







Equipment	Swim Academy	Novice	Blue	Future	Bronze	Silver	Gold	TYPE OF FIN	Value \$	Preferred by Coach
		X	X	X	X	X	X	DMC Fins Elite 1	\$\$\$\$\$	X
								Arena Powerfins	\$\$\$\$\$	X
								Finis Edge	\$\$\$\$	X
								Speedo Biofuse	\$\$\$	
								Speedo Short Blade	\$\$	
								Sporti Essential Training Fins	\$	
				X	X	X	X	TYPE OF PADDLES	Value \$	Preferred by Coach
								Finis Agility Paddles	\$\$	X
								NOTE: Other paddles do not teach proper technique like the finis agility paddles do. Also, these paddles have 3 different sizes please purchase the appropriate size		
			X	X	X	X	X	TYPE OF SNORKLE	Value \$	Preferred by Coach
								TYR Ultralite Swim Snorkle	\$\$\$\$	
								Phelps Focus Swim Snorkle	\$\$\$	
								Finis Stability Snorkle Speed	\$\$\$	X
								Finis Original or Glide Snorkle	\$\$	
							X	TYPE OF DRAG SOCKS	Value \$	Preferred by Coach
								AquaVolo drag Socks	\$\$\$	X
								OneSwim Power Bag Set	\$\$	X
								Note: Bronze kids purchase the low resistance set, for Gold please purchase the mid resistance set		
							X	TYPE OF BR FINS	Value \$	Preferred by Coach
								Speedo Breaststroke Fins	\$\$\$\$\$	X
								Note: after watching which set of BR fins works best these Speedo BR Fins are the only ones I would recommend. Also, these fins should be purchase if coach feels you need them		
							X	TYPE OF TEMPO TRAINER	Value \$	Preferred by Coach
								Finis Tempo Trainer Pro	\$\$\$\$\$	X
								Note: The Only Tempo Trainer Coach prefers		