
ASL TRAVEL

NEWSLETTER

Meet Updates

Charleston Meet Info to come out this week

Peach State Champs (Feb 14 - 16)

GA Age Group State Champs (Feb 21 - 23)

*** Coaches will automatically commit qualified athletes to Peach and Age Group State. These are the championship meets that we have been preparing for so please let us know if and why you can not attend. ***



Practice Changes

Tuesday 01.28.25 - AAC National, Senior, Junior 415p - 545p *no drylands*.

- NO AAC Gold, Silver, Bronze. Swim in Aiken 5p-645p

- Aiken Travel 5p - 645p

Friday 01.31.25 - NO Junior, Gold, Silver, Bronze

Saturday 02.01.25 - NO Junior, Gold, Silver, Bronze

- NO Aiken site, everyone in AAC for LRS Meet

Monday 02.03.25 - Senior, National in AAC Only.

- No Junior, Gold, Silver, Bronze at either site

Other Information

Friday 2/14 - Senior, National, Juniors not in Peach will swim in AAC from 530p - 730p. All Junior, Gold, Silver, Bronze at both sites who are traveling to Peach should stop at the AAC for an open practice before they travel. This is a great habit to get into as we will continue to do this as your athlete gets older.

Swimming the day before a meet ensures that we keep our feel for the water and our skills sharp before we compete. Coaches will also get to spend some one-on-one time making small corrections and reminders before we travel.

