
ASL TRAVEL

NEWSLETTER

Meet Updates

- ASL Fall Circuit this weekend! Arrival times sent by Coach Greg via email. Psych Sheets and Entry Report posted on event page.



Practice Changes

- NO Practices for any group or location Friday (11/15) through Sunday (11/17) due to the ASL Fall Circuit
- Thanksgiving Week Practice Schedule Attached (Nov 25 - Dec 1)
 - Monday and Tuesday normal at both sites
 - Wednesday NO AIKEN, come to Augusta
 - Wednesday Nat'l/SR/JR 0730-0930
 - HS/Gold/Silver/Bronze 0930-1100
 - Thursday OFF
 - Friday - Sunday National/Senior ONLY in Aiken 0800-1030

Other Information

Attached is our Holiday Training Schedule for both Thanksgiving and Christmas holidays. Please look these over and email your group coach with any questions.

