

CAMDEN COUNTY BOOMERS SWIM CLUB REGISTRATION PACKET

Swimmer #1 Information:

Circle One: New Swimmer/ Current Member/ Summer Swim League

First, Middle, Last Name: _____ Preferred Name: _____

Birthday: ____/____/____ Age: _____

Cell Phone: (____) _____ - _____

Address: _____ City: _____ State: _____

School: _____ Grade: _____

Swimmer #2 Information:

Circle One: New Swimmer/ Current Member/ Summer Swim League

First, Middle, Last Name: _____ Preferred Name: _____

Birthday: ____/____/____ Age: _____

Cell Phone: (____) _____ - _____

Address: _____ City: _____ State: _____

School: _____ Grade: _____

Swimmer #3 Information:

Circle One: New Swimmer/ Current Member/ Summer Swim League

First, Middle, Last Name: _____ Preferred Name: _____

Birthday: ____/____/____ Age: _____

Cell Phone: (____) _____ - _____

Address: _____ City: _____ State: _____

School: _____ Grade: _____

****We must have your swimmer's middle name for USA Swimming Registration purposes.**

Parent/Guardian Information:

Parent/Guardian #1

Name: _____ Email: _____

Address: _____ City: _____ State: _____

Employer: _____

Cell Phone: (____) ____ - ____ Work Phone: (____) ____ - ____

Home Phone: (____) ____ - ____

Parent/Guardian #2

Name: _____ Email: _____

Address: _____ City: _____ State: _____

Employer: _____

Cell Phone: (____) ____ - ____ Work Phone: (____) ____ - ____

Home Phone: (____) ____ - ____

Medical Information and Emergency Release (One per Swimmer)

Swimmer's Name: _____

1. In the space provided below, list any pertinent health or medical information and instructions or special problems (i.e. allergies, tetanus booster dates, drug allergies, asthma; prescriptions, etc.)

2. Emergency Contacts: List those individuals, in order, whom you wish for the coaches to contact should there be an emergency involving your swimmer.

a. Name: _____ Cell Phone: (____) ____ - ____

b. Name: _____ Cell Phone: (____) ____ - ____

c. Name: _____ Cell Phone: (____) ____ - ____

3. Swimmer's physician:

a. Name: _____ Phone: (____) ____ - ____

4. Swimmer's Dentist:

a. Name: _____ Phone: (____) ____ - ____

I, hereby give permission, for _____ to participate in practice and travel with the Camden County Boomers Swim Club (CCBSC) to local and out of town meets throughout the current swim season. Although I expect all reasonable safety procedures to be followed, I will not hold the coaches of the CCBSC, nor any chaperone or volunteer working with or traveling with the group, personally liable for any accident which may occur.

In case of a minor emergency, (cuts, scratches, headache, etc.) I give permission to the coaches, or chaperones, to treat these as they deem necessary. In the event of a more serious emergency, I give permission for it to be handled in the best manner as determined by the coaches, or chaperones, of CCBSC until I am able to be contacted.

TO THE ATTENDING PHYSICIAN OR HOSPITAL: Permission is hereby granted for you at the discretion of the coaches or chaperones of the CCBSC to perform any necessary care for the welfare of my child, until such a time as I am able to be contacted.

Signature of Parent or legal Guardian: _____

Insurance Information (MUST BE COMPLETE)

Medical Insurance:

Subscriber's Name: _____

Insurance Company: _____

ID #: _____ Group#: _____

Insurance authorization phone number: (____) ____ - _____

Dental Insurance:

Subscriber's Name: _____

Insurance Company: _____

ID #: _____ Group#: _____

Insurance authorization phone number: (____) ____ - _____

Preferred Local Hospital: _____

Liability Waiver

I hereby release the CCBSC, its employees, officers, directors and volunteers and any facility used by the CCBSC from any liability out of an injury to the swimmer(s) which may occur while the swimmer(s) is/are participating in the CCBSC swim program, including, but not limited to, practices, meets, travel trips and other team activities, or while the swimmer(s) is/are using facilities owned, leased or used by the CCBSC.

Signature of Parent or legal Guardian: _____

Acceptance and Understanding of Team Rules & Disciplinary Guide

I have read and received a copy of the Camden County Boomers (CCBSC) Team Rules and Regulations. I understand that this contains all of the pertinent information regarding any and all fees associated with the CCBSC and who I should contact should I have questions regarding my account. I also understand that this contains pool rules and guidelines that need to be followed in order to use any pool utilized by CCBSC as a team.

My swimmer(s) and I have read and received a copy of the CCBSC disciplinary code. We understand that this outlines how the swimmer(s) are expected to behave during or at an activity or function that is associated with the CCBSC including, but not limited to: swim practice, swim meets, team trips, team outings, or individual group outings and addresses objectionable behavior by members of CCBSC occurring outside of club activities. In addition to the disciplinary code, my swimmer(s) and I have also read and received the CCBSC's no tolerance policy regarding Bullying and the USA Swimming Minor Athlete Abuse Protection Policy.

My swimmer(s) and I have read and received a copy of the CCBSC Code of Conduct for Swimmers and Code of Conduct for Parents. Both of these outline how the CCBSC expect our swimmers and parents to treat each other, their/our equipment, and our coaches.

If you have any questions or concerns about any of our policies, please feel free to contact one of your board members.

Signature of Swimmer #1 _____

Signature of Swimmer # 2 _____

Signature of Swimmer # 2 _____

Signature of Parent/Guardian #1 _____

Signature of Parent/Guardian #2 _____

Team Rules and regulations

Please initial each item.

_____ The registration forms must be signed and on file before swimmer registration can be completed. If applicable, a 2 week trial period is allowed **and a parent or legal guardian must remain on deck for the duration for the practice**. All fees must be paid in full and a copy of your child's current USA swimming membership card must be on file with the team secretary before swimmers are allowed to participate in and compete in a swim meet.

_____ Parents or guardians are responsible for updating their contact information on the CCBSC Team Unify website (www.boomersswimclub.com). It is vital that key phone numbers, email addresses and home addresses are current at all times.

_____ Members who are more than 45 days delinquent on their fees or dues are subject to suspension until the balance is paid in full.

_____ If an account balance is not paid prior to the 20th of the month, you will be charged a 5% late fee for your outstanding balance. Invoices are available at all times on the CCBSC website (www.boomersswimclub.com). If you are having financial difficulty, contact the CCBSC Treasurer at boomerstreasurer@gmail.com to discuss your financial situation.

_____ Swimmer fees must be paid prior to being entered into any future swim meets.

_____ USA Swimming registration fees are added to invoices on October 1st of each year. They must be paid to CCBSC by **November 15th** to ensure timely renewal of your swimmer's registration. No swimmer will be renewed until payment is made in full to CCBSC. Swimmers who have not paid annual USA Swimming registration fees to CCBSC by December 1st of each year, risk having their USA Swimming membership lapse, and, therefore, their ability to continue to practice and enter swim meets will be suspended.

_____ At any time you wish to discontinue your membership with the CCBSC please contact the team treasurer (Boomerstreasurer@gmail.com). Notification of cancellation must be made by the 25th of the month before you wish to cancel to treasurer only. Dues are not pro-rated and your account will be charged in full unless the parent or guardian notifies the team treasurer. Participation in one practice or meet will constitute acceptance of full payment for the month. Parents are responsible for any charges that may accrue during the time the swimmer swims, prior to written notification being received.

_____ Parents should review the team meet schedule and identify their intent to attend via the CCBSC website. All meet fees are payable prior to the meet dates. Once meet entries are submitted, meet fees are not refundable regardless of attendance.

_____ All swimmers/parent are required to notify their coach if they are unable to make practice for any extended period of time (vacation, sickness, or other periods aside from membership cancellation). Only CCBSC team registered USA Swimming members and 2 week free trials are allowed to swim at pool CCBSC utilizes during CCBSC practice times or events.

_____ Parents may not leave swimmers at the pool without a coach present. Swimmers are not permitted to enter the water at practice until the coach arrives and instructs them to do so.

_____Pick up: Parents are responsible for prompt pickup at completion of all practices. If the swimmer becomes ill during practice, they are required to call a parent or guardian to arrange for prompt pickup. If there is inclement weather and practice is cancelled, a parent or guardian must arrange prompt pickup.

_____Swimmers are required to arrive at swim meets in time for warm-up. Warm-up times will be announced prior to the meet in the meet information document. Swim meets are often busy, involve hectic times, and parental presence is extremely important.

_____At least one parent or guardian should attend all team general membership meetings.

_____CCBSC has adopted the USA Swimming model for electronic communication with swimmers and team travel. Please ensure your swimmer is familiar with these documents. They can be found on the USA Swimming website (www.usaswimming.org).

It is important that both parent and child understand that being a member of the CCBSC is a financial and athletic commitment. Therefore, the Board of Directors offers a 2 week grace period to accept this commitment. Once the commitment is made, session dues, registration fees, and all registration paperwork are due.

Photography

Camden County Boomers Swim Club may use photographs of swimmers for appropriate purposes, including but not limited to: still photography, videotape, electronic and print publications, the team website, and team social media in the to promote, advertise, and/or celebrate the club. We reserve the right to use photography from paid and volunteer photographers as well as photography businesses. Camden County Boomers Swim Club will take all steps to ensure these images are used solely for the purposes they are intended. If you become aware that these images are being used inappropriately you should inform us immediately.

Request to discontinue all electronic communications and/ or photography

The parents or guardians of an athlete may request in writing that their child not be contacted by coaches through any form of electronic communication and/or photographed.

Disciplinary code

The disciplinary code shall apply to all behavior occurring during or at an activity or function that is associated with the CCBSC including but not limited to: swim practice, swim meets, team trips, team outings, or individual group outings and addresses objectionable behavior by members of CCBSC occurring outside of club activities.

Types of objectionable behavior shall be divided into three (3) classifications:

Class I: Shall deal with the behavior that is considered very severe and disruptive, possibly life threatening and/or a direct violation of government laws. These are actions that are so detrimental that it is not desirable to have such person associated with the team.

Class II: Shall deal with behavior that is considered disruptive; having a detrimental effect on one's self, other members of the team or general public; causes significant damage to the reputation of the club and/or their coaches; leading to the possible injury of self or other persons.

Class III: Shall deal with behavior that is somewhat disruptive; does not portray the CCBSC in a good light; and other actions that are not in compliance for good behavior as a member of a team or society in general.

Class I Objectionable behavior:

Unacceptable behavior would include, but is not limited to, sale or distribution of illegal drugs, conviction of felony and fighting that results in the severe bodily injury of any person (regardless whether at a club activity or not).

Disciplinary procedure:

- Board shall send notice of hearing to parent/guardian and swimmer via certified mail.
- Hearing before quorum of Board of Directors with parent/guardian and swimmer given the opportunity to be present; the facts shall be presented by the Board President or his/her designee; Head coach shall be present in advisory role.
- Board decision to be mailed to parent/guardian and swimmer within one week via certified mail.

Recommended Discipline:

May result in membership termination or other action as determined but the Board of Directors.

Class II Objectionable behavior:

Unacceptable behavior as a member of CCBSC at CCBSC team functions, practices and meets. This behavior would include, but is not limited to, possession or use of illegal drugs, alcohol, or tobacco, theft, or significant vandalism.

Disciplinary Procedure:

- Hearing before Disciplinary committee consisting of three members of the Board of Directors chosen by a majority of the board.
- Committee shall send notice of hearing to parent/guardian and swimmer via certified mail with parent/guardian and swimmer being given the opportunity to be present.
- The facts shall be presented by the Board President or his/her designee; the Head Coach shall be present in the advisory role.
- Board Committee decision to be mailed to the parent/guardian and swimmer within one week via certified mail

Recommended discipline:

1st offense-Suspension* from the team for a minimum period of thirty (30) days of the swimmer's season (these days may extend into the swimmer's next season, if needed)

2nd offense-Suspension* from the team for a minimum period of sixty (60) days of the swimmer's season (these days may extend into the swimmer's next season, if needed)

3rd offense-Shall be considered a violation of Class I Objectionable behavior and handled according to the disciplinary proceedings of Class I objectionable behavior.

*Terms of suspension shall be spelled out by the Disciplinary Committee and must be adhered to by the swimmer/parents in order to be reinstated by the Committee at the end of the suspension period. During the periods of suspension, swimmers remain a member of the CCBSC and thereby all dues and fees are still due in full

form from the swimmer. The swimmer cannot be reinstated until any fees and/or dues that are in arrears are paid in full. Additionally, during periods of suspension, any missed sessions will be charged in accordance with the then-current fee schedule.

Class III Objectionable Behavior:

Unacceptable behavior at CCBSC practices, competitions and team functions that includes but is not limited to: minor vandalism, being disruptive in practices or meets, abusive language or behavior, insubordination to members of coaching staff, chaperones or others, littering, other acts of misconduct as determined by the coaching staff.

Disciplinary procedure:

- Handled by the coaching staff (Parents will be involved if anticipated discipline will result in a suspension)

Recommended Discipline:

As determined by the coaching staff (including but not limited to, extra laps, clean up duties, suspension from practice, and/or suspension from meet (s)). Repeated Class III offenses may result in the offense being considered a Class II Objectionable Behavior.

During all investigations into all allegations of Class I & II offenses, involving questioning or interviewing of the subject swimmer, a parent or guardian of swimmer shall be present.

Specific Policy Regarding Bullying

Bullying is prohibited. For the purposes of the Code of Conduct, the term “bullying” shall mean, regardless of when or where it may occur, the severe or repeated use by one or more USA Swimming members (“Members”) of an oral, written, electronic or other technological expression, image, sound, data or intelligence of any nature (regardless of the method of transmission), or physical act or gesture, or any combination thereof, directed at any other Member that to a reasonably objective person has the effect of: (i) physical or emotional harm to the other Member or damage to the Member’s property; (ii) place in the other Member in reasonable fear of harm to himself/herself or of damage to his/her property; (iii) creating a hostile environment for the other Member at any USA Swimming activity; (iv) infringing on the rights of the other Member at any USA Swimming activity (which for the purposes of this section shall include, without limitation, practices, workouts, and other events of a member club or LSC). Allegations of Bullying of an athlete by a coach shall be investigated under the USA Swimming Code of Conduct.

Swimmers Code of Conduct

The following code is in effect throughout the course of your participation with this swim team (CCBSC). Anyone who acts in a manner that diminishes the image of the CCBSC, coaches or the sport of swimming will be subject to disciplinary action.

1. All swimmers conduct themselves as role model athletes.
2. There will be no use of foul language at practice, meets or social functions.
3. Praise and support of your teammates at practice and meets is expected. Do not put down, or talk negatively about other swimmers. Cheer for your team at meets.

4. Be courteous. Do not interfere with the progress of another swimmer, whether it is in the pool or during dry land, or in the locker room.
5. Take care of your equipment and other personal possessions. If something does not belong to you, leave it alone. Stealing is always wrong.
6. Be on time for practice, team meetings, and swim meets.
7. There will be no talking back to the coaches. The coach has the final word.
8. If a swimmer has a problem with a teammate, they will first try to work it out with their teammate. If this does not resolve the problem, involve the coach and let the coach find a solution.
9. The use or purchase of alcohol, tobacco, or illicit drugs of any kind will not be tolerated. Any team member who has knowledge of anyone (regardless of affiliations) partaking in any illegal behavior and continues to stay in their presence may be subject to the same punishment. Any illegal behavior will be reviewed by the Board of Directors and your coaches for disciplinary actions.

Parent Code of Conduct

As a parent of a swimmer and member of CCBSC, I will abide by the following guidelines:

1. Practice teamwork with all parents, swimmers and coaches by supporting the values of *Discipline, Loyalty, Commitment and Hard Work*.
2. As a parent, I will not coach or instruct the team or any swimmer at a practice or meets (from the stands or any other area) or interfere with coaches on the pool deck.
3. Demonstrate good sportsmanship by conducting myself in a manner that earns the respect of my child, other swimmers, parents, officials and the coaches at meets and practices.
4. Maintain self control at all times. Know my role.
 - a. Swimmers-swim
 - b. Coaches- coach
 - c. Officials- officiate
 - d. Parents-parent
5. As a parent, I understand that criticizing, name-calling, use of abusive language or gestures directed toward the coaches, official and/or any participating swimmer will not be permitted or tolerated.
6. Enjoy involvement with CCBSC by supporting the swimmers, coaches and other parents with positive communication and actions.
7. During competitions, questions or concerns regarding decisions made by meet officials are directed to a member of our coaching staff. Parents address official via the coaching staff only.

Sanctions. Should I conduct myself in a way that brings discredit or discord to the CCBSC, or USA Swimming, I voluntarily subject myself to disciplinary action. CCBSC maintains the right to terminate any membership with/without cause in the interest of our vision, mission and objectives.

USA SWIMMING Minor Athlete Abuse Protection Policy(MAAPP)

USA Swimming and CCBSC's top priority continues to be keeping our athletes safe. No form of abuse, including child sexual abuse, has a place in our sport. As a part of our continued commitment to safeguarding our athletes, USA Swimming has enacted enhancements to our Safe Sport policy and education requirements.

As CCBSC is a heavily parent volunteer team, we require parents, guardians, or those who may be in contact with any of our minor athletes to read and sign MAAPP policy agreeing to comply with the contents of this policy as a condition of CCBSC membership.



Minor Athlete Abuse Prevention Policy

Camden County Boomers Swim Club, Inc.

June 23, 2019

Adopted: June 23, 2019 Last reviewed on: June 7, 2019

THIS POLICY APPLIES TO:

- All USA Swimming non-athlete members and adult athlete members;
- Participating non-members (e.g., meet marshals, meet computer operators, timers, etc.);
- LSC and club adult staff and board members; and
- Any other adult authorized to have regular contact with or authority over minor athletes.

GENERAL REQUIREMENT

USA Swimming member clubs and LSCs are required to implement this Minor Athlete Abuse Prevention Policy in full. The Minor Athlete Abuse Prevention Policy must be reviewed and agreed to in writing by all athletes, parents, coaches and other non-athlete members of member clubs on an annual basis with such written agreement to be retained by the club.

ONE-ON-ONE INTERACTIONS

I. Observable and Interruptible

One-on-one interactions between a minor athlete and an Applicable Adult (who is not the minor's legal guardian) must occur at an observable and interruptible distance from another adult unless meeting with a Mental Health Care Professional and/or Health Care Provider (see below) or under emergency circumstances.

II. Meetings

- a. Meetings between a minor athlete and an Applicable Adult may only occur if another adult is present and where interactions can be easily observed and at an interruptible distance from another adult, except under emergency circumstances.
- b. If a one-on-one meeting takes place, the door to the room must remain unlocked and open. If available, it must occur in a room that has windows, with the windows, blinds, and/or curtains remaining open during the meeting.
- c. Meetings must not be conducted in an Applicable Adult or athlete's hotel room or other overnight lodging location during team travel.

III. Meetings with Mental Health Care Professionals and/or Health Care Providers

If a Mental Health Care Professional and/or Health Care Provider meets with a minor athlete in conjunction with participation, including at practice or competition sites, a closed-door meeting may be permitted to protect patient privacy provided that:

- a. The door remains unlocked;
- b. Another adult is present at the facility;
- c. The other adult is advised that a closed-door meeting is occurring; and
- d. Written legal guardian consent is obtained in advance by the Mental Health Care Professional and/or Health Care Provider, with a copy provided to the Camden County Boomers Swim Club, Inc.

IV. Individual Training Sessions [Recommended]

Individual training sessions outside of the regular course of training and practice between Applicable Adults and minor athletes are permitted if the training session is observable and interruptible by another adult. Legal guardians must be allowed to observe the training session.

SOCIAL MEDIA AND ELECTRONIC COMMUNICATIONS

I. Content

All electronic communication from Applicable Adults to minor athletes must be professional in nature.

Adopted: June 23, 2019 Last reviewed on: June 7, 2019

II. Open and Transparent

Absent emergency circumstances, if an Applicable Adult with authority over minor athletes needs to communicate directly with a minor athlete via electronic communications (including social media), the minor athlete's legal guardian must be copied. If a minor athlete communicates to the Applicable Adult (with authority over the minor athlete) privately first, said Applicable Adult must copy the minor athlete's legal guardian on any electronic communication response to the minor athlete.

When an Applicable Adult with authority over minor athletes communicates electronically to the entire team, said Applicable Adult must copy another adult.

III. Requests to Discontinue

Legal guardians may request in writing that their minor athlete not be contacted through any form of electronic communication by Camden County Boomers Swim Club, Inc., LSC or by an Applicable Adult subject to this Policy. The organization must abide by any such request that the minor athlete not be contacted via electronic communication, or included in any social media post, absent emergency circumstances.

IV. Hours

Electronic communications must only be sent between the hours of 8:00 a.m. and 8:00 p.m., unless emergency circumstances exist, or during competition travel.

V. Prohibited Electronic Communication

Applicable Adults with authority over minor athletes are not permitted to maintain private social media connections with unrelated minor athletes and such Applicable Adults are not permitted to accept new personal page requests on social media platforms from minor athletes, unless the Applicable Adult has a fan page, or the contact is deemed as celebrity contact as opposed to regular contact. Existing social media connections with minor athletes

must be discontinued. Minor athletes may “friend” Camden County Boomers Swim Club, Inc. and/or LSC’s official page.

Applicable Adults with authority over minor athletes must not send private, instant or direct messages to a minor athlete through social media platforms.

TRAVEL

I. Local Travel

Local travel consists of travel to training, practice and competition that occurs locally and does not include coordinated overnight stay(s).

Applicable Adults must not ride in a vehicle alone with an unrelated minor athlete, absent emergency circumstances, and must always have at least two minor athletes or another adult in the vehicle, unless otherwise agreed to in writing by the minor athlete’s legal guardian.

Legal guardians must pick up their minor athlete first and drop off their minor athlete last in any shared or carpool travel arrangement.

Adopted: June 23, 2019 Last reviewed on: June 7, 2019

II. Team Travel

Team travel is travel to a competition or other team activity that the organization plans and supervises.

- a. During team travel, when doing room checks two-deep leadership (two Applicable Adults should be (present) and observable and interruptible environments must be maintained.

When only one Applicable Adult and one minor athlete travel to a competition, the minor athlete’s legal guardian must provide written permission in advance and for each competition for the minor athlete to travel alone with said Applicable Adult.

Team Managers and Chaperones who travel with Camden County Boomers Swim Club, Inc. or LSC must be USA Swimming members in good standing.

- b. Unrelated Applicable Adults must not share a hotel room, other sleeping arrangement or overnight lodging location with a minor athlete. Minor athletes should be paired to share hotel rooms or other sleeping arrangements with other minor athletes of the same gender and of similar age.
- c. Meetings during team travel must be conducted consistent with the One-on-One Interactions section of this Policy (i.e., any such meeting must be observable and interruptible). Meetings must not be conducted in an individual’s hotel room or other overnight sleeping location.

LOCKER ROOMS AND CHANGING AREAS

I. Requirement to Use Locker Room or Changing Area

The designated locker room or changing area must be used when an athlete or Applicable Adult changes, in whole or in part, into or out of a swimsuit when wearing just one suit (e.g., deck changing is prohibited).

II. Use of Recording Devices

Use of any device's (including a cell phone's) recording capabilities, including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces by a minor athlete or an Applicable Adult is prohibited.

III. Undress

An unrelated Applicable Adult must not expose his or her breasts, buttocks, groin or genitals to a minor athlete under any circumstance. An unrelated Applicable Adult must not request an unrelated minor athlete to expose the minor athlete's breasts, buttocks, groin or genitals to the unrelated Applicable Adult under any circumstance.

IV. One-on-One Interactions

Except for athletes on the same team or athletes attending the same competition, at no time are unrelated Applicable Adults permitted to be alone with a minor athlete in a locker room or changing area, except under emergency circumstances. If the organization is using a facility that only has a single locker room or changing area, separate times for use by Applicable Adults must be designated.

Adopted: June 23, 2019 Last reviewed on: June 7, 2019

V. Monitoring

Camden County Boomers Swim Club, Inc. must regularly and randomly monitor the use of locker rooms and changing areas to ensure compliance with this Policy. Locker rooms and changing areas may be monitored by use of the following methods:

- a. Conducting a sweep of the locker room or changing area before athletes arrive;
- b. Posting staff directly outside the locker room or changing area during periods of use;
- c. Leaving the doors open when adequate privacy is still possible; and/or
- d. Making occasional sweeps of the locker rooms or changing areas with women checking on female locker rooms and men checking on male locker rooms.

Every effort must be made to recognize when a minor athlete goes to the locker room or changing area during practice and competition, and, if the minor athlete does not return in a timely fashion, to check on the minor athlete's whereabouts.

VI. Legal Guardians in Locker Rooms or Changing Areas

Legal guardians are discouraged from entering locker rooms and changing areas. If a legal guardian does enter a locker room or changing area, it must only be a same-sex legal guardian and the legal guardian should notify a coach or administrator in advance.

MASSAGES AND RUBDOWNS/ATHLETE TRAINING MODALITIES

- I. Definition: In this section, the term "Massage" refers to any massage, rubdown, athletic training modality including physical modalities (e.g., stretching, physical manipulation, injury rehabilitation, etc.) and electronic or instrument assisted modalities (e.g., stim treatment, dry needling, cupping, etc.).

II. General Requirement

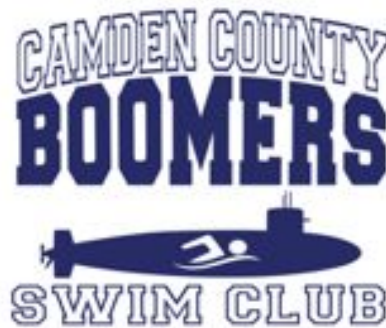
Any Massage performed on an athlete must be conducted in an open and interruptible location and must be performed by a licensed massage therapist or other certified professional.

However, even if a coach is a licensed massage therapist, the coach must not perform a rubdown or massage of an athlete under any circumstance.

III. Additional Minor Athlete Requirements

- a. Written consent by a legal guardian must be obtained in advance by the licensed massage therapist or other certified professional, with a copy provided to Camden County Boomers Swim Club, Inc..
- b. Legal guardians must be allowed to observe the Massage.
- c. Any Massage of a minor athlete must be done with at least one other adult present and must never be done with only the minor athlete and the person performing the Massage in the room.
- d. Any Massage of a minor athlete must only occur after a proper diagnosis from a treating physician and be done in the course of care according to the physician's treatment plan.

Adopted: June 23, 2019 Last reviewed on: June 7, 2019



WRITTEN ACKNOWLEDGEMENT OF MINOR ATHLETE ABUSE PREVENTION POLICY

I acknowledge that I have received, either by hard copy or electronically, and have read and understood the Minor Athlete Abuse Prevention Policy and/or that the Policy has been explained to me. I further acknowledge and understand that agreeing to comply with the contents of this Policy is a condition of my membership or volunteer involvement with The Camden County Boomers Swim Club (a USA Swimming member club).

Name: _____

Signature: _____

Date: _____

Camden County Boomers Swim Club

New Registration Checklist

Swimmer's Name _____ Date _____

Forms:

_____ USA Swimming Athlete Registration Application (applicable for year round swimmers only)

_____ Team Registration Packet

_____ Signed Code of Conduct

Fees (Payment should accompany the above forms):

_____ USA Swimming Registration Fees (\$78 for 2019/20)

Monthly Swimming Dues:

_____ \$95 Gold
_____ \$85 Silver
_____ \$75 Bronze
_____ \$50 Masters
_____ \$10 Swim Cap

Total Fees Collected: _____

Checks should be made payable to "Boomers Swim Club"

Options for turn in of Registration Packet and Payment:

1. Mail to: Camden County Boomers Swim Club
P.O. Box 47007
Kings Bay, Ga 31547-47007

2. In Person to any Board Member

3. Online Registration & Payment through www.boomersswimclub.com

*** All monthly swimming dues are subject to change at the discretion of the Board.