

Updates for the Week of 5/6/24

Meet Sign Ups

Last day to sign up for the FAST (Ocala) May meet is Monday by midnight. This is the main May meet of the month for the grand majority of our swimmers. Some of our Seniors will be attending Sectionals at the end of the month.

The FAST May Invitational is open to our White – Senior National groups. [REGISTER HERE](#)

Practice Updates

We have had a big change to our May schedule, in that there is NO CHANGE to our normal schedule. We have a few minor changes our Friday schedules which was more maintenance than anything else and we've been just waiting for a good time to start it.

Here is the schedule that we are using for this week just so there isn't any confusion. DO NOT use the May schedule that we've been emailing out for the past month (and sorry for any inconvenience caused by this new 'old' schedule, it was out of our hands). Blue and Green will run 1 day per week at NE Pool to help our swimmer per lane work during the month of May with the indoor pool set to long course.

	Monday 5/6	Tuesday 5/7	Wednesday 5/8	Thursday 5/9	Friday 5/10	Saturday 5/11	Sunday 5/12
PreComp		6:00-6:45p @UF Indoor		6:00-6:45p @UF Indoor			
White	4:40-6:00p @UF Indoor	5:00-6:00p @UF Outdoor	4:40-6:00p @UF Indoor	5:00-6:00p @UF Outdoor			5:00-6:00p @UF
Green	4:40-6:00p @UF Indoor	6:30-7:30p @NE Pool	4:40-6:00p @UF Indoor	5:00-6:00p @UF Outdoor	5:00-6:00p @UF Indoor		4:00-5:00p @UF
Blue	5:40-7:00p @UF Indoor	5:00-6:00p @UF Outdoor	5:40-7:00p @UF Indoor	6:30-7:30p @NE Pool	5:00-6:00p @UF Indoor		4:00-5:00p @UF
Orange	5:15-7:20p @UF Indoor	6:00-7:30p @UF Outdoor	5:40-7:40p @UF Indoor	6:00-7:30p @UF Outdoor	5:15-7:20p @UF Outdoor	8:30-10:00a @NE Pool	
Silver	5:00-7:20p @UF Indoor	6:00-7:40p @UF Outdoor	5:00-7:00p @UF Indoor	6:00-7:40p @UF Outdoor	5:00-7:20p @UF Outdoor	8:00-10:00a @NE Pool	
Gold	5:00-7:20p @UF Indoor	6:00-7:40p @UF Outdoor	5:00-7:00p @UF Indoor	6:00-7:40p @UF Outdoor	5:00-7:20p @UF Outdoor	8:00-10:00a @NE Pool	
PreSenior	5:00-7:00p @UF Outdoor	4:00-7:00p @UF Indoor	5:00-7:00p @UF Outdoor	4:00-7:00p @UF Indoor	4:00-6:00p @UF Indoor		3:30-6:30p @UF
Sr State	6:00-7:30a @NE Pool		6:00-7:30a @NE Pool				

	5:00-7:00p @UF Outdoor	4:00-7:00p @UF Indoor	5:00-7:00p @UF Outdoor	4:00-7:00p @UF Indoor	4:00-6:00p @UF Indoor		3:30-6:30p @UF
Sr Nat	6:00-7:30a @NE Pool 5:00-7:00p @UF Outdoor	4:00-7:00p @UF Indoor	6:00-7:30a @NE Pool 5:00-7:00p @UF Outdoor	4:00-7:00p @UF Indoor	6:00-7:30a @NE Pool 4:00-6:00p @UF Indoor		3:30-6:30p @UF

TShirt Orders

We will be sending our tshirt orders home with your swimmer this week. Please make sure they don't leave them in their swim bags and not pass them on to you!