



LOCAL RACE SQUAD

NEWSLETTER

Date

Session 5 Week 4

Augusta Practice Changes

- Saturday **3/15**
 - LRS meet, no practice

Aiken Practice Changes

- Saturday **3/15**
 - LRS meet, no practice

Deadlines

- Irish Invite Swim Meet registration deadline Thursday!
 - Meet is Saturday **3/15**
 - Swimmers need to be on deck at **9 AM**
 - Meet done before noon.
 - Heat sheets will be sent out Friday.

The THEME for this meet is Irish Invite (dress in green and let's have some fun!)

[CLICK HERE TO REGISTER!](#)

Reminders

The last meet of this session, Augusta Classic, has been moved to **March 27th**. This meet will be Thursday evening instead of a Saturday morning. We will still hold practices on the 28th and 29th of March.

