GFST 2023-2024 Registration Checklist

September 5th-March 29th Short Course Season

Registered online at www.teamunify.com/gfst
Annual USA Registration done. Outreach is available for those who
qualify.
M.A.A.P.P. read through and signed
Monthly dues OR one-time full payment picked on registration.
Online Registration
With an existing account: Just log in and make sure information is correct and up
to date.

*if your account is suspended you will need an admin to reactivate. email coachpatking@gmail.com

Without an existing account: Go to www.teamunify.com/gfst and click on the red
register button. Follow the steps and you will be approved within 24 hours.

USA Swimming Registration- NEW SYSTEM

USA Swimming Registration is required in order to participate in practices and meets.

- **IF** you have been registered in the past we will bulk register as a team and you will be charged through our website (aka Coach Pat will take care of it).
- **IF** you have never registered for USA Swimming before you will be emailed instructions on how to do so.

USA Registration is approx. \$100 per swimmer. For Pre-Team (Ripples) there is the flex membership for \$20 which allows them to swim at 2 meets but no championship meets such as BC or State. There is also an outreach option for those who qualify with a letter from the school district that they receive a free or reduced cost lunch.

Monthly Dues: Monthly Pay or One Full Short Course Payment

With our monthly dues we ask that you have a card on file on the website so we can charge for meets and monthly dues. It has made our dues collection significantly more efficient and we will continue to use it. If you want to make a one time payment you can do so with a check. One Time payments will receive a 5% discount and cover September-March. For each additional swimmer there is a \$5 per month discount.

Cost per group:

Pre-Team: \$65 per month or \$432.25 Full Season

Bronze: \$80 per month or \$532 Full Season

Silver 2: \$90 per month or \$598.50 Full Season

Silver 1: \$95 per month or \$631.75 Full Season

Gold: \$120 per month or \$798 Full Season

Senior: \$120 per month or \$456 Full Season

Sectionals: \$125 per month or \$475 Full Season

*Senior and Sectionals groups are billed with the expectation that they will be doing

High School Swimming

General Practice Times and Locations

GFH For Bronze-Sectionals. When HS Swim starts we will be at the Peak

Peak for Pre-Team

*First day of practice September 5th

Pre-Team: PeakTues/Thurs 4:00-5:00

Bronze: GFH MWF 4:00-5:00

Silver 2: GFH M-F 4:00-5:15

Silver1: GFH M-F 4:00-5:30

Gold: GFH M-F 4:00-6:00

Senior: GFH M-F 4:00-6:00

Sectionals: GFH M-F 4:00-6:00, GFH Tues/Thurs 6:00 am-7:00 am

Saturday Practices: GFH 9:00-10:00 am

Optional Morning Practices (Gold/Senior): GFH Tues/Thurs 6-7 am

MAAPP

Minor Athlete Abuse Protection Policies are put into place by our team. We have a copy of our main document on our website plus many other valid forms. We require a signed acknowledgement form that you read and understand these policies.

Preview of Meets and Events (more details on our website)

All of our meets and events will be posted on our website under that tab. Meets are not required to attend but are highly encouraged as they are fun! There is a meet fee determined by the host team and a \$10 per swimmer coaches fee for meets (if we send a coach) and \$5 after the first child. These are the main meets and events for the season, there are a few other meets offered which will be on the website:

- 1. Oct. 7th Wind and Whiskey Fundraiser @ Meadowlark CC
- 2. Oct. 14-15 Butte Swim Meet
- 3. Oct. 28-29 GFST Fall Frost Swim Meet (everyone should attend this)
- 4. Nov. 11-12 Missoula Swim Meet
- 5. Dec. 9-10 Bozeman Swim Meet
- 6. Jan. 6-7 GFST Snowflake Swim Meet
- 7. Feb. 3-4 Missoula Swim Meet
- 8. Feb. 23-25 Club State, location TBD.
- 9. March 2-3 B-C State Missoula
- 10. Sectionals and Age Group Regionals TBD

*We will be doing In-House meets once a month at GFH and the Peak. They will be posted on the website as well. These are not official USA Sanctioned meets, just "practice meets" with stop watches.

Scholarships

We offer scholarships for Monthly Dues at a reduced rate. Contact coach Patrick for more details