

Name of Meet:



2024 South Carolina Open Water LSC Championship & 30th Annual Death Valley Open Water Swim Meet



Date of Meet:

June 8, 2024

Meet sanction

Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC2484OW

Host Club:

CLEMSON AQUATIC TEAM

Meet Director:	Curt Kurz-Edsall	meetdirector@clemsonaquaticteam.org	864-884-8769
Meet Referee:	John Heeney	heeneyltd@mac.com	864-367-9151
Admin Off.	Mary Beth Kurz-Edsall	mbkurz@gmail.com	864-506-5576
Meet Entries To:	Mary Beth Kurz-Edsall	meetdirector@clemsonaquaticteam.org	864-506-5576
Safety Marshal:	Scott Krein	scott@yourrts.com	864-710-7027
	Wendy Siggins	chair@clemsonaquaticteam.org	864-304-7788

Facility:

12 Mile Beach
113 12 Mile Park Rd Clemson, SC 29631

Water depth depends on the spring rains, start will be 5-14 feet, and the rest of the course is 25-50 feet. Water temperature is expected to be in the mid to high 70's °F range.

Combined Air & Water Temperature at the start must be between 118° F and 177.4° F

On-site parking will be available. Please pay close attention to the parking attendants at the meet. All vehicles must be parked within 12 Mile Beach Parking. Vehicles parked along SC 133 may be ticketed and / or towed.



- There will be a medical treatment tent near the finish of the race.
- A paved and partially shaded area is available for tailgate type tent set-up. Spectators and swimmers are encouraged to bring chairs and tents.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (race course, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. The USA Swimming Program & Events committee granted a waiver for this meet; authorized operation of a drone is only permitted by the meet host.

- By attending or participating in this competition, you acknowledge that you may be videoed to provide for broadcast of the meet via television, live streaming, webcast, or similar technology. You voluntarily agree to allow the use of your name and pictures for this purpose.



Rules:

Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.

Important rules to highlight include:

- Toenails and fingernails will be checked before the race at the nail inspection area. **If the nails are too long, they must be trimmed to a reasonable length at the discretion of the Referee.**
- Wearing jewelry **including watches** is not allowed.
- No swimmer shall be allowed to use or wear any device that may be an aid to his/her speed, endurance, or buoyancy. Wet suits, flotation aids or any similar items, and anything used to maintain body heat is not allowed.

Continual warm-ups will be available in an area near, but not on, the course following general warm-up procedures.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changing is prohibited by USA Swimming and SC Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet. “Deck Change” is defined by USA Swimming as “Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity.”

Single meet swimmers and non-SCLSC USA-Swimming members can only place and receive award(s) in the open event(s).

Swimmers aged 18 and under in the SCLSC should register for and swim in the SCLSC Championship event in order to place and score points in that event.

SWIMWEAR: No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet (USA Swimming Rule 102.81.1.F).

Swimmers must wear one-piece bathing suits. Swimsuits with ties are not allowed.

In case the race needs to be abandoned, air horns and safety craft will direct the swimmers to shore. Once on the shore walk to designated meeting spot for transportation to the meet start, where swimmers will be directed to cover.

Tattoos will be labeled with team names or individual names.

- All TEAMS can pick-up their packets at pre-assigned or pre-arranged times at the venue on the day before the meet (time will be sent by email) or at check-in (between 6:30 and 7:30 am) on the event date.
- Unaffiliated swimmers in the 5K must pick-up their packets at the venue on the day before the meet (time will be sent by email) or at check-in (between 6:30 and 7:30 am) on the event date.
- Unaffiliated swimmers not participating in the 5K may pickup their packets at pre-assigned or pre-arranged times at the venue on the day before the meet (time will be sent by email) or at check-in (not before 8 am) on the event date.

Swimmer numbers are temporary tattoos and must be applied to both upper arms and both backs of shoulders. Numbers may also be applied on the hands. Please keep these areas free of sunscreen and oil.

Tattoos are to be applied by the athlete with assistance from coach or chaperone **ON BOTH SHOULDERS AND ARMS!** Athletes should bring personal Sharpies for tattoo and numbering touch ups.



ALL SWIMMERS MUST COMPLETE INDIVIDUAL CHECK-IN AT CLERK OF COURSE 30 MINUTES BEFORE THEIR FIRST RACE ON JUNE 8, 2024!!!!

- Nails will be inspected by meet personnel prior to each swimmer's first race.

Other than Safety and Official's boats, no additional craft will be allowed near the race course. This is a non-escorted swim. Only the Meet Referee, Meet Director or Safety Marshal can authorize craft to be in the water near the race course.

MAAPP 2.0: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Athlete Eligibility:

- This meet has open events, which can be swum by any person.
 - Only SC LSC registered swimmers are eligible to compete in the State Championship events.
 - Age will be based on the swimmer's age on the first day of the meet.
- Please contact the Meet Director with any questions about athlete eligibility.

Disability Athletes:

We welcome registered athletes with cognitive or physical disabilities, and the Referee will make reasonable accommodations to facilitate participation. Please notify the Meet Director or the Meet Referee in advance, to allow us to understand the nature of any accommodation being requested.

Athlete Attitude:

Athlete conduct will be governed by Part Seven of the USA Swimming Rules and Regulations Handbook. Intentional obstruction, interference or intentional contact with another swimmer may be deemed "Unsporting Impedance" and lead to disqualification. Swimmers shall maintain clearance from other swimmers except at the start, turn, and the finish or where the course or race conditions dictate otherwise. Parents and swimmers should be advised there are a significant number of entrants, open water swimming may be expected to involve inadvertent contact with other swimmers. It is important that swimmers keep a cool head while in the water.

Image Release: By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.

Entry Fees: \$30 facility fee (includes cap, swimmer hospitality immediately after each swim)
\$2 per swimmer SCLSC Travel Fund/Program Fee (all swimmers pay this fee)
\$2 per out-of-LSC/SCLSC swimmer Travel Fund/Program Fee (only out-of-SCLSC swimmers pay this added fee)
\$2 per swimmer SCLSC Sports Development Fee (all swimmers pay this fee)
\$1 Jennifer Smith Scholarship Fund (all swimmers pay this fee)
\$10 per individual event
\$12 per each deck entry

Meet Format: **Meet management reserves the right to alter the timeline or make any other necessary changes during the meet to provide the best and safest competition environment for the athletes. All like-distances will be seeded as a single event, without regard to a swimmer's age or gender.**

The Meet Director reserves the right to assign participants to waves in each event if number of entries warrants. If waves are necessary, they will be based on gender and age.

SC LSC Open Water Championship Events:

Jim Keogh Senior 15-18 5K
Christine Jennings 13-14 5K
Jacque Grossman 11-12 3K
10 & Under 1K

Open Events:

Open 5K
Open 3K
Open 1K
Open 0.5K

Safety boats will monitor the entire course. Water and sports drink will be available on every boat on the course and at each turn. Swimmers must wear race cap, numbers on **both arms and the back of both shoulders** for identification. Medical personnel will be on site.

For the 5K events, all swimmers who have not completed the course within 2½ hours will be retired. If the water/air temperature is above USA-Swimming's Rules the event will be shortened to a distance no longer than 4.5K.

For the 3K events, all swimmers who have not completed the course within 1¾ hours will be retired.

Course Route / Maps

- The course is in a lake cove between 12 Mile Recreation Area, College Ave and Mountain View Park (the middle of this cove is at approximately 34.702, -82.836).
- The maps are available at <https://bit.ly/DVOW2024> (case sensitive)
- The finish shoot and line are clearly marked.



Scan for link to Course Map

Beach Setup

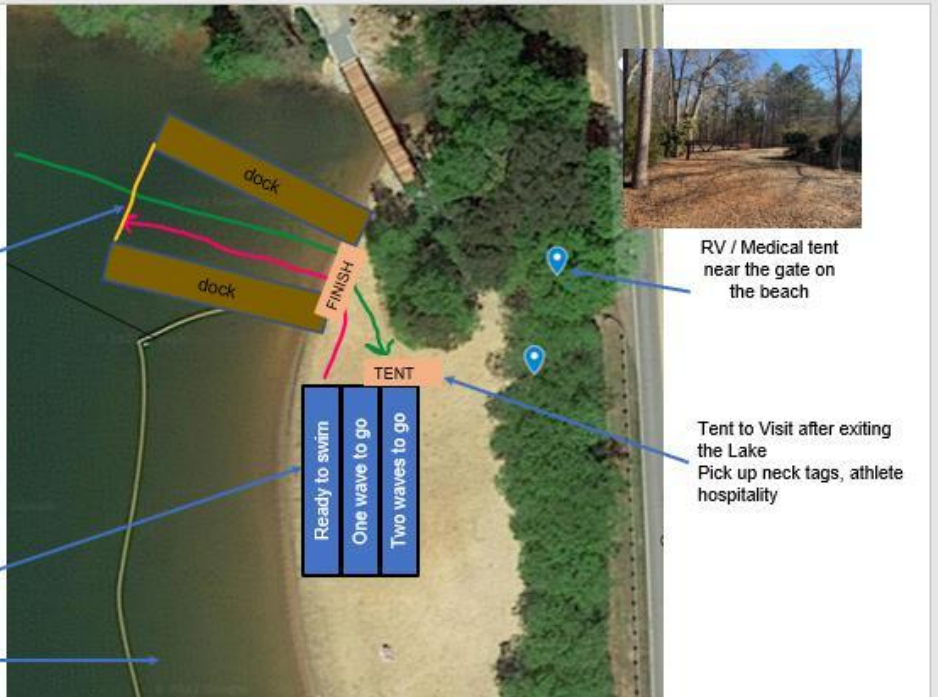
Finish between the docks, order recorded ON THE BEACH

Start along a rope at the end of the docks.



Swimmer Line up Zone

Warm-up



Swimming is in a lake cove and there is no current that would affect the swimmers. Other than wake from boats there are no known water conditions that will interfere with the athletes' swim.

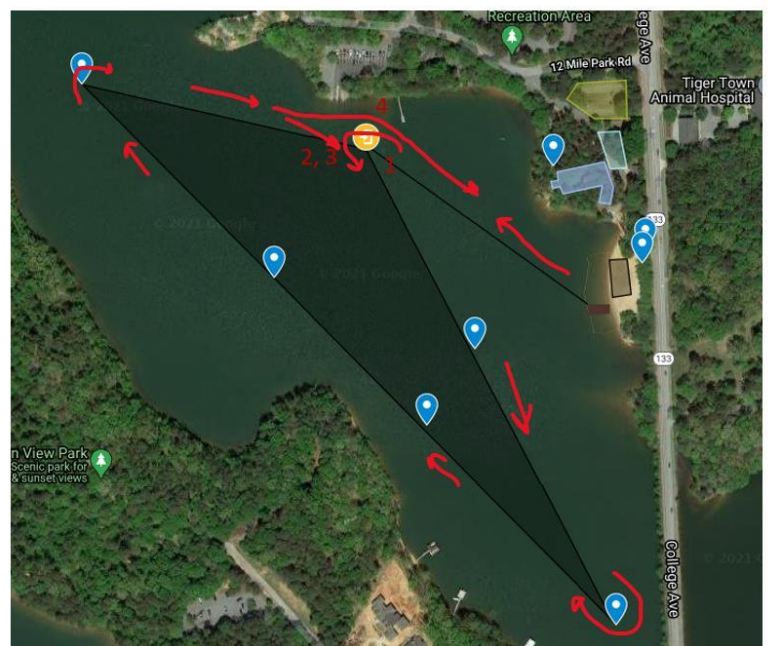
Natural Swimming Areas are required to take two water samples per month during the swimming season. These samples are analyzed for E. Coli. If the sample is greater than 349 colonies/100 ml, the area must be closed until a satisfactory sample is taken. Natural Swimming Areas are issued annual permits based on pre-season bacteriological samples." Based on this, the meet director will update the Open Water meet site for potential closings.

In case the race needs to be abandoned, air horns and safety craft will direct the swimmers to shore. Once on the shore walk to designated meeting spot for transportation to the meet start, where swimmers will be directed to cover.

5K Route

5K

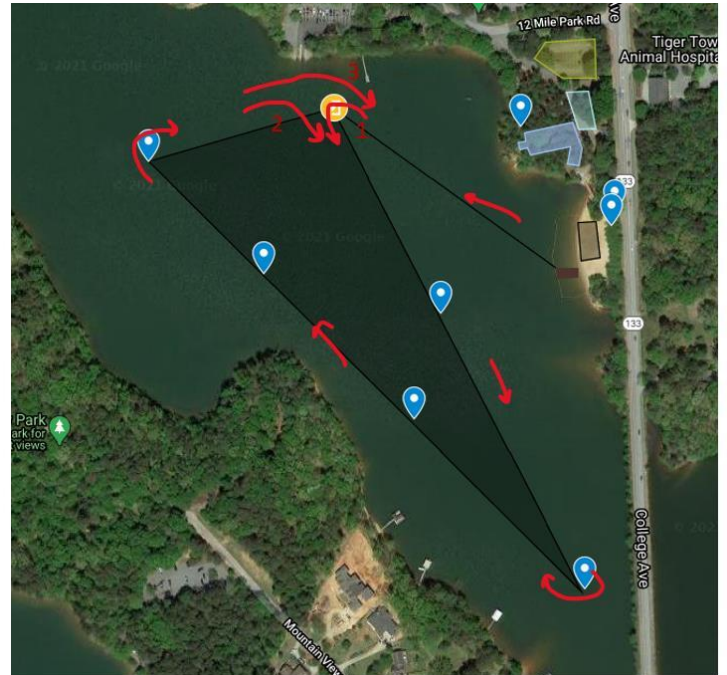
- ¼ K from start
- sharp left through gate
- 3 times (clock-wise)
 - towards College Ave / 133
 - Approx 1/2 K to turn
 - Approx ¾ K to second turn
 - Through gate
 - After 3 loops, proceed to finish
- 1st time through Gate
 - Hard left
- 2nd, 3rd time through gate
 - Continue loop
- 4th time through gate
 - Proceed to finish shoot



3K Route

3K

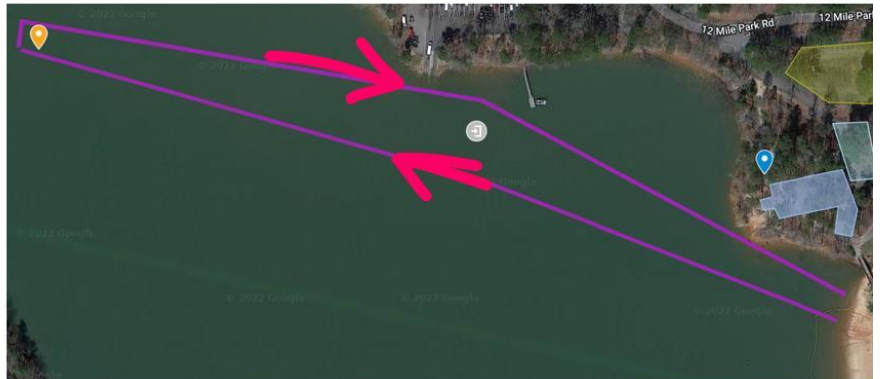
- ¼ K from start
- sharp left through gate
- 2 times (clock-wise)
 - towards College Ave / 133
 - Approx 1/2 K to turn
 - Approx 5/8 K to second turn
 - Through gate
 - After 2 loops, proceed to finish
- 1st time through Gate
 - Hard left
- 2nd time through gate
 - Continue loop
- 3rd time through gate
 - Proceed to finish shoot



1K Route

1K

- ¼ K from start
- AROUND outside of gate (lake side) – all buoys on RIGHT
- Around turn buoy with buoy on RIGHT
- AROUND outside of gate (shore side) – all buoys on RIGHT
- ¼ K back to finish



HalfK Route

Half K

- ¼ K from start
- AROUND outside of gate (LAKE side) – all buoys on RIGHT
 - Serves as turn!
- ¼ K back to finish on SHORE side



Medical Facilities	Clemson Health Care 885 Hwy 123, Clemson SC	Urgent Care	2.77 miles	4 minutes
	Oconee Medical Center, 298 Memorial Drive, Seneca SC	Hospital	9.62 miles	20 minutes
	Anmed Health, 800N Fant Street, Anderson SC	Hospital	18.99 miles	34 minutes

Time of Meet: ALL SWIMMERS MUST COMPLETE INDIVIDUAL CHECK-IN AT CLERK OF COURSE 30 MINUTES BEFORE THEIR FIRST RACE ON THE DATE OF THE MEET!!!!

- Athlete nails should be clipped prior to race.
- Nails will be inspected by meet personnel prior to each swimmer's first race.

Distance	Events	Check-in Opens	Pre-race Meeting	Event start not before*
5K	Open 5K Jim Keogh Senior 15-18 5K Christine Jennings 13-14 5K	6:30 am	7:30 am	8:00 am
3K	Open 3K Jacque Grossman 11-12 3K	8:00 am	9:45 am	10:15 am 5K must be complete
1K	Open 1K 10&U 1K	10:30 am	11:15 am	11:45 am 3K must be complete
Half K	Open 0.5 K	10:30 am	11:15 am	12:15 pm 1K must be complete

* Updated estimated start times, based on number of entries, will be publicized after entries are received and at least 2 days before the event date.

Entries: For **team entries**, only electronic entries using Standard Data Interchange format (SDIF/SD3) will be accepted.

TEAM ENTRIES

Electronic files must be submitted by this deadline to meetdirector@clemsonaquaticteam.org. In order for your entries to be considered complete, the final Summary Sheet must be signed and e-mailed to the same address no later than 11:59 pm on May 29, 2024.

Your payment in full (checks payable to Clemson Aquatic Team) should be submitted to the Clerk of Course **prior to the start of the first event.**

If mail for the Summary Sheet and check is preferred, it must be received prior to the start of the meet and mailed to: Mary Beth Kurz, 103 E. Brookwood Dr, Clemson SC 29631

SC Swimming does not accept deck registrations; all swimmers entered must be registered with USA Swimming at time of entry deadline.

Entries: Individuals (those not registered as ATHLETES with a team) MUST use a multi-step process for registering for this meet.

INDIVIDUALS

1. Register for the meet with Clemson Aquatic Team at <http://www.deathvalleyopenwater.org> by May 29, 2024.
2. Once you have registered for the meet, you will also be prompted (by email from meetdirector@clemsonaquaticteam.org) to complete the Single Meet USA Swimming Registration. This step will have a short timeline! The cost for this step depends on your current USA Swimming registration status. This step must be completed by June 2, 2024.

SC Swimming does not accept deck registrations. Swimmers must be COMPLETELY registered by each entry deadline. **No day of the event registrations** will be accepted.

Awards: For the SC LSC Championship events, medals will be given to the top 10 SC Swimming places (Jim Keogh Senior 15-18 5K, Christine Jennings 13-14 5K, Jacque Grossman 11-12 3K and 10 & Under 1K). A SC LSC Championship team banner will be awarded to the overall SC team champion and plaques will be awarded to the 2nd and 3rd top scoring SC Teams. In addition, a Championship team banner will be awarded to the SC men's team champion and the SC women's team champion. A swimmer can place and score in only one championship event.

All open events will receive awards as follows: Medals will be given to the top 3 finishers, by gender and age group (10&U, 11-12, 13-14 and 15-18, 19-24, 25-29, 30-34, etc). Places 4-10 will be awarded ribbons by gender and age.

Note that all awards will be delivered within the weeks following the event (not on the day of the event) to give time for result verification. In the case of team entries, awards will be delivered to the respective coach. In the case of individuals, awards will be mailed to the individual.

Scoring Details: SC LSC Championships will be scored according to the top 10 finishers in each event by gender as follows: 11,9,8,7,6,5,4,3,2,1, then totaled by team for team awards and recognitions. A swimmer can place and score in only one championship event.

Timing: Timing is done by stopwatch.

Coaches Eligibility: Coaches must check in at Clerk of Course and be able to show proof of current registration and certifications.

Other Information: **Officials:** Certified officials willing to work are most welcome. There will be a Virtual Officials meeting that will be scheduled by the Meet Referee prior to the meet. Officials interested in working the session should email the Meet Referee.

Hospitality for athletes after each swim is included in the entry fee.

Concessions will be available for purchase (either food trucks or a concessions table / stand). Swimmers and spectators are urged to bring adequate hydration, food and shade structures for the event.

The 12 Mile Recreational Park has several picnic tables and grills available for use on a first-come first-serve basis.

Meet t-shirts will be available for purchase (they are NOT included in the entry fee).

Hotel contact information can be found on the CAT website: <http://www.clemsonaquaticteam.org> and click on CAT Hosted Meets tab, then on the Hotels link for details.

Alternate contact: Lindsey Little coachlindsey@clemsonaquaticteam.org 217-521-2472



2024 South Carolina Open Water LSC Championship & 30th Annual Death Valley Open Water Swim Meet



June 8, 2024

Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC2484OW

Order of Events

5K Events (swum in waves)

Check-in: 6:30 am

Pre-race Meeting: 7:30 am

Competition: not before 8:00 am

Girls Event #

Event Description

Boys Event #

1

Jim Keogh Senior 5K (15-18 SC LSC Championship)

2

3

Christine Jennings 13-14 5K (SC LSC Championship)

4

5

Open 5K

6

3K Events (swum in waves)

Check-in: 8:00 am

Pre-race Meeting: 9:45 am

Competition: not before 10:15 am

Event Description

7

Jacque Grossman 11-12 3K (SC LSC Championship)

8

9

Open 3K

10

1K Events (swum in waves)

Check-in: 10:30 am

Pre-race Meeting: 11:15 am

Competition: not before 11:45 am

Event Description

11

10&U 1K (SC LSC Championship)

12

13

Open 1K

14

Half K Events (swum in waves)

Check-in: 10:30 am

Pre-race Meeting: 11:15 am

Competition: not before 12:15 pm

Event Description

15

Open 0.5K

16

Participants need only attend one pre-race meeting. However, please be aware that individual course routes will be discussed in each Pre-race meeting

2024 South Carolina Open Water LSC Championship & 30th Annual Death Valley Open Water Swim Meet

June 8, 2024

Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC2484OW

Team Meet Entry Summary Sheet

Any swimmers who are not current USA Swimming *Athlete* members MUST register at <http://www.deathvalleyopenwater.org>

Entry Deadline is 5/29/24

Total Number of Swimmers _____ x \$2.00 SCLSC Travel Fund/Program Fee = \$ _____
Total Number of Swimmers _____ x \$2.00 SCLSC Sports Development Fee = \$ _____
Total Number of Swimmers _____ x \$1.00 Jennifer Smith Scholarship Fund = \$ _____
Total Number of out-of LSC _____ x \$2.00 SCLSC Travel Fund/Program Fee = \$ _____
Total Number of Swimmers _____ x \$30.00 Facility Fee = \$ _____
Total # Individual Events _____ x \$10.00 Individual Event Fee = \$ _____
Total Fees: = \$ _____

Team: _____ LSC: _____ Team Code: _____

Number of coaches at meet: _____

Head Coach: _____

Send e-mail results to: _____

By entering the **2024 South Carolina Open Water LSC Championship & 30th Annual Death Valley Open Water Swim Meet**, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

It is further understood SC LSC, Clemson Aquatic Team, US Army Corps of Engineers, City of Clemson and all agents, employees, meet sponsors, volunteers and coaches of these organizations shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

E-mail a signed copy of this form to meetdirector@clemsonaquaticteam.org

Bring a check for the above amount to the Clerk of Course ***prior to the first event.***

If mail is preferred, it must be received prior to the start of the meet and should be mailed to:
Mary Beth Kurz-Edsall, 103 E. Brookwood Dr., Clemson SC 29631

Signature of Team Representative _____