



LOCAL RACE SQUAD

NEWSLETTER

Date

Session 6 Week 3

Augusta Practice Changes

- No practice **5/10**
 - LRS meet @ AAC

Aiken Practice Changes

- No practice **5/10**
 - LRS meet @ AAC

Deadlines

Splish Splash Safari Swim Meet registration deadline **5/7!**

- Meet is Saturday 5/10
 - Swimmers need to be on deck at 9 AM
 - Meet done before noon.
 - Heat sheets will be sent out Friday.
- The THEME for this meet is Safari! Wear some adventure clothes!



CLICK HERE TO REGISTER!



Events/Reminders

- Mike Groves (President of ASL and former collegiate swimmer) and I will be offering another presentation at the Augusta Aquatic Center this **Thursday at 6 - 7 PM**. If you are new to swimming, this talk is a great way to learn about the sport and what to expect at the beginning of your child's journey. Click [HERE](#) to sign up and leave any questions you would like us to answer!
 - Development kids getting done at 6:30 will be brought to you during the presentation
- Also, our second meet of the session has been moved to **May 20th** instead of May 24th.