SEMINOLE HIGH SCHOOL
HOME OF THE FIGHTING 'NOLES

Swimming 2025

DAY	DATE	OPPONENT	LOCATION	Warmup		Start Time
Saturday	8/23/2025	4th Annual Orange & Black Meet	Seminole	**9am**		**10am**
Wednesday	9/10/2025	Lake Brantley & Lyman	Lake Brantley	**2:30pm**		**3:30pm**
Wednesday	9/17/2025	Oviedo & Winter Park	Oviedo Aquatic Center	2:00pm		3:00pm
Saturday	9/20/2025	Lake Brantley Invitational	**Lake Brantley**	ALL DAY		ALL DAY
Wednesday	9/24/2025	Hagerty & Crooms & Lake Howell SENIOR DAY	**Seminole**	1:45pm		2:45pm
Thursday	10/9/2025	Lake Nona & Lake Highland	Lake Highland Prep	4:00pm		5:00pm
TBD	TBD	SAC Championship Meet	TBD	TBD		TBD
TBD	10/27-11/1 TBD	District Meet	TBD	TBD		TBD
TBD	11/4-11/8 TBD	Regional Meet	TBD	TBD		TBD
Friday	11/14/2025	State Meet	Ocala	TBD		TBD

*District game ©Conference game

UPDATED 5/10/2025

COACHING STAFF

HEAD COACH: Ryan Ackerson
ASSISTANT COACHES: Tony Ackerson / Griffin Ciancimino
PRINCIPAL: Mr. Michael Pfeiffer / ATHLETIC DIRECTOR: Woody Cox
ASSISTANT ATHLETIC DIRECTORS: