
ASL TRAVEL NEWSLETTER

Meet Updates

Two Meets this weekend!

- **Bulldog Grand Slam**
- **Carolina May Breakout**
- School Notes for both meets are posted to the respective event pages
- Arrival times for meets to come out later this week



Practice Changes

Both Sites May 13 (Tue) - May 15 (Thurs)

- We will run normal practice schedule at both sites these days

Both Sites May 16 (Fri) - May 18 (Sun)

- No practices for the Travel squads as we will be at swim meets!

AAC May 19 (Mon)

- Gold, Silver, Bronze will have normal practice time
- Junior, Senior, National will NOT have practice

AAC May 20 (Tues)

- Gold, Silver Bronze will NOT have practice
- Junior Senior, National will swim at their normal times on this day

Aiken Travel May 19&20 (Mon/Tues)

- MONDAY Aiken OFF
- Tuesday Aiken Normal

Other Information

Monday and Tuesday look weird for next week because of the LRS meet in the middle of the week. We split the groups so that the JRs, SRs, and National athletes can have their day off and then time for the LRS meet after their practice. The GSB groups in Augusta will get their day off on Tuesday because of the meet, but have practice Monday so they are only missing one day next week.

