



UPDATED!!

Fleet Aquatic Center

Group	Time		Lead Coach
Senior Black	3:30-6:00 PM 5:00-6:30 AM 6:30-9:30 AM	M-F T/Th Sat	Rick
Senior Red	3:45-6:00 PM 7:00-9:30 AM	M-F Sat	Leah
Junior Black	4:15-6:30 PM 5:00-6:30 AM 7:00-9:30 AM	M-F W Sat	Colin
Junior Red	6:30-8:30 PM 9:30-11:30 AM	M-F Sat	Colin
Age Group Black	4:30-6:30 PM 9:00-11:00 AM	M-F Sat	Maryanne
Age Group Red	6:30-8:15 PM 9:00-11:00 AM	M-F Sat	Maryanne
Masters	5:00-6:15 AM 11:45-1:00 PM 7:00-8:00 PM 11:45-1:15 PM	M-W-F M-F T-Th Saturday	Master's Staff
Home School Swim 2, 3, 4 days	1:15-2:15 PM	Mon to Thur	
Non Competitive 2 Day	6:00-7:00 PM	Tue & Thur	Leah
Non Competitive 3 day	6:00-7:00 PM	Mon, Wed & Fri	Cassie
Age Group Water Polo	6:30-8:30 PM 5:45-8:30 PM	Mon & Wed Tues & Thur	Polo Staff
High School Fall Water Polo	3:00-5:30pm	Sat-Sun	Polo Staff

Bridgeland High School

Group	Time		Lead Coach
Bronze 3	5:15-6:15 PM	Mon & Wed	Angel
Silver 3	6:30-7:30 PM	Tues, Thur, Fri.	Angel
Age Group Gold	5:30-6:30 PM	Monday to Friday	Josh
Age Group White	6:30-8:00 PM	Monday to Friday	Josh
2 day Non Comp	5:30-6:30 PM	Tuesday & Thur.	Angel
3 day Non Comp	6:30-7:30 PM 5:30-6:30 PM	Mon & Wed Friday	Angel

Spillane Middle School

Group	Time		Lead Coach
Age Group Gold	5:30-6:30 PM	Monday to Friday	Aaron
Age Group White	6:30-8:00 PM	Monday to Friday	Aaron

Arnold Middle School

Group	Time		Lead Coach
Bronze 1	5:00-6:00 PM	Monday & Wednesday	Lauren
Bronze 2	6:00-7:00 PM	Tuesday & Thursday	Lauren
Silver 1	6:00-7:00 PM	Monday, Wednesday, Friday	Lauren
Silver 2	5:00-6:00 PM	Tuesday, Thursday, Friday	Lauren
Senior White	5:00-6:30 PM	Monday to Friday	Sarah
Junior White	6:30-8:00 PM	Monday to Friday	Sarah