-ASL TRAVEL-

NEWSLETTER

Meet Updates

May Breakout and Bulldog Grand Slam

- Entries are done and submitted

ASL Junior Jaguar (June 7 - June 8)

- Commitments by May 30th



Practice Changes

Wednesday (5/7/25) - Friday (5/9/25)

- Normal practice times and drylands for these days Saturday (5/10/25)
- There will be an LRS Meet at the AAC on Saturday; we will move to our LRS Schedule
- National, Senior, Junior 0700 0900
- Gold, Silver 0730 0900
- Bronze will NOT have practice, but WILL SWIM in the LRS meet

Other Information

National, Senior, Junior athletes - if you are available to time and cheer for this weekend's LRS meet we are looking for volunteers. Let Coach Noah or Coach Evan know!

Junior Jaguar commitments are live. We are doing events slightly differently at this meet so that we can take multiple shots at events and space out the timing between each athlete's individual events. You may see your athlete doing the same event twice, and that is OK! We built the meet specifically to take as many shots as possible in certain events. There are two sessions on Saturday and one on Sunday! If you have any questions, reach out to your specific group Coach.