



Gold Team 2022-2023 Equipment List

These items are **required** and can be purchased through All American in their store or online. We use specific items in some cases and All American carries these items. Take FINS for example, purchasing them other than at All American can cause you to have to re-purchase them as we use a specific fin for swim practice. ***Jump Ropes and Stretch Cords are purchased through GOLD.*** Swimmers should have their equipment by September 1. Please understand, when a swimmer does not have their own equipment the pool cannot always provide it and it is a distraction for the days training.

*It is strongly suggested that your child get a mesh bag for all the wet items. A GOLD order form for spirit wear and other items will be emailed to you.

Pre Comp Groups: Speedo Kick board and Fins

All Silver/Silver Advanced groups: Speedo Kick Board, and Fins, Jump Rope

All Gold/Gold Advanced Groups: Speedo Kick Board and Fins, Jump Rope and a Speedo Snorkel * New Items this year*****

(Paddles should not be larger than the size of your hand. The coaches are requesting the Speedo Power Plus Paddle.)

All Sectional Groups: Speedo Kick Board and Fins, Speedo Paddles, Speedo Pull buoy, Speedo Snorkel, Jump Rope and Green Stretch Cords

All Sectional Advanced: Speedo Kick Board and Fins, Speedo Paddles, Speedo Pull buoy, Speedo Snorkel, Jump Rope and Green Stretch Cords Girls and Red for Boys

All High School: Speedo Kick Board and Fins

All Senior/National and Senior II : Speedo Kick Board and Fins, Speedo Paddles, Speedo Pull buoy, Speedo Snorkel, Jump Rope and Red or Blue Stretch Cords for younger swimmers, Blue for most and Black for very strong swimmers.

**** The Team Uniform:** *All swimmers attending a meet must wear a black Speedo brand suit. The style is their choice but must be a Speedo Black Suit. Also, a black cap with GOLD on it is part of the uniform for meets.*

Going to All American or ordering on line is the best way to purchase your equipment. Going to the shop will secure best sizing.

All American Swim Shop: **Team Code: gold15**

770-400-9870

www.allamericanswim.com

885 Woodstock Rd., Roswell, GA 30075