



LOCAL RACE SQUAD

NEWSLETTER

Date

Session 6 Week 4

Augusta Practice Changes

- No practice **5/10**
 - LRS meet @ AAC
- No practice **5/24**
 - pool closed

Aiken Practice Changes

- No practice **5/10**
 - LRS meet @ AAC

Deadlines

Splish Splash Safari Swim Meet registration deadline **5/8!**

- Meet is Saturday **5/10**
 - Swimmers need to be on deck at **9 AM**
 - Meet done before noon.
 - Heat sheets will be sent out Friday.
- The THEME for this meet is Safari! Wear some adventure clothes!

[CLICK HERE TO REGISTER!](#)

Reminders

The second meet of the session has been moved to **May 20** (Tuesday) instead of May 24 . We will have swimmers on deck at **5 PM** and will be out of the building before **8 PM**.

Also, keep an eye out for a new date for our parent presentation on swimmer development at AAC.

