

April Sprint Series (April 13, 2019)

Hosts: PFL, ESA, AMBU

Entries due March 22, 11:59pm to tpc@gulfswimming.org

Entry rules:

Type of Meet	Timed Finals
Max # individual events per day	Five (5)
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	Athletes may have no more than 2BB times
Enter with no time?	Yes
Gulf "three event" rule applies?	Yes
Gulf "up/down" rule applies?	Does not apply
Gulf "beyond IMX" rule applies?	Does not apply
Fees	Individual - \$5.75; Relays - \$9.00
Facility surcharge	Facility Surcharge requirements listed below

Notes:
 Alternating 25/50 b
 3 event rule applies
 Meet split girls/boys

Order of Events:

Saturday AM-Girls

- 12&U 200 Free Rel
- 8&U 100 Free Rel
- 5 min Break
- 12&U 100 IM
- 8&U 25 Free
- 12&U 50 Free
- 8&U 25 Breast
- 12&U 50 Breast
- 12&U 200 Free
- 8&U 25 Back
- 12&U 50 Back
- 8&U 25 Fly
- 12&U 50 Fly
- 12&U 100 Free

Saturday PM-Boys

- 12&U 200 Free Rel
- 8&U 100 Free Rel
- 5 min Break
- 12&U 100 IM
- 8&U 25 Free
- 12&U 50 Free
- 8&U 25 Breast
- 12&U 50 Breast
- 12&U 200 Free
- 8&U 25 Back
- 12&U 50 Back
- 8&U 25 Fly
- 12&U 50 Fly
- 12&U 100 Free

All events will be seeded fastest to slowest.
 All 8&U individual events will be swum combined but scored separately as 6 & Under, 7yo, and 8yo.
 All 12&U individual events will be swum combined but scored as 8&U, 9-10 and 11-12.
 12&U relays will be swum combined but scored as 12&U, 10&U, 8&U
 All individual events will be pre-seeded; Relays will be positive check-in; cards due 45 min before meet start
 Athletes may only swim one (1) relay each day

Facility Surcharge requirements

8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50
Meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes	\$5.00
Meet that uses 1x50 meter pool w/ no warm down	\$3.50
Meet that uses 1 x 50 meter pool w/ 1 or more warm up lanes + chase starts	\$6.50

y stroke

3

s to keep sessions even

2019 Notes:

April LC Meet (April 5-7, 2019)

Host: AGS, CFSC, ESCA

Entries due March 15, 11:59pm to tpc@gulfswimming.org

Entry rules:

Type of Meet	Timed Finals
Entry Limits:	3/day
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	12&U Must have 3B times to enter meet
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Yes, for 12&U athletes
Gulf "up/down" rule applies?	No
Gulf "Beyond IMX" rule applies?	Yes
Fees	Individual - \$6.00 (AGS - \$7.00)
Facility surcharge	See chart at the bottom of page

PM session: Host team will publish PM session warm-up & start times with timing/warm-up assignments on Gulf webpage.

Order of Events:

Friday Evening

11&Over	200 IM
11&Over	400 Free*

Saturday AM

13&Over	100 Fly
13&Over	200 Breast
13&Over	100 Back
13&Over	100 Free
13&O Girls	400 IM*
13&O Boys	800 Free*

Sunday AM

13&Over	200 Free
13&Over	100 Breast
13&Over	200 Fly
13&Over	200 Back
13&Over	50 Free
13&Over Girls	800 Free*
13&Over Boys	400 IM*

Saturday PM

12&Under	100 Back
12&Under	50 Fly
12&Under	50 Breast
11-12	200 Fly
12&Under	100 Free
11-12	200 Back
10&Under	200 IM
11-12 Mixed	800 Free

Sunday PM

12&Under	100 Breast
12&Under	50 Free
12&Under	50 Back
12&Under	200 Free
12&Under	100 Fly
11-12	200 Breast
10&Under	400 Free
11-12 Mixed	400 IM

All events will be seeded fastest to slowest.

All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.

All 11 & Over events will be swum combined but scored separately as 11-12, 13-14, 15 & Over.

All 12 & Under events will be swum combined but scored separately as 11-12, 10 & Under.

All Mixed events will be swum mixed and scored mixed.

*Event will be swum alternating girls and boys heats.
13&O 400 IM/800 free will alternate heats by gender

Facility Surcharge requirements	
8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50
Meet that uses 2x25 yard pools with 8 lanes and 2 or more	\$5.00
Meet that uses 1x50 meter pool w/ no warm down	\$3.50
Meet that uses 1 x 50 meter pool w/ 1 or more warm up lanes + chase starts	\$6.50

May Sprint Series (May 4, 2019)

Hosts: STA, SPA

Entries due April 12, 11:59pm to tpc@gulfswimming.org

Entry rules:

Type of Meet	Timed Finals
Max # individual events per day	Five (5)
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	9-12yo - None
	8&U athletes must have B time in next shortest event to swim 200/500 free, 2IM
Cut-off times	Athletes may have no more than 2BB times
Enter with no time?	Yes
Gulf "three event" rule applies?	Yes
Gulf "up/down" rule applies?	Does not apply
Gulf "beyond IMX" rule applies?	Does not apply
Fees	Individual - \$5.75; Relays - \$9.00
Facility surcharge	Facility Surcharge requirements listed below

Order of Events:

Saturday AM- Girls

Saturday PM - Boys

12&U	200	Med Rel	12&U	200	Med Rel
8&U	100	Med Rel	8&U	100	Med Rel
	5 min	Break		5 min	Break
12&U	200	Free	12&U	200	Free
8&U	25	Fly	8&U	25	Fly
12&U	50	Fly	12&U	50	Fly
12&U	100	Fly	12&U	100	Fly
8&U	25	Back	8&U	25	Back
12&U	50	Back	12&U	50	Back
12&U	100	Back	12&U	100	Back
12&U	100	IM	12&U	100	IM
8&U	25	Breast	8&U	25	Breast
12&U	50	Breast	12&U	50	Breast
12&U	100	Breast	12&U	100	Breast
8&U	25	Free	8&U	25	Free
12&U	50	Free	12&U	50	Free
12&U	100	Free	12&U	100	Free
12&U	200	IM	12&U	200	IM

All events will be seeded fastest to slowest.

All 8&U individual events will be swum combined but scored separately as 6 & Under, 7yo, and 8

All 12&U individual events will be swum combined but scored as 8&U, 9-10 and 11-12.

12&U relays will be swum combined but scored as 12&U, 10&U, 8&U

All individual events will be pre-seeded; Relays will be positive check-in; cards due 45 min before

Athletes may only swim one (1) relay each day

Facility Surcharge requirements

8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50

Meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes	\$5.00		
Meet that uses 1x50 meter pool w/ no warm down	\$3.50		
Meet that uses 1 x 50 meter pool w/ 1 or more warm up lanes + chase starts	\$6.50		

May LC Meet (May 17-19, 2019)

Host: PEAK, CFSC, ESCA

Entries due April 26, 11:59pm to tpc@gulfswimming.org

Entry rules:

Type of Meet	Timed Finals
Entry Limits	3/day
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	12&U must have 3B times to enter meet 11-12 Must have A time in 400/500 free to enter 800 Free 11-12 Must have A time in 200 IM to enter 400 IM
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Yes, for 12&U athletes
Gulf "up/down" rule applies?	Does Not apply
Gulf "Beyond IMX" rule applies?	Yes
Fees	Individual - \$6.00
Facility surcharge	See chart at the bottom of page

PM session: Host team will publish PM session warm-up & start times with timing/warm-up assignments on Gulf webpage.

Order of Events:

Friday Evening

13&O	400 IM*
11-12	400 Free*
13&O	400 Free*
11-12 Mixed	400 IM

Saturday AM

13&Over	200 Fly
13&Over	50 Free
13&Over	200 Back
13&Over	100 Breast
13&Over	200 Free
13&O Girls	1500 Free

Sunday AM

13&Over	100 Fly
13&Over	200 Breast
13&Over	100 Free
13&Over	200 IM
13&Over	100 Back
	10 Min Break
13&Over Boys	1500 Free

Saturday PM

12&Under	100 Breast
12&Under	50 Free
12&Under	50 Back
12&Under	200 Free
12&Under	100 Fly
11-12	200 Breast
10&Under	200 IM
11-12	200 IM

Sunday PM

11-12	200 Fly
12&Under	100 Back
12&Under	50 Breast
12&Under	50 Fly
11-12	200 Back
12&Under	100 Free
11-12 Mixed	800 Free
10&Under Mixed	400 Free

All events will be seeded fastest to slowest.

All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.

All 11 & Over events will be swum combined but scored separately as 11-12, 13-14, 15 & Over.

All 12 & Under events will be swum combined but scored separately as 11-12, 10&Under

All 9-12 events will be swum combined but scored separately as 11-12 and 9-10.

All Mixed events will be swum mixed and scored mixed.

Facility Surcharge requirements	
8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50
Meet that uses 2x25 yard pools with 8 lanes and 2 or more	\$5.00
Meet that uses 1x50 meter pool w/ no warm down	\$3.50
Meet that uses 1x50m pool w/ 1 or more warm up lanes + chase starts	\$6.50

June Sprint Series (June 22, 2019)

Hosts: AMBU					
Entries Open Friday, June 7th at 11:59pm to tpc@gulfswimming.org					
Entries close upon the last team to push entries over 225 athletes/session.					
Entry rules:					
Type of Meet	Timed Finals				
Max # individual events per day	Four (4)				
Swimmers eligible	Group X				
Entry times in	SCY/SCM/LCM				
Qualifying times	9-12yo - None				
	8&U athletes must have B time in next shortest event to swim 500 free, 2IM				
Cut-off times	Athletes may not have more than 2BB times				
Enter with no time?	Yes				
Gulf "three event" rule applies?	Yes				
Gulf "up/down" rule applies?	Does not apply				
Gulf "beyond IMX" rule applies?	Does not apply				
Fees	Individual - \$5.75; Relays - \$9.00				
Facility surcharge	Facility Surcharge requirements listed below				
Order of Events:					
Saturday AM - Girls			Saturday PM - Boys		
12&U	200	Free Rel	12&U	200	Free Rel
	5 min break			5 min break	
12&U	100	Back	12&U	100	Back
12&U	50	Back	12&U	50	Back
12&U	100	Fly	12&U	100	Fly
12&U	50	Fly	12&U	50	Fly
12&U	100	IM	12&U	100	IM
12&U	100	Free	12&U	100	Free
12&U	50	Free	12&U	50	Free
12&U	100	Breast	12&U	100	Breast
12&U	50	Breast	12&U	50	Breast
12&U	200	IM	12&U	200	IM
12&U	500	Free	12&U	500	Free
All events will be seeded fastest to slowest.					
All 12&U individual events will be swum combined but scored as 8&U, 9-10 and 11-12.					
12&U relays will be swum combined but scored as 12&U, 10&U, 8&U					
All individual events will be pre-seeded; Relays will be positive check-in; cards due 45 min before					
Athletes may only swim one (1) relay each day					
Positive check-in required for 200 IM, 500 free					
Facility Surcharge requirements					
8x25 Yard pool with 1 or less warm-up/warm-down lanes					\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes					\$3.50
Meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes					\$5.00
Meet that uses 1x50 meter pool w/ no warm down					\$3.50
Meet that uses 1 x 50 meter pool w/ 1 or more warm up					\$6.50

lanes + chase starts			
----------------------	--	--	--

June LC Meet (June 14-16, 2019)

Host: ESCA

Entries due May 24, 11:59pm to tpc@gulfswimming.org

Entry rules:

Type of Meet	Timed Finals
Entry Limits	3/day
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	12&U must have 3B times to enter meet 11-12 Must have A time in 400/500 free to enter 800 Free 11-12 Must have A time in 200 IM to enter 400 IM
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Yes, for 12&U athletes
Gulf "up/down" rule applies?	Does not apply
Gulf "Beyond IMX" rule applies?	Yes
Fees	Individual - \$6.00
Facility surcharge	See chart at the bottom of page

Mid day/PM session: Host team will publish warm-up & start times for Mid Day/PM sessions with timing/warm up assignments on Gulf webpage.

Order of Events:

Friday Afternoon	WU: 2:30; Start 3:00pm	Friday Evening-WU 5:00; Start 6:00pm
11&Over	800 Free	11&Over 200 IM 11&Over 200 Free
Saturday AM	WU 7:15; Start 8:30	Sunday AM WU 7:15; Start 8:30
13&Over	100 Fly	13&Over 100 Breast
13&Over	200 Breast	13&Over 200 Fly
13&Over	100 Back	13&Over 200 Back
13&Over	100 Free	13&Over 50 Free
13&O Girls	400 IM	13&O Girls 400 Free
13&O Boys	400 Free	13&O Boys 400 IM
Saturday PM		Sunday PM
12&U	100 Back	12&U 100 Breast
12&U	50 Fly	12&U 50 free
12&U	50 Breast	12&U 50 back
11-12 o	200 Fly	10&U 200 Free
12&U	100 Free	12&U 100 Fly
11-12 o	200 Back	11-12 o 200 Breast
10&U	200 IM	10&U 400 Free
11-12 o	400 IM	12&U 400 free

All events will be seeded fastest to slowest.

All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.

All 11 & Over events will be swum combined but scored separately as 11-12, 13-14, 15 & Over.

All 12 & Under events will be swum combined but scored separately as 11-12, 10&Under

Facility Surcharge requirements	
8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50
Meet that uses 2x25 yard pools with 8 lanes and 2 or more	\$5.00
Meet that uses 1x50 meter pool w/ no warm down	\$3.50
Meet that uses 1x50m pool w/ 1 or more warm up lanes + chase starts	\$6.50

Gulf Age Group Champs (July 12-14, 2019)

Host: CFSC

Entries due June 28, 11:59pm to host team

Gulf Swimming custom medals will be awarded.

Entry rules:		Notes	
Type of Meet	Prelim/Final	Changed meet date	
	A/B Finals for each age group	Added 400 Free & 4 Med Relays for 11-14;	
Max # individual events:	Three (3)/Day; 7 Maximum for meet	Prelims Warm up: 7:00am; Meet start 8:30am	
Swimmers eligible	Gulf Only	Finals warm up: 4:30pm; Meet start 5:30pm	
Entry time in	Any LCM/SCM/SCY	Offering only 800 free in 1st year of LCM AG champs meet	
Qualifying times	Three (3) 2018-19 Gulf AG Champs times	60 sec interval for finals; no parade	
Cut-off times	None	Announce names in water	
Enter with no time?	Yes	Host team & TPC chair reserve right to split 10&U athletes into separate PM session if timeline warrants	
Gulf "three event" rule applies?	Yes-3QT can swim any event		
Gulf "up/down" rule applies?	Does not apply		
Gulf "beyond IMX" rule applies?	Does not apply		

Fees	Individual - \$9.00; Relays - \$16.50
Facility surcharge	See Chart at bottom

2019 Notes:

Controlled Lanes for Push-pace, One-way Starts, General Warm-up within the last 15 minutes. Continuous water made available at all times for warm up/down.

Order of Events:

<u>Friday Prelims</u>	<u>Saturday Prelims</u>	<u>Sunday Prelims</u>
10&U 50 Fly	12&U 200 Free Rel	10&U 50 Back
11-12 50 Fly	14&U 200 Free Rel	11-12 50 Back
13-14 200 IM	10&U 100 Fly	13-14 200 Back
11-12 200 IM	11-12 100 Fly	10&U 100 Free
10&U 200 IM	13-14 100 Fly	11-12 100 Free
13-14 100 Back	10&U 200 Free	13-14 100 Free
11-12 100 Back	11-12 200 Free	10&U 50 Breast
10&U 100 Back	13-14 200 Free	11-12 50 Breast
13-14 200 breast	10&U 100 Breast	13-14 200 Fly
11-12 200 breast	11-12 100 Breast	11-12 200 Fly
10&U 400 Free Rel	13-14 100 Breast	10&U 200 Med Rel
14&U 400 Free Rel	10&U 50 Free	14&U 400 Med Rel
12&U 400 Free Rel	11-12 50 Free	12&U 400 Med Rel
13-14 400 Free**	13-14 50 Free	10&U 400 Free*
11-12 400 Free**	11-12 200 Back	13-14 800 Free@
	10&U 200 Free Rel	
	14&U 200 Med Rel	
	12&U 200 Med Rel	
	13-14 400 IM#	

<u>Friday Finals</u>	<u>Saturday Finals</u>	<u>Sunday Finals</u>
11-12 400 Free**	13-14 400 IM#	13-14 800 Free@
13-14 400 Free**	10&U 100 Fly	10&U 50 Back
10&U 50 Fly	11-12 100 Fly	11-12 50 Back
11-12 50 Fly	13-14 100 Fly	13-14 200 Back
13-14 200 IM	10&U 200 Free	10&U 100 Free
11-12 200 IM	11-12 200 Free	11-12 100 Free
10&U 200 IM	13-14 200 Free	13-14 100 Free
13-14 100 Back	10&U 100 Breast	10&U 50 Breast
11-12 100 Back	11-12 100 Breast	11-12 50 Breast
10&U 100 Back	13-14 100 Breast	13-14 200 Fly
13-14 200 breast	10&U 50 Free	11-12 200 fly
11-12 200 breast	11-12 50 Free	
	13-14 50 Free	
	11-12 200 Back	

*10&U 400 Free will be swum timed finals, with all heats swum in prelims, running all girls heats then all boys heats

**11-12,13-14 400 Free - Top 10 of each age & gender choosing PM option will swim at the start of finals. All others will swim ages in event order at the end of prelims, alternating heats girls/boys by age.

#400 IM - Top 10 13-14 of each gender choosing PM option will swim at the start of finals. All others will swim at the end of prelims, alternating girls & boys by heat

All 11-14 preliminary events 200 & shorter will be seeded fastest to slowest, utilizing chase starts, one end for odd heats, and one end for even heats.

All 10&U preliminary events 200 & shorter will be seeded fastest to slowest

All Relays swum timed finals during prelim sessions

All 11-14 events will be swum combined in prelims, and separated out 11-12 & 13-14 in finals.

Facility Surcharge requirements	
8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00

Gulf Senior Champs (July 19-21, 2019)

Host: TWST

Entries due July 5, 11:59pm to host team

Gulf Swimming custom medals will be awarded.

Entry rules:

Type of Meet	Prelim/Final	Notes
	A/B/C/D Finals for each gender	Changed meet date
Max # individual events:	Three/day; 7 total for meet;	
	50's non-free do not count toward 7 total	60 sec interval for finals; no parade
Swimmers eligible	Gulf Only - 13&Over	Announce names in water
Entry time in	Any LCM/SCM/SCY	Prelims Warm up: 7:30am; Meet start 9:00am
Qualifying times	(3) 15-16 AA times - may swim anything	Finals warm up: 4:30pm; Meet start 5:30pm
Cut-off times	None	Note prelims 30 min later than AG Champs
Enter with no time?	Yes	
Gulf "three event" rule applies?	Yes	
Gulf "up/down" rule applies?	Does not apply	
Gulf "beyond IMX" rule applies?	Does not apply	
Fees	Individual - \$9.00; Relays - \$16.50	
Facility surcharge	\$6.50 (+\$2.00 if hosts provides electronic heat sheets)	

2019 Notes:

Watch D Finals - make sure it is filling up

Order of Events:

Friday	Saturday	Sunday
<u>Fri AM Prelims</u>	<u>Saturday AM Prelims</u>	<u>Sunday AM Prelims</u>
200 Freestyle	200 Fly	100 Freestyle
100 Breast	50 Free	200 Back
100 Fly	200 Breast	50 fly
50 Back	100 Back	200 IM
400 IM	400 Free	50 breast
		1500 Free
<u>Fri PM Finals</u>	<u>Saturday PM Finals</u>	<u>Sunday PM Finals</u>
200 Freestyle	200 Fly	100 Free
100 Breaststroke	50 Free	1500 Free (Girls)
100 Fly	200 Breast	200 Backstroke
50 Back	100 Back	1500 Free (Boys)
400 IM	400 Free	50 fly
400 Free Relay	400 Med Relay	200 IM
		50 breast

All preliminary events 200 & shorter will be seeded fastest to slowest, utilizing chase starts, one end for odd heats, and one end for even heats.

All preliminary events 400 & longer will be swum alternating girls then boys by heat

All Relays contested during finals session

Gulf Sprint Series Champs (July 20-21, 2019)

Hosts: MAC, NOCH, AMBU

Entries due June 28, 11:59pm to tpc@gulfswimming.org

Gulf Swimming custom medals will be awarded.

Entry rules:

Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	9-12yo - None 8&U athletes must have B time in next shortest event to swim 200/500 free, 2IM
Cut-off times	Athletes must have 2 BB times or fewer.
Enter with no time?	Yes
Gulf "three event" rule applies?	No
Gulf "up/down" rule applies?	Does not apply
Gulf "beyond IMX" rule applies?	Does not apply
Fees	Individual - \$6.00; Relays - \$9.25
Facility surcharge	See Chart at bottom

Order of Events:

Saturday AM-Girls

12&U	100 IM
12&U	25 Free
11-12	100 Free
8&U	50 Fly
12&U	200 Fly
	5 min Break
12&U	200 Free Rel
8&U	100 Free Rel
12&U	50 Back
11-12	200 Back
8&U	25 Breast
12&U	100 Breast
12&U	500 Free

Sunday AM-Girls

12&U	200 IM
12&U	50 Free
8&U	25 Back
12&U	100 Back
	5 min break
12&U	200 Med Rel
8&U	100 Med Rel
11-12	200 Breast
12&U	50 Breast
12&U	100 Fly
8&U	25 Fly
12&U	200 Free

Saturday PM-Boys

12&U	100 IM
12&U	25 Free
11-12	100 Free
8&U	50 Fly
12&U	200 Fly
	5 min Break
12&U	200 Free Rel
8&U	100 Free Rel
12&U	50 Back
11-12	200 Back
8&U	25 Breast
12&U	100 Breast
12&U	500 Free

Sunday PM-Boys

12&U	200 IM
12&U	50 Free
8&U	25 Back
12&U	100 Back
	5 min break
12&U	200 Med Rel
8&U	100 Med Rel
11-12	200 Breast
12&U	50 Breast
12&U	100 Fly
8&U	25 Fly
12&U	200 Free

All events will be seeded fastest to slowest.

All 8&U events will be swum combined but scored separately as 6 & Under, 7yo, and 8yo.

All 9-12 events will be swum combined but scored as 9-10 and 11-12.

All individual events will be pre-seeded; Relays will be positive check-in; cards due 45 min before meet start

All 500 freestyles swum Girls first, then boys

Athletes may only swim one (1) relay each day

Facility Surcharge requirements	
8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50
Meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes	\$5.00
Meet that uses 1x50 meter pool w/ no warm down	\$3.50
Meet that uses 1x50m pool w/ 1 or more warm up lanes + chase sta	\$6.50

Gulf Summer Champs (July 26-28, 2019)

Host: FCST, CFSC

Entries due July 5, 11:59pm to tpc@gulfswimming.org

Gulf Swimming custom medals will be awarded.

Entry rules:			Notes
Type of Meet		Prelim/Final	Changed meet date, hosts
		11&O AB finals; 10&U A final	
Max # individual events per day		Three (3)	Changed qualifying - added 3 event rule for QT an
Swimmers eligible		Gulf Only	60 sec interval for finals; no parade
Entry time in		Any LCM/SCM/SCY	Announce names in water
Qualifying times		12&U -Three (3) BB times	Prelims Warm up: 7:00am; Meet start 8:30am
		13&O - None	Finals warm up: 4:30pm; Meet start 5:30pm
Cut-off times		14&U - Must have two(2) or less Gulf AG Times	
		15&O -two (2) or less 15-16 AA times	
Enter with no time?		Yes	2019 Notes:
Gulf "three event" rule applies?		Yes	
Gulf "up/down" rule applies?		Does not apply	
Gulf "beyond IMX" rule applies?		Does not apply	
Fees		Individual - \$9.00; Relays - \$16.50	
Facility surcharge		See Chart at bottom	

Order of Events:

Friday	Saturday	Sunday
<u>Fri AM Prelims</u>	<u>Saturday AM Prelims</u>	<u>Sunday AM Prelims</u>
15&O 200 IM	13-14 100 fly	13-14 200 back
13-14 200 IM	15&O 100 fly	15-18 200 back
15&O 100 back	13-14 200 free	13-14 100 free
13-14 100 back	15&O 200 free	15&O 100 free
15&O 200 fly	13-14 100 breast	13-14 200 breast
13-14 200 fly	15&O 100 breast	15&O 200 breast
13&O 400 free#	13-14 50 free	13-14 200 F.R
	15&O 50 free	15&O 200 F.R
	13-14 200 M.R	5 min break
	15&O 200 M.R	13&O 800 free*
	5 min break	
	13&O 400 IM#	
<u>Fri PM Prelims</u>	<u>Saturday Afternoon</u>	<u>Sunday Afternoon</u>
11-12 50 fly	10&U 100 fly	10&U 50 back
10&U 50 fly	11-12 100 fly	11-12 50 back
11-12 200 IM	10&U 200 free	10&U 100 free
10&U 200 IM	11-12 200 free	11-12 100 free
11-12 100 back	10&U 100 breast	11-12 200 fly
10&U 100 back	11-12 100 breast	10&U 50 breast
11-12 200 breast	10&U 50 free	11-12 50 breast
	11-12 50 free	5 min Break
	5 min Break	11-12 200 F.R
	11-12 200 back	10&U 200 F.R
	10&U 200 M.R	12&U 400 free#
	11-12 200 M.R	
<u>Friday Finals</u>	<u>Saturday Finals</u>	<u>Sunday Finals</u>
11-12 50 fly	10&U 100 fly	10&U 50 back
10&U 50 fly	11-12 100 fly	11-12 50 back
15&O 200 IM	13-14 100 fly	13-14 200 back
13-14 200 IM	15&O 100 fly	15-18 200 back
11-12 200 IM	10&U 200 free	10&U 100 free
10&U 200 IM	11-12 200 free	11-12 100 free
15&O 100 back	13-14 200 free	13-14 100 free
13-14 100 back	15-18 200 free	15&O 100 free
11-12 100 back	10&U 100 breast	11-12 200 fly
10&U 100 back	11-12 100 breast	13-14 200 breast
15&O 200 fly	13-14 100 breast	15&O 200 breast
13-14 200 fly	15&O 100 breast	10&U 50 breast
11-12 200 breast	10&U 50 free	11-12 50 breast
13&O 400 free#	11-12 50 free	13&O 800 free*
	13-14 50 free	12&U 400 free#
	15&O 50 free	
	11-12 200 back	
	13&O 400 IM#	

13&O 400/800 free & 400 IM will be swum combined but scored separating 13-14, 15&O

12&U 400 free will be swum combined but scored separating 11-12, 10&U

400 Free & 400 IM are swum girls first then boys in prelims; fastest 8 choosing PM option for each gender swim in finals; all other heats in prelims.

*800 Free is swum alternating girls & boys by heat, with the fastest 8 of each gender swimming in finals; all other heats swum in prelims.

All relays swum timed finals in prelims

All preliminary events 200 & shorter will be seeded fastest to slowest, utilizing chase starts, one end for odd heats, and one end for even heats.

Facility Surcharge requirements	
8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50
warm-up/warm-down lanes	\$5.00
Meet that uses 1x50 meter pool w/ no warm down	\$3.50
Meet that uses 1x50m pool w/ 1 or more warm up lanes + chase starts	\$6.50