

2021-2024 National Single Age Motivational Times

10/01/2020 10:19:27

Long Course Meters

| B Min | BB Min | A Min | AA Min | AAA Min | AAAA Min | | AAAA Min | AAA Min | AA Min | A Min | BB Min | B Min |
|-----------------|-----------|-----------|-----------|-----------|-----------|----------------|------------|------------|------------|------------|------------|------------|
| 10 Girls | | | | | | 10 Boys | | | | | | |
| 44.09 | 39.89 | 35.59 | 34.19 | 32.79 | 31.39 | 50 M Free | 31.39 | 32.79 | 34.09 | 35.49 | 39.49 | 43.59 |
| 1:41.89 | 1:31.09 | 1:20.19 | 1:16.59 | 1:12.99 | 1:09.39 | 100 M Free | 1:09.09 | 1:12.59 | 1:15.99 | 1:19.49 | 1:29.79 | 1:40.19 |
| 3:44.79 | 3:20.19 | 2:55.59 | 2:47.39 | 2:39.09 | 2:30.89 | 200 M Free | 2:28.69 | 2:35.79 | 2:42.89 | 2:49.89 | 3:11.19 | 3:32.39 |
| 7:35.29 | 6:49.79 | 6:04.29 | 5:49.09 | 5:33.89 | 5:18.69 | 400 M Free | 5:14.59 * | 5:29.59 * | 5:44.49 * | 5:59.49 * | 6:44.49 * | 7:29.39 * |
| 54.89 | 48.89 | 42.89 | 40.89 | 38.89 | 36.89 | 50 M Back | 36.89 | 38.89 | 40.99 | 42.99 | 49.19 | 55.29 |
| 1:59.19 | 1:45.99 | 1:32.69 | 1:28.29 | 1:23.89 | 1:19.49 | 100 M Back | 1:18.79 | 1:22.89 | 1:26.89 | 1:30.89 | 1:42.99 | 1:54.99 |
| 1:00.49 | 53.99 | 47.49 | 45.29 | 43.09 | 40.89 | 50 M Breast | 40.59 | 42.69 | 44.89 | 46.99 | 53.29 | 59.69 |
| 2:14.79 * | 1:59.79 * | 1:44.89 * | 1:39.89 * | 1:34.89 * | 1:29.89 * | 100 M Breast | 1:29.29 * | 1:33.79 * | 1:38.29 * | 1:42.69 * | 1:56.09 * | 2:09.39 * |
| 53.39 * | 47.09 * | 40.79 * | 38.69 * | 36.59 * | 34.49 * | 50 M Fly | 34.39 | 36.29 | 38.19 | 40.19 | 45.99 | 51.79 |
| 2:09.19 | 1:52.29 | 1:35.39 | 1:29.69 | 1:24.09 | 1:18.39 | 100 M Fly | 1:17.99 | 1:23.39 | 1:28.89 | 1:34.29 | 1:50.59 | 2:06.89 |
| 4:09.39 | 3:43.19 | 3:17.09 | 3:08.29 | 2:59.59 | 2:50.89 | 200 M IM | 2:48.99 | 2:57.39 | 3:05.89 | 3:14.29 | 3:39.59 | 4:04.89 |
| 11 Girls | | | | | | 11 Boys | | | | | | |
| 39.69 | 36.89 | 34.19 | 32.79 | 31.39 | 30.09 | 50 M Free | 29.99 | 31.39 | 32.79 | 34.19 | 37.09 | 39.89 |
| 1:27.09 | 1:20.89 | 1:14.69 | 1:11.59 | 1:08.49 | 1:05.39 | 100 M Free | 1:05.29 * | 1:08.39 * | 1:11.49 * | 1:14.59 * | 1:20.79 * | 1:26.99 * |
| 3:10.19 | 2:56.59 | 2:43.09 | 2:36.29 | 2:29.49 | 2:22.69 | 200 M Free | 2:21.49 * | 2:28.29 * | 2:34.99 * | 2:41.79 * | 2:55.19 * | 3:08.69 * |
| 6:40.19 | 6:11.59 | 5:43.09 | 5:28.79 | 5:14.49 | 5:00.19 | 400 M Free | 4:57.89 * | 5:12.09 * | 5:26.19 * | 5:40.39 * | 6:08.79 * | 6:37.09 * |
| 14:07.59 | 13:06.99 | 12:06.49 | 11:36.19 | 11:05.89 | 10:35.69 | 800 M Free | 10:27.99 * | 10:57.89 * | 11:27.79 * | 11:57.69 * | 12:57.49 * | 13:57.29 * |
| 27:17.49 | 25:20.59 | 23:23.59 | 22:25.09 | 21:26.59 | 20:28.19 | 1500 M Free | 20:11.89 * | 21:09.69 * | 22:07.39 * | 23:05.09 * | 25:00.49 * | 26:55.89 * |
| 45.99 | 42.69 | 39.39 | 37.79 | 36.09 | 34.49 | 50 M Back | 34.59 * | 36.39 * | 38.19 * | 39.99 * | 43.59 * | 47.19 * |
| 1:43.39 | 1:35.29 | 1:27.19 | 1:23.09 | 1:18.99 | 1:14.89 | 100 M Back | 1:14.69 | 1:18.79 | 1:22.89 | 1:26.89 | 1:34.99 | 1:43.19 |
| 3:35.09 | 3:19.79 | 3:04.39 | 2:56.69 | 2:49.09 | 2:41.39 | 200 M Back | 2:40.49 * | 2:48.09 * | 2:55.79 * | 3:03.39 * | 3:18.69 * | 3:33.99 * |
| 51.39 * | 47.69 * | 44.09 * | 42.19 * | 40.39 * | 38.59 * | 50 M Breast | 38.49 | 40.59 | 42.59 | 44.69 | 48.89 | 53.09 |
| 1:54.49 * | 1:45.99 * | 1:37.59 * | 1:33.29 * | 1:29.09 * | 1:24.89 * | 100 M Breast | 1:24.49 * | 1:28.89 * | 1:33.29 * | 1:37.69 * | 1:46.49 * | 1:55.29 * |
| 4:04.79 | 3:47.29 | 3:29.79 | 3:21.09 | 3:12.29 * | 3:03.59 | 200 M Breast | 3:02.19 | 3:10.79 | 3:19.49 | 3:28.19 | 3:45.49 | 4:02.89 |
| 43.09 | 39.99 | 36.89 | 35.39 | 33.89 | 32.29 | 50 M Fly | 32.19 * | 33.99 * | 35.79 * | 37.59 * | 41.19 * | 44.79 * |
| 1:41.09 | 1:32.99 | 1:24.89 | 1:20.89 | 1:16.89 | 1:12.79 | 100 M Fly | 1:12.59 * | 1:16.79 * | 1:20.99 * | 1:25.19 * | 1:33.49 * | 1:41.89 * |
| 3:37.69 | 3:22.09 | 3:06.59 | 2:58.79 | 2:50.99 | 2:43.29 | 200 M Fly | 2:40.69 * | 2:48.39 * | 2:55.99 * | 3:03.69 * | 3:18.99 * | 3:34.29 * |
| 3:35.09 | 3:19.69 | 3:04.39 | 2:56.69 | 2:48.99 | 2:41.29 | 200 M IM | 2:40.89 * | 2:49.09 * | 2:57.29 * | 3:05.49 * | 3:21.89 * | 3:38.29 * |
| 7:39.79 | 7:06.99 | 6:34.19 | 6:17.69 | 6:01.29 | 5:44.89 | 400 M IM | 5:44.19 * | 6:00.59 * | 6:16.99 * | 6:33.39 * | 7:06.19 * | 7:38.99 * |
| 12 Girls | | | | | | 12 Boys | | | | | | |
| 38.39 * | 35.69 * | 32.99 * | 31.69 * | 30.39 * | 29.09 * | 50 M Free | 27.99 * | 29.29 * | 30.69 | 31.99 * | 34.69 | 37.29 * |
| 1:24.09 * | 1:18.09 * | 1:12.09 * | 1:09.09 * | 1:06.09 * | 1:03.09 * | 100 M Free | 1:00.99 * | 1:03.89 * | 1:06.79 * | 1:09.69 * | 1:15.49 * | 1:21.29 * |
| 3:02.59 * | 2:49.49 * | 2:36.49 * | 2:29.99 * | 2:23.49 * | 2:16.89 * | 200 M Free | 2:13.19 | 2:19.49 | 2:25.79 * | 2:32.19 | 2:44.89 | 2:57.49 * |
| 6:23.89 | 5:56.49 | 5:29.09 | 5:15.39 | 5:01.69 | 4:47.99 | 400 M Free | 4:41.59 | 4:55.09 | 5:08.49 | 5:21.89 | 5:48.69 | 6:15.49 |
| 13:27.59 | 12:29.89 | 11:32.19 | 11:03.39 | 10:34.59 | 10:05.69 | 800 M Free | 9:55.29 | 10:23.69 | 10:51.99 | 11:20.39 | 12:17.09 | 13:13.79 |
| 25:49.99 | 23:59.29 | 22:08.59 | 21:13.19 | 20:17.89 | 19:22.49 | 1500 M Free | 18:57.49 | 19:51.69 | 20:45.89 | 21:39.99 | 23:28.39 | 25:16.69 |
| 43.99 * | 40.79 * | 37.69 * | 36.09 * | 34.49 * | 32.99 * | 50 M Back | 31.99 * | 33.69 * | 35.39 * | 36.99 * | 40.39 * | 43.69 * |
| 1:38.69 * | 1:30.99 | 1:23.19 | 1:19.29 | 1:15.39 * | 1:11.49 * | 100 M Back | 1:09.19 * | 1:12.99 * | 1:16.69 * | 1:20.49 * | 1:27.99 * | 1:35.49 * |
| 3:24.79 | 3:10.19 | 2:55.59 | 2:48.19 | 2:40.89 | 2:33.59 | 200 M Back | 2:29.79 | 2:36.89 | 2:43.99 | 2:51.09 | 3:05.39 | 3:19.69 |
| 48.99 | 45.49 | 41.99 | 40.19 | 38.49 | 36.69 | 50 M Breast | 35.49 * | 37.49 * | 39.39 * | 41.29 * | 45.19 * | 48.99 * |
| 1:48.69 | 1:40.69 | 1:32.69 | 1:28.59 | 1:24.59 | 1:20.59 | 100 M Breast | 1:17.99 | 1:22.09 | 1:26.09 | 1:30.19 | 1:38.29 | 1:46.39 |
| 3:52.19 | 3:35.59 | 3:18.99 | 3:10.69 | 3:02.49 | 2:54.19 | 200 M Breast | 2:47.99 * | 2:55.99 * | 3:03.99 * | 3:11.99 * | 3:27.89 * | 3:43.89 * |
| 41.29 * | 38.29 * | 35.39 * | 33.89 * | 32.49 * | 30.99 * | 50 M Fly | 30.19 * | 31.89 * | 33.59 * | 35.19 * | 38.59 * | 41.89 * |
| 1:36.19 | 1:28.49 | 1:20.79 | 1:16.99 | 1:13.09 * | 1:09.29 | 100 M Fly | 1:06.99 | 1:10.89 | 1:14.69 | 1:18.59 | 1:26.29 | 1:33.99 |
| 3:23.99 | 3:09.49 | 2:54.89 | 2:47.59 | 2:40.29 | 2:32.99 | 200 M Fly | 2:30.39 * | 2:37.49 * | 2:44.69 * | 2:51.89 * | 3:06.19 * | 3:20.49 * |
| 3:26.29 * | 3:11.59 * | 2:56.89 * | 2:49.49 * | 2:42.09 * | 2:34.79 * | 200 M IM | 2:30.19 * | 2:37.89 * | 2:45.59 * | 2:53.19 * | 3:08.49 * | 3:23.89 * |
| 7:20.09 | 6:48.69 | 6:17.29 | 6:01.49 | 5:45.79 | 5:30.09 | 400 M IM | 5:22.39 * | 5:37.79 * | 5:53.09 * | 6:08.49 * | 6:39.19 * | 7:09.89 * |

2021-2024 National Single Age Motivational Times

10/01/2020 10:19:27

13 Girls

| | | | | | | | | | | | | |
|-----------|-----------|-----------|-----------|-----------|-----------|--------------|-----------|-----------|-----------|-----------|-----------|-----------|
| 37.89 * | 35.19 * | 32.49 * | 31.09 * | 29.79 * | 28.39 * | 50 M Free | 26.89 | 28.19 | 29.39 * | 30.69 | 33.29 | 35.79 |
| 1:22.19 * | 1:16.29 * | 1:10.49 * | 1:07.49 * | 1:04.59 * | 1:01.69 * | 100 M Free | 58.49 | 1:01.29 | 1:04.09 | 1:06.89 | 1:12.39 | 1:17.99 |
| 2:57.89 * | 2:45.19 * | 2:32.49 * | 2:26.09 * | 2:19.79 * | 2:13.39 * | 200 M Free | 2:07.79 * | 2:13.89 * | 2:19.99 * | 2:26.09 * | 2:38.19 * | 2:50.39 * |
| 6:14.19 | 5:47.39 | 5:20.69 | 5:07.39 | 4:53.99 | 4:40.59 | 400 M Free | 4:30.69 | 4:43.49 | 4:56.39 | 5:09.29 | 5:35.09 | 6:00.89 |
| 12:52.59 | 11:57.39 | 11:02.19 | 10:34.59 | 10:07.09 | 9:39.49 | 800 M Free | 9:23.49 | 9:50.29 | 10:17.19 | 10:43.99 | 11:37.59 | 12:31.29 |
| 24:45.79 | 22:59.69 | 21:13.59 | 20:20.49 | 19:27.39 | 18:34.39 | 1500 M Free | 17:50.39 | 18:41.39 | 19:32.39 | 20:23.29 | 22:05.29 | 23:47.19 |
| 1:32.69 * | 1:26.09 | 1:19.49 | 1:16.19 | 1:12.89 | 1:09.59 | 100 M Back | 1:05.69 * | 1:08.79 * | 1:11.89 * | 1:15.09 * | 1:21.29 * | 1:27.59 * |
| 3:19.09 * | 3:04.89 | 2:50.69 | 2:43.59 | 2:36.49 | 2:29.29 * | 200 M Back | 2:22.29 | 2:29.09 | 2:35.89 | 2:42.69 | 2:56.19 | 3:09.79 |
| 1:44.29 | 1:36.89 | 1:29.39 | 1:25.69 | 1:21.99 | 1:18.29 | 100 M Breast | 1:13.49 | 1:16.99 | 1:20.49 | 1:23.99 | 1:30.99 | 1:37.99 |
| 3:45.09 | 3:29.09 | 3:12.99 | 3:04.89 | 2:56.89 | 2:48.89 | 200 M Breast | 2:38.19 | 2:45.79 | 2:53.29 | 3:00.79 | 3:15.89 | 3:30.99 |
| 1:29.19 * | 1:22.79 * | 1:16.39 * | 1:13.29 * | 1:10.09 * | 1:06.89 * | 100 M Fly | 1:03.19 * | 1:06.19 * | 1:09.19 * | 1:12.19 * | 1:18.19 * | 1:24.19 * |
| 3:17.89 | 3:03.69 | 2:49.59 | 2:42.49 | 2:35.49 | 2:28.39 | 200 M Fly | 2:22.29 * | 2:28.99 * | 2:35.79 * | 2:42.59 * | 2:56.09 * | 3:09.69 * |
| 3:20.89 * | 3:06.49 * | 2:52.19 * | 2:44.99 * | 2:37.79 * | 2:30.69 * | 200 M IM | 2:22.79 * | 2:29.59 * | 2:36.39 * | 2:43.19 * | 2:56.79 * | 3:10.39 * |
| 7:07.09 | 6:36.59 | 6:06.09 | 5:50.79 | 5:35.59 | 5:20.29 | 400 M IM | 5:06.39 * | 5:20.99 * | 5:35.59 * | 5:50.19 * | 6:19.39 * | 6:48.59 * |

13 Boys

14 Girls

| | | | | | | | | | | | | |
|-----------|-----------|-----------|-----------|-----------|-----------|--------------|-----------|-----------|-----------|-----------|-----------|-----------|
| 37.29 | 34.59 * | 31.99 | 30.59 * | 29.29 * | 27.99 | 50 M Free | 25.89 | 27.09 | 28.39 | 29.59 | 32.09 | 34.49 |
| 1:20.69 * | 1:14.99 * | 1:09.19 * | 1:06.29 * | 1:03.39 * | 1:00.59 * | 100 M Free | 56.59 | 59.29 | 1:01.99 | 1:04.59 | 1:09.99 | 1:15.39 |
| 2:54.49 * | 2:42.09 * | 2:29.59 * | 2:23.39 * | 2:17.19 * | 2:10.89 * | 200 M Free | 2:03.29 | 2:09.19 | 2:15.09 | 2:20.89 | 2:32.69 | 2:44.39 |
| 6:07.79 | 5:41.59 | 5:15.29 | 5:02.19 | 4:48.99 | 4:35.89 | 400 M Free | 4:21.09 | 4:33.49 | 4:45.99 | 4:58.39 | 5:23.29 | 5:48.09 |
| 12:35.99 | 11:41.99 | 10:47.99 | 10:20.99 | 9:53.99 | 9:26.99 | 800 M Free | 9:04.39 | 9:30.29 | 9:56.29 | 10:22.19 | 11:13.99 | 12:05.89 |
| 24:06.39 | 22:23.09 | 20:39.79 | 19:48.09 | 18:56.49 | 18:04.79 | 1500 M Free | 17:19.19 | 18:08.69 | 18:58.19 | 19:47.69 | 21:26.69 | 23:05.59 |
| 1:30.09 * | 1:23.69 | 1:17.29 | 1:14.09 | 1:10.79 * | 1:07.59 | 100 M Back | 1:03.09 * | 1:06.09 * | 1:09.09 * | 1:12.09 * | 1:18.09 * | 1:24.09 * |
| 3:13.49 * | 2:59.69 * | 2:45.89 * | 2:38.99 * | 2:32.09 * | 2:25.19 * | 200 M Back | 2:16.79 * | 2:23.29 * | 2:29.79 * | 2:36.39 * | 2:49.39 * | 3:02.39 * |
| 1:42.39 * | 1:35.09 * | 1:27.79 * | 1:24.09 * | 1:20.49 * | 1:16.79 * | 100 M Breast | 1:11.19 | 1:14.59 | 1:17.89 | 1:21.29 | 1:28.09 | 1:34.89 |
| 3:40.99 * | 3:25.19 * | 3:09.49 * | 3:01.59 * | 2:53.69 * | 2:45.79 * | 200 M Breast | 2:34.49 | 2:41.79 | 2:49.19 | 2:56.59 | 3:11.29 | 3:25.99 |
| 1:26.89 * | 1:20.69 * | 1:14.49 * | 1:11.39 * | 1:08.29 * | 1:05.19 * | 100 M Fly | 1:00.99 | 1:03.89 | 1:06.79 | 1:09.69 | 1:15.49 | 1:21.29 |
| 3:14.09 * | 3:00.19 * | 2:46.39 * | 2:39.39 * | 2:32.49 * | 2:25.59 * | 200 M Fly | 2:15.89 * | 2:22.29 * | 2:28.79 * | 2:35.29 * | 2:48.19 * | 3:01.09 * |
| 3:15.89 * | 3:01.89 * | 2:47.89 * | 2:40.89 * | 2:33.89 * | 2:26.89 * | 200 M IM | 2:18.59 * | 2:25.19 * | 2:31.79 * | 2:38.39 * | 2:51.59 * | 3:04.79 * |
| 6:57.69 * | 6:27.89 * | 5:57.99 * | 5:43.09 * | 5:28.19 * | 5:13.29 * | 400 M IM | 4:54.59 | 5:08.59 | 5:22.69 | 5:36.69 | 6:04.69 | 6:32.79 |

14 Boys

15 Girls

| | | | | | | | | | | | | |
|-----------|-----------|-----------|-----------|-----------|-----------|--------------|-----------|-----------|-----------|-----------|-----------|-----------|
| 36.89 | 34.29 | 31.59 | 30.29 | 28.99 | 27.69 | 50 M Free | 25.29 * | 26.49 * | 27.69 * | 28.89 * | 31.29 * | 33.69 * |
| 1:19.99 | 1:14.29 | 1:08.59 | 1:05.69 | 1:02.89 | 59.99 | 100 M Free | 55.29 * | 57.89 * | 1:00.59 * | 1:03.19 * | 1:08.39 * | 1:13.69 * |
| 2:52.49 | 2:40.09 | 2:27.79 | 2:21.69 | 2:15.49 | 2:09.39 | 200 M Free | 1:59.89 | 2:05.59 | 2:11.29 | 2:16.99 | 2:28.39 | 2:39.79 |
| 6:02.99 | 5:37.09 | 5:11.19 | 4:58.19 | 4:45.19 | 4:32.29 | 400 M Free | 4:14.89 | 4:26.99 | 4:39.09 | 4:51.29 | 5:15.49 | 5:39.79 |
| 12:28.99 | 11:35.49 | 10:41.99 | 10:15.29 | 9:48.49 | 9:21.79 | 800 M Free | 8:53.09 | 9:18.49 | 9:43.79 | 10:09.19 | 10:59.99 | 11:50.69 |
| 24:00.79 | 22:17.89 | 20:34.99 | 19:43.49 | 18:52.09 | 18:00.59 | 1500 M Free | 16:56.59 | 17:44.99 | 18:33.39 | 19:21.79 | 20:58.59 | 22:35.39 |
| 1:28.59 | 1:22.29 | 1:15.99 | 1:12.79 | 1:09.69 | 1:06.49 | 100 M Back | 1:01.59 | 1:04.49 | 1:07.49 | 1:10.39 | 1:16.19 | 1:22.09 |
| 3:10.89 | 2:57.29 | 2:43.59 | 2:36.79 | 2:29.99 | 2:23.19 | 200 M Back | 2:12.99 | 2:19.39 | 2:25.69 | 2:31.99 | 2:44.69 | 2:57.39 |
| 1:40.79 | 1:33.59 | 1:26.39 | 1:22.79 | 1:19.19 | 1:15.59 | 100 M Breast | 1:09.29 | 1:12.59 | 1:15.89 | 1:19.19 | 1:25.79 | 1:32.39 |
| 3:38.19 * | 3:22.59 * | 3:06.99 * | 2:59.19 * | 2:51.39 * | 2:43.59 * | 200 M Breast | 2:29.79 * | 2:36.99 * | 2:44.09 * | 2:51.19 * | 3:05.49 * | 3:19.69 * |
| 1:26.09 * | 1:19.99 * | 1:13.79 * | 1:10.79 * | 1:07.69 * | 1:04.59 * | 100 M Fly | 58.99 | 1:01.79 | 1:04.59 | 1:07.39 | 1:12.99 | 1:18.59 |
| 3:10.89 | 2:57.19 | 2:43.59 | 2:36.79 | 2:29.99 | 2:23.19 | 200 M Fly | 2:11.69 * | 2:17.99 * | 2:24.19 * | 2:30.49 * | 2:43.09 * | 2:55.59 * |
| 3:15.09 | 3:01.19 | 2:47.19 | 2:40.29 | 2:33.29 | 2:26.29 | 200 M IM | 2:15.29 | 2:21.79 | 2:28.19 | 2:34.69 | 2:47.49 | 3:00.39 |
| 6:53.29 | 6:23.79 | 5:54.29 | 5:39.49 | 5:24.69 | 5:09.99 | 400 M IM | 4:46.69 | 5:00.29 | 5:13.99 | 5:27.59 | 5:54.89 | 6:22.19 |

15 Boys

16 Girls

| | | | | | | | | | | | | |
|-----------|-----------|-----------|-----------|-----------|-----------|--------------|------------|------------|------------|------------|------------|------------|
| 36.59 | 33.99 | 31.29 * | 29.99 * | 28.69 * | 27.39 * | 50 M Free | 24.79 * | 25.99 * | 27.19 * | 28.39 * | 30.69 * | 33.09 * |
| 1:19.29 * | 1:13.59 * | 1:07.99 * | 1:05.19 * | 1:02.29 * | 59.49 * | 100 M Free | 53.99 * | 56.59 * | 59.19 * | 1:01.69 * | 1:06.89 * | 1:11.99 * |
| 2:51.19 * | 2:38.99 * | 2:26.79 * | 2:20.59 * | 2:14.49 * | 2:08.39 * | 200 M Free | 1:58.19 | 2:03.89 | 2:09.49 | 2:15.09 | 2:26.39 | 2:37.59 |
| 6:00.39 | 5:34.69 | 5:08.89 | 4:55.99 | 4:43.19 | 4:30.29 | 400 M Free | 4:10.39 | 4:22.29 | 4:34.19 | 4:46.19 | 5:09.99 | 5:33.89 |
| 12:23.29 | 11:30.19 | 10:37.09 | 10:10.59 | 9:44.09 | 9:17.49 | 800 M Free | 8:45.89 * | 9:10.99 * | 9:35.99 * | 10:00.99 * | 10:51.09 * | 11:41.19 * |
| 23:47.39 | 22:05.39 | 20:23.49 | 19:32.49 | 18:41.49 | 17:50.59 | 1500 M Free | 16:43.59 * | 17:31.39 * | 18:19.19 * | 19:06.89 * | 20:42.49 * | 22:18.09 * |
| 1:27.69 * | 1:21.39 * | 1:15.19 * | 1:11.99 * | 1:08.89 * | 1:05.79 * | 100 M Back | 1:00.39 * | 1:03.29 * | 1:06.19 * | 1:09.09 * | 1:14.79 * | 1:20.59 * |
| 3:09.59 | 2:56.09 | 2:42.59 | 2:35.79 | 2:28.99 | 2:22.19 | 200 M Back | 2:10.29 | 2:16.49 | 2:22.69 | 2:28.89 | 2:41.39 | 2:53.79 |
| 1:40.09 * | 1:32.89 * | 1:25.79 * | 1:22.19 * | 1:18.59 * | 1:15.09 * | 100 M Breast | 1:07.69 * | 1:10.89 * | 1:14.09 * | 1:17.29 * | 1:23.79 * | 1:30.19 * |
| 3:36.39 * | 3:20.99 * | 3:05.49 * | 2:57.79 * | 2:50.09 * | 2:42.29 * | 200 M Breast | 2:27.29 * | 2:34.39 * | 2:41.39 * | 2:48.39 * | 3:02.39 * | 3:16.39 * |
| 1:25.59 | 1:19.49 | 1:13.39 | 1:10.29 | 1:07.19 | 1:04.19 | 100 M Fly | 58.19 | 1:00.99 | 1:03.69 | 1:06.49 | 1:11.99 | 1:17.59 |
| 3:09.69 | 2:56.19 | 2:42.59 | 2:35.79 | 2:29.09 | 2:22.29 | 200 M Fly | 2:09.49 | 2:15.69 | 2:21.89 | 2:27.99 | 2:40.39 | 2:52.69 |
| 3:13.39 | 2:59.59 | 2:45.69 | 2:38.79 | 2:31.89 | 2:24.99 | 200 M IM | 2:12.59 | 2:18.89 | 2:25.29 | 2:31.59 | 2:44.19 | 2:56.79 |
| 6:48.99 | 6:19.79 | 5:50.59 | 5:35.99 | 5:21.39 | 5:06.79 | 400 M IM | 4:41.59 | 4:54.99 | 5:08.49 | 5:21.89 | 5:48.69 | 6:15.49 |

16 Boys

2021-2024 National Single Age Motivational Times

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17 Girls

| | | | | | | | | | | | | |
|-----------|-----------|-----------|-----------|-----------|-----------|--------------|-----------|-----------|-----------|-----------|------------|------------|
| 36.49 | 33.89 | 31.29 | 29.99 | 28.69 | 27.39 | 50 M Free | 24.69 | 25.79 * | 26.99 * | 28.19 | 30.49 * | 32.89 |
| 1:19.09 * | 1:13.49 * | 1:07.79 * | 1:04.99 * | 1:02.19 | 59.39 | 100 M Free | 53.39 * | 55.99 * | 58.49 * | 1:00.99 * | 1:06.09 * | 1:11.19 * |
| 2:50.69 | 2:38.49 | 2:26.29 | 2:20.19 | 2:14.09 | 2:07.99 | 200 M Free | 1:57.29 * | 2:02.89 * | 2:08.49 * | 2:14.09 * | 2:25.29 * | 2:36.39 * |
| 5:59.69 | 5:33.99 | 5:08.29 | 4:55.49 | 4:42.59 | 4:29.79 | 400 M Free | 4:09.49 * | 4:21.29 * | 4:33.19 * | 4:45.09 * | 5:08.79 * | 5:32.59 * |
| 12:21.39 | 11:28.49 | 10:35.49 | 10:09.09 | 9:42.59 | 9:16.09 | 800 M Free | 8:37.99 * | 9:02.69 * | 9:27.39 * | 9:51.99 * | 10:41.39 * | 11:30.69 * |
| 23:53.19 | 22:10.89 | 20:28.49 | 19:37.29 | 18:46.09 | 17:54.89 | 1500 M Free | 16:35.49 | 17:22.89 | 18:10.29 | 18:57.69 | 20:32.49 | 22:07.29 |
| 1:27.79 * | 1:21.49 * | 1:15.19 * | 1:12.09 * | 1:08.99 * | 1:05.79 * | 100 M Back | 59.79 | 1:02.59 | 1:05.49 | 1:08.29 | 1:13.99 | 1:19.69 |
| 3:09.59 | 2:56.09 | 2:42.49 | 2:35.69 | 2:28.99 | 2:22.19 | 200 M Back | 2:09.19 | 2:15.29 | 2:21.49 | 2:27.59 | 2:39.89 | 2:52.19 |
| 1:39.59 * | 1:32.49 * | 1:25.39 * | 1:21.79 * | 1:18.29 * | 1:14.69 * | 100 M Breast | 1:06.89 * | 1:10.09 * | 1:13.29 * | 1:16.49 * | 1:22.79 * | 1:29.19 * |
| 3:35.59 * | 3:20.19 * | 3:04.79 * | 2:57.09 * | 2:49.39 * | 2:41.69 * | 200 M Breast | 2:25.49 * | 2:32.39 * | 2:39.29 * | 2:46.29 * | 3:00.09 * | 3:13.99 * |
| 1:24.99 * | 1:18.89 * | 1:12.89 * | 1:09.79 * | 1:06.79 * | 1:03.79 * | 100 M Fly | 57.39 * | 1:00.09 * | 1:02.89 * | 1:05.59 * | 1:10.99 * | 1:16.49 * |
| 3:07.19 | 2:53.89 | 2:40.49 | 2:33.79 | 2:27.09 | 2:20.39 | 200 M Fly | 2:07.79 * | 2:13.89 * | 2:19.99 * | 2:26.09 * | 2:38.29 * | 2:50.39 * |
| 3:12.59 | 2:58.89 | 2:45.09 | 2:38.19 | 2:31.29 | 2:24.49 | 200 M IM | 2:11.59 * | 2:17.79 * | 2:24.09 * | 2:30.39 * | 2:42.89 * | 2:55.39 * |
| 6:48.29 | 6:19.09 | 5:49.89 | 5:35.39 | 5:20.79 | 5:06.19 | 400 M IM | 4:39.79 | 4:53.09 | 5:06.39 | 5:19.69 | 5:46.39 | 6:12.99 |

17 Boys

18 Girls

| | | | | | | | | | | | | |
|-----------|-----------|-----------|-----------|-----------|-----------|--------------|-----------|-----------|-----------|-----------|------------|------------|
| 36.39 | 33.79 | 31.19 | 29.89 | 28.59 | 27.29 | 50 M Free | 24.39 * | 25.59 * | 26.69 * | 27.89 * | 30.19 * | 32.49 * |
| 1:19.19 | 1:13.59 | 1:07.89 | 1:05.09 | 1:02.19 | 59.39 | 100 M Free | 53.29 * | 55.89 * | 58.39 * | 1:00.99 * | 1:05.99 * | 1:11.09 * |
| 2:50.49 | 2:38.29 | 2:26.19 | 2:20.09 | 2:13.99 | 2:07.89 | 200 M Free | 1:56.89 * | 2:02.49 * | 2:07.99 * | 2:13.59 * | 2:24.69 * | 2:35.89 * |
| 6:00.09 * | 5:34.39 * | 5:08.69 * | 4:55.79 * | 4:42.89 * | 4:30.09 * | 400 M Free | 4:08.59 * | 4:20.39 * | 4:32.19 * | 4:44.09 * | 5:07.69 * | 5:31.39 * |
| 12:19.59 | 11:26.79 | 10:33.99 | 10:07.59 | 9:41.09 | 9:14.69 | 800 M Free | 8:41.79 * | 9:06.69 * | 9:31.49 * | 9:56.39 * | 10:46.09 * | 11:35.79 * |
| 23:39.89 | 21:58.49 | 20:17.09 | 19:26.39 | 18:35.59 | 17:44.89 | 1500 M Free | 16:35.79 | 17:23.19 | 18:10.59 | 18:57.99 | 20:32.89 | 22:07.69 |
| 1:27.79 * | 1:21.59 * | 1:15.29 * | 1:12.19 * | 1:08.99 * | 1:05.89 * | 100 M Back | 59.39 * | 1:02.19 * | 1:05.09 * | 1:07.89 * | 1:13.59 * | 1:19.19 * |
| 3:09.59 * | 2:56.09 | 2:42.49 * | 2:35.69 * | 2:28.99 | 2:22.19 * | 200 M Back | 2:09.29 * | 2:15.39 * | 2:21.59 * | 2:27.69 * | 2:39.99 * | 2:52.29 * |
| 1:39.59 | 1:32.49 | 1:25.29 | 1:21.79 | 1:18.19 | 1:14.69 | 100 M Breast | 1:06.49 * | 1:09.69 * | 1:12.79 * | 1:15.99 * | 1:22.29 * | 1:28.59 * |
| 3:34.39 | 3:19.09 | 3:03.69 | 2:56.09 | 2:48.39 | 2:40.79 | 200 M Breast | 2:25.29 * | 2:32.19 * | 2:39.09 * | 2:45.99 * | 2:59.79 * | 3:13.69 * |
| 1:24.89 * | 1:18.89 * | 1:12.79 * | 1:09.79 * | 1:06.79 | 1:03.69 * | 100 M Fly | 56.99 * | 59.69 * | 1:02.39 * | 1:05.19 * | 1:10.59 * | 1:15.99 * |
| 3:08.49 | 2:55.09 | 2:41.59 | 2:34.89 | 2:28.09 | 2:21.39 | 200 M Fly | 2:06.59 * | 2:12.69 * | 2:18.69 * | 2:24.69 * | 2:36.79 * | 2:48.79 * |
| 3:12.29 | 2:58.59 | 2:44.79 | 2:37.99 | 2:31.09 | 2:24.19 | 200 M IM | 2:10.99 | 2:17.29 | 2:23.49 | 2:29.69 | 2:42.19 | 2:54.69 |
| 6:47.89 | 6:18.79 | 5:49.59 | 5:35.09 | 5:20.49 | 5:05.89 | 400 M IM | 4:38.59 | 4:51.89 | 5:05.09 | 5:18.39 | 5:44.89 | 6:11.39 |

18 Boys

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Short Course Meters

| B Min | BB Min | A Min | AA Min | AAA Min | AAAA Min | | AAAA Min | AAA Min | AA Min | A Min | BB Min | B Min |
|-----------------|----------|----------|----------|----------|----------|----------------|----------|----------|----------|----------|----------|----------|
| 10 Girls | | | | | | 10 Boys | | | | | | |
| 42.99 | 38.89 | 34.69 | 33.29 | 31.89 | 30.59 | 50 M Free | 30.29 | 31.59 | 32.89 | 34.19 | 38.09 | 41.99 |
| 1:38.99 | 1:28.39 | 1:17.89 | 1:14.39 | 1:10.89 | 1:07.39 | 100 M Free | 1:06.99 | 1:10.29 | 1:13.69 | 1:16.99 | 1:26.99 | 1:36.99 |
| 3:40.09 | 3:15.99 | 2:51.89 | 2:43.89 | 2:35.79 | 2:27.79 | 200 M Free | 2:24.39 | 2:31.29 | 2:38.19 | 2:44.99 | 3:05.69 | 3:26.29 |
| 7:21.99 | 6:37.79 | 5:53.59 | 5:38.89 | 5:24.09 | 5:09.39 | 400 M Free | 5:04.09 | 5:18.59 | 5:33.09 | 5:47.59 | 6:30.99 | 7:14.39 |
| 51.99 | 46.29 | 40.59 | 38.69 | 36.79 | 34.89 | 50 M Back | 35.09 | 37.09 | 38.99 | 40.99 | 46.79 | 52.69 |
| 1:52.69 | 1:40.19 | 1:27.69 | 1:23.49 | 1:19.29 | 1:15.19 | 100 M Back | 1:15.59 | 1:19.39 | 1:23.29 | 1:27.09 | 1:38.69 | 1:50.29 |
| 58.89 | 52.49 | 46.19 | 44.09 | 41.89 | 39.79 | 50 M Breast | 39.19 | 41.19 | 43.29 | 45.29 | 51.39 | 57.59 |
| 2:10.49 | 1:55.99 | 1:41.49 | 1:36.69 | 1:31.89 | 1:26.99 | 100 M Breast | 1:25.59 | 1:29.79 | 1:34.09 | 1:38.29 | 1:51.09 | 2:03.89 |
| 52.39 | 46.19 | 39.99 | 37.99 | 35.89 | 33.79 | 50 M Fly | 33.49 | 35.29 | 37.19 | 39.09 | 44.79 | 50.49 |
| 2:05.99 | 1:49.49 | 1:32.99 | 1:27.49 | 1:21.99 | 1:16.49 | 100 M Fly | 1:15.59 | 1:20.89 | 1:26.19 | 1:31.39 | 1:47.19 | 2:03.09 |
| 1:52.39 | 1:40.39 | 1:28.49 | 1:24.49 | 1:20.49 | 1:16.49 | 100 M IM | 1:16.29 | 1:19.89 | 1:23.59 | 1:27.19 | 1:38.09 | 1:48.99 |
| 4:01.09 | 3:35.79 | 3:10.49 | 3:02.09 | 2:53.69 | 2:45.29 | 200 M IM | 2:44.29 | 2:52.49 | 3:00.69 | 3:08.89 | 3:33.49 | 3:58.09 |
| 11 Girls | | | | | | 11 Boys | | | | | | |
| 38.59 | 35.89 | 33.19 | 31.89 | 30.49 | 29.19 | 50 M Free | 28.79 | 30.19 | 31.59 | 32.89 | 35.69 | 38.39 |
| 1:24.39 | 1:18.39 | 1:12.29 | 1:09.29 | 1:06.29 | 1:03.29 | 100 M Free | 1:02.99 | 1:05.99 | 1:08.99 | 1:11.99 | 1:17.99 | 1:23.99 |
| 3:03.19 | 2:50.09 | 2:36.99 | 2:30.49 | 2:23.89 | 2:17.39 | 200 M Free | 2:16.69 | 2:23.19 | 2:29.69 | 2:36.19 | 2:49.29 | 3:02.29 |
| 6:32.09 | 6:04.09 | 5:36.09 | 5:22.09 | 5:08.09 | 4:54.09 | 400 M Free | 4:49.89 | 5:03.69 | 5:17.49 | 5:31.29 | 5:58.89 | 6:26.49 |
| 13:34.39 | 12:36.29 | 11:38.09 | 11:08.99 | 10:39.89 | 10:10.79 | 800 M Free | 10:06.19 | 10:35.09 | 11:03.99 | 11:32.79 | 12:30.59 | 13:28.29 |
| 26:01.19 | 24:09.69 | 22:18.19 | 21:22.39 | 20:26.69 | 19:30.89 | 1500 M Free | 19:21.19 | 20:16.49 | 21:11.79 | 22:06.99 | 23:57.59 | 25:48.19 |
| 43.79 | 40.69 | 37.59 | 35.99 | 34.49 | 32.89 | 50 M Back | 33.09 | 34.89 | 36.59 | 38.29 | 41.79 | 45.19 |
| 1:37.19 | 1:29.49 | 1:21.89 | 1:17.99 | 1:14.19 | 1:10.39 | 100 M Back | 1:10.49 | 1:14.39 | 1:18.19 | 1:21.99 | 1:29.69 | 1:37.39 |
| 3:24.29 | 3:09.69 | 2:55.09 | 2:47.79 | 2:40.49 | 2:33.19 | 200 M Back | 2:33.39 | 2:40.69 | 2:47.99 | 2:55.29 | 3:09.89 | 3:24.49 |
| 49.59 | 46.09 | 42.59 | 40.79 | 38.99 | 37.19 | 50 M Breast | 36.99 | 38.99 | 40.99 | 42.99 | 47.09 | 51.09 |
| 1:49.49 | 1:41.39 | 1:33.29 | 1:29.29 | 1:25.19 | 1:21.19 | 100 M Breast | 1:20.09 | 1:24.29 | 1:28.39 | 1:32.59 | 1:40.99 | 1:49.29 |
| 3:53.89 | 3:37.19 | 3:20.49 | 3:12.09 | 3:03.79 | 2:55.39 | 200 M Breast | 2:53.49 | 3:01.69 | 3:09.99 | 3:18.29 | 3:34.79 | 3:51.29 |
| 42.09 | 39.09 | 36.09 | 34.59 | 33.09 | 31.59 | 50 M Fly | 31.59 | 33.39 | 35.09 | 36.89 | 40.39 | 43.89 |
| 1:38.09 | 1:30.19 | 1:22.39 | 1:18.49 | 1:14.59 | 1:10.69 | 100 M Fly | 1:10.39 | 1:14.49 | 1:18.49 | 1:22.59 | 1:30.69 | 1:38.79 |
| 3:30.09 | 3:15.09 | 3:00.09 | 2:52.59 | 2:45.09 | 2:37.59 | 200 M Fly | 2:37.49 | 2:44.99 | 2:52.49 | 2:59.99 | 3:14.99 | 3:29.99 |
| 1:36.19 | 1:29.29 | 1:22.49 | 1:18.99 | 1:15.59 | 1:12.19 | 100 M IM | 1:12.09 | 1:15.59 | 1:19.09 | 1:22.59 | 1:29.59 | 1:36.59 |
| 3:26.19 | 3:11.49 | 2:56.79 | 2:49.39 | 2:41.99 | 2:34.69 | 200 M IM | 2:35.29 | 2:43.19 | 2:51.09 | 2:59.09 | 3:14.89 | 3:30.69 |
| 7:20.59 | 6:49.19 | 6:17.69 | 6:01.89 | 5:46.19 | 5:30.49 | 400 M IM | 5:30.79 | 5:46.59 | 6:02.29 | 6:18.09 | 6:49.59 | 7:21.09 |
| 12 Girls | | | | | | 12 Boys | | | | | | |
| 37.29 | 34.69 | 32.19 | 30.89 | 29.59 | 28.29 | 50 M Free | 26.99 | 28.29 | 29.59 | 30.89 | 33.39 | 35.99 |
| 1:21.29 | 1:15.49 | 1:09.69 | 1:06.79 | 1:03.89 | 1:00.99 | 100 M Free | 58.89 | 1:01.69 | 1:04.49 | 1:07.29 | 1:12.89 | 1:18.49 |
| 2:57.69 | 2:44.99 | 2:32.29 | 2:25.99 | 2:19.69 | 2:13.29 | 200 M Free | 2:08.29 | 2:14.39 | 2:20.49 | 2:26.69 | 2:38.89 | 2:51.09 |
| 6:14.39 | 5:47.69 | 5:20.89 | 5:07.59 | 4:54.19 | 4:40.79 | 400 M Free | 4:33.89 | 4:46.89 | 4:59.99 | 5:12.99 | 5:39.09 | 6:05.19 |
| 12:57.19 | 12:01.69 | 11:06.19 | 10:38.49 | 10:10.69 | 9:42.89 | 800 M Free | 9:32.69 | 9:59.99 | 10:27.29 | 10:54.59 | 11:49.09 | 12:43.59 |
| 24:45.29 | 22:59.19 | 21:13.09 | 20:20.09 | 19:26.99 | 18:33.99 | 1500 M Free | 18:09.99 | 19:01.89 | 19:53.79 | 20:45.69 | 22:29.59 | 24:13.39 |
| 42.49 | 39.49 | 36.39 | 34.89 | 33.39 | 31.89 | 50 M Back | 30.99 | 32.59 | 34.19 | 35.79 | 39.09 | 42.29 |
| 1:34.19 | 1:26.79 | 1:19.39 | 1:15.59 | 1:11.89 | 1:08.19 | 100 M Back | 1:06.29 | 1:09.89 | 1:13.49 | 1:17.09 | 1:24.29 | 1:31.59 |
| 3:15.29 | 3:01.29 | 2:47.39 | 2:40.39 | 2:33.39 | 2:26.49 | 200 M Back | 2:23.09 | 2:29.89 | 2:36.69 | 2:43.59 | 2:57.19 | 3:10.79 |
| 47.59 | 44.19 | 40.79 | 39.09 | 37.39 | 35.69 | 50 M Breast | 34.39 | 36.19 | 38.09 | 39.99 | 43.69 | 47.39 |
| 1:44.59 | 1:36.89 | 1:29.19 | 1:25.29 | 1:21.39 | 1:17.59 | 100 M Breast | 1:14.19 | 1:17.99 | 1:21.89 | 1:25.69 | 1:33.49 | 1:41.19 |
| 3:43.99 | 3:27.99 | 3:11.99 | 3:03.99 | 2:55.99 | 2:47.99 | 200 M Breast | 2:41.99 | 2:49.69 | 2:57.39 | 3:05.19 | 3:20.59 | 3:35.99 |
| 40.69 | 37.79 | 34.89 | 33.39 | 31.99 | 30.49 | 50 M Fly | 29.59 | 31.19 | 32.79 | 34.49 | 37.79 | 40.99 |
| 1:33.99 | 1:26.49 | 1:18.99 | 1:15.19 | 1:11.49 | 1:07.69 | 100 M Fly | 1:05.59 | 1:09.39 | 1:13.19 | 1:16.89 | 1:24.49 | 1:32.09 |
| 3:19.19 | 3:04.99 | 2:50.79 | 2:43.69 | 2:36.59 | 2:29.39 | 200 M Fly | 2:25.99 | 2:32.89 | 2:39.89 | 2:46.79 | 3:00.69 | 3:14.59 |
| 1:33.29 | 1:26.59 | 1:19.89 | 1:16.59 | 1:13.29 | 1:09.99 | 100 M IM | 1:06.69 | 1:09.89 | 1:13.19 | 1:16.39 | 1:22.89 | 1:29.39 |
| 3:19.59 | 3:05.29 | 2:51.09 | 2:43.89 | 2:36.79 | 2:29.69 | 200 M IM | 2:24.59 | 2:31.99 | 2:39.39 | 2:46.69 | 3:01.49 | 3:16.19 |
| 7:04.49 | 6:34.19 | 6:03.89 | 5:48.69 | 5:33.59 | 5:18.39 | 400 M IM | 5:09.19 | 5:23.89 | 5:38.69 | 5:53.39 | 6:22.79 | 6:52.29 |

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13 Girls

| | | | | | | | | | | | | |
|----------|----------|----------|----------|----------|----------|--------------|----------|----------|----------|----------|----------|----------|
| 36.89 | 34.29 | 31.69 | 30.39 | 28.99 | 27.69 | 50 M Free | 25.89 | 27.19 | 28.39 | 29.59 | 32.09 | 34.49 |
| 1:19.89 | 1:14.19 | 1:08.49 | 1:05.59 | 1:02.79 | 59.89 | 100 M Free | 56.49 | 59.09 | 1:01.79 | 1:04.49 | 1:09.89 | 1:15.29 |
| 2:52.59 | 2:40.29 | 2:27.99 | 2:21.79 | 2:15.69 | 2:09.49 | 200 M Free | 2:02.69 | 2:08.49 | 2:14.29 | 2:20.19 | 2:31.89 | 2:43.49 |
| 6:05.69 | 5:39.59 | 5:13.39 | 5:00.39 | 4:47.29 | 4:34.29 | 400 M Free | 4:21.59 | 4:33.99 | 4:46.49 | 4:58.89 | 5:23.89 | 5:48.79 |
| 12:33.89 | 11:40.09 | 10:46.19 | 10:19.29 | 9:52.39 | 9:25.39 | 800 M Free | 9:03.19 | 9:29.09 | 9:54.89 | 10:20.79 | 11:12.49 | 12:04.29 |
| 23:54.69 | 22:12.19 | 20:29.79 | 19:38.49 | 18:47.29 | 17:55.99 | 1500 M Free | 17:12.49 | 18:01.69 | 18:50.79 | 19:39.99 | 21:18.29 | 22:56.69 |
| 1:28.29 | 1:21.99 | 1:15.69 | 1:12.49 | 1:09.39 | 1:06.19 | 100 M Back | 1:02.49 | 1:05.49 | 1:08.39 | 1:11.39 | 1:17.39 | 1:23.29 |
| 3:09.99 | 2:56.39 | 2:42.89 | 2:36.09 | 2:29.29 | 2:22.49 | 200 M Back | 2:15.39 | 2:21.89 | 2:28.29 | 2:34.79 | 2:47.69 | 3:00.59 |
| 1:40.09 | 1:32.99 | 1:25.79 | 1:22.29 | 1:18.69 | 1:15.09 | 100 M Breast | 1:10.19 | 1:13.59 | 1:16.89 | 1:20.19 | 1:26.89 | 1:33.59 |
| 3:37.59 | 3:22.09 | 3:06.49 | 2:58.79 | 2:50.99 | 2:43.19 | 200 M Breast | 2:31.99 | 2:39.19 | 2:46.49 | 2:53.69 | 3:08.19 | 3:22.69 |
| 1:27.09 | 1:20.89 | 1:14.69 | 1:11.59 | 1:08.49 | 1:05.29 | 100 M Fly | 1:01.59 | 1:04.49 | 1:07.49 | 1:10.39 | 1:16.29 | 1:22.09 |
| 3:13.69 | 2:59.79 | 2:45.99 | 2:39.09 | 2:32.19 | 2:25.29 | 200 M Fly | 2:16.69 | 2:23.19 | 2:29.69 | 2:36.19 | 2:49.29 | 3:02.29 |
| 3:14.09 | 3:00.19 | 2:46.39 | 2:39.39 | 2:32.49 | 2:25.59 | 200 M IM | 2:17.79 | 2:24.39 | 2:30.89 | 2:37.49 | 2:50.59 | 3:03.69 |
| 6:52.69 | 6:23.19 | 5:53.69 | 5:38.99 | 5:24.29 | 5:09.49 | 400 M IM | 4:53.19 | 5:07.09 | 5:21.09 | 5:35.09 | 6:02.99 | 6:30.89 |

13 Boys

14 Girls

| | | | | | | | | | | | | |
|----------|----------|----------|----------|----------|----------|--------------|----------|----------|----------|----------|----------|----------|
| 36.09 | 33.49 | 30.89 | 29.59 | 28.39 | 27.09 | 50 M Free | 24.89 | 26.09 | 27.29 | 28.39 | 30.79 | 33.19 |
| 1:18.49 | 1:12.89 | 1:07.29 | 1:04.49 | 1:01.69 | 58.89 | 100 M Free | 54.39 | 56.99 | 59.59 | 1:02.19 | 1:07.39 | 1:12.49 |
| 2:49.29 | 2:37.19 | 2:25.09 | 2:18.99 | 2:12.99 | 2:06.99 | 200 M Free | 1:58.29 | 2:03.89 | 2:09.49 | 2:15.19 | 2:26.39 | 2:37.69 |
| 5:58.49 | 5:32.89 | 5:07.29 | 4:54.49 | 4:41.69 | 4:28.89 | 400 M Free | 4:13.29 | 4:25.39 | 4:37.39 | 4:49.49 | 5:13.59 | 5:37.69 |
| 12:22.79 | 11:29.69 | 10:36.69 | 10:10.19 | 9:43.59 | 9:17.09 | 800 M Free | 8:45.59 | 9:10.59 | 9:35.59 | 10:00.69 | 10:50.69 | 11:40.79 |
| 23:17.39 | 21:37.59 | 19:57.79 | 19:07.89 | 18:17.99 | 17:28.09 | 1500 M Free | 16:39.29 | 17:26.89 | 18:14.49 | 19:01.99 | 20:37.19 | 22:12.39 |
| 1:25.79 | 1:19.69 | 1:13.59 | 1:10.49 | 1:07.39 | 1:04.39 | 100 M Back | 59.79 | 1:02.59 | 1:05.49 | 1:08.29 | 1:13.99 | 1:19.69 |
| 3:05.39 | 2:52.19 | 2:38.99 | 2:32.29 | 2:25.69 | 2:19.09 | 200 M Back | 2:10.19 | 2:16.39 | 2:22.59 | 2:28.79 | 2:41.19 | 2:53.59 |
| 1:38.59 | 1:31.59 | 1:24.49 | 1:20.99 | 1:17.49 | 1:13.99 | 100 M Breast | 1:07.59 | 1:10.79 | 1:13.99 | 1:17.19 | 1:23.69 | 1:30.09 |
| 3:32.39 | 3:17.19 | 3:02.09 | 2:54.49 | 2:46.89 | 2:39.29 | 200 M Breast | 2:27.19 | 2:34.19 | 2:41.19 | 2:48.19 | 3:02.19 | 3:16.19 |
| 1:25.19 | 1:19.19 | 1:13.09 | 1:09.99 | 1:06.99 | 1:03.89 | 100 M Fly | 59.29 | 1:02.09 | 1:04.89 | 1:07.69 | 1:13.39 | 1:18.99 |
| 3:08.39 | 2:54.99 | 2:41.49 | 2:34.79 | 2:27.99 | 2:21.29 | 200 M Fly | 2:11.49 | 2:17.79 | 2:23.99 | 2:30.29 | 2:42.79 | 2:55.29 |
| 3:09.69 | 2:56.19 | 2:42.59 | 2:35.89 | 2:29.09 | 2:22.29 | 200 M IM | 2:12.59 | 2:18.89 | 2:25.19 | 2:31.59 | 2:44.19 | 2:56.79 |
| 6:43.79 | 6:14.99 | 5:46.19 | 5:31.69 | 5:17.29 | 5:02.89 | 400 M IM | 4:43.29 | 4:56.79 | 5:10.29 | 5:23.79 | 5:50.69 | 6:17.69 |

14 Boys

15 Girls

| | | | | | | | | | | | | |
|----------|----------|----------|----------|----------|----------|--------------|----------|----------|----------|----------|----------|----------|
| 35.89 | 33.29 | 30.79 | 29.49 | 28.19 | 26.89 | 50 M Free | 24.49 | 25.59 | 26.79 | 27.99 | 30.29 | 32.59 |
| 1:17.69 | 1:12.09 | 1:06.59 | 1:03.79 | 1:00.99 | 58.29 | 100 M Free | 53.29 | 55.79 | 58.39 | 1:00.89 | 1:05.99 | 1:10.99 |
| 2:47.39 | 2:35.49 | 2:23.49 | 2:17.49 | 2:11.59 | 2:05.59 | 200 M Free | 1:55.89 | 2:01.39 | 2:06.89 | 2:12.39 | 2:23.39 | 2:34.49 |
| 5:53.99 | 5:28.69 | 5:03.39 | 4:50.79 | 4:38.09 | 4:25.49 | 400 M Free | 4:08.19 | 4:19.99 | 4:31.79 | 4:43.59 | 5:07.19 | 5:30.89 |
| 12:14.89 | 11:22.39 | 10:29.89 | 10:03.69 | 9:37.39 | 9:11.19 | 800 M Free | 8:36.39 | 9:00.99 | 9:25.59 | 9:50.09 | 10:39.29 | 11:28.49 |
| 23:09.49 | 21:30.19 | 19:50.99 | 19:01.29 | 18:11.69 | 17:22.09 | 1500 M Free | 16:23.69 | 17:10.59 | 17:57.39 | 18:44.29 | 20:17.99 | 21:51.59 |
| 1:24.69 | 1:18.59 | 1:12.59 | 1:09.49 | 1:06.49 | 1:03.49 | 100 M Back | 58.29 | 1:01.09 | 1:03.89 | 1:06.69 | 1:12.19 | 1:17.79 |
| 3:02.89 | 2:49.79 | 2:36.79 | 2:30.29 | 2:23.69 | 2:17.19 | 200 M Back | 2:06.89 | 2:12.99 | 2:18.99 | 2:25.09 | 2:37.09 | 2:49.19 |
| 1:36.79 | 1:29.89 | 1:22.99 | 1:19.49 | 1:15.99 | 1:12.59 | 100 M Breast | 1:05.79 | 1:08.89 | 1:11.99 | 1:15.19 | 1:21.39 | 1:27.69 |
| 3:30.89 | 3:15.79 | 3:00.79 | 2:53.19 | 2:45.69 | 2:38.19 | 200 M Breast | 2:23.79 | 2:30.69 | 2:37.49 | 2:44.29 | 2:57.99 | 3:11.69 |
| 1:24.59 | 1:18.59 | 1:12.49 | 1:09.49 | 1:06.49 | 1:03.49 | 100 M Fly | 57.69 | 1:00.49 | 1:03.19 | 1:05.99 | 1:11.39 | 1:16.89 |
| 3:06.59 | 2:53.29 | 2:39.99 | 2:33.29 | 2:26.59 | 2:19.99 | 200 M Fly | 2:08.49 | 2:14.59 | 2:20.69 | 2:26.79 | 2:39.09 | 2:51.29 |
| 3:07.39 | 2:54.09 | 2:40.69 | 2:33.99 | 2:27.29 | 2:20.59 | 200 M IM | 2:09.59 | 2:15.79 | 2:21.99 | 2:28.19 | 2:40.49 | 2:52.79 |
| 6:40.19 | 6:11.59 | 5:42.99 | 5:28.69 | 5:14.49 | 5:00.19 | 400 M IM | 4:35.89 | 4:48.99 | 5:02.19 | 5:15.29 | 5:41.59 | 6:07.79 |

15 Boys

16 Girls

| | | | | | | | | | | | | |
|----------|----------|----------|----------|----------|----------|--------------|----------|----------|----------|----------|----------|----------|
| 35.49 | 32.99 | 30.49 | 29.19 | 27.89 | 26.69 | 50 M Free | 23.99 | 25.09 | 26.29 | 27.39 | 29.69 | 31.99 |
| 1:16.99 | 1:11.49 | 1:05.99 | 1:03.19 | 1:00.49 | 57.69 | 100 M Free | 52.19 | 54.69 | 57.19 | 59.69 | 1:04.69 | 1:09.59 |
| 2:46.39 | 2:34.49 | 2:22.59 | 2:16.69 | 2:10.79 | 2:04.79 | 200 M Free | 1:53.79 | 1:59.19 | 2:04.59 | 2:09.99 | 2:20.89 | 2:31.69 |
| 5:52.29 | 5:27.09 | 5:01.99 | 4:49.39 | 4:36.79 | 4:24.19 | 400 M Free | 4:04.09 | 4:15.69 | 4:27.29 | 4:38.89 | 5:02.19 | 5:25.39 |
| 12:10.89 | 11:18.69 | 10:26.49 | 10:00.39 | 9:34.29 | 9:08.19 | 800 M Free | 8:29.79 | 8:53.99 | 9:18.29 | 9:42.59 | 10:31.09 | 11:19.69 |
| 23:10.09 | 21:30.79 | 19:51.49 | 19:01.89 | 18:12.19 | 17:22.59 | 1500 M Free | 16:09.59 | 16:55.69 | 17:41.89 | 18:28.09 | 20:00.39 | 21:32.69 |
| 1:23.49 | 1:17.59 | 1:11.59 | 1:08.59 | 1:05.59 | 1:02.69 | 100 M Back | 56.69 | 59.39 | 1:02.09 | 1:04.79 | 1:10.19 | 1:15.59 |
| 3:01.49 | 2:48.59 | 2:35.59 | 2:29.09 | 2:22.69 | 2:16.19 | 200 M Back | 2:04.39 | 2:10.29 | 2:16.19 | 2:22.09 | 2:33.99 | 2:45.79 |
| 1:35.69 | 1:28.89 | 1:22.09 | 1:18.59 | 1:15.19 | 1:11.79 | 100 M Breast | 1:04.59 | 1:07.69 | 1:10.79 | 1:13.89 | 1:19.99 | 1:26.19 |
| 3:28.49 | 3:13.59 | 2:58.69 | 2:51.19 | 2:43.79 | 2:36.39 | 200 M Breast | 2:20.59 | 2:27.29 | 2:33.99 | 2:40.69 | 2:54.09 | 3:07.49 |
| 1:23.39 | 1:17.39 | 1:11.49 | 1:08.49 | 1:05.49 | 1:02.59 | 100 M Fly | 56.79 | 59.49 | 1:02.19 | 1:04.89 | 1:10.29 | 1:15.69 |
| 3:04.39 | 2:51.19 | 2:38.09 | 2:31.49 | 2:24.89 | 2:18.29 | 200 M Fly | 2:05.49 | 2:11.49 | 2:17.49 | 2:23.39 | 2:35.39 | 2:47.29 |
| 3:06.19 | 2:52.89 | 2:39.59 | 2:32.89 | 2:26.29 | 2:19.59 | 200 M IM | 2:06.29 | 2:12.29 | 2:18.29 | 2:24.39 | 2:36.39 | 2:48.39 |
| 6:35.09 | 6:06.89 | 5:38.69 | 5:24.59 | 5:10.49 | 4:56.39 | 400 M IM | 4:33.29 | 4:46.29 | 4:59.29 | 5:12.29 | 5:38.29 | 6:04.29 |

16 Boys

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17 Girls

17 Boys

| | | | | | | | | | | | | |
|----------|----------|----------|----------|----------|----------|--------------|----------|----------|----------|----------|----------|----------|
| 35.39 | 32.79 | 30.29 | 28.99 | 27.79 | 26.49 | 50 M Free | 23.49 | 24.59 | 25.69 | 26.79 | 29.09 | 31.29 |
| 1:16.59 | 1:11.09 | 1:05.59 | 1:02.89 | 1:00.19 | 57.39 | 100 M Free | 51.59 | 54.09 | 56.49 | 58.99 | 1:03.89 | 1:08.79 |
| 2:45.99 | 2:34.19 | 2:22.29 | 2:16.39 | 2:10.39 | 2:04.49 | 200 M Free | 1:52.79 | 1:58.09 | 2:03.49 | 2:08.89 | 2:19.59 | 2:30.29 |
| 5:51.29 | 5:26.19 | 5:01.09 | 4:48.59 | 4:35.99 | 4:23.49 | 400 M Free | 4:02.49 | 4:14.09 | 4:25.59 | 4:37.19 | 5:00.29 | 5:23.39 |
| 12:10.09 | 11:17.99 | 10:25.79 | 9:59.69 | 9:33.69 | 9:07.59 | 800 M Free | 8:25.99 | 8:50.09 | 9:14.19 | 9:38.29 | 10:26.49 | 11:14.69 |
| 23:04.99 | 21:26.09 | 19:47.19 | 18:57.69 | 18:08.19 | 17:18.79 | 1500 M Free | 16:03.89 | 16:49.79 | 17:35.69 | 18:21.59 | 19:53.39 | 21:25.09 |
| 1:23.49 | 1:17.49 | 1:11.59 | 1:08.59 | 1:05.59 | 1:02.59 | 100 M Back | 56.29 | 58.89 | 1:01.59 | 1:04.29 | 1:09.59 | 1:14.99 |
| 3:00.89 | 2:47.89 | 2:34.99 | 2:28.59 | 2:22.09 | 2:15.69 | 200 M Back | 2:02.99 | 2:08.89 | 2:14.69 | 2:20.59 | 2:32.29 | 2:43.99 |
| 1:35.69 | 1:28.89 | 1:22.09 | 1:18.69 | 1:15.19 | 1:11.79 | 100 M Breast | 1:03.99 | 1:07.09 | 1:10.09 | 1:13.19 | 1:19.29 | 1:25.39 |
| 3:27.29 | 3:12.49 | 2:57.69 | 2:50.29 | 2:42.89 | 2:35.49 | 200 M Breast | 2:18.79 | 2:25.39 | 2:32.09 | 2:38.69 | 2:51.89 | 3:05.09 |
| 1:22.89 | 1:16.99 | 1:11.09 | 1:08.09 | 1:05.19 | 1:02.19 | 100 M Fly | 55.59 | 58.19 | 1:00.89 | 1:03.49 | 1:08.79 | 1:14.09 |
| 3:04.19 | 2:50.99 | 2:37.89 | 2:31.29 | 2:24.69 | 2:18.19 | 200 M Fly | 2:03.99 | 2:09.89 | 2:15.79 | 2:21.69 | 2:33.49 | 2:45.29 |
| 3:05.29 | 2:52.09 | 2:38.89 | 2:32.19 | 2:25.59 | 2:18.99 | 200 M IM | 2:05.49 | 2:11.39 | 2:17.39 | 2:23.39 | 2:35.29 | 2:47.29 |
| 6:35.79 | 6:07.59 | 5:39.29 | 5:25.19 | 5:10.99 | 4:56.89 | 400 M IM | 4:29.69 | 4:42.59 | 4:55.39 | 5:08.19 | 5:33.89 | 5:59.59 |

18 Girls

18 Boys

| | | | | | | | | | | | | |
|----------|----------|----------|----------|----------|----------|--------------|----------|----------|----------|----------|----------|----------|
| 34.99 | 32.49 | 29.99 | 28.79 | 27.49 | 26.29 | 50 M Free | 23.19 | 24.29 | 25.39 | 26.49 | 28.79 | 30.99 |
| 1:15.49 | 1:10.09 | 1:04.69 | 1:01.99 | 59.29 | 56.59 | 100 M Free | 50.99 | 53.39 | 55.89 | 58.29 | 1:03.09 | 1:07.99 |
| 2:45.19 | 2:33.39 | 2:21.59 | 2:15.69 | 2:09.79 | 2:03.89 | 200 M Free | 1:52.29 | 1:57.69 | 2:02.99 | 2:08.39 | 2:19.09 | 2:29.79 |
| 5:49.39 | 5:24.49 | 4:59.49 | 4:46.99 | 4:34.59 | 4:22.09 | 400 M Free | 4:00.99 | 4:12.39 | 4:23.89 | 4:35.39 | 4:58.29 | 5:21.29 |
| 12:08.59 | 11:16.59 | 10:24.49 | 9:58.49 | 9:32.49 | 9:06.49 | 800 M Free | 8:26.49 | 8:50.69 | 9:14.79 | 9:38.89 | 10:27.09 | 11:15.39 |
| 22:58.19 | 21:19.69 | 19:41.29 | 18:52.09 | 18:02.79 | 17:13.59 | 1500 M Free | 15:55.29 | 16:40.79 | 17:26.29 | 18:11.79 | 19:42.69 | 21:13.69 |
| 1:22.89 | 1:16.89 | 1:10.99 | 1:08.09 | 1:05.09 | 1:02.19 | 100 M Back | 55.29 | 57.99 | 1:00.59 | 1:03.19 | 1:08.49 | 1:13.79 |
| 3:00.09 | 2:47.19 | 2:34.39 | 2:27.89 | 2:21.49 | 2:15.09 | 200 M Back | 2:00.99 | 2:06.79 | 2:12.49 | 2:18.29 | 2:29.79 | 2:41.29 |
| 1:35.99 | 1:29.09 | 1:22.29 | 1:18.79 | 1:15.39 | 1:11.99 | 100 M Breast | 1:03.09 | 1:06.09 | 1:09.09 | 1:12.09 | 1:18.09 | 1:24.09 |
| 3:26.59 | 3:11.89 | 2:57.09 | 2:49.69 | 2:42.29 | 2:34.99 | 200 M Breast | 2:17.79 | 2:24.39 | 2:30.89 | 2:37.49 | 2:50.59 | 3:03.69 |
| 1:22.59 | 1:16.69 | 1:10.79 | 1:07.89 | 1:04.89 | 1:01.99 | 100 M Fly | 55.19 | 57.89 | 1:00.49 | 1:03.09 | 1:08.39 | 1:13.59 |
| 3:03.29 | 2:50.19 | 2:37.09 | 2:30.59 | 2:23.99 | 2:17.49 | 200 M Fly | 2:02.99 | 2:08.89 | 2:14.79 | 2:20.59 | 2:32.29 | 2:43.99 |
| 3:03.39 | 2:50.29 | 2:37.19 | 2:30.59 | 2:24.09 | 2:17.49 | 200 M IM | 2:04.29 | 2:10.19 | 2:16.09 | 2:21.99 | 2:33.79 | 2:45.69 |
| 6:34.19 | 6:06.09 | 5:37.89 | 5:23.79 | 5:09.79 | 4:55.69 | 400 M IM | 4:27.39 | 4:40.09 | 4:52.89 | 5:05.59 | 5:30.99 | 5:56.49 |

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Short Course Yards

| B Min | BB Min | A Min | AA Min | AAA Min | AAAA Min | | AAAA Min | AAA Min | AA Min | A Min | BB Min | B Min |
|-----------------|-----------|-----------|-----------|-----------|-----------|----------------|-----------|-----------|-----------|-----------|-----------|-----------|
| 10 Girls | | | | | | 10 Boys | | | | | | |
| 38.89 | 35.19 | 31.39 | 30.19 | 28.89 | 27.69 | 50 Y Free | 27.39 | 28.59 | 29.79 | 30.99 | 34.49 | 38.09 |
| 1:29.59 | 1:19.99 | 1:10.49 | 1:07.29 | 1:04.19 | 1:00.99 | 100 Y Free | 1:00.59 | 1:03.69 | 1:06.69 | 1:09.69 | 1:18.79 | 1:27.79 |
| 3:19.19 | 2:57.39 | 2:35.59 | 2:28.29 | 2:20.99 | 2:13.69 | 200 Y Free | 2:10.69 | 2:16.89 | 2:23.09 | 2:29.39 | 2:47.99 | 3:06.69 |
| 8:24.99 | 7:34.49 | 6:43.99 | 6:27.19 | 6:10.39 | 5:53.49 | 500 Y Free | 5:47.49 | 6:04.09 | 6:20.59 | 6:37.09 | 7:26.79 | 8:16.39 |
| 46.99 | 41.89 | 36.69 | 34.99 | 33.29 | 31.59 | 50 Y Back | 31.69 * | 33.49 * | 35.29 | 36.99 * | 42.29 * | 47.59 * |
| 1:41.99 | 1:30.69 | 1:19.29 | 1:15.59 | 1:11.79 | 1:07.99 | 100 Y Back | 1:08.39 | 1:11.89 | 1:15.39 | 1:18.89 | 1:29.29 | 1:39.79 |
| 53.19 * | 47.49 | 41.69 * | 39.79 * | 37.89 * | 35.99 | 50 Y Breast | 35.49 | 37.29 | 39.19 | 40.99 | 46.59 | 52.09 |
| 1:58.09 | 1:44.99 | 1:31.89 | 1:27.49 | 1:23.09 | 1:18.79 | 100 Y Breast | 1:17.39 | 1:21.29 | 1:25.09 | 1:28.99 | 1:40.59 | 1:52.19 |
| 47.39 | 41.79 | 36.19 | 34.39 | 32.49 | 30.59 | 50 Y Fly | 30.29 | 31.99 | 33.69 | 35.39 | 40.49 | 45.69 |
| 1:53.99 | 1:39.09 | 1:24.09 | 1:19.19 | 1:14.19 | 1:09.19 | 100 Y Fly | 1:08.39 | 1:13.19 | 1:17.99 | 1:22.69 | 1:37.09 | 1:51.39 |
| 1:41.69 | 1:30.89 | 1:20.09 | 1:16.49 | 1:12.89 | 1:09.29 | 100 Y IM | 1:08.99 | 1:12.29 | 1:15.59 | 1:18.89 | 1:28.79 | 1:38.59 |
| 3:38.19 | 3:15.29 | 2:52.39 | 2:44.79 | 2:37.19 | 2:29.59 | 200 Y IM | 2:28.69 | 2:36.19 | 2:43.59 | 2:50.99 | 3:13.19 | 3:35.49 |
| 11 Girls | | | | | | 11 Boys | | | | | | |
| 34.89 | 32.49 | 30.09 | 28.89 | 27.59 | 26.39 | 50 Y Free | 26.09 | 27.29 | 28.59 | 29.79 | 32.29 | 34.79 |
| 1:16.39 | 1:10.89 | 1:05.49 | 1:02.69 | 59.99 | 57.29 | 100 Y Free | 56.99 | 59.69 | 1:02.49 | 1:05.19 | 1:10.59 | 1:15.99 |
| 2:45.79 | 2:33.89 | 2:22.09 | 2:16.19 | 2:10.29 | 2:04.29 | 200 Y Free | 2:03.69 | 2:09.59 | 2:15.49 | 2:21.39 | 2:33.19 | 2:44.99 |
| 7:28.09 | 6:56.09 | 6:24.09 | 6:08.09 | 5:52.09 | 5:36.09 | 500 Y Free | 5:27.79 * | 5:43.39 * | 5:59.09 * | 6:14.69 * | 6:45.89 * | 7:17.09 * |
| 15:30.59 | 14:24.09 | 13:17.69 | 12:44.39 | 12:11.19 | 11:37.99 | 1000 Y Free | 11:32.69 | 12:05.69 | 12:38.69 | 13:11.69 | 14:17.59 | 15:23.59 |
| 26:10.39 | 24:18.19 | 22:25.99 | 21:29.89 | 20:33.89 | 19:37.79 | 1650 Y Free | 19:27.99 | 20:23.59 | 21:19.19 | 22:14.79 | 24:05.99 | 25:57.29 |
| 39.69 | 36.89 | 33.99 | 32.59 | 31.19 | 29.79 | 50 Y Back | 29.99 | 31.59 | 33.09 | 34.69 | 37.79 | 40.89 |
| 1:27.89 | 1:20.99 | 1:14.09 | 1:10.59 | 1:07.19 | 1:03.69 | 100 Y Back | 1:03.79 | 1:07.29 | 1:10.79 | 1:14.29 | 1:21.19 | 1:28.09 |
| 3:04.89 | 2:51.69 | 2:38.39 | 2:31.89 | 2:25.19 | 2:18.69 | 200 Y Back | 2:18.79 | 2:25.39 | 2:32.09 | 2:38.69 | 2:51.89 | 3:05.09 |
| 44.89 | 41.69 | 38.49 | 36.89 | 35.29 | 33.69 | 50 Y Breast | 33.49 | 35.29 | 37.09 | 38.99 | 42.59 | 46.19 |
| 1:38.49 * | 1:31.19 * | 1:23.99 * | 1:20.29 * | 1:16.69 * | 1:12.99 * | 100 Y Breast | 1:12.29 * | 1:15.99 * | 1:19.79 * | 1:23.59 * | 1:31.09 * | 1:38.59 * |
| 3:31.59 | 3:16.49 | 3:01.39 | 2:53.89 | 2:46.29 | 2:38.69 | 200 Y Breast | 2:36.99 | 2:44.49 | 2:51.99 | 2:59.39 | 3:14.39 | 3:29.29 |
| 38.09 | 35.39 | 32.59 | 31.29 | 29.89 | 28.59 | 50 Y Fly | 28.59 | 30.19 | 31.79 | 33.39 | 36.59 | 39.69 |
| 1:28.79 | 1:21.69 | 1:14.59 | 1:10.99 | 1:07.49 | 1:03.89 | 100 Y Fly | 1:03.59 * | 1:07.29 * | 1:10.89 * | 1:14.59 * | 1:21.89 * | 1:29.29 * |
| 3:09.49 * | 2:55.99 * | 2:42.39 * | 2:35.69 * | 2:28.89 * | 2:22.09 * | 200 Y Fly | 2:19.39 * | 2:25.99 * | 2:32.69 * | 2:39.29 * | 2:52.59 * | 3:05.89 * |
| 1:27.09 | 1:20.89 | 1:14.59 | 1:11.49 | 1:08.39 | 1:05.29 | 100 Y IM | 1:05.19 | 1:08.39 | 1:11.59 | 1:14.69 | 1:21.09 | 1:27.49 |
| 3:06.59 | 2:53.29 | 2:39.99 | 2:33.29 | 2:26.59 | 2:19.99 | 200 Y IM | 2:19.49 * | 2:26.69 * | 2:33.79 * | 2:40.89 * | 2:55.09 * | 3:09.39 * |
| 6:38.79 | 6:10.29 | 5:41.79 | 5:27.59 | 5:13.29 | 4:59.09 | 400 Y IM | 4:59.39 | 5:13.59 | 5:27.89 | 5:42.09 | 6:10.69 | 6:39.19 |
| 12 Girls | | | | | | 12 Boys | | | | | | |
| 33.69 * | 31.29 * | 28.99 * | 27.79 * | 26.69 * | 25.49 * | 50 Y Free | 24.49 | 25.59 | 26.79 | 27.89 | 30.29 | 32.59 |
| 1:13.59 | 1:08.29 | 1:03.09 | 1:00.49 | 57.79 | 55.19 | 100 Y Free | 53.29 | 55.79 | 58.29 | 1:00.89 | 1:05.89 | 1:10.99 |
| 2:40.39 * | 2:28.99 * | 2:17.49 * | 2:11.79 * | 2:05.99 * | 2:00.29 * | 200 Y Free | 1:55.89 * | 2:01.39 * | 2:06.99 * | 2:12.49 * | 2:23.49 * | 2:34.59 * |
| 7:07.79 | 6:37.29 | 6:06.69 | 5:51.39 | 5:36.19 | 5:20.89 | 500 Y Free | 5:12.99 | 5:27.89 | 5:42.79 | 5:57.69 | 6:27.49 | 6:57.29 |
| 14:48.09 | 13:44.69 | 12:41.19 | 12:09.49 | 11:37.79 | 11:06.09 | 1000 Y Free | 10:54.39 | 11:25.59 | 11:56.79 | 12:27.89 | 13:30.19 | 14:32.59 |
| 24:53.99 | 23:07.29 | 21:20.59 | 20:27.19 | 19:33.89 | 18:40.49 | 1650 Y Free | 18:16.39 | 19:08.59 | 20:00.79 | 20:52.99 | 22:37.49 | 24:21.89 |
| 38.19 * | 35.39 * | 32.69 * | 31.39 * | 29.99 * | 28.59 * | 50 Y Back | 27.79 * | 29.29 * | 30.69 * | 32.19 * | 35.09 * | 37.99 * |
| 1:24.79 * | 1:18.09 * | 1:11.39 * | 1:08.09 * | 1:04.69 * | 1:01.39 * | 100 Y Back | 59.49 * | 1:02.79 * | 1:05.99 * | 1:09.19 * | 1:15.69 * | 1:22.19 * |
| 2:56.69 | 2:44.09 | 2:31.49 | 2:25.19 | 2:18.89 | 2:12.59 | 200 Y Back | 2:08.99 * | 2:15.19 * | 2:21.29 * | 2:27.39 * | 2:39.69 * | 2:51.99 * |
| 42.99 * | 39.99 | 36.89 | 35.39 | 33.79 * | 32.29 | 50 Y Breast | 31.09 | 32.69 * | 34.39 * | 36.09 * | 39.49 * | 42.89 |
| 1:34.19 * | 1:27.29 * | 1:20.29 * | 1:16.79 * | 1:13.29 * | 1:09.89 * | 100 Y Breast | 1:06.99 * | 1:10.49 * | 1:13.99 * | 1:17.49 * | 1:24.49 * | 1:31.39 * |
| 3:21.49 * | 3:07.09 * | 2:52.69 * | 2:45.49 * | 2:38.29 * | 2:31.09 * | 200 Y Breast | 2:25.59 * | 2:32.59 * | 2:39.49 * | 2:46.39 * | 3:00.29 * | 3:14.09 * |
| 36.49 * | 33.89 * | 31.29 * | 29.99 * | 28.69 * | 27.39 * | 50 Y Fly | 26.79 | 28.19 | 29.69 | 31.19 | 34.19 | 37.09 |
| 1:24.39 * | 1:17.59 * | 1:10.89 * | 1:07.49 * | 1:04.19 * | 1:00.79 * | 100 Y Fly | 58.99 * | 1:02.39 * | 1:05.89 * | 1:09.29 * | 1:16.09 * | 1:22.89 * |
| 2:59.99 * | 2:47.19 * | 2:34.29 * | 2:27.89 * | 2:21.39 * | 2:14.99 * | 200 Y Fly | 2:09.89 * | 2:16.09 * | 2:22.19 * | 2:28.39 * | 2:40.79 * | 2:53.19 * |
| 1:24.09 * | 1:18.09 * | 1:12.09 * | 1:09.09 * | 1:06.09 * | 1:03.09 * | 100 Y IM | 1:00.29 | 1:03.29 | 1:06.19 | 1:09.09 | 1:14.99 | 1:20.89 |
| 3:00.29 * | 2:47.39 * | 2:34.49 * | 2:28.09 * | 2:21.69 * | 2:15.19 * | 200 Y IM | 2:10.69 * | 2:17.29 * | 2:23.99 * | 2:30.69 * | 2:43.99 * | 2:57.29 * |
| 6:24.19 | 5:56.79 | 5:29.29 | 5:15.59 | 5:01.89 | 4:48.19 | 400 Y IM | 4:39.79 | 4:53.19 | 5:06.49 | 5:19.79 | 5:46.39 | 6:13.09 |

2021-2024 National Single Age Motivational Times

10/01/2020 10:19:27

13 Girls

| | | | | | | | | | | | | |
|-----------|-----------|-----------|-----------|-----------|-----------|--------------|-----------|-----------|-----------|-----------|-----------|-----------|
| 33.29 * | 30.89 * | 28.49 * | 27.39 * | 26.19 * | 24.99 * | 50 Y Free | 23.39 * | 24.59 | 25.69 | 26.79 | 28.99 | 31.19 * |
| 1:12.09 * | 1:06.99 * | 1:01.79 * | 59.29 * | 56.69 * | 54.09 * | 100 Y Free | 50.99 * | 53.49 | 55.89 * | 58.29 * | 1:03.19 * | 1:07.99 * |
| 2:36.19 | 2:25.09 | 2:13.89 | 2:08.39 | 2:02.79 | 1:57.19 | 200 Y Free | 1:50.99 | 1:56.29 | 2:01.59 | 2:06.89 | 2:17.39 | 2:27.99 |
| 6:55.69 * | 6:25.99 * | 5:56.29 * | 5:41.49 * | 5:26.59 * | 5:11.79 * | 500 Y Free | 4:58.89 | 5:13.09 | 5:27.39 | 5:41.59 | 6:09.99 | 6:38.49 |
| 14:21.39 | 13:19.89 | 12:18.39 | 11:47.59 | 11:16.89 | 10:46.09 | 1000 Y Free | 10:20.69 | 10:50.19 | 11:19.79 | 11:49.39 | 12:48.49 | 13:47.59 |
| 24:03.09 | 22:19.99 | 20:36.99 | 19:45.39 | 18:53.89 | 18:02.29 | 1650 Y Free | 17:18.59 | 18:07.99 | 18:57.49 | 19:46.89 | 21:25.79 | 23:04.69 |
| 1:19.19 * | 1:13.49 * | 1:07.89 * | 1:04.99 * | 1:02.19 * | 59.39 * | 100 Y Back | 56.19 * | 58.89 * | 1:01.59 * | 1:04.29 * | 1:09.59 * | 1:14.99 * |
| 2:51.89 | 2:39.69 | 2:27.39 | 2:21.19 | 2:15.09 | 2:08.99 | 200 Y Back | 2:02.39 * | 2:08.29 * | 2:14.09 * | 2:19.89 * | 2:31.59 * | 2:43.19 * |
| 1:30.09 * | 1:23.59 * | 1:17.19 * | 1:13.99 * | 1:10.79 * | 1:07.59 * | 100 Y Breast | 1:03.29 * | 1:06.29 * | 1:09.29 * | 1:12.29 * | 1:18.39 * | 1:24.39 * |
| 3:14.89 * | 3:00.99 * | 2:47.09 * | 2:40.09 * | 2:33.19 * | 2:26.19 * | 200 Y Breast | 2:17.09 * | 2:23.69 * | 2:30.19 * | 2:36.69 * | 2:49.79 * | 3:02.79 * |
| 1:18.49 * | 1:12.89 * | 1:07.29 * | 1:04.49 * | 1:01.69 * | 58.89 * | 100 Y Fly | 55.49 * | 58.09 * | 1:00.69 * | 1:03.39 * | 1:08.69 * | 1:13.89 * |
| 2:53.69 * | 2:41.29 * | 2:28.89 * | 2:22.69 * | 2:16.49 * | 2:10.29 * | 200 Y Fly | 2:03.59 * | 2:09.49 * | 2:15.39 * | 2:21.29 * | 2:33.09 * | 2:44.79 * |
| 2:55.09 * | 2:42.59 * | 2:30.09 * | 2:23.89 * | 2:17.59 * | 2:11.39 * | 200 Y IM | 2:04.69 | 2:10.59 | 2:16.49 * | 2:22.49 | 2:34.29 * | 2:46.19 * |
| 6:12.09 * | 5:45.49 * | 5:18.89 * | 5:05.69 * | 4:52.39 * | 4:39.09 * | 400 Y IM | 4:25.29 | 4:37.99 | 4:50.59 | 5:03.19 | 5:28.49 | 5:53.69 |

13 Boys

14 Girls

| | | | | | | | | | | | | |
|------------|------------|------------|------------|------------|------------|--------------|-----------|-----------|-----------|-----------|-----------|-----------|
| 32.59 * | 30.29 | 27.99 | 26.79 | 25.69 | 24.49 | 50 Y Free | 22.49 | 23.59 | 24.59 * | 25.69 | 27.79 * | 29.99 |
| 1:10.79 * | 1:05.69 * | 1:00.69 * | 58.09 * | 55.59 * | 53.09 * | 100 Y Free | 49.19 | 51.59 | 53.89 | 56.29 | 1:00.89 * | 1:05.59 |
| 2:32.49 * | 2:21.59 * | 2:10.69 * | 2:05.19 * | 1:59.79 * | 1:54.39 * | 200 Y Free | 1:46.99 | 1:52.09 | 1:57.19 | 2:02.29 | 2:12.49 | 2:22.69 |
| 6:49.69 | 6:20.39 | 5:51.19 | 5:36.49 | 5:21.89 | 5:07.29 | 500 Y Free | 4:49.39 | 5:03.19 | 5:16.99 | 5:30.79 | 5:58.29 | 6:25.89 |
| 14:08.59 * | 13:07.99 * | 12:07.39 * | 11:37.09 * | 11:06.69 * | 10:36.39 * | 1000 Y Free | 10:00.59 | 10:29.19 | 10:57.79 | 11:26.39 | 12:23.49 | 13:20.69 |
| 23:25.59 | 21:45.19 | 20:04.79 | 19:14.59 | 18:24.39 | 17:34.19 | 1650 Y Free | 16:45.09 | 17:32.99 | 18:20.89 | 19:08.69 | 20:44.39 | 22:20.19 |
| 1:16.89 * | 1:11.39 * | 1:05.89 * | 1:03.19 * | 1:00.49 * | 57.69 * | 100 Y Back | 53.89 * | 56.49 * | 59.09 * | 1:01.59 * | 1:06.79 * | 1:11.89 * |
| 2:47.19 * | 2:35.29 * | 2:23.39 * | 2:17.39 * | 2:11.39 * | 2:05.39 * | 200 Y Back | 1:57.39 * | 2:02.99 * | 2:08.49 * | 2:14.09 * | 2:25.29 * | 2:36.49 * |
| 1:28.19 * | 1:21.89 * | 1:15.59 * | 1:12.39 * | 1:09.29 * | 1:06.09 * | 100 Y Breast | 1:00.99 * | 1:03.89 * | 1:06.79 * | 1:09.69 * | 1:15.49 * | 1:21.29 * |
| 3:11.19 * | 2:57.49 * | 2:43.89 * | 2:36.99 * | 2:30.19 * | 2:23.39 * | 200 Y Breast | 2:12.49 * | 2:18.79 * | 2:25.09 * | 2:31.39 * | 2:43.99 * | 2:56.59 * |
| 1:16.39 * | 1:10.89 * | 1:05.49 * | 1:02.69 * | 59.99 * | 57.29 * | 100 Y Fly | 53.49 * | 55.99 * | 58.59 * | 1:01.09 * | 1:06.19 * | 1:11.29 * |
| 2:49.29 * | 2:37.19 * | 2:25.09 * | 2:19.09 * | 2:12.99 * | 2:06.99 * | 200 Y Fly | 1:58.89 * | 2:04.59 * | 2:10.29 * | 2:15.89 * | 2:27.19 * | 2:38.59 * |
| 2:49.99 * | 2:37.79 * | 2:25.69 * | 2:19.59 * | 2:13.59 * | 2:07.49 * | 200 Y IM | 1:59.99 | 2:05.69 | 2:11.39 | 2:17.09 * | 2:28.49 * | 2:39.99 |
| 6:03.69 * | 5:37.69 * | 5:11.69 * | 4:58.79 * | 4:45.79 * | 4:32.79 * | 400 Y IM | 4:16.29 * | 4:28.49 * | 4:40.69 * | 4:52.89 * | 5:17.29 * | 5:41.69 * |

14 Boys

15 Girls

| | | | | | | | | | | | | |
|-----------|-----------|-----------|-----------|-----------|-----------|--------------|-----------|-----------|-----------|-----------|-----------|-----------|
| 32.19 * | 29.89 * | 27.59 * | 26.49 * | 25.29 * | 24.19 * | 50 Y Free | 21.89 * | 22.99 * | 23.99 * | 25.09 * | 27.09 * | 29.19 * |
| 1:09.79 * | 1:04.79 * | 59.79 * | 57.39 * | 54.89 * | 52.39 * | 100 Y Free | 47.79 * | 50.09 * | 52.39 * | 54.69 * | 59.19 * | 1:03.79 * |
| 2:30.89 * | 2:20.19 * | 2:09.39 * | 2:03.99 * | 1:58.59 * | 1:53.19 * | 200 Y Free | 1:44.79 * | 1:49.79 * | 1:54.69 * | 1:59.69 * | 2:09.69 * | 2:19.69 * |
| 6:44.49 | 6:15.59 | 5:46.69 | 5:32.19 | 5:17.79 | 5:03.39 | 500 Y Free | 4:43.59 | 4:57.09 | 5:10.59 | 5:24.09 | 5:51.09 | 6:18.09 |
| 13:59.69 | 12:59.79 | 11:59.79 | 11:29.79 | 10:59.79 | 10:29.79 | 1000 Y Free | 9:49.99 | 10:18.09 | 10:46.19 | 11:14.29 | 12:10.49 | 13:06.69 |
| 23:17.59 | 21:37.79 | 19:57.89 | 19:07.99 | 18:18.09 | 17:28.19 | 1650 Y Free | 16:29.49 | 17:16.59 | 18:03.69 | 18:50.89 | 20:25.09 | 21:59.29 |
| 1:15.99 * | 1:10.59 * | 1:05.19 * | 1:02.49 * | 59.79 * | 56.99 * | 100 Y Back | 52.39 * | 54.89 * | 57.39 * | 59.89 * | 1:04.79 * | 1:09.79 * |
| 2:45.19 * | 2:33.39 * | 2:21.59 * | 2:15.69 * | 2:09.79 * | 2:03.89 * | 200 Y Back | 1:54.09 * | 1:59.49 * | 2:04.99 * | 2:10.39 * | 2:21.19 * | 2:32.09 * |
| 1:26.89 * | 1:20.69 * | 1:14.49 * | 1:11.39 * | 1:08.29 * | 1:05.19 * | 100 Y Breast | 59.29 * | 1:02.09 * | 1:04.89 * | 1:07.69 * | 1:13.39 * | 1:18.99 * |
| 3:09.49 * | 2:55.99 * | 2:42.39 * | 2:35.69 * | 2:28.89 * | 2:22.09 * | 200 Y Breast | 2:08.99 * | 2:15.09 * | 2:21.29 * | 2:27.39 * | 2:39.69 * | 2:51.99 * |
| 1:15.59 * | 1:10.19 * | 1:04.79 * | 1:02.09 * | 59.39 * | 56.69 * | 100 Y Fly | 51.99 * | 54.49 * | 56.89 * | 59.39 * | 1:04.39 * | 1:09.29 * |
| 2:47.39 * | 2:35.39 * | 2:23.49 * | 2:17.49 * | 2:11.49 * | 2:05.59 * | 200 Y Fly | 1:56.29 | 2:01.79 | 2:07.29 | 2:12.89 | 2:23.89 | 2:34.99 |
| 2:49.09 * | 2:36.99 * | 2:24.99 * | 2:18.89 * | 2:12.89 * | 2:06.79 * | 200 Y IM | 1:56.69 * | 2:02.19 * | 2:07.79 * | 2:13.29 * | 2:24.39 * | 2:35.49 * |
| 6:00.29 * | 5:34.59 * | 5:08.79 * | 4:55.99 * | 4:43.09 * | 4:30.19 * | 400 Y IM | 4:09.69 | 4:21.59 | 4:33.49 | 4:45.29 | 5:09.09 | 5:32.89 |

15 Boys

16 Girls

| | | | | | | | | | | | | |
|------------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|------------|------------|------------|
| 31.89 * | 29.59 * | 27.39 * | 26.19 * | 25.09 * | 23.89 * | 50 Y Free | 21.49 * | 22.49 * | 23.49 * | 24.49 * | 26.59 * | 28.59 * |
| 1:09.29 * | 1:04.29 * | 59.39 * | 56.89 * | 54.39 * | 51.99 * | 100 Y Free | 46.99 * | 49.29 * | 51.49 * | 53.69 * | 58.19 * | 1:02.69 * |
| 2:29.99 * | 2:19.29 * | 2:08.59 * | 2:03.19 * | 1:57.79 * | 1:52.49 * | 200 Y Free | 1:42.39 * | 1:47.29 * | 1:52.09 * | 1:56.99 * | 2:06.79 * | 2:16.49 * |
| 6:41.89 * | 6:13.19 * | 5:44.49 * | 5:30.09 * | 5:15.79 * | 5:01.39 * | 500 Y Free | 4:38.89 | 4:52.19 | 5:05.49 | 5:18.69 | 5:45.29 | 6:11.79 |
| 13:54.39 * | 12:54.79 * | 11:55.19 * | 11:25.39 * | 10:55.59 * | 10:25.79 * | 1000 Y Free | 9:41.79 * | 10:09.49 * | 10:37.19 * | 11:04.89 * | 12:00.39 * | 12:55.79 * |
| 23:13.99 * | 21:34.49 * | 19:54.89 * | 19:05.09 * | 18:15.29 * | 17:25.49 * | 1650 Y Free | 16:10.99 * | 16:57.19 * | 17:43.39 * | 18:29.69 * | 20:02.09 * | 21:34.59 * |
| 1:14.99 * | 1:09.69 * | 1:04.29 * | 1:01.59 * | 58.99 * | 56.29 * | 100 Y Back | 51.19 * | 53.59 * | 55.99 * | 58.49 * | 1:03.29 * | 1:08.19 * |
| 2:43.39 * | 2:31.69 * | 2:20.09 * | 2:14.19 * | 2:08.39 * | 2:02.59 * | 200 Y Back | 1:52.19 * | 1:57.59 * | 2:02.89 * | 2:08.19 * | 2:18.89 * | 2:29.59 * |
| 1:26.49 * | 1:20.29 * | 1:14.09 * | 1:10.99 * | 1:07.89 * | 1:04.89 * | 100 Y Breast | 57.49 * | 1:00.19 * | 1:02.99 * | 1:05.69 * | 1:11.19 * | 1:16.59 * |
| 3:07.09 * | 2:53.69 * | 2:40.39 * | 2:33.69 * | 2:26.99 * | 2:20.29 * | 200 Y Breast | 2:06.79 * | 2:12.89 * | 2:18.89 * | 2:24.99 * | 2:36.99 * | 2:49.09 * |
| 1:15.19 * | 1:09.79 * | 1:04.49 * | 1:01.79 * | 59.09 * | 56.39 * | 100 Y Fly | 50.79 * | 53.29 * | 55.69 * | 58.09 * | 1:02.89 * | 1:07.79 * |
| 2:46.59 * | 2:34.69 * | 2:22.79 * | 2:16.79 * | 2:10.89 * | 2:04.89 * | 200 Y Fly | 1:53.59 | 1:58.99 | 2:04.39 | 2:09.79 | 2:20.59 | 2:31.39 |
| 2:47.49 * | 2:35.59 * | 2:23.59 * | 2:17.59 * | 2:11.59 * | 2:05.69 * | 200 Y IM | 1:54.09 * | 1:59.49 * | 2:04.99 * | 2:10.39 * | 2:21.29 * | 2:32.09 * |
| 5:57.59 | 5:32.09 | 5:06.49 | 4:53.69 | 4:40.99 | 4:28.19 | 400 Y IM | 4:05.79 * | 4:17.49 * | 4:29.19 * | 4:40.89 * | 5:04.29 * | 5:27.69 * |

16 Boys

2021-2024 National Single Age Motivational Times

10/01/2020 10:19:27

17 Girls

17 Boys

| | | | | | | | | | | | | |
|------------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|------------|------------|------------|
| 31.89 * | 29.59 * | 27.29 * | 26.19 * | 24.99 * | 23.89 * | 50 Y Free | 21.19 | 22.19 * | 23.19 * | 24.19 * | 26.19 * | 28.19 * |
| 1:08.99 * | 1:04.09 * | 59.09 * | 56.69 * | 54.19 * | 51.79 * | 100 Y Free | 46.09 * | 48.29 * | 50.49 * | 52.69 * | 57.09 * | 1:01.49 * |
| 2:29.59 * | 2:18.89 * | 2:08.29 * | 2:02.89 * | 1:57.59 * | 1:52.19 * | 200 Y Free | 1:40.89 * | 1:45.69 * | 1:50.49 * | 1:55.29 * | 2:04.89 * | 2:14.49 * |
| 6:40.39 * | 6:11.79 * | 5:43.19 * | 5:28.89 * | 5:14.59 * | 5:00.29 * | 500 Y Free | 4:36.19 * | 4:49.39 * | 5:02.49 * | 5:15.69 * | 5:41.99 * | 6:08.29 * |
| 13:53.19 * | 12:53.69 * | 11:54.19 * | 11:24.39 * | 10:54.69 * | 10:24.89 * | 1000 Y Free | 9:38.19 | 10:05.69 | 10:33.19 | 11:00.79 | 11:55.79 | 12:50.89 |
| 23:01.89 * | 21:23.19 * | 19:44.49 * | 18:55.19 * | 18:05.79 * | 17:16.49 * | 1650 Y Free | 16:07.29 * | 16:53.39 * | 17:39.39 * | 18:25.49 * | 19:57.59 * | 21:29.69 * |
| 1:14.89 * | 1:09.59 * | 1:04.19 * | 1:01.49 * | 58.89 * | 56.19 * | 100 Y Back | 50.59 * | 52.99 * | 55.39 * | 57.79 * | 1:02.59 * | 1:07.39 * |
| 2:43.39 * | 2:31.69 * | 2:19.99 * | 2:14.19 * | 2:08.39 * | 2:02.49 * | 200 Y Back | 1:50.39 * | 1:55.69 * | 2:00.99 * | 2:06.19 * | 2:16.69 * | 2:27.19 * |
| 1:25.89 * | 1:19.79 * | 1:13.59 * | 1:10.59 * | 1:07.49 * | 1:04.39 * | 100 Y Breast | 57.19 * | 59.89 * | 1:02.59 * | 1:05.39 * | 1:10.79 * | 1:16.29 * |
| 3:06.89 * | 2:53.49 * | 2:40.19 * | 2:33.49 * | 2:26.79 * | 2:20.19 * | 200 Y Breast | 2:05.09 * | 2:10.99 * | 2:16.99 * | 2:22.89 * | 2:34.79 * | 2:46.69 * |
| 1:14.69 * | 1:09.39 * | 1:04.09 * | 1:01.39 * | 58.69 * | 56.09 * | 100 Y Fly | 50.09 * | 52.49 * | 54.89 * | 57.19 * | 1:01.99 * | 1:06.79 * |
| 2:45.19 * | 2:33.39 * | 2:21.59 * | 2:15.69 * | 2:09.79 * | 2:03.89 * | 200 Y Fly | 1:52.09 * | 1:57.49 | 2:02.79 * | 2:08.09 * | 2:18.79 * | 2:29.49 * |
| 2:46.29 * | 2:34.39 * | 2:22.49 * | 2:16.59 * | 2:10.69 * | 2:04.69 * | 200 Y IM | 1:52.69 * | 1:57.99 * | 2:03.39 * | 2:08.79 * | 2:19.49 * | 2:30.19 * |
| 5:57.59 * | 5:31.99 * | 5:06.49 * | 4:53.69 * | 4:40.99 * | 4:28.19 * | 400 Y IM | 4:03.39 * | 4:14.99 * | 4:26.59 * | 4:38.09 * | 5:01.29 * | 5:24.49 * |

18 Girls

18 Boys

| | | | | | | | | | | | | |
|------------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|------------|------------|------------|
| 31.59 * | 29.29 * | 27.09 * | 25.99 | 24.79 * | 23.69 * | 50 Y Free | 20.99 | 21.99 | 22.99 | 23.99 | 25.99 | 27.99 |
| 1:08.29 | 1:03.49 | 58.59 | 56.09 | 53.69 | 51.29 | 100 Y Free | 45.89 * | 48.09 * | 50.29 * | 52.49 * | 56.79 * | 1:01.19 * |
| 2:29.49 | 2:18.89 | 2:08.19 | 2:02.79 | 1:57.49 | 1:52.19 | 200 Y Free | 1:39.99 * | 1:44.79 * | 1:49.49 * | 1:54.29 * | 2:03.79 * | 2:13.29 * |
| 6:39.09 * | 6:10.59 * | 5:42.09 * | 5:27.79 * | 5:13.59 * | 4:59.29 * | 500 Y Free | 4:32.29 * | 4:45.29 * | 4:58.19 * | 5:11.19 * | 5:37.09 * | 6:03.09 * |
| 13:52.39 * | 12:52.89 * | 11:53.49 * | 11:23.69 * | 10:53.99 * | 10:24.29 * | 1000 Y Free | 9:35.79 * | 10:03.19 * | 10:30.69 * | 10:58.09 * | 11:52.89 * | 12:47.69 * |
| 23:06.19 | 21:27.19 | 19:48.19 | 18:58.69 | 18:09.19 | 17:19.69 | 1650 Y Free | 15:57.09 * | 16:42.69 * | 17:28.29 * | 18:13.79 * | 19:44.99 * | 21:16.09 * |
| 1:14.79 * | 1:09.39 * | 1:04.09 * | 1:01.39 * | 58.79 * | 56.09 * | 100 Y Back | 49.89 * | 52.19 * | 54.59 * | 56.99 * | 1:01.69 * | 1:06.49 * |
| 2:42.19 * | 2:30.59 * | 2:18.99 * | 2:13.29 * | 2:07.49 * | 2:01.69 * | 200 Y Back | 1:49.19 * | 1:54.39 * | 1:59.59 * | 2:04.79 * | 2:15.19 * | 2:25.59 * |
| 1:25.39 * | 1:19.29 * | 1:13.19 * | 1:10.19 * | 1:07.09 * | 1:04.09 * | 100 Y Breast | 56.79 * | 59.49 * | 1:02.19 * | 1:04.89 * | 1:10.29 * | 1:15.69 * |
| 3:05.49 * | 2:52.19 * | 2:38.99 * | 2:32.29 * | 2:25.69 * | 2:19.09 * | 200 Y Breast | 2:03.39 * | 2:09.19 * | 2:15.09 * | 2:20.99 * | 2:32.69 * | 2:44.49 * |
| 1:14.39 * | 1:09.09 * | 1:03.79 * | 1:01.09 * | 58.49 * | 55.79 * | 100 Y Fly | 49.99 | 52.29 * | 54.69 * | 57.09 | 1:01.79 * | 1:06.59 |
| 2:45.59 * | 2:33.79 * | 2:21.99 * | 2:16.09 * | 2:10.19 * | 2:04.19 * | 200 Y Fly | 1:51.39 | 1:56.69 | 2:01.99 | 2:07.29 | 2:17.89 | 2:28.49 |
| 2:45.89 | 2:34.09 | 2:22.19 | 2:16.29 | 2:10.39 | 2:04.49 | 200 Y IM | 1:51.69 * | 1:57.09 * | 2:02.39 * | 2:07.69 * | 2:18.29 * | 2:28.99 * |
| 5:54.69 * | 5:29.39 * | 5:03.99 * | 4:51.39 * | 4:38.69 * | 4:25.99 * | 400 Y IM | 4:01.39 * | 4:12.89 * | 4:24.39 * | 4:35.89 * | 4:58.79 * | 5:21.79 * |