



Born and raised in the South Bronx, NY, Legendary B-Girl **Honey Rockwell** began gymnastics and dancing at the Bronx Academy of Dance at the age of 7. In her teen years, she excelled, competing in high school and club gymnastics and placing in competitions nationwide. In 1994, she began B-girling and has been a practitioner of this foundational Hip Hop dance form ever since!

Honey's first influence was fellow dancer, Louie "New Wave" (RIP) who encouraged her to bring her skills as a gymnast to the art form of breaking. He eventually introduced her to the Hip Hop dance pioneers and legends of GhettoOriginal Productions who would also become her mentors.

She was invited to perform in their legendary Hip Hop off Broadway musical "Jam on the Groove", which debuted in NYC and went on to tour nationally and internationally. She has also been featured performer in "Madhattan" a Hip Hop theater production based in Las Vegas. Rockwell appeared in the movie "Mannequin 2" and has been a guest on the Sharon Osbourne Show. She performed on MTV's New Year's Eve 2000 and at the Vh1 Fashion Awards with Cuba Gooding Jr and Kid Rock. In 2008 she was a dancer and actress in the video game Grand Theft Auto IV and was an active member of both The Rock Steady Crew and Seven Gems. Moreover, she was the inspiration for the movie, "Honey", represented both Tru Essencia and B-girl Mafia crews and, along with the Seven Gems Crew, she participated in a US government sponsored tour teaching Hip Hop dance and performing in Brazil. In addition, Honey produced and distributed the world's first B-girl dance video and was featured during the "Queens of Hip Hop" tour with hip hop legend, Monie Love.

Recently, she and her husband, legendary B-Boy and Hip Hop pioneer, Orko Romero, were invited as guest panelists for the The Kennedy Center's "Foundation: B-Boys and B-Girls Hip Hop Culture" Panel in Washington, DC and both were also featured as hip hop legends for a USA Dance documentary,

Honey continues to contribute to the legacy and culture of Hip Hop by performing and teaching workshops and master classes to the youth worldwide through her **Rock Da Floor Dance Battle**, her production company (**Rock-A-ViZion Productions**) as well as her dance studio, **Rockwell Dance Academy** in Acworth, GA.