Week of 04/23/25

## -ASL TRAVEL-

## NEWSLETTER

## **Meet Updates**

Gwinett Long Course Kickoff (May 3 - 4)
Carolina Aquatics May Breakout (May 16 - 18)

- Both registration deadlines have passed. If you missed the deadline, reach out to your group coach to see if we can still enter your athlete



## **Practice Changes**

This is a normal week for us! Check our regualr practice schedule, <u>HERE.</u> Both sites will follow their practice and dryland schedule.