



Fleet Aquatic Center

Competitive Groups begin Aug 18

Water Polo begins August 25

Non-competitive and home school begin September 2.

Group	Time		Lead Coach
Senior Black	3:30-6:00 PM 5:00-6:30 AM 6:30-9:30 AM	M-F T/Th Sat	Rick
Senior Red	3:45-6:00 PM 7:00-9:30 AM	M-F Sat	Leah
Junior Black	4:15-6:30 PM 5:00-6:30 AM 7:00-9:30 AM	M-F W Sat	Colin
Junior Red	6:30-8:15 PM 9:30-11:30 AM	M-F Sat	Colin
Age Group Black	4:30-6:30 PM 9:00-11:00 AM	M-F Sat	Maryanne
Age Group Red	6:30-8:15 PM 9:00-11:00 AM	M-F Sat	Maryanne
Age Group White	7:00-8:30 PM	M-F	Aaron
Age Group Gold	6:00-7:00 PM	M-F	Aaron
Masters	5:00-6:15 AM 11:45-1:00 PM 7:00-8:00 PM 11:45-1:15 PM	M-W-F M-F T-Th Saturday	Master's Staff
Home School Swim 2, 3, 4 days	1:15-2:15 PM	M-Th	Angel/Josh
Non Competitive 2 Day (NC21) - Max of 18 per session	6:00-7:00 PM OR 7:00-8:00 PM	T-Th	Leah
Non Competitive 3 Day (NC31) - Max of 18 per session	6:00-7:00 PM OR 7:00-8:00 PM	M-W-F	Leah
Non Competitive - Weekend 2 Day (NCWE) - 10 minimum required to run group	9:30-10:30 AM	Sat-Sun	TBD
High School Fall Water Polo	3:00-6:00pm	Sat-Sun	Polo Staff

Bridgeland High School - Begins August 18th

Group	Time	Lead Coach
Bronze 3	5:15-6:15 PM M/W	Angel
Silver 3	6:30-7:30 PM T/Th/F	Angel
Age Group Gold	5:30-6:30 PM M-F	Josh
Age Group White	6:30-8:00 PM M-F	Josh

Spillane Middle School

Competitive Groups and Water Polo begin Aug 18
Non-competitive and home school begin September 2.

Group	Time	Lead Coach
Bronze 1	5:00-6:00 PM M/W	Lauren
Bronze 2	6:00-7:00 PM T/Th	Lauren
Silver 1	6:00-7:00 PM M/W/F	Lauren
Silver 2	5:00-6:00 PM T/Th	Lauren
Non Competitive 2 day (NC22) - Max of 12 per session	5:00-6:00 PM OR 6:00-7:00PM T/Th	TBD
Non Competitive 3 day (NC32) - Max of 12 per session	5:00-6:00 PM OR 6:00-7:00PM M/W/F	TBD
Age Group Water Polo	7:00-8:30 PM M/T/W/Th/F	Polo Staff

Arnold Middle School - Begins August 18th

Group	Time	Lead Coach
Senior White	5:00-6:30 PM	Sarah
Junior White	6:30-8:00 PM	Sarah