### 2024 GTSA SPRING CHAMPIONSHIP MEET HOSTED BY GREATER TAMPA SWIM ASSOCIATION (GTSA)

**April 5 – April 7, 2024** \$3 Heat Sheet Surcharge



**SANCTIONED BY:** 

Florida Swimming Sanction #FL-6663

"In granting this approval it is understood and agreed that USA-S/FL shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."

**COVID-19 Statement** 

In applying for this sanction, the Host, Greater Tampa Swim Association agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, FLORIDA (LSC), the State of FLORIDA and the City of Tampa.

Please Note: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**MEDICAL SUPERVISION:** 

Lifeguards are on duty at all times and an AED device is available.

- CONDITION OF SANCTION: 1. The competition course has been certified in accordance with **104.2.2C(4).** The copy of such certification is on file with USA Swimming.
  - 2. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When not accompanied by the coach, the swimmers legal quardian must ensure compliance.
  - 3. "Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is Prohibited."
  - **4.** Operation of a drone, or any flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.

**5.** All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

**CAMERA ZONE:** 

Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start end." Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the race course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing areas. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

**TYPE OF MEET:** 

Age Group & Senior, 25 Yards, Prelim and Final Meet for 11 & older & Timed Final Meet for 10 & under swimmers. Meet management may opt to use fly-over starts at this competition.

**DATES & TIMES:** 

Friday, April 5; session begins at 5:00PM (warm-up 4:00PM)
Saturday, April 6; morning session begins at 8:30 AM (warm up 7:00 AM)
Finals 4:30PM (warm-up 3:30PM)

Sunday, April 7; morning session begins at 8:30 AM (warm up 7:00 AM)

Finals 4:00PM (warm-up 3:00PM)

(If needed meet management may swim the 10 & under and 8 & under swimmers in the afternoon session for Saturday and Sunday — teams will be notified and these swimmers events are TIME FINAL only).

LOCATION:

Bobby Hicks Pool, 4120 Mango Ave, Tampa, FL 33616

**POOL SPECS:** 

Certified 25 Yard, outdoor pool with a minimum of 8 short course racing lanes having a minimum depth of 4 feet, at both ends, and non-turbulent lane lines. Numerous lanes for constant warm-up. Depending on the timeline we may run two short course pools.

**TIMING SYSTEM:** 

Electronic timing system with scoreboard, manual back-up watches.

**ELIGIBILTY:** 

Open to currently registered swimmers with USA Swimming and foreign athletes. On deck registration will not be allowed.

**VISITING TEAMS:** 

All visiting teams will be asked to assist with timing during all sessions, lane assignments will be posted prior to the meet. Visiting teams' officials and volunteers are welcome and encouraged to assist with the swim meet. Please contact Todd Hoffmeier todd@swimqtsa.com 813-493-1374 text or leave a message.

**SEEDING:** 

Use 25 yard times. Conversions, using the formula in the current Florida Swimming Handbook, may be used for entry and seeding purposes. All events will be swum fastest to slowest that are timed final. In prelims, all prelim–final events will be seeded fastest to slowest with the fastest three heats being circle seeded. All Timed final events will be seeded fastest to slowest and will not be circle seeded. There will be two heats of finals for 11-12, 13-14 and Senior. Meet management may remove the Final B Heat for 11-12, 13-14 and Senior if it feels necessary (coaches will be notified if there is a change). Where events can be combined the meet host, with the concurrence of the Meet Referee, will combine those events and heats before meet program is published.

**RULES:** 

Current USA Swimming Technical Rules will govern. (Safety rules as outlined by USA Swimming will be in effect during all warm-up and warm-down time frames and areas.)

**AWARDS:** 

Individual events  $1^{st}$  -  $3^{rd}$  Medals,  $4^{th}$  -  $10^{th}$  place ribbons, High Point:  $1^{st}$  place overall high point for each Age Group including Senior. Team trophy:  $1^{st}$  place high point award (not to include host team.) Relay awards –  $1^{st}$  through  $3^{rd}$  place ribbons.

SCORING:

Individual events: 23-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1 Relay events: 46-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2

WARM-UP:

Enclosed warm-up schedule will be used. Warm-up will start 90 minutes prior to the start of each day. 10 & u swimmers will be given 20 to 30 minutes. Lane assignments will also be assigned prior to the meet. Meet Management may reduce warm-up time in the competition pool if necessary.

**SCRATCHES:** 

Prelims/timed finals:

No penalty for scratching on the block with the exception of deck seeded events. Failing to show for a properly deck seeded event will result in the **swimmer being fined \$10.00 cash only unless waived by the MR for valid reasons**. There is no event penalty. Upon payment of the fine, the swimmer will be eligible to continue competing in the meet.

**FINALS** 

Any swimmer who competed in a preliminary heat and qualifies for Finals must swim the event during finals unless the swimmer announced his/her intention to scratch from the event within 30 minutes of the announcement of the qualifiers for that event. He/she has until 30 minutes after his or her final prelim of the day to finalize his/her scratch with the clerk of course. Failure to do so will result in the swimmer being barred from his/her next individual event of the meet. Meet Referee has discretion to excuse athletes for medical reasons. There will be two heats of finals for 11-12, 13-14 and Senior. Meet management may remove the Final B Heat for 11-12, 13-14 and Senior if it feels necessary (coaches will be notified if there is a change).

**DISTANCE CHECK:** 

500 free and 400 IM coaches must email ( todd@swimgtsa.com ) scratches by noon on Friday, April 5<sup>th</sup>. These events will be pre-seeded and after the noon deadline these two events may be adjusted or reseeded. The 1650 Free will be pre-seeded fastest to slowest and scratches need to be done by 8:00a on Sunday, April 7. This event may be adjusted or reseeded. Please note the scratch times for 400 IM, 500 free and 1650 free events are also listed on the order of events pages.

**ENTRY LIMIT:** 

**All** Swimmers will be limited to 3 individual events per day and (1) one relay per swimmer per day, over entries will be dropped at the point of over-entry. **Relay entries will be limited to three per team per relay event,** however teams will indicate relay entries by "A", "B", etc. Relays may be dropped if meet management feels the meet will run over the 4 hour time limit. Entries will be accepted first come, first served up to the teams that puts the session to 4 hr limit. Individual entries will be limited to the first team to take the meet over the 4 hour time limit.

<sup>\*</sup> In order to control the length of the meet, we reserve the right to limit the entries in the 500 free and 400 IM, any event noted on event list and all relays may be limited. Coaches of affected athletes will be advised prior to the meet.

**ENTRY DEADLINE:** 

All entries must be received by 5:00 p.m. Tuesday, March 26, 2024. Enclose payment to the **Greater Tampa Swim Association** with team entry. Please mail by Express Mail, Federal Express, UPS or other rapid mail service. Mail early, this meet is likely to fill up early. Email entries to <a href="mailto:todd@swimgtsa.com">todd@swimgtsa.com</a> are accepted. Mail hardcopies along with disk and payment to:

Todd Hoffmeier--- todd@swimgtsa.com GTSA Spring Championship Meet 2311 S. Lois Ave Tampa, Florida 33629

**ENTRY FEES:** \$8.50 per prelim/final event

\$5.50 per Individual timed final event \$2.00 travel surcharge for out of state

\$6.00 per relay timed final

swimmers

Facility charge: \$12.00 per swimmer.

Heat Sheet Fee: \$3.00

TRAVEL SURCHARGE:

\$2.00 per out of LSC swimmer

**SPECTATOR SEATING:** 

Spectators will NOT be allowed on the competition pool deck. Spectator seating

will be clearly designated.

**Admission fees are \$5 per session for any spectator over 10 years old.** Fees will be waived for anyone 13 years of age volunteering to be a timer.

**DECK ENTRIES:** 

Deck Entries, for athletes already entered into the meet, will be accepted from **Thursday, March 28 to Saturday, March 30, 2024**. Cost: \$10.00 per

each individual or relay entry (plus facility fee if not already entered in the meet) which will be added to your team entry fee totals. A swimmer may not **scratch** an event to

replace it with a deck entry.

**ENTRY FORMS:** 

Entries may be submitted on the enclosed entry forms (please print legibly). Touchpad electronic entry is preferred. Please note that there is an additional \$50 fee for entries submitted on the entry forms.

**HEAT SHEET:** 

Heat Sheets will be posted on; <a href="www.swimgtsa.com">www.swimgtsa.com</a> and <a href="www.midnightsports.com">www.midnightsports.com</a> no later than 48 hours prior to the start of the meet. These are to be printed and brought to the meet. A \$3 charge will be applied to each swimmer's entry fee. A limited number of heat sheets will be available at the meet for purchase. Coaches, please email all swimmers and parents to make them aware of this.

**OFFICIALS: (Tentative)** 

Head Referee John Jansen

Deck Referee Deanna Calderone-Kaufman / Jan Gorrie

Admin Referee John Ware / Todd Hoffmeier

Starter Sal Cannella/Laurie Copley / Matt Lees

Chief Stroke & Turn Laurie Weigner
Meet Manager Todd Hoffmeier
Meet Marshall Tammy Hoffmeier

**COACHES/OFFICIALS:** 

Coaches/officials must visibly display a valid USA membership card at all times while on deck or prove current membership on Deck Pass. A current coach member of USA Swimming must supervise each swimmer participating in a Florida Swimming sanctioned meet during warm-up and competition. An unattached athlete, without a team affiliation and not escorted by a coach member, must check in with the meet referee or head marshal upon arrival at the meet. Such athletes will be assigned to a substitute coach who will supervise the swimmer(s) during warm-up and competition. There will be a coaches meeting on Friday at 3:45p at the starters tent.

Officials meeting will occur 1 hour prior to the start of each session at a location to be determined later.

Since this is a Championship meet, any swimmer who arrives late to the starting blocks or misses their race will not be allowed to swim that race as determined by the pool Deck Referee. Late to the starting blocks" as "present and ready to swim at short whistles by appearing behind their block and is ready to swim on block or in the pool when the DR closes the heat by turning the pool over to the starter after long whistle(s).

**TEAM REPRESENTATIVE:** Prior to the start of the meet, the name of one person for each team other than the

coach may be given to the meet referee. That person must be a current USA Swimming

Non-Athlete Member. The meet referee will only recognize the coach and that

designated person relative to matters pertaining to the meet.

**INFORMATION:** Todd Hoffmeier/813-493-1374, email todd@swimgtsa.com

**SPECIAL NOTE:** \*Events/heats may be combined at the discretion of the meet referee.

### WARM-UP SCHEDULE:

### First ½ hour will be warm-up as follows: Last 25 minutes of warm-ups will be as follows:

Lane 1 pace 50 & 100 circle swimming Lane 1 pace 50 & 100 circle swimming Lane 2 push off 25s one way only Lane 2 racing starts 25s one length Lane 3 swim & pulling, push off Lane 3 swim & pulling, push off Lane 4 swim & pulling, push off Lane 4 swim & pulling, push off Lane 5 swim & pulling, push off Lane 5 swim & pulling, push off Lane 6 swim & pulling, push off Lane 6 swim & pulling, push off Lane 7 push off 25s, one way only Lane 9 racing starts 25s one way

Lane 8 pace 50 & 100 circle swimming Lane 10 pace 50 & 100 circle swimming

> NO EQUIPMENT TO BE USED DURING WARM-UP NO RACING STARTS IN WARM-UP OR COOL DOWN LANES DURING MEET Swimmers must enter the water feet first with at least one hand on the pool deck.

# Friday Session 1 April 5, 2024 Warm up 4:00 p.m. Timed Finals 5:00 p.m. (Meet management may decide to run one or two pools – East & West)

Event #	Age Group	<b>Event Description</b>
1	10 & U	200 Mixed Free Relay#
2	11 - 12	200 Mixed Free Relay#
3	13-14	200 Mixed Free Relay#
4	Senior	200 Mixed Free Relay#
5-6	10 & U	200 free
7-8	11-12	200 IM
9-10	10 & U	200 IM
11-12	13-14	400 IM *2
13-14	Senior	400 IM *2
15-16	11-12	500 free *1
17-18	10 & U	500 free *1
19-20	13-14	500 free *1
21-22	Senior	500 free *1

# must swim 2 boys and 2 girls in Mixed 200 Free Relay in any order

General Note: Events may be swum in alternating pools to balance the time line.

Any changes will be communicated during coaches meeting.

<sup>\*1</sup> Scratch 500 free Swimmers by Noon on April 5<sup>th</sup> by email (<u>JohnWare@midnightsports.com</u>) These events will be seeded in advance and after the noon deadline these two events maybe reseeded. Swimmers for this event will need to provide a person to count for them.

<sup>\*2</sup> Scratch 400 IM Swimmers by Noon on April 5<sup>th</sup> by email (<u>JohnWare@midnightsports.com</u>) These events will be seeded in advance and after the noon deadline these two events maybe reseeded.

# Saturday Session 2, April 6, 2024 Warm up 7:00 a.m. Start 8:30 a.m. (Meet management may decide to run one or two pools – East & West)

Event #	Age Group	<b>Event Description</b>
23 – 24 25 – 26	11-12 13-14	200 Free Relay 200 Free Relay *5
27 <b>–</b> 28	Senior	200 Free Relay *5
29 – 30	8 & under	100 Free Relay
31 – 32	10 & under	200 Free Relay
33 – 34	11-12	100 Free
<b>35 – 36</b>	13-14	100 Free *5
37 – 38	Senior	100 Free *5
39 – 40	8 & U	25 Free
41 – 42	10 & U	100 Free
43 – 44	11-12	50 Breaststroke
45 – 46	13-14	200 Breaststroke *5
47 – 48	Senior	200 Breaststroke *5
49 – 50	8 & U	25 Breaststroke
51 – 52	10 & U	50 Breaststroke
53 – 54	11-12	50 Backstroke
<b>55 – 56</b>	13-14	200 Backstroke *5
<b>57 – 58</b>	Senior	200 Backstroke *5
<b>59 – 60</b>	8 & U	25 Backstroke
61 – 62	10 & U	100 Backstroke
63 – 64	11-12	100 Butterfly
65 – 66	13-14	100 Butterfly *5
67 – 68	Senior	100 Butterfly *5
69 – 70	8 & U	25 Butterfly
71 – 72	10 & U	50 Butterfly
73 – 74	11-12	100 IM
<b>75 – 76</b>	13-14	200 IM *5
77 – 78	Senior	200 IM *5

\*5 13 - 14 and Senior Age group may be combined for prelims

### Saturday Session 3 Finals, April 6, 2024 Warm up 3:30 p.m. Finals 4:30 p.m.

(Swimmers 11 & older only)

General Note: Events may be swum in alternating pools to balance the time line.

Any changes will be communicated during coaches meeting.

## Sunday Session 4, April 7, 2024 Warm up 7:00 a.m. Start 8:30 a.m.

(Meet management may decide to run one or two pools – East & West)

Event #	Age Group	<b>Event Description</b>
<b>79 – 80</b>	10 & U	200 Medley Relay
<b>81 – 82</b>	11-12	200 Medley Relay
83 – 84	13-14	200 Medley Relay *6
<b>85 – 86</b>	Senior	200 Medley Relay *6
<b>87 – 88</b>	10 & U	50 Backstroke
89 – 90	11-12	100 Backstroke
91 – 92	13-14	100 Backstroke *6
93 – 94	Senior	100 Backstroke *6
95 – 96	10 & U	50 Free
97 – 98	11-12	50 Free
99 – 100	13-14	50 Free *6
101 – 102	Senior	50 Free *6
<b>103 – 104</b>	10 & U	100 Breaststroke
<b>105 – 106</b>	11-12	100 Breaststroke
<b>107 – 108</b>	13-14	100 Breaststroke *6
109 – 110	Senior	100 Breaststroke *6
111 – 112	10 & U	100 IM
113 – 114	11-12	200 Free
115 – 116	13-14	200 Free *6
117 – 118	Senior	200 Free *6
119 – 120	10 & U	100 Butterfly
121 – 122	11-12	50 Butterfly
123 – 124	13-14	200 Butterfly *6
<b>125 – 126</b>	Senior	200 Butterfly *6
127 – 128	13-14	1650 Free *3 *7
129 – 130	15-18	1650 Free *3 *7

<sup>\*3</sup> Scratch 1650 free Swimmers by 8a on Sunday, April 7<sup>th</sup> at the timer's tent. This event will be seeded in advance and after the 8a deadline the event may be adjusted or reseeded.

\*6 13 - 14 and Senior Age group may be combined for prelims
\*7 Swimmers MUST provide their own timer & person to count for this event

Sunday Session 5 Finals, April 7, 2024 Warm up 3:00 p.m. Finals 4:00 p.m.

(Swimmers 11 & older only)

General Note: Events may be swum in alternating pools to balance the time line.

Any changes will be communicated during coaches meeting.

### 2024 GTSA SPRING CHAMPIONSHIP HOSTED BY GREATER TAMPA SWIM ASSOCIATION April 5 – April 7, 2024

### Mail all entries to

Todd Hoffmeier 2311 S. Lois Ave. Tampa, Florida 33629 todd@swimgtsa.com

Team Name			
Address			
Coach			
Home phone	Office Phone		
Fax #			
<b>SWIMMER/COACH REGISTRA</b> I certify that all individuals listed on the Swimming and are eligible to compete i on deck supervising the activities of the	e attached entry forms are currentlin this meet. I further certify that o	one or more of the following coaches will be	
Name of Coach	<u>Team</u>		
I certify that the individuals listed above current USA Swimming registered non-a		mming Coach Members, and that I am a	
Signature of coach	Team	 Date	
	FINANCIAL RECAP		
TOTAL NUMBER OF SWIMMERS	@ \$12.00 each for Fa	cility fee = \$	
TOTAL NUMBER OF SWIMMERS	@ \$3.00 each for me	et program = \$	
OUT OF STATE SURCHARGE # OF S	WIMMERS @ \$2.0	0 each = \$	
Total Women's Prelim/Final events	s@ \$8.50 each= \$_		
Total Men's Prelim/Final events	@ \$8.50 each= \$		
Total Women's Timed Final events	@ \$5.50 each= \$_		
Total Men's Timed Final events	@ \$5.50 each= \$		
Total Mixed Relays@			
Fotal Women's Relays			
Total Piell 3 Kelays @ \$	5.55 Eacii - 4		
TOTAL ENTRY FEES PAID \$*Make check	 ks payable to Greater Tampa S	wim Association	