **E-Mail Address** _____

SWIMMER/COACH REGISTRATION

I certify that all individuals listed on the attached entry forms are currently registered members of United States Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on deck supervising the activities of these individuals during warm-up and competitive sessions at the meet.

Name of Coach

Team

_____	_____
_____	_____
_____	_____

I certify that the individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered non-athlete member.

Signature of coach Team Date

FINANCIAL RECAP

TOTAL NUMBER OF SWIMMERS _____ @ \$12.00 each for Facility fee = \$ _____

TOTAL NUMBER OF SWIMMERS _____ @ \$3.00 each for meet program = \$ _____

OUT OF STATE SURCHARGE # OF SWIMMERS _____ @ \$2.00 each = \$ _____

Total Women's Prelim/Final events _____ @ \$7.00 each = \$ _____

Total Men's Prelim/Final events _____ @ \$7.00 each = \$ _____

Total Women's Timed Final events _____ @ \$4.50 each = \$ _____

Total Men's Timed Final events _____ @ \$4.50 each = \$ _____

Total Mixed Relays _____ @ \$5.00 each = \$ _____

Total Women's Relays _____ @ \$5.00 each = \$ _____

Total Men's Relays _____ @ \$5.00 each = \$ _____

TOTAL ENTRY FEES PAID \$ _____

*Make checks payable to Greater Tampa Swim Association