



922

# 2024 Duel in the Pool

May 31-June 2, 2024

**Host**

**Indiana Swimming**

**Location**

**IU Natatorium  
Indianapolis, IN**

**Entry Deadline**

**Monday May 27, 2024 @ 1:00 PM (ET)**

# 2024 Duel in the Pool

## Meet Director

Tony Young  
[tony@inswimming.org](mailto:tony@inswimming.org)  
 (317-441-8323)

## Meet Referee

Troy Tricker  
[troy.tricker@exaltrix.com](mailto:troy.tricker@exaltrix.com)

## Entry Chair

Lisa Olack  
[olack.lisa@gmail.com](mailto:olack.lisa@gmail.com)  
[704-577-5002](tel:704-577-5002)

## Administrative Official

Lisa Olack  
[olack.lisa@gmail.com](mailto:olack.lisa@gmail.com)

**Sanction:** 2024 Duel in the Pool: IN24250

**Host:** Indiana Swimming: [www.inswimming.org](http://www.inswimming.org)

**Location:** IU Natatorium – 901 W. New York St. Indianapolis, IN 46202

**Facility:** The competition course is an eight-lane, 50-meter pool with a depth ranging from 9' - 10', Kiefer-McNeil non-turbulent lane lines with custom designed starting blocks, Colorado electronic timing equipment, and Daktronics scoreboard.  
 Diving Well: Seven-lane, 25-yard pool; water depth 17'.  
 Instructional Pool: Six-lane, 50-meter pool; water depth ranging from 4.5' – 10'  
 Locker rooms are located on both the east and west sides of the pool deck. The IU Natatorium has a seating capacity of approximately 4,700 spectators which includes a handicap accessible section in the west seating area. Concessions will be sold on the main concourse of the facility, and parking is available in the attached garage. The meet and local hosts have no control over pricing for concessions or parking, both of which are managed by IU, nor does the host receive any revenues from either source. Host will work with the facility to ensure the required course dimensions are valid.

## Meet Schedule:

Thursday, May 30		
Host LSC Check-In will be held at the IU Natatorium upon arrival of the Teams schedule warm-up period	Team Warm-ups <ul style="list-style-type: none"> <li>3:00 - 4:00 PM: Indiana</li> <li>4:00-5:00pm Illinois</li> <li>5:00-6:00 Gulf</li> </ul>	6:30 PM: Team Dinner at TBD Location
Friday, May 31	Saturday, June 1	Sunday, June 2
<b>Session 1:</b> 7:00 AM: Warm-Ups 8:30 AM: Start of Session 1	<b>Session 3:</b> 7:00 AM: Warm-Ups 8:30 AM: Start of Session 3	<b>Session 5:</b> 8:30 AM: Warm-Ups 10:00 AM: Start of Session 5 1:30 PM: Session Ends
<b>Session 2:</b> 3:30 PM: Warm-Ups 5:00 PM: Start of Session 2	<b>Session 4:</b> 3:30 PM: Warm-Ups 5:00 PM: Start of Session 4	
7:30 PM: Team Dinner at Location TBD	7:30 PM: Team Dinner at Location TBD	Team Dinner on the Go for each LSC

## Rules:

This meet is sanctioned by USA Swimming and Indiana Swimming, Inc. All USA Swimming and Indiana Swimming rules apply including safety rules, which will be strictly enforced. This meet follows all USA Swimming and current Illinois Swimming championship meet procedures. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the

# 2024 Duel in the Pool

responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**Eligibility:** All swimmers must be current members of USA Swimming. Only swimmers selected by Illinois Swimming, Indiana Swimming, and Gulf Swimming are eligible for this meet.

**Entries:** Entry Times: All times , including athletes not participating as part of Team IN, IL & Gulf must be entered in long course meters (LCM) for the meet. Coaches, please estimate entry times for swimmers with NT. Swimmers age will be as of May 31, 2024.

Each LSC may enter up to 72 swimmers – 12 girls and 12 boys in each age group: 11-12, 13-14, 15-16. Swimmers are limited to four (4) individual events for the meet with no more than two (2) individual events per session excluding relays. Each LSC may enter only one (1) swimmer per gender in each age group in the 13-16 800 Free. (One in 13-14 Age Group Per Gender & One 15-16 Age Group Per Gender). This event will be swum together but scored separately by age group. Each LSC may enter 2 swimmers per gender in 11-12 400 Freestyle.

Each LSC may enter three (3) relays in each relay event. Every swimmer will compete on the relays in his/her age group and gender and on one of the two mixed gender relays.

All teams MUST submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software. Entries must be emailed to the entry chair, Lisa Olack, at [olack.lisa@gmail.com](mailto:olack.lisa@gmail.com) no later than 1:00 pm EST on Monday May 27, 2024.

**\*Entry Fee for Open Athletes not competing as part of LSC Teams is \$15.00 per event. Payable to registered LSC. No on deck entries will be permitted.**

**Seeding:** The preliminaries will be circle seeded. The Finals will be conducted with the top athlete from each LSC competing in the mixed final. (Age Group & Gender). The open final will consist of the top 8 swimmers pers gender regardless of age or LSC not in the age group mixed final. All Sunday events will be timed final.

**Scratches:** There is no penalty for failing to compete in a preliminary or timed final event; however, it will be counted toward that swimmer’s daily and event limit. A swimmer qualifying for finals in any event who fails to compete shall be barred from the remainder of the meet unless excused by the Meet Referee

**Warm-up:** Indiana Swimming warm-up and safety procedures will be in effect. The Meet Referee and Meet Director will provide a complete schedule of warm-up procedures to include lane usage and times, which must be adhered to by all participants. This information will be provided no later than 48 hours prior to the start of the meet, posted throughout the venue, announced on a regular basis before and during the meet, and monitored by the Meet Referee (or his/her special designees).

The pool will be available for each LSC on Thursday May 30, 2024 for practice. LSC practice times and information are listed above.

**Scoring:**

SCORING BY PLACE							
1	2	3	4	5	6	7	8
INDIVIDUAL EVENT SCORING							
9	7	6	5	4	3	2	1
RELAY EVENT SCORING*							
18	14	12	10	8	6	4	2

\*Only the top 2 relay teams from each LSC per event will score

# 2024 Duel in the Pool

- Awards:** A team award shall be presented at the conclusion of the competition.
- Meet Results:** Meet results will be available on the Indiana Swimming Duel in the Pool webpage within 48 hours following the conclusion of the meet.
- Deck Access:** Current USA Swimming membership is required for coaches and working officials to be on deck. Coaches and Officials MUST display their current USA Swimming coach credential or Deck Pass to gain deck access. The meet referee and/or meet director reserves the right to ask for coach credential or Deck Pass and/or deny deck access if coach does not comply or card is no longer valid/current.
- Officials:** Officials interested in working should submit the application by using the online Google Sign-up form. [CLICK HERE](#). Officials can direct questions regarding officiating to the Meet Referee Briefing for all officials working the meet will begin 1 hour before the start of each session.
- Admissions:** Friday, Saturday & Sunday: \$5.00 per day (**Volunteers will receive free admission on day they work**)
- Parking:** Parking is located at the IU Natatorium Sports Garage at \$7.00 per day
- Concessions and Vendors:** Concessions will be available for purchase at the venue.
- Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited. Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Image Authorization:** All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Indiana Swimming and the meet host under the conditions authored by Indiana and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Indiana Swimming competition to promote such competitions.
- Liability:** In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Indiana Swimming and the IU Natatorium, and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- MAAPP:** All applicable adults participating or associated with the respective meet to which this information applies, acknowledges that they are an applicable adult, subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

# 2024 Duel in the Pool

## MEET FAQ'S

- **Entries are due to the meet Entry Chair no later than 1:00 pm EST on Monday May 27, 2024. This includes all Open Entries that must be submitted by LSCs.**
- Athletes are limited to four (4) individual events for the meet with no more than two (2) individual events per session excluding relays.
- Each team may enter three (3) relays in each relay event. Every athlete will compete in relays in his/her age group and gender. Every athlete will compete in one of the two mixed gender relays.
- Same Rules as before for 13-16 800 Free, and stays timed finals
- Girls & Boys 11-12 400 Free becomes Timed Finals at night on Day 3 and each LSC is only allowed 2 entrants.
- Slight format changes.
- Finals will be MIXED for 11-12, 13-14, and 15-16. Fastest swimmer from each LSC. Finalists will be awarded 1-2-3-point values for event and gender. Remaining places scored off prelims.
- Open will be MIXED in AM (to save time and not have a gender potentially be solo) but separated by gender at night. Open Finals at night will be fastest 8 times regardless of age and LSC NOT in the age group finals already. No points awarded.
- An Open Time Trial will be offered for 1500 and Open 800 after the last session of the meet on Sunday June 2. Athletes are designated for swimmers targeting Olympic Trials Cuts ONLY This event is for athletes not competing for Team Illinois, Team Gulf and Team Indiana.
- Time Standard for athletes attending the meet NOT as a member of Team Illinois, Team Gulf and Team Indiana will be Speedo Summer Championships (18 & U) Time Standard.

# 2024 Duel in the Pool

## EVENT ORDER & INFORMATION

DAY 1 PRELIMS			DAY 2 PRELIMS			DAY 3 TIMED FINALS		
Girls	Event Name	Boys	Girls	Event Name	Boys	Girls	Event Name	Boys
	11-12 100 Breast			11-12 200 IM			Mixed 11-12	
	13-14 100 Breast			13-14 200 IM			200 Free Relay	
	15-16 100 Breast			15-16 200 IM			Mixed 13-14	
	Mixed Open 100 Breast			Mixed Open 200 IM			200 Free Relay	
	11-12 200 Free			11-12 100 Free			Mixed 15-16	
	13-14 200 Free			13-14 100 Free			200 Free Relay	
	15-16 200 Free			15-16 100 Free			13-14 400 IM	
	Mixed Open 200 Free			Mixed Open 100 Free			15-16 400 IM	
	11-12 100 Fly			11-12 50 Breast			Mixed Open 400 IM	
	13-14 100 Fly			13-14 200 Breast			11-12 50 Free	
	15-16 100 Fly			15-16 200 Breast			13-14 50 Free	
	Mixed Open 100 Fly			Mixed Open 200 Breast			15-16 50 Free	
	11-12 50 Back			11-12 100 Back			Mixed Open 50 Free	
	13-14 200 Back			13-14 100 Back			11-12 400 Free	
	15-16 200 Back			15-16 100 Back			13-14 400 Free	
	Mixed Open 200 Back			Mixed Open 100 Back			15-16 400 Free	
				11-12 50 Fly			Mixed Open 400 Free	
				13-14 200 Fly			Mixed 11-12	
				15-16 200 Fly			200 Medley Relay	
				Mixed Open 200 Fly			Mixed 13-14	
							200 Medley Relay	
							Mixed 15-16	
							200 Medley Relay	
DAY 1 FINALS			DAY 2 FINALS					
Girls	Event Name	Boys	Girls	Event Name	Boys			
	13-16 800 Free			Mixed 11-12 200 IM				
	Mixed 11-12 100 Breast			Mixed 13-14 200 IM				
	Mixed 13-14 100 Breast			Mixed 15-16 200 IM				
	Mixed 15-16 100 Breast			Open 200 IM				
	Open 100 Breast			Mixed 11-12 100 Free				
	Mixed 11-12 200 Free			Mixed 13-14 100 Free				
	Mixed 13-14 200 Free			Mixed 15-16 100 Free				
	Mixed 15-16 200 Free			Open 100 Free				
	Open 200 Free			Mixed 11-12 50 Breast				
	Mixed 11-12 100 Fly			Mixed 13-14 200 Breast				
	Mixed 13-14 100 Fly			Mixed 15-16 200 Breast				
	Mixed 15-16 100 Fly			Open 200 Breast				
	Open 100 Fly			Mixed 11-12 100 Back				
	Mixed 11-12 50 Back			Mixed 13-14 100 Back				
	Mixed 13-14 200 Back			Mixed 15-16 100 Back				
	Mixed 15-16 200 Back			Open 100 Back				
	Open 200 Back			Mixed 11-12 50 Fly				
	11-12 200 Medley Relay			Mixed 13-14 200 Fly				
	13-14 200 Medley Relay			Mixed 15-16 200 Fly				
	15-16 200 Medley Relay			Open 200 Fly				
				11-12 200 Free Relay				
				13-14 200 Free Relay				
				15-16 200 Free Relay				